

# TO AUTOMOBILISTS

Is there an owner or driver of an automobile, no matter what size car he drives, that can truthfully say he has never had tire trouble. No, not one of you—and there are thousands. How would you like to go autoing, over almost any kind of roads, ride hundreds and hundreds of miles and never give your tires any more attention than does the driver of a horse drawn vehicle? Wouldn't that make motoring a pleasure? Well here we have it and we'll let you be the judge. The secret is

## BETTERN AIR

### Bettern-Air

IS VULCANIZED VEGETABLE COMPOUND, LOOKS LIKE RUBBER BUT IS FAR MORE RESILIENT. MADE IN LOGS ABOUT 24 INCHES LONG, OF SUITABLE DIAMETER TO FIT ANY SIZE CASTINGS.

WILL NOT SOFTEN OR LOSE ITS RESILIENCY, AND IS GUARANTEED TO OUTWEAR SEVERAL SETS OF TIRES.

THINK OF THE COMFORT AND ECONOMY IN BETTERN-AIR, NO TUBES, NO EXTRA TIRES, NO RIM CUTTING, NO PUNCTURES, NO BLOW-OUTS, NO PUMPING, NO DELAYS, AND NO DISADVANTAGES.

BETTERN-AIR IS NOT EFFECTED BY 200 DEGREES OF HEAT OR ZERO COLD. IS NOT EFFECTED BY WATER OR AIR.

WILL NOT GET SOFT FROM STANDING. WILL NOT LOSE RESILIENCY. RIDES LIKE AIR PLUS SHOCK ABSORBERS, PASSING OBSTRUCTIONS AS EASILY AS AIR, AND WITH LESS REBOUND, BECAUSE THE AIR IS UNDER APPROXIMATELY 70 POUNDS CONSTANT PRESSURE, AND THE TIRE FILLER LESS THAN 5 POUNDS, WHICH LARGELY ACCOUNTS FOR THE TIRES WEARING SO MUCH LONGER, WITH BETTERN-AIR.

### MY PRACTICAL EXPERIENCE

I HAVE A RAMBLER CAR THAT WEIGHS 3,350 LBS. THE PAST SUMMER I RAN 3,250 MILES ON BETTERN-AIR WITH SECONDS. AT THAT I AM ONLY USING A 36x3 1/2 TIRE ON THIS HEAVY CAR WHEN I SHOULD USE NOTHING UNDER 4 IN. TIRES. ONE FRONT TIRE HAS GONE OVER 4,000 MILES AND IS STILL IN FAIRLY GOOD SHAPE. DOES THAT LISTEN INTERESTING?

AS TO THE RIDING QUALITIES, ASK ANY PERSON IN MOUNT JOY THAT HAS RIDDEN IN MY CAR (AND THERE ARE HUNDREDS OF THEM) IF YOU COULD DETECT THE DIFFERENCE BEFORE BEING TOLD.

### PRACTICAL EXPERIENCE

I HAVE D... TIRES FILLED... OF EXPENSE...

"I FIRST... THE CAR RO... BEING SIMILAR... SHOCK... REBOUND... RESULTING FROM THE AIR FILLED TIRES...

THE CERTAIN KNOWLEDGE THAT YOU CAN COMPLETE YOUR JOURNEY WITHOUT TIRE TROUBLES, IS WORTH MORE THAN THE COST, TWICE OVER. WHEN YOU CONSIDER THAT THE FIRST COST WILL SURELY RESULT IN A LARGE SAVING IN TIRE AND TUBE COST, ELIMINATING THE NECESSITY OF CARRYING EXTRA TIRES, AND ALL WORRIES FROM PUNCTURES AND BLOW-OUTS. CAN YOU AFFORD TO GO ANOTHER DAY WITHOUT BETTERN-AIR?

### Bettern-Air Filled Tires

Punctures and Blowouts Impossible, no inner tubes necessary. 100 per cent saving in worry and tire troubles. 50 per cent saving in dollars and cents. Rides just as easy as air. Just as easy on your car. Makes your car just as speedy. A set of Factory Second Tires will last longer with Bettern-Air than will good Firsts filled with air. Look at the saving. When your tire is worn thru on the filler, it can be transferred to another tire. Doesn't that listen good.

### Air Filled Tires

A great portion of tire deterioration is due to under inflation. That's hard on tires and you must be looking after them continually. On a hot or cold day, "dressed in your new Sunday Clothes," isn't it a pleasure to fix punctures or blow outs? I Guess not. Any tire will blow out at any weak point when filled with air. When filled with Bettern-air they can't blow out; they only wear out. If at any time you don't like the filler, it can be replaced with your tubes. Now don't be a clam but investigate and we will prove it to your satisfaction.

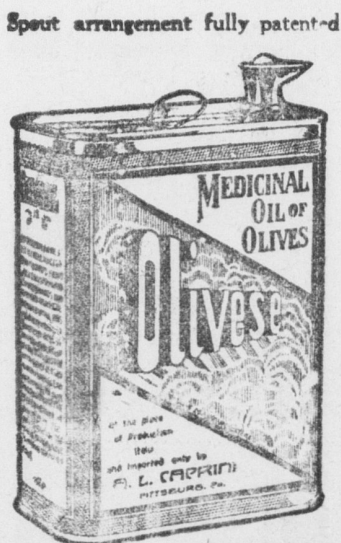
This Is The Lowest Priced Filler on the Market. Call or Drop me a Card and I'll do the Rest

# JNO. E. SCHROLL

Agents Wanted

# MT. JOY, PA.

### THE TRUTH ABOUT OLIVE OIL



Canned at the place of production in Italy

There are a number of "Pure" Olive Oils on the market to-day. All the pure olive oils, however, are not First Quality olive oils! Simply to know that you are buying an olive oil marked "pure" is not enough. The fact that an olive oil is pure does not necessarily imply that it is fit for human consumption. There are several different grades of olive oils, regardless of their purity. There is but one grade of olive oil that should ever be used for table use or for medicinal purposes; that is the first pressing of hand picked, carefully selected olives.

When you buy a can of OLIVESE you secure the HIGHEST GRADE Olive Oil that can be had at any price.

ALL THAT THE LABEL IMPLIES IS IN THE CAN

### HOME HEALTH CLUB

By Dr. David H. Reeder, Chicago, Ill.

FASTING—The great majority of physicians and perhaps 95 per cent of the laity of this country have a very vague and indefinite idea of what is called the "fasting cure." That's the reason I am going to tell you something about it. Practical everyday happenings are the most forcible and impressive and, therefore, I will tell you of three Home Health Club cases, and what fasting did for three women.

The first was a maiden of forty. In health she weighed 160 pounds and did all of the housework for a family of six on a farm. I do not recall the details of her first illness, but I do remember that within six months she was reduced to a lot of flabby skin and bones that weighed 98 lbs. She had a good appetite and ate as much as ever but gained neither flesh nor strength. I ordered a change of diet and as the tongue was heavily coated, told her to fast for 3 to 4 days until the tongue cleared. She paid attention only to the latter part of the suggestion and fasted 21 days before the tongue was clear. I had given careful instructions in regard to the method of breaking the fast and she obeyed religiously. During the 3 weeks' fast she lost but little weight, felt well, was bright, active and cheerful. Of course her family thought she would surely die, but within 90 days after breaking the fast she weighed 128 pounds and was doing the housework as of old. I hear from her occasionally and always the same story of how she keeps well by an occasional fast of a few days and a return to the specific diet which I had recommended.

The second case was that of a farmer's wife of Iowa. She was only 3 feet 3 inches tall and weighed 206

pounds. She had not been upstairs in her own house for over two years and could not walk further than 2 or 3 city blocks. After a few days fast—about 3 if I remember correctly—I changed her diet completely. Neighbors told her she would surely die if she ate only what I allowed, but at the end of three months she was not only sleeping upstairs, doing her own housework (which before she was unable to do), but walked 1 1/2 miles daily to a place where she secured a portion of her special diet and then walked back home. During the few months she lost just 67 pounds in weight and was then and has since, been in perfect health, although as a measure of protection she fasts a few days occasionally.

The third case is more recent. A flat dweller, aged 50, weighed 217 1/2 pounds, climbed one flight of stairs to the Home Health Club offices and had to sit for 5 minutes before she could talk, meantime her breath coming in little gasps. How well I remember her next visit, at the end of 7 days. First, however, bear in mind that she had for several years been an invalid with three trips to the hospital and each time an operation. She had been so badly cut up that the only reason that could be found for another operation was the fact that her husband had several hundred dollars in the bank. The plans had already been laid to make another trip to the hospital where they would amputate, let me see what it was they were to amputate—O yes, the bank balance. Her husband still has it however, and when she came in after the 7 day's fast she climbed the stairs with the utmost ease and told me that in spite of her husband's and neighbors' predictions that she would be bed-fast, she had not felt so well and strong for several years. Her friends hardly know the woman now, she is well, strong and happy.

Yes, there is danger in fasting when it is not done intelligently. There are no two cases exactly alike and unless one knows just what the sensible regime is and just how to break the fast, be it short or long, more harm than good may possibly be done, but if good, practical common sense is used and the breaking of the fast is properly arranged, nothing but the very best of results will follow.

### COUNTY GAINS NEARLY A MILLION

Assessor's Books Show That We Had a Remarkably Successful Year

Lancaster county, during the past year, has shown a remarkably healthy growth. There has been nothing spectacular, but according to assessor's books for 1914, which have been turned into the county commissioner's office and which have been checked up and revised and are now in the hands of tabulators, who are making up the tax duplicates, the growth in taxable real estate during the year was almost a million dollars. It must be remembered that this growth is real, as it was an off year for assessors and as only improvements to real estate may be added except in triennial years, the increased assessment means real, bonafide improvements. The taxable real estate for 1914 now reaches a total of \$101,780,751, in round figures a gain of \$870,800.

The assessment follows:

Conoy	\$ 849,349
East Donegal	2,540,998
East Earl	1,490,123
East Hempfield	2,202,783
Elizabethtown	1,290,433
Manheim, 1st ward	349,123
Manheim, 2d	527,473
Manheim, 3d	165,055
Marietta, 1st	137,840
Marietta, 2d	206,050
Marietta, 3d	220,590
Mt. Joy West	390,580
Mt. Joy East	490,300
Mountville	814,500
Mt. Joy township	1,621,123
Maple	871,480

## ROYAL BAKING POWDER

Absolutely Pure

ROYAL—the most celebrated of all the baking powders in the world—celebrated for its great leavening strength and purity. It makes your cakes, biscuit, bread, etc., healthful, it insures you against alum and all forms of adulteration that go with the low priced brands.

West Donegal	854,412	D. Moore	565-16
West Hempfield	1,764,480	Dinger	677-20
		E. Mumma	42-6

The men were shooting at seven birds. In the shoot-off the score was as follows: W. Moore, 3; Potts 1, and out; Sueh, 1 and out; Dinger, 1 and out; Groff, out; D. Moore, 3; Hull 3.

That's a Lot of Milk  
Lawn furnishes 5,600 pounds of milk and Shaefferstown 7,000 pounds daily to the chocolate factory at Hershey, where the consumption now is about 140,000 pounds every twenty-four hours.