

# Zeller's Spring Sales 1914



**CHAS. H. ZELLER, Auctioneer**

Real Estate Bought, Sold, Rented and Exchanged  
Fire, Storm & Auto Insurance. Collection of Claims a Specialty  
Justice of the Peace and Notary Public

Saturday, Jan. 24—At his stables in Mt. Joy, horses, mules and carts by Ed Ream.

Tuesday, Jan. 27—At Hotel Witter, Marietta, Pa., 5 properties for the estate of Henry Musser, dec.

Wednesday, Jan. 28—In Mt. Joy, large lot of household goods by Jno. H. Kaufman.

Friday, Feb. 13—At his stables in Mt. Joy, Pa., horses and mules, by Ed Ream.

Saturday, Feb. 14, at Elizabethtown, Pa., hardware stock and fixtures by D. Martin, Trustee in the estate of Geo. A. Fisher, Bankrupt.

Saturday, Feb. 14—On the premises in Mt. Joy Borough, 2 1/2 story frame house and outbuildings for estate of Charlotte A. Stoner.

Thursday, Feb. 19—In Conestoga Centre, Lancaster Co., Pa., 3 tracts of land and personal property by B. Frank Keady, Trustee in the Estate of Aldus M. Charles, Bankrupt.

Thursday, Feb. 19—At Conestoga Centre, Lancaster Co., Pa., 3 tracts of Real Estate and personal property by B. Frank Keady, Trustee in the estate of Harry G. Good, Bankrupt.

Saturday, February 21st, livestock and implements, near Donegal Springs, by John Saylor.

Tuesday, Feb. 24—At the trolley waiting room, Mt. Joy, Pa., Union National and First National Bank

GO TO

## W.B. BENDER

East Main St., Mount Joy, Pa.  
FOR A GOOD SHAVE  
STYLISH HAIRCUT  
REFRESHING SHAMPOO  
or anything in the Barber Line.

Half The Secret of  
Good Pictures  
Is The Film



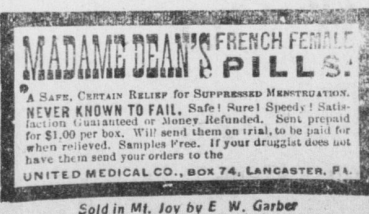
See That Yours is the  
Ea man N. C. Film  
The Word "KODAK" on the Spool  
End Identifies the Genuine.

Agent for Standard Steam Laundry

Three Holidays This  
Month

That Particularly Inter-  
ests Children  
Celebrate by Giving  
Them  
Chiques Rock Bottled  
Soda Water

FLANAGAN'S  
The House of Quality  
COLUMBIA, - PA.



Sold in Mt. Joy by E. W. Garber and W. P. Chandler & Co.

### HOME HEALTH CLUB

By Dr. David H. Reeder, Chicago, Ill.

Nerves: (Continuation of articles written for Home Health Club by H. Lindlahr M. D.) We will now somewhat deal with the Chemical Causes of Nervous Diseases. Food Adulteration: Medical prescriptions and patent medicines are not the only sources of drug poisoning. All sorts of injurious and destructive substances may be absorbed in food and drink, one through coming in contact with them in various occupations; for instance they may be absorbed from lead in water pipes, from the dust and fumes of ores and metals in mines, smelters and factories; in the printer's composing room; from paints and coloring materials; from stuffed animals, cosmetics, and from foods contaminated by rat and insect poison.

The reports of government chemists in Washington, whose duty it is to examine food products for purity and quality, have revealed astonishing conditions. They report that almost every article of food products bought in the groceries and markets, candy stores and soda fountains, is contaminated or adulterated with deleterious substances, inorganic minerals, aniline dyes, and all sorts of chemicals and poisons.

The following is a passage from an article in a Chicago daily paper which dealt with one of Professor Wiley's early reports on food adulteration: "Professor Wiley's reference was particularly to the aniline dyes, derived from coal-tar, which are used for coloring jellies and wines, as well as a great number of other food products and drinkables. (Editor's note: All coal-tar preparations, whether they are aniline dyes or drugs, are absolutely poisonous to the human system.) Not long ago the Bureau of Chemistry dyed experimentally a number of pieces of white silk with chemical colors obtained from various liquors and articles of diet put up for commercial purpose. Preserved cherries, utilized in this way furnished a yard of pink silk; currant jam a yard of salmon silk; port wine a yard of purple silk; tomato catsup a yard of light red silk, etc. The "rosaline" used for coloring corned beef and sausage gave a dye of a beautiful and brilliant red. But in this line nothing has been found so suggestive of the rainbow as soda water syrups, which taken in a bunch, are a chemical polychrome.

The cheap candies which the children buy are oftentimes most deleterious containing cheap, impure glucose and saccharine of sugar, glass, arsenic, sulphate of copper, and even prussic acid. Also, they are colored with the deadly aniline dyes. Many of the cheaper brands of chocolate on the market are composed mainly of starch and animal fat. They do not taste much like chocolate, but they easily pass for it, with the addition of oxide of iron, that is to say, iron rust, to give the requisite color.

One plate of cheap ice cream analyzed at the Bureau of Chemistry was found to contain as much fusel oil as five glasses of bad whiskey. Strawberry flavor, or what passed for such, was in truth a chemical compound.

A medicinal dose of sulphate of iron is three grains. Eat three small, artificially greened pickles, and you will get an equal quantity of this dangerous chemical. This salt of copper zinc are commonly employed to give a green color to peas, beans and other vegetables preserved for market in cans or glass jars."

Professor Wiley, by his conscientious and excellent work in exposing and trying to prevent the almost universal adulteration of food products with deleterious and poisonous substances drew upon himself the ill will of those financially benefited by food adulteration, and was promptly removed from office.

It would take too long, in the space of these articles, to describe even a fraction of the manifold forms of food and drink poisoning. Dr. Wiley's articles now running in one of our prominent magazines give most interesting information on the subject. The people should keep a sharp lookout that the laws and regulations dealing with food adulteration do not lapse into innocuous desuetude through official neglect or connivance.

There is certainly no better argument in favor of the "Natural Diet" than the almost universal adulteration of food and drink. The follower of "Nature Cure" selects and combines in his diet only the natural foods, fresh and unadulterated as they come from Nature's hands. He uses freely the grains, fruits, vegetables and dairy products, but avoids canned foods, strong spices, condiments, sauces, and all foods artificially prepared, fermented, colored or contaminated with poisonous preservatives.

It is much more difficult to eliminate chemical poisons, especially the inorganic minerals, from the system than the systemic poisons which form in the human organism. The only effective way to stir up and eliminate from the system the chemical poisons absorbed in medicines and in adulterated food and drink lies in natural methods of living and of treatment. Everything that is in any way injurious to the system must be excluded from the diet, and those foods must be preferred which have a purifying effect. In addition to the "Pure Food Diet" must be applied all natural methods

### IF YOU ARE ILL

from any disorder of the STOMACH, LIVER or KIDNEYS, or if your bowels are inactive at times, or you should suffer from constipation, get a 50 cent bottle of SEVEN BARS of your drugstore. If you are run down and don't feel as young and chipper as you used to, give SEVEN BARS a fair trial; it will purify your blood, clear your system and brain, and make life worth living. It is absolutely harmless, is highly palatable, and will not disturb the most delicate stomach.

For sale at druggists at 50 cents per bottle. Don't fail to try it. Address LYMAN BROWN, 69 Murray St., New York, N.Y.

of treatment which promote the elimination of morbid matter and poisons from the system. The most valuable of these are deep breathing, out-door exercises, curative gymnastics, water cure, massage, osteopathy, homeopathic, herb and tissue remedies, and right mental attitude.

### TWO HOME WOMEN

#### TALKED ABOUT HAIR

Two women met in our store the other day, when one of them said: "My, how pretty your hair looks! What have you been doing to it?" "Why, I have been using Harmony Hair Beautifier for the past two weeks," was the reply.

"Why, indeed?" replied the first woman, "that is just what I am using. Isn't it great, and don't you think my hair shows a lot of improvement?"

Harmony Hair Beautifier is becoming all the rage among both men and women who are particular in the care of their hair. It is just what it is named—a hair beautifier. It seems to polish and burnish the hair, making it glossy, silky-soft, and more easy to put up in graceful, wavy folds that "stay put." Contains no oil, and will not change color of hair nor darken it. Simply sprinkle a little on your hair each time before brushing it.

To keep your hair and scalp dandruff-free and clean, use Harmony Shampoo. This liquid shampoo gives an instantaneous rich, foaming lather that immediately penetrates to every part of the hair and scalp, insuring a quick and thorough cleansing. It is washed off just as quickly, the entire operation taking only a few moments. Harmony Hair Beautifier, \$1.00. Harmony Shampoo, 50c. Both guaranteed to satisfy you in every way, or your money back. 80c/only at the more than 7,000 Rexal Stores, and in this town only by us.—E. W. Garber's Drug Store, Mount Joy, Pa.

### BIG SLUMP IN BUTTER

#### DROP OF 11 CENTS FROM HIGHEST PRICE

Loss of \$6.60 a Tub—Holdings Show Loss of \$350,000—Such Demoralization is Se'dom Seen—Too Much Foreign Stock

New York, Jan. 30—It is seldom the butter market gets in as demoralized a condition as for the last few days. Slump after slump has sent fresh extras down to 26 1/2c, from the highest price at the close of the year, 37 1/2c. This is a drop of 11c during the month, almost unprecedented in the history of the trade. All the month trade has dragged because consumers seem to have cut out butter to some extent. The losses of January will never be known. They are so heavy that figures cannot be secured. A large quantity of butter, taken in at 37c, is still in the hands of receivers. Such butter shows a loss of 10 1/2c lb., with prospects of it being still lower. Owners of high-priced butter when the slump started withdrew it from the market, hoping that at some future time they could get a better price. This at present does not seem probable. It is not a question of price so much as it is to get a customer.

There was a slump to-day of 2c there being sales under the call at 26 1/2c, and the quotation is 26 @ 26 1/2c. This is a drop of \$6.60 a tub from the highest price at the close of the year. The price to-day is the same as the lowest price during the entire year of 1913. June 30 extras were 26 1/2c but they remained there only a short time and the advance began early in June and continued until the top, 37 1/2c was reached in December. A year ago today extras were 35 1/2 @ 36c, 10c better than today.

It is estimated that there are at least 70,000 pkgs. of butter still in the public coolers. If the loss on this averages \$5 pkgs. it means a loss of \$350,000 alone for stock in the public warehouses. Every private box is filled, but all of it will not lose as heavily as that stored earlier in the season. All the butter receivers are in good financial condition, and can stand this loss. Many of them have made good profits on eggs. A year ago held extras were 36 @ 32c, compared with 25 1/2 @ 26 1/2c today. Held butter is quoted as high as fresh, in face of no trade. Jobbers have held off the market as much as possible, expecting every day that prices would go down. Their expectations have been realized. The week has shown a total drop of 4 1/2c.

There is virtually no quotable prices, especially on grades under creameries. Process owners are discouraged. Packing stock receivers say the trade is light and city ladies are not moving. It is freely predicted that held butter will go at 25c. Today a number of receivers were willing to accept their losses, but could find no buyers. Present conditions are caused largely by the free import of foreign butter, especially from Argentina. There is due from Argentina on the Pacific Coast 10,000 pkgs. and 5,000 in Chicago early in February. California is over-supplied with foreign butter, and all Western markets are demoralized. The salvation is for retailers to get prices down. Most of them are keeping prices up to 48c.—New York Produce News.

Advertise in the Mt. Joy Bulletin

### Do You Wear The Right Corset

**IF NOT** You are laying the foundation for serious trouble in after life. Our Graduate Lady Corset Specialist Will Tell You Corset Advice; Fittings by Experts; Alterations Free of Charge



IT is a fact now universally recognized that unsuitable and unscientific corsets are a fruitful source of most female ailments and are frequently responsible for expensive and perilous surgical operations. The causes of such ailments are often long undetected because of the seeming non-relation between the locality of pain and discomfort and the offending corset.

DURING the past few years a great number of thoughtful physicians who have heretofore condemned corset wearing in general, have now recognized the possibility of producing healthful corsets—corsets which instead of being a danger are a real help to the female figure.

### The Correct Selection of a Corset

Is one of the most important problems for each individual woman to-day, for not only must her corset be rightly constructed and perfect fitting, but of course it must be fashionable and give the proper, stylish, up-to-date figure as well.

It is therefore absolutely necessary that the woman who desires these satisfactory results must be just as particular in the choice of her corset store as she is in her corset. It will not do for her to patronize an establishment where corsets are sold the same as notions or candy and probably by the same salespeople who are moved around from one of these departments to another according to the exigencies of business—such salespeople and such stores cannot offer a satisfactory solution of the corset problem.

## HERE

Corsets are treated from a hygienic, scientific basis.

We would as soon permit untrained help to wait on a corset customer as a reliable drug store would permit inexperienced hands to make up important medical prescriptions.

WE MAINTAIN A CORSET ORGANIZATION EQUAL IN EFFICIENCY TO THE BEST CORSETTIERS IN NEW YORK OR PHILADELPHIA.

An experienced lady, a graduate of a Metropolitan School of corsetry, is always in attendance in our secluded corset department on the balcony, remote from any departments patronized by the male sex.

**The American Lady**  
The Corset That Harmonizes Health And Style

America's most popular corset, worn today by millions of satisfied customers. A full line carried by The Donovan Co. at all times.

Hipless models suitable for all figures, in batiste or coutil; lace and embroidery trimmed, all sizes. \$1 to \$5

**Our Corset Salespeople**

Are all thoroughly trained and our customers have the advantage of private fitting rooms where expert lady fitters will mould the corset exactly to your figures, all without any extra charge.

**Great FEBRUARY FURNITURE Sale**

The Mightiest Furniture Sale Ever Held In This Section of Pennsylvania

Mighty in size—mighty in values.  
Mighty in assortments—mighty in savings.

Prices Lowest Obtainable Anywhere

**AND YET** We cannot hope even to give you the vaguest idea in words of the possibilities, the magnanimity, the chances of this Sale of Sales.

If you have not as yet attended this sale, don't put it off another day—get here if you have to walk.

IT WILL WELL REPAY YOU—SEE FOR YOURSELF.

RIDE TO LANCASTER FREE

THE STORE THAT PAYS YOUR CAR FARE  
**DONOVAN'S** EVERYTHING FOR EVERYBODY

WE PAY YOUR ROUND TRIP CAR FARE ON ALL PURCHASES OF \$10.00 OR MORE. IT COSTS YOU NOTHING. ASK FOR IT.

Did you see the three furnished rooms, furnished complete for  
**\$100**  
The value of them is \$147.50, so you can well realize the savings. Inspect them now—they're worth it.

**The Donovan Company**

Successor To Foster & Cochran & Williamson's

32-38 East King Street, - Lancaster Penna.