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This offer is good for October and November.

# CLARENCE SCHOCK

## MOUNT JOY, PENNA.

# LUMBER AND COAL

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RATION

**MILTON GROVE**  
Interest Manifested in the Evangelical Revival Meetings  
Anna Grosh visited relatives in Mt. Joy Tuesday. She transacted business in Mt. Joy Saturday.  
G. Kopp visited the county line through this section of course sound well.  
Mrs. A. J. Thome toured in her automobile. Mrs. Christian Moyer of Mt. Joy spent Sunday in this place. Lehman and helpmeet, of Mt. Joy, were Sunday visitors in Mt. Joy.  
Mary Fry of Elizabethtown, Pa., visited her parents Mr. and Mrs. F. Fry, of Dayton, O., was a week visitor in the home of Mrs. Gantz.  
Members of the High School are organizing a program for winter functions.  
Mrs. Jacob M. Heisey and Mrs. Curt Good, motored to Elizabethtown Saturday. Elmer White of Sunnyside, Pa., spent the week with her aunt Sarah Good, in town.  
Mrs. E. C. Baker, of Mt. Joy, and Mrs. Blaine O. Grosh and daughter were the guests of Mrs. Levi Musser, at Mount Joy, on the Sabbath.  
The Junior Class of the Mt. Joy High School, eighteen in number, made a trip to York County on Friday for the purpose of gathering chestnuts. Mr. Norman Stauffer's team conveyed them to and from Marietta. They crossed the river at Vinegar Ferry, had lunch at Wild Cat Falls, and gathered quite a few chestnuts. Miss Barbara Habecker was the chaperon. The following composed the party: Misses Mary Hershey, Mabel Moore, Martha Bucher, Virginia Frank, Leah Stauffer, Helen Habecker, Theda Walters and Messrs. John Booth, John Stoll, John Reist, Walter Butt, Harold Harmon, Austin Fellenbaum, Walter Pennell, Ellsworth Shrite and Clarence Brubaker.  
They'll Soon Be Free  
The State Board of Pardons has endorsed the recommendations of the Board of Inspectors of the Eastern Penitentiary and 110 convicts will soon be released on parole. Among them are Gutterman and McCoy, who were convicted in connection with the murder of Jacob Bostic, a trackwalker, who was murdered and robbed near Bainbridge. The clever work of J. Hay Brown, now a Supreme Court judge, is credited with saving them from the gallows at that time. If their records are good while out on parole they will be pardoned.  
Mrs. Martha Regel died at Conowingo, Md., on Saturday. She was 45 years old.  
The Bulletin.

complete metamorphosis. From a dilapidated "city of the dead," carefully preserved and covered with waste and prickles, a beautiful metropolis will be arising.  
The Evangelical revival in this place will be continued for another week by Rev. A. Fleisher, Monday evening. Rev. A. F. Diefenderfer presided and Tuesday evening services were conducted by Rev. John Brubaker, a clergyman of the Children's faith.  
It is estimated that a thousand relatives and friends were in attendance at the obsequies of Joseph B. Demmy on the 21st inst. at Green Tree last Thursday. The clergymen paid glowing tributes to the memory of the deceased and their sermons were characteristic of impressiveness—indisputable and logical. His age was 36 yrs., 2 months and 28 days.  
These congenial and exalted visitors, viz: George Keafawer, of Dayton, O.; Herman Froutervetter and Miss Emma Miller, of Philadelphia; Martin Force, of Middletown; Michael Lauber, of York, Pa.; Mrs. Samuel Holwager, Daniel Derr, of Mount Joy, Mr. and Mrs. John Shumaker, of Florin, Mr. and Mrs. Albert Heck and Mr. and Mrs. Penrose Shaak, of Elizabethtown, Pa., and registered at the popular Hotel Milton Grove over Sunday where the jovial proprietor and his estimable spouse entertained their hosts in royal style.  
Juniors Gather Chestnuts  
The Junior Class of the Mt. Joy High School, eighteen in number, made a trip to York County on Friday for the purpose of gathering chestnuts. Mr. Norman Stauffer's team conveyed them to and from Marietta. They crossed the river at Vinegar Ferry, had lunch at Wild Cat Falls, and gathered quite a few chestnuts. Miss Barbara Habecker was the chaperon. The following composed the party: Misses Mary Hershey, Mabel Moore, Martha Bucher, Virginia Frank, Leah Stauffer, Helen Habecker, Theda Walters and Messrs. John Booth, John Stoll, John Reist, Walter Butt, Harold Harmon, Austin Fellenbaum, Walter Pennell, Ellsworth Shrite and Clarence Brubaker.  
Drinking at Meals  
The less you drink with your meals the better. The dryness of the food furnishes the necessary stimulus for the secretion of saliva and of gastric and intestinal juices. An abundance of liquid in the digestive tract, therefore, weakens the activity of the secreting membranes and glandular structures. Moreover, it dilutes the secretions and thereby weakens their digestive qualities. The juices of the stomach and the intestines, as well as all other secretions in the body, cannot be made more effective by adding to them large amounts of water at meal time or any other time.  
Coffee, tea, or alcoholic liquors are especially objectionable before and during meal times. The former retard digestion; the latter over-stimulate temporarily the secretions of gastric and intestinal juices, thus creating a false appetite. The unnatural stimulation is soon followed by corresponding weakness and inactivity of the secreting glands in the digestive tract. Alcoholic liquors,

therefore, taken before and during meal times, encourage over-eating, and when the reaction sets in, the digestive juices, as well as the vitality necessary to take care of the excess of food taken under the influence of unnatural stimulation, are not forthcoming, causing indigestion and physical and mental weakness and lassitude.  
A glass of water, taken about half an hour before meals, will in most cases do away with the desire to drink at meal times. However, if there is actual thirst, it must be satisfied. If you prefer a warm drink, you may take cereal coffee, warm milk, or occasionally, cocoa. The best drinks at meal time are skimmed milk, buttermilk, and fruit juices diluted with water.  
NORTHWEST RAPHO  
Singing at the Home of Benj. Stauffer. Was Well Attended  
John R. Gibble visited Albert Caslow's on Sunday.  
P. S. Shenk's visited John Frey's in your town Sunday.  
Church services at Chiques on Sunday morning were well attended. Jacob Wolgenuth and family and M. G. Gibble were Sabbath guests in the home of C. G. Hollinger.  
Prof. C. R. Frey, wife and son C. Vere, of near town were Saturday and Sunday guests in the home of Benj. G. Stauffer.  
N. B. Hollinger, and wife, Abram Young and family and Mrs. Mary Gibble were the guests of John Geib and family on Sunday.  
Lovefeast at Mt. Hope church on Monday evening was very largely attended. The order was fine, which speaks well for our young people.  
The following were courteously entertained in the domicile of A. Y. Stauffer: George Keener and family and Abram Brubaker's of near Mt. Joy; John Showers and wife, of near Union Square and Abram Heisey and wife.  
On Saturday evening a grand singing was held in the home of Benj. G. Stauffer, which was very well attended considering the weather. About 125 persons had gathered upon the scene and were choristered by Rev. A. S. Hottenstein, assisted by Elam Weaver, capable vocalists from East Petersburg. The neighbors were represented, together with friends of music from Lancaster Junction, Manheim, Litz and Elizabethtown. Mr. Stauffer extended his heartfelt gratitude toward his friends for having come to his home notwithstanding the rain storm. After the singing it was very unpleasant for some folks to return home.  
BELLAIRE  
John S. Herr sold his farm to Milton Hershey.  
Miss Iva Shearer spent Friday at Lebanon.  
John Herr delivered hay to Gingrich Bros., at Lawn, on Tuesday.  
Communion services will be held at Stauffer's Mennonite church Sunday forenoon, October 26. The same evening the Church of the Brethren will start a service of meetings at the Bowmanville church.

PIKES ARE BEING FIXED  
County Automobile Club Holds Interesting Meeting at Maytown  
Endorsement of the anti-smoke ordinance for automobiles and the prohibition of the muffler cut out took place at Friday's night's meeting of the Lancaster Automobile Club at Donegal Inn, Maytown. President Wolf held that it is impossible to run without any smoke, especially when held up by traffic, but that the major part of it could be done away with and autoists having machines emitting too much smoke can prevent it. He did not believe in pretty prosecutions, but thought the law should be enforced in the cases of the grossest offenders.  
It was the opinion of some of the members present that the city had no right to pass an ordinance which conflicted with the State motor law. Autoists sued for violating the law are urged to communicate with the secretary. Mayor McClain sent letters to many offenders.  
Sollitor Zimmerman was congratulated upon getting damage for a member, whose machine was struck by a trolley car in Harrisburg. C. M. Relling, of the good roads committee, made a report which showed that much improvement was being done on the Harrisburg pike and the club decided to allow 30 days grace before acting against the pike company. County Treasurer Schoek stated that the Harrisburg pike is so much improved that it hardly seems like the same road. Mention was made of the pike between Marietta and Mt. Joy, as having more breakers upon it than any other road, extending the same distance. It was stated that the toll charges, eastward and westward on the Harrisburg pike will be made uniform.  
Abuse of contractors blocking city streets will be looked into by the street commissioner. Some work has been done on the Marietta turnpike, but not sufficient to place it in good condition. Some improvement is being made on the New Danville pike. The good roads committee will continue to work along the lines of turnpikes.  
Martin Rudy moved to have the committee continued until the Conestoga Traction Company places a switch at North Queen and Chestnut streets and to have their motormen lower the electric headlights when approaching automobiles on the road, which has a blind-spot effect.  
These new members were elected: Thomas Arnold, Lancaster; H. B. Keller, Elizabethtown; S. H. Landis, Rheems; W. B. Aierstuck, Millersville; H. K. Landis, Rheems; Geo. Rhoades, Jr., Marietta; Abram S. Eschbach, Florin; Chas. D. Zell, Maytown. The next meeting will be held in Litz.  
Teachers' Local Institute  
The Mount Joy Township Teachers' Institute organized last Saturday by electing the following officers: President, Garfield Shearer; Vice President, Irvin Kraybill; Secretary, Sadie W. Greiner; Treasurer, Irvin Kraybill; Chorister, Helen Springer. The President then appointed an executive committee to arrange a program to be rendered December 6. The Institute meets monthly in the High School at Milton Grove.  
Stricken With Vertigo  
Henry Eshleman, an aged resident of Ironville, was stricken with vertigo on the street Thursday. He was watching the firemen's parade when attacked and fell to the street, sustaining a severe gash over the right eye. He was taken to the Columbia Hospital, and after his injuries were dressed, he was able to go home.  
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New crop extra choice seedless Raisins per lb. . . . .	10c	Our Own Make	Men's work shirts . . . . .50c
Ivins' Lunch on Thursday's (Butter Thins) per lb. . . . .	17c	pure, clean, and wholesome. A splendid relish with oysters and meats. Packed in jelly tumblers at . . . . .	High Grade Art Linen per yd. . . . . 40c
Choice freshly shredded coconut is here and the quality is fine per lb. . . . .	20c	OVERALLS	Boy's Bloomers
Choicest selected California dried Lima Beans are giving great satisfaction per lb. . . . .	8c	Men's Blue Denim Overalls with or without bib. . . . .50c	Boys' Bloomers and Knickerbockers per pair . . . . .50c & 60c
		Men's Hickory Stripe Overalls per pair . . . . .50c	Choice Quality Pillow Tubing per yd. . . . . 20c
			Heavy grade unbleached muslin per yd. . . . . 8c

# H. E. SAGER

East Main St., MOUNT JOY, PENNA.