ROYAL BAKING POWDER

Absolutely Pure

The only Baking Powder made from Royal Grape Cream of Tartar

NO ALUM, NO LIME PHOSPHATE

EXTRA SPECIALS
Wednesday & Saturday

Each week we will change or add to the special of the previous week.

This week's special should interest you when you can save 60c on a purchase of $1.60 and 7c on a purchase of 16c.

Prices given are not increased, but actual prices we sold the goods at.

Extra fine Muir Evaporated Peaches, 16c grade at 9c lb.

Basket of groceries contains,

1 Sack Flour	35¢
1 pound Dried Apples	10¢
1 Can Corn	10¢
1 Piece Soap	10¢
1 Box Matches	5¢
1 Piece Queensware	40¢
1 Box Cocoa	10¢
1 Basket	10¢
1 Tumbler	10¢
	$1.60

All For $1.00

SEE DISPLAY IN EAST WINDOW

S. B. Bernhart & Co.

EAST MAIN STREET MOUNT JOY

ARE YOU BUYING YOUR

Grocery Needs

Where You Can Get The Best Quality at The Lowest Prices?

You can answer this question correctely after you have examined and compared our prices with what others ask and tasted the quality of our goods which are guaranteed to give you entire satisfaction. All goods Delivered.

H. G. Hagenberger

BELL PHONE

Mount Joy, Penna.

GOOD FURNITURE

is the only kind I sell—Furniture that is Furniture

Rockers Mirrors Hall Racks

Picture Frames Ladies' Desks

Extension & Other Tables, Davenport

China Closets, Kitchen Cabinets

In fact anything in the Furniture Line

Undertaking and Embalming

H. C. BRUNNER

MOUNT JOY, PENNA

J. Y. KLINE

All Kinds Concrete Work

BUILDING BLOCKS All Styles and Colors

Porches, Columns and Banisters

Door and Window Sills and Lintles, Chimneys, Etc.

Retailer of the Best Grades of Cement

FLO... PENNA

SALUNGA

Ed. Myers has got in a new line of wire fence.

Simon Bard and family of Ironville surprised our community by a visit on Sunday.

Mr. Wesley Greider of McCalls Ferry was in our town on Friday to transact some business.

Howard Peifer, wife and son John spent Sunday in Mount Joy with Mrs. Peifer's father.

Miss Stella Newcomer is staying at the Baer and Keener home for a short time because of them being down with the grip.

The regular meeting of the General Hospital will be held on next Wednesday, February 5th at the home of Mrs. B. E. Kendig.

Nothing like pushing business, Will Way of Mt. Joy is down our way helping his brother George Way to strip his tobacco the right way.

C. N. Herr and family spent Saturday evening with his brother Ira.

Miss Sadie Hays is home again after being a short time at the home of Miss Alice Kepperling.

Mrs. Lizzie Stauffer and daughter Miss Lillie, Mr. Norman Baer and mother, Ben Baer and family attended the Landis—Landis wedding near Mellinger's church on Tuesday.

Our tax assessor is extremely alert these days. In some of our townships as soon as a man builds a good sized chicken house the item is noted and comes out in next tax notice even sometimes before the improvement is paid for.

Revival services in the M. E. church closed on Sunday night with eight conversions. The weather was open and extremely wet most of the time and the work of conducting the services for two weeks was most strenuous but the reward was ample.

A few tobacco buyers are around trying to buy the weed at eight and two but they receive little encouragement and it looks as though the cheap lots would turn out dear enough as the long hunt for it and the poorer quality are conditions that should also be considered.

The Menonites of Landisville and Salunga have been holding joint services in our church since the building of Landisville church began but from the progress made in the new church at Landisville it is probable their church in that town will soon be ready for dedication.

MILTON GROVE

Jacob Heisey is able to be up and about again after a week's illness.

Albert Gingrich spent a few days in Selinsgrove where he transacted important business.

Mrs. David L. Moyer of Sunnyside school house was the guest of I. G. Zook and family on Sunday.

Emanuel Greiner and daughter Maggie were the guests of Mr. and Mrs. Clayton Gibble on Sunday.

Mr. and Mrs. Harvey Kulp and son spent Saturday and Sunday visiting relatives in East Petersburg.

Samuel Heisey, Sr. of Elizabethtown and daughter Miss Lizzie visited his son Samuel and family on Sunday.

On Tuesday evening Christian Shumaker was stricken with paralysis and at this writing is in a serious condition.

Miss Dora Good, a student at the High School, has been obliged to lay aside studies and go to her home near Rheems on account of the measles. So far she is the only victim of the disease from our school but some of the schools in the surrounding neighborhood have been closed for several weeks.

Bainbridge Bank Officers Elected

The following directors were elected at a meeting held by the stockholders of the First National Bank of Bainbridge: B. F. Hoffman, I Oliver Fry, C. S. Manning, I. Scott Smith, W. T. Worth, Daivd E. Landis, Ephraim Brinser, George Hawthorn, F. R. Groff, F. B. Smith and George S. Rhoads, Jr.

Strawberries in Winter

Cyrus Engle, residing near Schaefferstown, has a bed of strawberries which are almost ready for picking. P. F. Miller, Myerstown, saw the bed and reports it a fine sight, with the berries just about turning a ripe color.

ROUP CURE

Roup Reduces Poultry Prifits; Pratt's Roup Cure prevents, cures colds, catarrh and roup; guaranteed. For sale by J. H. Buohl, G. Moyer and W. D. Chandler.

Institute in Harrisburg

On January 30th in Harrisburg, a missionary and temperance institute will be conducted under the auspices of the State Sabbath School Association reaching the 48 counties.

Sound Sleep

is usually impossible to the bilious. But biliousness yields—and headaches, sour stomach, indigestion go —when the bowels are regulated and the liver and kidneys stimulated by

BEECHAM'S PILLS

Sold everywhere In boxes 10c., 25c.

LIFE'S STRUGGLE WITH ILLNESS

Mrs. Stewart Tells How She Suffered from 16 to 45 years old—How Finally Cured.

Euphemia, Ohio.—"Because of total ignorance of how to care for myself when verging into womanhood, and from taking cold when going to school, I suffered from a displacement, and each month I had severe pains and nausea which always meant a lay-off from work for two to four days from the time I was 16 years old.

"I went to Kansas to live with my sister and while there a doctor told me of the Pinkham remedies but I did not use them then as my faith in patent medicines was limited. After my sister died I came home to Ohio to live and that has been my home for the last 18 years.

"The Change of Life came when I was 47 years old and about this time I saw my physical condition plainly described in one of your advertisements. Then I began using Lydia E. Pinkham's Vegetable Compound and I cannot tell you or any one the relief it gave me in the first three months. It put me right where I need not lay off every month and during the last 18 years I have not paid out two dollars to a doctor, and have been blest with excellent health for a woman of my age and I can thank Lydia E. Pinkham's Vegetable Compound for it.

"Since the Change of Life is over I have been a maternity nurse and being wholly self-supporting I cannot over estimate the value of good health. I have now earned a comfortable little home just by sewing and nursing since I was 52 years old. I have recommended the Compound to many with good results, as it is excellent to take before and after childbirth."—Miss Evelyn Adelia Stewart, Euphemia, Ohio.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

HOME HEALTH CLUB

By Dr. David H. Reeder

Obesity, Part 1. Nobody loves a fat man. No doubt this statement was made by some long, thin, cadaverous person in a fit of jealousy. I want here to refute that malicious fling, and say from many years of experience that by far the majority of fat folks are jolly, good natured and decidedly lovable.

There is another, and by far the most important, side of the question which I wish to talk over with you. While it is admitted that fat folks are usually jolly and good natured, their condition is far from pleasant. They suffer from the heat, often have difficulty in getting about, are more liable to accident, and to them pneumonia and diseases of the heart and contagious diseases are extremely fatal.

I believe that obesity can, in truth, be spoken of as a disease, and as such, be successfully treated. It is due either to disease of the thyroid gland (a small gland in the neck,) or improper functioning of the eliminative, digestive and assimilative apparatus. I will speak of all these a little farther on.

As I have so often said in my articles, the cause should first be found and then treatment instituted to remove it. Obesity is no exception to this statement. Its relief and cure have, since time began, puzzled not only the laity, but the medical profession as well. I will not say that all cases are easily handled, for they are not. Treating obesity is like treating anything else, when the cause is simple the cure is simple. Let us now see if the treatment in most instances won't suggest itself.

Under normal conditions there is an automatic regulation of the output of energy and the intake of food. When this relationship is interfered with for any length of time, disordered nutrition results; we grow either lean or fat. I might as well say here that some people seem to have inherited the tendency to grow fat and some the tendency to remain lean. However, I believe both of these tendencies can be explained satisfactorily without putting the blame on heredity.

Your Opportunity and Ours

Ours is the only mgazine covering exclusively the great events of Outdoor Life; the higher class narratives of adventure, travel and achievement in the open; also hunting, fishing and all sports. It is superbly printed and illustrated. We require the services of one man in each county to handle subscription agents. Generous inducements to workers. Write us NOW for sample copy and full details. Address OUTDOOR WORLD PUBLISHING CO., BOX 732, New York City. jan.15-4t

Koser—Ebersole

Paris L. Koser, son of Abraham Koser, of Union Square, and Miss Mary Ebersole, daughter of Mr. and Mrs. Samuel Ebersole were united in marriage on Tuesday by Bishop H. B. Hoffer at his residence a few miles east of Mount Joy.

Fire Insurance Notice

The yearly assessment of the Donegal & Conoy Mutual Fire Insurance Co. is now due and payable to J. Willis Freed, Mount Joy, Pa. All assessments must be paid by Feb. 15, or policies will be suspended.

jan.22-4t.

☞The people's paper—'Bulletin.'

Saturday, Feb. 1st

We Start a

Final Clean-Up Sale of Men's and Boys' Overcoats

This sale will last until February 15th. Any overcoats unsold after that date will have to give place to the new Spring Suits which are here and on the way.

This is an opportunity you can't afford to pass up, for even if your old overcoat is good enough to see you through the balance of this winter, at the prices we've put on these coats it will pay you to invest in one for next winter.

53 Overcoats Than Have Been Sold Down to one of a Kind--Some With Velvet Collars, Some With Presto Collars--Are Now Marked

Half Price and Less

9 Overcoats that were $16 and $18, are now	$8.00
11 Overcoats that were $15, are now	$7.50
12 Overcoats that were $14 to $18, are now	$7.00
13 Overcoats that were $12 to $15, are now	$6.00
8 Overcoats that were $10 and $12, are now	$5.00

Balance of Our Overcoats, Including Fancies Blacks and Grays, Are Now Priced Like This

For Men and Young Men		For Boys and Children	
$ 6.98	for coats that were $19.00	$1.50	for coats that were $2
$ 7.98	for coats that were $12.00	$1.98	for coats that were $2.50 and $3
$ 9.98	for coats that were $15.00	$2.50	for coats that were $3.50 and $4
$11.98	for coats that were $18.00	$3.25	for coats that were $4.50 and $5
$12.98	for coats that were $22.00	$3.98	for coats that were $6 and $7
$14.98	for coats that were $25.00	$4.98	for coats that were $8 and $8.50

MEN'S AND BOYS' RUBBERIZED RAINCOATS ARE PRICED THIS WAY FOR QUICK CLEARANCE

MEN'S		BOYS'	
$6.00	for $10 and $12 ones	$3.50	for $5 and $6 ones
$3.50	for $5 and $6 ones	$1.75	for $3 ones.

Twelve Rubberized Raincoats For Boys From 3 to 10 Years Slightly Damaged----Were $3.00--Will be Closed Out at..... $1.00

GROFF & WOLF CO.

26-28 NORTH QUEEN STREET

Lancaster's Fastest Growing Store

Electric Bitters

Made A New Man Of Him.

"I was suffering from pain in my stomach, head and back," writes H. T. Alston, Raleigh, N. C., "and my liver and kidneys did not work right, but four bottles of Electric Bitters made me feel like a new man."

PRICE 50 CTS. AT ALL DRUG STORES.

PATENTS

TRADE-MARKS and copyrights obtained or no fee. Send model, sketches or photos and brief description, for FREE SEARCH and report on patentability. 25 years experience.

Send 2-cent stamp for NEW BOOKLET, full of patent information. It will help you to fortune.

READ PAGES 11 and 12 before applying for a patent. Write to-day.

D. SWIFT & CO.

PATENT LAWYERS,

303 Seventh St., Washington, D. C.

Shaving Hair Cutting

Joseph B. Hershey

Tonsorial Parlor

East Main St., MOUNT JOY

Three Chairs. No Waiting

Agen for the Middletown Steam Laundry. Goods called for Tuesday and delivered Friday.

BONES WANTED

Hafleigh & Co.

Philadelphia

OLD DR. THEEL & DR. W. L. THEEL

1719 Spring Garden St., (formerly 535 N. 6th St., Phila., Pa.) Ein Deutscher Arzt, Only German Specialist. The German Treatment, the only Guaranteed Cure for Specific Blood Poison, others can't Cure, all use Mercury & Arsenic, worse than the Disease itself, it's a curse of humanity. All Skin & Private Diseases, Eczemas, both sex, Abscess, Weaknesses, Nervous Debility, Lost Manhood, Drains, Atrophy, Piles, Lumps, Varicocele, Hydrocele, Rupture & Strictures, no cutting, Kidney, Bladder, 46 yrs. practice & 6 yrs. Hosp. Exp. in Germany. Book Free, tells all, exposing Humbugs, by A Cowery & Overtaxing Friends. Hrs. 8-1, 6-8; Sun. 9-2.

BLANKETS! BLANKETS!

Mr. Horse Owner, I have a very fine line, of choice all-wool square horse blankets. These blankets were made expressly to my order. All the latest patterns and weaves, size all-wool horse blankets 70-76, 80-84, 84-90, 96-100.

Robes, $2.50 to $10. Silk Plush Robes, $10, $12, $14, $14.50.

Stable Blankets, $1.00 to $2.50; Chase all-over Stable Blankets, $2.50; All-wool Kersey Stable Blankets, $3.00 to $5.00.

Come and look this line over; goods cheerfully shown.

F. B. GROFF

MOUNT JOY, PENNA.

Telephone, Storekeeper and Countryside

"It used to be that if we wanted anything we'd hitch up and drive down to the store, breaking pretty much into the whole day's work. If we drove over at night, the women would be left alone. We avoid both now by using the Bell Telephone.

"Perkins, who runs the store, tells me that he gets a lot of business by telephone not only around here, but in selling fresh eggs and things to city dealers."

Bell service is a boon to the farm. Write the nearest Business Office for booklet, "What Uncle Sam Says About the Rural Telephone."

The Bell Telephone Company of Penna.

R. E. Smith, Local Manager, Lancaster Pa.