

boldest admission of ignorance upon the part of a physician is to tell a young mother who, after suffering untold agonies and having lost the long expected treasure, that she can not again make an attempt to bear children, never was a greater mistake made. I well remember the case of a devoted couple, who lived in a neighboring town. They were clean morally and physical, well suited for parenthood, but on account of failure to properly understand certain systems or carelessness, which is worse, the family doctor was not able to prevent a complete disappointment and loss of the little one, and the life of the wife was only saved by the timely arrival of another physician. The poor woman was told that she must never attempt to bear another child, as she could not survive another such an ordeal.

Several years passed and the disappointed pair became members of the Home Health Club. They finally came to me for advice and I told them that I considered God and Nature wiser than their doctor and that their wishes could be gratified with out danger. I carefully advised them and received letters regularly and by correspondence only directed the case throughout.

Perfect health and a perfectly normal parenthood was the happy result and only a few months ago I received a most jubilant letter from the husband announcing the safe arrival of a strong and sturdy boy. I could tell you of many such cases and I assure you that such letters give me inexpressible pleasure.

The often terrible suffering and danger of modern motherhood is easily avoided when the simple and natural methods of diet and care are followed. That I have so frequently advised in my lectures, it is rather tiresome to those not especially interested in the subject to hear me repeat the instructions for mothers as I have done several times and I have therefore had the detailed information printed in a little neat pamphlet which I will gladly send entirely free to any one who requires it as long as the limited supply on hand lasts. I will make this my New Year gift to wives and mothers. You can do something for the club if you want to help spread the gospel of good health. Tell your neighbors about these lectures in the paper and induce them to subscribe so they can get the information regularly.

CLUB NOTES

Dear Doctor:—
I want to tell you how much pleased I am with my set of books. I study them every chance I get, and the more I study them the more pleased I am with them. The wonderful part of it to me is, that after reading about different treatments I find so simple that one who had not thought of them could find a simple remedy to the club which I believe will help some mother as it has helped us. When children wake up in the night and cough as if they were going to have the croup, give them one to four or five drops of kerosene, according to their age, and repeat every hour or so until relieved. Also rub their throats and chests with olive oil, camphorated oil, goose oil or plain kerosene: being careful not to use much as the kerosene blisters. Bind on cloths wrung out of cold water as the Doctor has taught us.

Mrs. O. T. K.
Am gratified to learn that you are well pleased with the Home Health Club books and that you are immensely interested in our work. I hope that you will prevail upon your friends and acquaintances to adopt these simple methods of treatment, as by so doing they may not only save themselves a great deal of suffering, but expense, also.

There are hundreds of simple home remedies which can be used to greater advantage and with better results than can be had with complicated prescriptions. The one you mentioned is known to me, and has been suggested by me on some occasions. I would add that kerosene should never be given in large doses, or too often, especially in children.

All readers of this publication are at liberty at all times to write for information pertaining to the subject of health. Address all communications to the Home Health Club, 5039 Cottage Grove Ave., Chicago, Ill., with name and address in full and at least four cents in postage.

Mormon No. 77's Christmas Gift; Chestnut Frolic; Dutch giving Mollie and Brave Little Giuseppe are four short touchy stories written by C. D. Risher, pastor of the Mount Joy Church, and published by the (Oscar) Publishing Co. in booklet form. "The Gem Series No. 1, 2, 3, 4, 5, Lesson Stories. Price 10¢ for 25¢ sent postpaid or on order, parsonage and at several stores. A York, Pa. man said "These are the best I ever read."

FARMER'S INSTITUTES

Interesting Two Day Sessions Held At Maytown Last Week

Friday marked the opening of the annual farmer's institute at Maytown, sessions of which were held in the band hall. The meetings were well attended and decidedly interesting.

The opening session was held at 1:30 o'clock. The invocation was pronounced by Rev. E. E. Kauffman, pastor of the Church of God, and addresses were delivered as follows: "The Economical Use of Lime, Manure and Fertilization," by R. P. Kester; "Some Orchard Insect Remedies," by F. H. Fassett. Saturday night's session was opened with music by a ladies' chorus, and addresses were delivered by E. L. Phillips, on "Beginning the Poultry Business," and illustrations of poultry raising. R. P. Kester followed with an address on "The Farmer as a Citizen."

There were sessions Saturday morning, afternoon and evening. The following programmes were rendered:

Morning, 9:30 o'clock—Address, "How to Buy Commercial Fertilizer, and How to Use It," E. L. Phillips; address, "Care and Management of the Orchard," F. H. Fassett.

Afternoon, 1:30 o'clock—Address "Essentials of Success with Potatoes," R. P. Kester; address, "Good Roads: How to Get Them," E. L. Phillips.

Evening, 7:30 o'clock—Musical chorus; stereopticon exhibition of fruits, vegetables, etc.; address, "Peaches," F. H. Fassett; musical chorus; address, "Some Fundamentals of a Country Home," R. P. Kester.

The local committee was composed of Dr. G. A. Barter, chairman; William H. Clepper, secretary; Benjamin F. Garber, exhibition; James F. Johnson Norman Herchelroth, John W. Kame, Amos F. Foley, Harry B. Haines, S. S. Kraybill, C. C. Kester, poultry; Walter Hoffman, Irvin Fridy, Al Risser, Joseph Smith, potatoes; Clayton Farmer, John G. Engle, Paris W. Epler, William Frysinger, fruits; Elmer Brandt, H. H. Engle, Abram Grove, Henry Hauptstein, cereals; Mrs. H. H. Engle, Mrs. S. H. Tressler, Samuel Lindemuth, Miss Viola Johnston, Miss Bertha Peck, Miss Ada Kraybill, Miss Maud Landvater, fancy work.

Prizes were awarded for the best general displays of farm products, the best display of home-grown apples, largest home-grown potatoes, best fresh tobacco, butter, etc., and the best bread, cakes, preserves, jellies, needlework, etc., on exhibition. They consisted mainly of samples donated by merchants, farmers and interested persons in town.

NEW PENNSY TRAIN CALL

To Jog Memory of Absent-Minded Passengers About Their Wraps and Baggage

"Next stop Mount Joy! Do not forget your umbrellas, wraps or baggage!"

The above is an example of the new order of things in calling out the stations on the Pennsylvania lines, according to an order issued several days ago. The passenger trainmen are following the order to the letter, but notwithstanding this precaution, passengers continue to overlook their baggage and wraps.

For a long time the order has been to return all packages, baggage and wraps found in cars after a train has reached its destination, to the department for lost parcels. To each article found is attached the name of the finder, the time it was found and as far as possible to tell who occupied the seat in which the package was found. The owner can recover any article lost on a train, that may have been found by a trainman, but it frequently happens that a passenger will notice a parcel or package on a seat, pick it up and walk out. Then the passenger blames the railroad company for the lost article, and makes a whole lot of trouble for the trainmen.

DANCE AT MARIETTA

Big Yule Tide Event to Be Held in Central Hall

Invitations have been issued for the Yule-Tide dance to be given in Central Hall, on Thursday evening, December 26, under the auspices of the elite of Marietta. There will be a large number from other places present. The committee in charge of the affair is Dr. E. L. Cornman, secretary; H. T. Miller, Dr. E. D. Graves, M. R. Hoffman, Jr., P. R. Hoffman. The patronesses are Mrs. Kline Montgomery, Mrs. William H. Fendrich, Mrs. George T. Atkins, Mrs. James Duffy, Mrs. Charles A. Grady, Mrs. Eli L. Hoffman, Mrs. E. S. Musser, Mrs. E. D. Graves, Mrs. E. Linwood Cornman, Mrs. Joseph P. Bowman, Mrs. Henry S. Rich, Mrs. Ethelbert Miller.

There will be special music by a large orchestra, and those who desire attending, upon the receipt of their invitation, should notify the secretary.

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Elgin, Ill.—"After fourteen years of suffering everything from female complaints, I am at last restored to health. I employed the best doctors and even went to the hospital for treatment and was told there was no help for me. But while taking Lydia E. Pinkham's Vegetable Compound I began to improve and I continued its use until I was made well."

—Mrs. HENRY LEISEBERG, 743 Adams St. Kearneysville, W. Va.—"I feel it my duty to write and say what Lydia E. Pinkham's Vegetable Compound has done for me. I suffered from female weakness and at times felt so miserable I could hardly endure being on my feet. After taking Lydia E. Pinkham's Vegetable Compound and following your special directions, my trouble is gone. Words fail to express my thankfulness. I recommend your medicine to all my friends."

The above are only two of the thousands of grateful letters which are constantly being received by the Pinkham Medicine Company of Lynn, Mass., which show clearly what great things Lydia E. Pinkham's Vegetable Compound does for those who suffer from woman's ills.

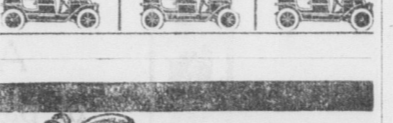
If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

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