

We Thank You!

The Bulletin has just closed another successful year in business, and it is fitting that at this time a word of appreciation should be extended to the readers and advertisers who have helped to make its achievements possible, by their substantial support in its efforts to serve the public of Mount Joy and vicinity in all the legitimate functions of a newspaper looking toward sound home and business building.

Advertising

During the year 1911 the Bulletin carried more local, more foreign and more classified advertising than any of its contemporaries, enabling it to distance them by a very substantial margin.

Circulation

The circulation is steadily increasing because we give such big value for the money. From eight to fourteen pages of good reading matter is worth several times the subscription price. Our circulation has grown to such an extent that we feel free in saying it surpasses that of any weekly in this county.

During 1912

It is the aim of the management to make the Bulletin a still more interesting and useful guest at every fireside in this section, and thus augment the reader as a dependable news medium and to the advertiser as a business builder.

WE ARE OFFERING ANY OF OUR

STIFF OR SOFT HATS
IN \$2.50 QUALITY, AT \$1.98. AN Y OF OUR \$2.00 QUALITY AT \$1.49
BALANCE OF OUR

Heavy Caps and Gloves
AT GREATLY REDUCED PRICES. ALL NEW, CLEAN STOCK

Wingert & Haas

44 North Queen Street, LANCASTER, PENNA

BUY YOUR **Seed Potatoes HERE!**

All Varieties Write For Price List
JOHN KIENZLE
N. W. Cor. 2nd & Dock Sts.
Both Phones: Bell, Lombard 18-45
Keystone Main, 17-99 Philadelphia.

THE GRAIN HOUSE OF THE EAST
ESTABLISHED 1897
WILLIAM L. BEAR & CO.
(Members Chicago Board of Trade)
BROKERS
PENNSYLVANIA BUILDING, Chestnut and 15th Sts., PHILADELPHIA
STOCKS—BONDS—INVESTMENTS
30 SECONDS 2 MINUTES
To Chicago Board of Trade. To any Grain Market in America
Lancaster Branch 220-226 Woolworth Bldg.

Exchange Hotel
Mount Joy, Pa.

J. M. Backenstoe, Pro.

Has just been remodeled thruout Has all modern conveniences such as Baths, Hot and Cold Water, Steam Heat, Electric Light, Etc.

Table is Supplied With the Best the Market Affords.

Also Lunch Counter Where Soups, sandwiches, Cheese, Tripe, Oysters in Every Style Etc., Etc., are served

BAR IS STOCKED WITH THE BEST BRANDS OF BEER, WINES, LIQUORS & CIGARS

Good Stabling Accomodation Local and Long Distance Telephone

NOTARY PUBLIC
W. M. HOLLOWBUSH
Attorney-At-Law
48 West Main Street, Mt. Joy, Pa
Days at Lancaster, Monday and Friday at No. 52 North Duke Street

HOME HEALTH CLUB

By Dr. David Reeder, La Porte, Ind.

Baby Colic—Thousands of little babies are yelling as if to say: "You Home Health Club, tell my mamma how to keep me from having the colic and how to stop it when I do have it."

Babies have colic, usually when between six weeks and six months of age, though they some times have it at two weeks. The trouble with the baby generally antedates its birth and is caused, for the most part, by the carelessness of the mother, during gestation, in the matter of diet. She should during that time avoid all manner of food that is calculated to induce biliousness and her food should be of tissue building character. Greasy, syrupy and highly seasoned foods should be especially avoided, and this should continue until the babe is weaned. Plenty of fresh fruit should be partaken of by the mother, during gestation, but it should never be very acid. Cereals, fresh milk, eggs and all such foods as contain much albumen, gluten and fibrin, are strong factors in building bone, muscle, nerves and all the tissues. This will help the baby greatly before it is born, and will do much to prevent colic afterward. Much the same diet should be observed during lactation.

When the baby has the colic simply give it plenty of warmth. Hot water baths, hot fomentations, plenty of warm clothing for the baby and the bed, are necessary. All this in proportion to the attack. In a general way a warm bath will relieve the baby, no matter what the cause of its griping may be, and the relief will be almost instantaneous. Often merely placing the child's feet in warm water and a cloth wrung out of hot water to the abdomen will bring relief. A hot water bag in the baby's bed will bring soothing sleep and as continuous as necessary.

Under no circumstances should a baby ever be given opiates. More babies are killed or ruined in mind and body, by soothing syrups than in any other way. Paregoric, for instance, is nothing more than tincture of opium, laudanum, camphorated, and the ingredients of all the soothing syrups are partly morphine or opium extracts. Any one in this day of wide spread information should know that to give a tender babe opium or morphine is very wrong. It is bad enough to administer such things to able-bodied grown folks.

Baby colic is not a dangerous disease, but it is unpleasant to baby and little less so to mother and father—especially the latter when he has to walk the floor with baby during the night. But the hot water, and some good, old fashioned catnip tea will gradually relieve the little one. An almost magical remedy is obtained by placing a tea spoonful of molasses in a cup of hot water and giving the baby half-teaspoonful doses of that until it is quieted. A drop of peppermint essence in six teaspoonfuls of hot water is an excellent remedy. A drop of essence of camphor in a teaspoonful of sugar dissolved in six teaspoonfuls of hot water and given in teaspoonful doses every ten minutes, is very efficacious if the baby's bowels are running off and the colic cramps are very severe.

Another good prescription for the baby with colic is: Equal parts of oil of anise and oil of fennel. Five drops in a half ounce of hot water, bottle or in any sensible way. This will warm the stomach, cause the baby to belch and throw off the gas.

Club Notes

Dear Doctor:— I have had for several years a skin disease, commonly known as black-head. It never effects any part of my face except my forehead, but it is now on my back and chest. Please prescribe treatment, diet, etc.

F. E. K.
The skin trouble known as black-head is not as a rule due to dietetic errors, although in some cases an excess of pork, buckwheat, and syrup might aggravate the condition, also in some cases the difficulty is aggravated by being around a hot stove or where there is an abundance of steam. This causes the little sweat glands to open and then become thoroughly relaxed, do not close readily, and a little dirt lodges inside of the opening and clogs it up. The perspiration in attempting to escape is held back by the dirt and forms a hard lump or mass, which upon being squeezed out looks like a worm with a black head. It is not, however, but is simply accumulated waste matter with a little dirt at the end of it.

Every night before retiring you should very thoroughly wash your face with mild antiseptic soap and soft water after which apply the following solution:
One oz. commercial (32) acetic acid.
Two oz. Witch Hazel
One-half ounce Glycerine

This will cause a little smarting but you can put it on without any fear of injuring the skin. Let it remain on for fifteen or 20 seconds and then rub the face thoroughly with a soft cloth. You will find a great deal of dirt which has been left on the skin by the soap and water will readily come out. You will be surprised at the amount of dirt you will get off in this way, after rubbing carefully then apply the liquid again and leave it on. The next morning you will find the skin looking much cleaner and clearer and it will be soft and flexible.

Wash every night before retiring with soft water and mild soap, and apply the acetic acid solution two or three times per week only.

Dear Doctor:— Our little boy, 2 years old, quite often cries in his sleep. I thought he might be bothered with worms, but our doctor thinks not. His cheeks, especially at night, before retiring, are flushed, and I do not think his breath smells as sweet as it should. He began to talk very early, and has always talked very plain, but the last three months for two or three days at a time he has stuttered a great deal.

F. J. O.
The little boy's trouble is undoubtedly due to worms. I would advise Calc. Phos. in 6x tablets, two at a dose, 4 times a day. It will not harm him and will do good in any event.
All readers of this publication are at liberty to write for information pertaining to the subject of health at any time. Address all communications to the Home Health Club, or Doctor David H. Reeder, La Porte, Indiana, with name and address in full and at least four cents in postage.

LIST OF SPRING SALES

Every One to be Held Hereabouts This Spring

Herewith we have compiled one of the most complete sale lists ever published in these parts. We would appreciate a card from any person whose sale is not mentioned below. This list is free.

- FEBRUARY**
22 M. W. Haldeman, Sporting Hill.
22 Ezra Gish, near Elizabethtown.
22 Mrs. Noah Mumma, Mt. Joy.
23 J. G. Hollenbaugh, E. Donegal.
23 Henry Dourte, Union Square.
24 Annie M. Gible, Mastersonville.
24 G. Moyer, Mt. Joy.
24 Amos Earhart, W. Donegal.
26 Cyrus Helsey, Mastersonville.
26 Enos Miller, E. Petersburg.
27 John Wolgemuth, Union Square.
27 Levi E. Miller, Penn twp.
27 H. S. Kreider, near Lawn.
27 H. E. Garber, Bossler's church.
28 Jacob S. Henny, Penn twp.
28 William H. Nauman, Rapho twp.
28 Al. Shafer, Rapho twp.
28 Mrs. D. Hitz est., Elizabethtown.
29 Michael Grove, Maytown.
29 Henry Hummer, Elstonville.
29 Isaac Witmer, Mt. Joy twp.

- MARCH**
1 Michael Walkenbaugh, Mt. Joy.
1 Nathan Gible, Mastersonville.
1 Samuel Landis, Good's church.
2 John Conrad, near Marietta.
2 Reuben Ruhl, near Manheim.
2 Mrs. Annie Boyer, Manheim.
4 William Good, Mt. Joy twp.
4 B. E. Brubaker, E. Donegal twp.
4 Wm. Chapman, Elizabethtown.
5 John Ginder, Ruhl's church.
5 Samuel Holwager, Mt. Joy twp.
5 Wm. Keenard, Peck's church.
6 J. H. Lindemuth, Mt. Joy.
6 H. B. Gingrich, Union Square.
6 C. C. Ebersole, Bainbridge.
7 H. B. Shearer, Mastersonville.
7 Andrew McKee, E. Donegal twp.
7 J. L. Ebersole, Conoy twp.
7 Geo. Demmy, Reich's church.
8 Samuel Nornhold, Union Square.
8 S. B. Fahnestock, Manheim.
8 Samuel Tressler, E. Donegal twp.
9 Henry Shearer, near Mt. Hope.
9 Mrs. Jos. Habecker, Marietta.
9 Isaac Moyer, Conewago twp.
9 Walter Helsey, Conoy church.
9 Henry E. Martin, near Florin.
11 John F. Landis, Penn twp.
11 Isaac Tschudy, near Colobrook.
12 Samuel Hummer, Manheim.
12 Geo. Hall, near Marietta.
12 Henry Fry, near Rheems.
12 Jac. Newcomer Est., Mt. Joy.
13 E. H. Zercher, Mt. Joy.
13 Samuel Lindemuth, Bainbridge.
14 Emory Warfel, Mt. Joy.
15 D. C. Ebersole, near Marietta.
16 Lewis Farmer, Manheim.
16 Mrs. Ricker Est., Mt. Joy.
16 W. S. Shank, Rapho twp.
18 M. Reed & Son, Lawn.
19 Milton Miller, Silver Springs.
19 Elizabeth S. Leib, Manheim.
19 Samuel Gish, Bainbridge.
20 John Shultz, near Maytown.
21 H. S. Newcomer, Mount Joy.
21 J. H. Levenight, Elizabethtown.
22 O. H. Musser, Manheim.
23 A. M. Diehm, White Oak.
23 D. Blough, Elizabethtown.
23 Geo. Hall est., near Marietta.
29 J. B. Keller, Mt. Joy.
30 Mrs. Peter Singer, near Elm.

Deafness Cannot Be Cured

By local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by the use of my discovery. Deafness is caused by a diseased condition of the membrane of the middle ear. You have no power to reach and cure the hearing, and what is certainly closed. Deafness is the result, and unless the inflammation can be taken out and this tube re-opened, the hearing will never come out of the diseased condition. I have cured many cases of deafness by my discovery. Write for my discovery. Sold by Druggists.
Take Hall's Family Pills for constipation.

\$15.00 to \$50.00 per Week
We will teach you salesmanship and fruit growing free. Will pay you well for selling our "High Quality." Propagated-from-prize-winning parent, Guaranteed Nursery Stock. No other nursery offers such great inducements to the planter. Permanent, year-round position. Pay promptly. Outfit free. Write before your territory is taken.
PENNSYLVANIA NURSERY CO., Girard, Erie Co., Pa. Jan. 3-3 mo.

Farmers Column

INTERESTING NEWS FOR OUR MANY RURAL FRIENDS

The Judging of Sheep for Wool Production—How to Get a Good Flock of Turkeys—Amount of Ensilage per Acre—Vigorous Ducks.

Corn fodder is hardly as good for horses as kafir corn.

Young pigs are peculiarly subject to various kinds of intestinal worms. Colts and calves often develop small warts in large numbers about the face.

Sore mouth will sometimes attack sheep in pens and run through the entire flock.

There is a possibility of underfeeding an animal as well as overfeeding for best results.

If your heart is in the right place you will see that your animals are made comfortable for the winter.

Horses cannot now be grown as cheap as they were when land was half the price and grain half the price.

A blockish built mare with a large barrel on short legs is likely to produce a better foal than the tall, leggy kind.

Lambs that are four weeks old may be pushed for market rapidly by feeding oats and bran with some ground corn.

The best ration for the steers depends largely on the weight of the steers, the feeds available and the prices of the same.

Pure bred cattle or other live stock are what they are largely because of the feed and care they and their ancestors have received.

Do not deprive your steers of exercise for best results, as health and vigor are promoted where animals are allowed to move about.

The old notion that cheap corn and swine disease are intimately connected one with the other has been pretty thoroughly exploded this year.

One of the greatest mistakes made by mare owners is the frantic attempt to produce draft stock from light mares at first cross with big stallions.

To raise the best and vigorous ducks the males should not be related to the females, and one drake should be kept for every two or three ducks. After hatching keep in their pens until the dew is off and during cold storms and heavy rains.

Ten tons of corn ensilage per acre is regarded by experimental stations as a reasonably conservative average, though fifteen tons per acre is a frequent yield under fairly good conditions of tillage, soil and seed. It is estimated by competent authority that this ensilage when placed in the silo, costs about \$1.95 per ton.

The surest and quickest way to get a flock of good turkeys is to discard all the mongrels and get a trio of pure bred turkeys of the best blood you can afford. But, however well bred your females may be you will be required to purchase a tom every year to prevent inbreeding. Turkeys are more susceptible to the harmful results of inbreeding than any other class of fowls. This works disaster to a flock. Inbred turkeys will be apt to produce infertile eggs. But where a pure tom is purchased every year your birds will be strong and healthy, and the eggs fertile and the poultz vigorous.

To judge sheep for wool production remember that the long wool breeds show coarser fiber than those of the short wools, says an Oregon bulletin. This coarseness should not be allowed to become extreme. The fleece should be thick and clean; the fiber strong, bright and free from dark or greased spots. In the medium wools a thicker fleece is desirable—thickness sufficient to turn rain. The fibers, as in the long wools, should be relatively long, clean, lustrous and contain an abundance of grease. To examine a fleece, the portion just over the heart is noted to discover the finest wool and that on the thigh the coarsest. There should be as little difference in the fleece on these parts as possible. To open the fleece, place hands' palm down on the fleece, and, pushing down slightly, pull the hands apart. This breaks the fleece without tearing. If the fleece is heavy it breaks on a smoother line than if light, when the fiber are quite likely to be intertangled.

Blamed a Good Worker

"I blamed my heart for severe distress in my left side for two years," writes W. Evans, Danville, Va., "but I know now it was indigestion, as Dr. King's New Life Pills completely cured me." Best for stomach, liver and kidney troubles, constipation, headache or debility.
25c. at S. B. Bernhart & Co's.

Wanted

A man in each township to canvass from house to house. One, who has small farm and team and would devote one day each week preferred. No investment needed. Permanent business can easily be established. Write A. L. Metz, Chambersburg, Pa. Jan. 24-25.

For Sale

Several good Building Lots fronting 95 feet on South Barbara Street, Mount Joy and extending in depth of feet width 154 feet. There is a good stable on these lots that could very easily be converted into a double dwelling. For further particulars apply to Lewis Seeman, Mount Joy

Watt & Shand

Square & E. King St., Lancaster.

THE MOST REMARKABLE OFFERING OF ITS KIND EVER MADE

Great Sale of 500 Sets of Famous

"Wear-Ever" Aluminum Cooking Utensils

Never Sold Elsewhere at Less Than \$2.09 a Set

Our Sale Price \$1.10 a Set

Each set consists of three distinct cooking utensils, as here pictured—the three most used articles in the kitchen. These have never been sold elsewhere for less than \$2.09 a set. Our price, while the lot lasts, only \$1.10 a set. Sold only by the set.

The absolute purity of this Aluminum Ware, its wonderful durability, strength, lightness and cleanliness, makes it a most hygienic, practical and economical material for cooking utensils.

Value \$2 1-QUART SAUCE PAN 1-QUART STEW PAN 3-QUART LIP KETTLE \$1.10 a Set

Every housewife will quickly realize what a wonderful chance this is to secure a set of these celebrated "Wear-Ever" Aluminum Cooking Utensils at such a little price. Don't fail to take advantage of this offer it may not occur again.

We consider the "Wear-Ever" brand the best Aluminum Ware made by special arrangement with the manufacturers secured Mrs. Yerkes, an expert authority on Aluminum Cooking Utensils, to give special demonstrations of the many uses of the "Wear-Ever" Aluminum Ware every day this week.

We carry an immense stock of the "Wear-Ever" Aluminum Cooking Utensils, including Roasting Pans, in various sizes; Double Roasting Pans, Steam Cookers, Double Boilers, in four sizes; Gem Pans, in three sizes; Griddle Pans, in different styles and sizes; Tea Kettles, in three sizes; Tea and Coffee Pots, Fry Pans Bread and Cake Pans, Pie Plates, all in different sizes, and scores of smaller articles for the dining room and kitchen.

United States Electric Shoe Repairing Co.

Repairing While You Wait On Short Notice

You can get your shoes repaired for a small sum, a good job at that, work that is guaranteed, on very short notice. For every fifteen minutes disappointment we will pay \$5.00. Try us and be convinced.

New and modern machinery installed Jan. 17, 1912.

Harry Yoblonovitz

DONAVEN'S OLD STAND MOUNT JOY, PENNA.

Don't Forget The Place, Donovan's Old Stand

Clearance Sale of QUALITY SHOES

Owing to a backward season we have hundreds of pairs of shoes in all styles and leathers that must be sold to make room for our Spring stock. There is no attempt at profit making—our sole object is the immediate disposal of our broken lines.
See our windows for the Dollar Saving Sale. Lights on until 10 o'clock every evening.

Ladies—Tan, Patent, Gun Metal, Men's—Patent, Gun Metal, Tan, and Romain Cloth, Welt Sole, Cuban Button and Blucher, for office and Heel. Values up to \$5.00. Now \$2.85.
Ladies—Gun Metal, Tan and Patent Leather, Values up to \$3.50; Now \$1.85.
Misses' and Children's Shoes—Gun Metal, Button and Lace, Vici. Patent and Gun Metal; Lace; Val-Pat. Tip; Values to \$2.25; Now \$1.15.

SHAUB & CO.

BOOTS, SHOES, RUBBERS and HOSIERY

18 North Queen Street, LANCASTER, PENNA