

\$100 Per Plate
 Was paid at a banquet to Henry Clay in New Orleans in 1842. Mightily costly for those with stomach trouble or indigestion. Today people everywhere use Dr. King's New Life Pills for these troubles as well as liver, kidney and bowel disorders. Easy, safe, sure. Only 25 cents at S. B. Bernhart & Co's., Mount Joy, Pa.

Wanted
 A lady to make her home with a good family over winter and assist in general housework. Good wages. Address Box No. 35, Mount Joy, Pa. 10-25-tr

For Sale
 A Jenny Lind as good as new. Call or address H. G. Stauffer, Mt. Joy, Pa.

(Continued from page 3)
 eing period a little milk toast, a soft boiled egg, or very little of a baked potato may be given. The appetite is liable to be somewhat vigorous at this time, but too much food should not be given at once, nourishment being given oftener, if desired. Judiciously used, the cold water treatment will reduce the mortality in cases of pneumonia to a smaller per cent than has ever been supposed possible and the disease made to be little feared by the readers of the Home Health Club.

All readers of this publication are at liberty to write for information pertaining to the subject of health at any time. Address all communications to the Home Health Club, or Dr. David H. Reeder, Laporte, Ind., with name and address in full and at least four cents in postage.

BRONCHITIS
To Whom It May Concern
 Bluevale, Ont., May 4, 1910.—I was sick for two years with chronic bronchitis and a consequent run-down condition. I received no benefit from doctors or from a trip which I took for my health, and I had to give up work. Vinol was recommended, and from the second bottle I commenced to improve. I gained in weight and strength, my bronchial trouble disappeared, and I am at work again.

It is the combined action of the curative elements of the cods' livers, aided by the blood-making and strength-creating properties of tonic iron contained in Vinol which makes it so successful in curing bronchitis. Vinol is a constitutional remedy for chronic coughs, colds, bronchitis and pulmonary troubles—not a palliative like cough syrups.

Try Vinol. If you don't think it helps you, we will return your money.
 E. W. GARDNER, Mt. Joy, Pa.

TOWN MAIL DELIVERY
Congressman Grist Introduces a Bill to Establish Carrier System
 Congressman Grist on Wednesday introduced a bill in the House of Representatives providing for an appropriation of \$200,000 and authorizing the Postmaster General to establish an experimental system of town mail delivery service at post-offices of the second and third classes. The bill is practically the same as that presented early in the extra session last summer, and similar to the measure which the congressman originally advocated during the Sixty-first Congress.


The annual report of the First Assistant Postmaster General, which has just been made public, gives the first official recognition of the system proposed for the extension of the mail delivery service of the Post Office Department to towns having a population of one thousand or more inhabitants. The report says that when the mail delivery service was established in 1887 the postal receipts were 83 cents per capita, and that they have increased until it is now \$2.53, and it is admitted that the operation of the law is therefore somewhat inequitable.

Supporters of the Grist town mail delivery bill are highly pleased with the flat-footed endorsement of the proposed mail delivery service which the First Assistant Postmaster General has included in his report. The official report says—"The City Delivery Service is now in operation in 1541 cities, serving more than 46,000,000 people. On the 42,000 rural routes 20,000,000 people receive their mail from rural carriers. This leaves a considerable percentage of our people, the majority of whom reside in towns and villages, without any form of Free Delivery Service, and under the present laws there is no way by which the department can relieve this inequality. The establishment of City Delivery Service, however, in towns and villages under the present practice of the department and the law governing the employment of letter carriers is not feasible, since the expense would be altogether out of proportion to the benefits conferred. At many post offices, however, serving a population of from 1,000 to 3,000 the postmasters, with a small allowance for the employment of assistance to distribute and deliver the mail could provide a reasonably satisfactory service for practically all of the patrons. It is believed therefore that an experimental service should be authorized."

Two years ago Congressman Grist originally advocated the establishment of an economical system of mail delivery in the smaller cities and towns, and in February, 1910, while the Post Office appropriation bill was before the House of Representatives, Mr. Grist urged action on his bill as soon as the postal revenues would permit, and explaining the purpose of the legislation he demonstrated that the profits produced in the non-delivery post office towns warranted an early extension of the mail delivery benefits to fully five million people, which, he said, could be supplied with a total expenditure of three or four million dollars, whereas the government expends \$32,000,000 for city delivery and \$40,000,000 for rural delivery service.

The growing demand for an extension of the mail delivery service is known to have been brought to the attention of high government officials, and it is probable that the proposed extension will be given further favorable endorsement by government authorities.

Afraid of Ghosts



Many people are afraid of ghosts. Few people are afraid of germs. Yet the ghost is a fancy and the germ is a fact. If the germ could be magnified to a size equal to its terrors it would appear more terrible than any fire-breathing dragon. Germs can't be avoided. They are in the air we breathe, the water we drink.

The germ can only prosper when the condition of the system gives it free scope to establish itself and develop. When there is a deficiency of vital force, languor, restlessness, a sallow cheek, a hollow eye, when the appetite is poor and the sleep is broken, it is time to guard against the germ. You can fortify the body against all germs by the use of Dr. Pierce's Golden Medical Discovery. It increases the vital power, cleanses the system of clogging impurities, enriches the blood, puts the stomach and organs of digestion and nutrition in working condition, so that the germ finds no weak or tainted spot in which to breed. "Golden Medical Discovery" contains no alcohol, whiskey or habit-forming drugs. All its ingredients printed on its outside wrapper. It is not a secret nostrum but a medicine of known composition and with a record of 40 years of cures. Accept no substitute—there is nothing "just as good." Ask your neighbors.

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These Rug and Carpet Bargains The Greatest on Record

Recent purchases of 1,000 standard American made rugs and thousands of yards of brand new carpets, marked to sell at prices below manufacturers' cost, provides a splendid money-saving opportunity for every household desiring new rugs and carpets now or in the future. Bear this fact in mind, this sale is unusual, practically every rug and every yard of carpet involved is new, of a guaranteed standard quality and never shown before this season, and every reduction is exactly as the following list indicates.

TAPESTRY RUGS—NEW DESIGNS	AXMINSTER RUGS
\$ 7.00 Tapestry Rugs; 6x9 feet; \$5.75	\$ 2.25 Axminster Rugs; 27x60 in. \$1.92
\$10.50 Tapestry Rugs; 7x9 feet; \$6.50	\$ 3.50 Axminster Rugs; 36x72 in. \$2.98
\$12.50 Tapestry Rugs; 7x9 feet; \$9.50	\$22.50 Axminster Rugs; 8x10 1/2 feet; \$17.50
\$12.50 Tapestry Rugs; 8x10 1/2 ft. \$19.50	\$22.50 Axminster Rugs; 9x12 ft. \$17.98
\$13.00 Tapestry Rugs; 9x12 feet; \$9.75	\$25.00 Axminster Rugs; 9x12 ft.; \$19.98
\$18.00 Tapestry Rugs; 8x12 feet; \$12.98	\$32.50 Axminster Rugs; 11x12 feet; \$25.00
\$20.00 Tapestry Rugs; 9x12 feet; \$15.00	\$35.00 Axminster Rugs; 10x13 1/2 feet; \$27.50
\$20.00 Tapestry Rugs; 10x12 ft.; \$15.00	\$40.00 Axminster Rugs; 12x13 1/2 feet; \$32.50
\$20.00 Tapestry Rugs; 10x12 ft.; \$15.00	\$45.00 Axminster Rugs; 12x15 feet; \$35.00
\$22.50 Tapestry Rugs; 10x13 1/2 ft. \$18.50	

VELVET RUGS	BODY BRUSSELS RUGS
\$12.00 Velvet Rugs; 6x9 feet; \$9	\$18.00 Body Brussels Rugs; 6x9 feet; \$15.00
\$15.00 Velvet Rugs; 7x9 feet; \$12.00	\$22.50 Body Brussels Rugs; 9x9 feet; \$19.00
\$20.00 Velvet Rugs; 9x12 feet; \$14.98	\$25.00 Body Brussels Rugs; 8x10 feet; \$19.98
\$25.00 Velvet Rugs, 9x12 feet; \$17.98	\$25.00 Body Brussels Rugs; 9x10 1/2 feet; \$21.00
\$32.50 Wilton Rugs, 9x12 feet; \$25.00	\$25.00 Body Brussels Rugs; 9x12 feet; \$21.98
\$ 3.50 Velvet Rugs; 36x72 inches \$2.75	\$37.50 Body Brussels Rugs; 9x15 feet; \$33.00
\$ 1.39 Velvet Rugs; 27x54 in.; \$8c.	\$40.00 Body Brussels Rugs; 10x13 1/2 feet; \$35.00

ROYAL WILTON RUGS

\$37.50 Royal Wilton Rugs; 9x12 feet; \$31.50
 \$42.50 Royal Wilton Rugs; 9x12 feet; \$33.50

Gunzenhauser's TIP-TOP BREAD

BAKED UNDER IDEAL CONDITIONS IN "THE CLEANEST BAKERY IN AMERICA"

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 M. C. BILLETT, Agent

Meet Me on the Bridge and We'll Have a Plate of the Best Ice Cream in Town

AT ZELLER'S
 All Flavors at All Times. Special Prices to Parties, Festivals, Suppers, Etc.

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I always have on hand anything in the line of Smoked Meats, Ham, Bologna, Dried Beef, Lard, Etc. Also Fresh Beef, Veal, Pork and Mutton. Prices always right.

H. H. KRALL
 West Main Street, Opp. Bank. MOUNT JOY, PA.
 Bell Telephone.

TROLLEY SCHEDULE

Lancaster, Rohrersville, Landisville, Salunga, Mt. Joy and Elizabethtown Street Railway Co.

WESTWARD

Leave Lancaster—A. M. 4.30, 5.15, 6.15, 7.15, 8.15, 9.15, 10.15, 11.15, 12.15, 1.15, 2.15, 3.15, 4.15, 5.15, 6.15, 7.15, 8.15, 9.15, 10.15, 11.15, 12.15.
 Leave Rohrersville—A. M. 4.50, 5.35, 6.35, 7.35, 8.35, 9.35, 10.35, 11.35, 12.35, 1.35, 2.35, 3.35, 4.35, 5.35, 6.35, 7.35, 8.35, 9.35, 10.35, 11.35, 12.35.
 Leave Landisville—A. M. 5.12, 5.57, 6.57, 7.57, 8.57, 9.57, 10.57, 11.57, 12.57, 1.57, 2.57, 3.57, 4.57, 5.57, 6.57, 7.57, 8.57, 9.57, 10.57, 11.57, 12.57.
 Leave Mt. Joy—A. M. 5.30, 6.15, 7.15, 8.15, 9.15, 10.15, 11.15, 12.15, 1.15, 2.15, 3.15, 4.15, 5.15, 6.15, 7.15, 8.15, 9.15, 10.15, 11.15, 12.15.
 Leave Salunga—A. M. 5.15, 6.00, 7.00, 8.00, 9.00, 10.00, 11.00, 12.00, 1.00, 2.00, 3.00, 4.00, 5.00, 6.00, 7.00, 8.00, 9.00, 10.00, 11.00, 12.00.
 Arrive at Elizabethtown—A. M. 6.45, 7.45, 8.45, 9.45, 10.45, 11.45, 12.45, 1.45, 2.45, 3.45, 4.45, 5.45, 6.45, 7.45, 8.45, 9.45, 10.45, 11.45, 12.45.

EASTWARD

Leave Elizabethtown—A. M. 6.45, 7.45, 8.45, 9.45, 10.45, 11.45, 12.45, 1.45, 2.45, 3.45, 4.45, 5.45, 6.45, 7.45, 8.45, 9.45, 10.45, 11.45, 12.45.
 Leave Mt. Joy—A. M. 5.30, 7.15, 8.15, 9.15, 10.15, 11.15, 12.15, 1.15, 2.15, 3.15, 4.15, 5.15, 6.15, 7.15, 8.15, 9.15, 10.15, 11.15, 12.15.
 Leave Landisville—A. M. 6.45, 7.32, 8.32, 9.32, 10.32, 11.32, 12.32, 1.32, 2.32, 3.32, 4.32, 5.32, 6.32, 7.32, 8.32, 9.32, 10.32, 11.32, 12.32.
 Leave Rohrersville—A. M. 6.12, 7.07, 8.07, 9.07, 10.07, 11.07, 12.07, 1.07, 2.07, 3.07, 4.07, 5.07, 6.07, 7.07, 8.07, 9.07, 10.07, 11.07, 12.07.
 Arrive at Lancaster—A. M. 6.30, 8.15, 9.15, 10.15, 11.15, 12.15, 1.15, 2.15, 3.15, 4.15, 5.15, 6.15, 7.15, 8.15, 9.15, 10.15, 11.15, 12.15, 1.15.

On Saturdays a car will leave Lancaster at 10.15 p. m. Leave Elizabethtown at 11.45 p. m.

On Saturdays and special occasions cars will be run between Lancaster and Mt. Joy every half hour from 6.15 a. m. to 8.15 p. m.

Sundays, first car leaves Lancaster at 8.15 a. m. Leave Elizabethtown at 7.45 a. m. Car marked (X) connects with News Express at Lancaster.

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