

**RHEEMS' STATION.**  
There are many acres of corn planted in these parts.  
John W. Wolgemuth, who was ill several days, is about again.  
Phares E. Grove has just returned from a trip to Canada.  
Harry K. Landis made a business trip to Lewistown last week.  
A. L. Campbell attended the K. G. E. convention at Harrisburg last week.  
Isaac Wealand contemplates the erection of a spacious storage barn on the rear of his vacant lot.  
The German Baptists recently took up an offering for the China sufferers which amounted to \$32.92.  
John F. Enterline, Isaac Grove and daughter Minnie, are spending several weeks at Los Angeles, Cal. Leander Groff did not join the number as was stated.  
Treasurer of West Donegal township Board of Supervisors will sit at the P. N. Kraybill general store at this place, May 31st for road tax; Wm. Snyder will be at the same place May 24 for State and County tax.

**TO REDUCE ONE'S WEIGHT**  
No Matter How Much Avoirdupois One Has Strict Attention to Diet Will Lessen the Burden.

If you are anxious to get thinner, you may indulge in good and appetizing food to an unlimited extent, and yet if you obey the simplest rules, you will steadily lose flesh. Indeed, the result is beautifully certain. Would you, for example, like to lose a pound and a half in the first 24 hours, one pound the next day, and an average of three-quarters of a pound thereafter? If so, you have only to follow these instructions:  
Eat meat, any kind you want, and plenty of it, but only the lean part. Eat eggs, as many of them as you like. Eat all the fruit you can stuff, barring only bananas. Eat every vegetable, excepting potatoes and corn. But cut out pastry, bread and sweets.

You see, meat fat does not go to make muscle or blood. Such of it as is not consumed as fuel is converted into fat in the body. The same is true of sugar and of wheat and the other cereal grains. Therefore it is that these things must be avoided, if one desires a shrinkage of the belt. But it is an immense consolation to be able to indulge ad libitum in a diet sufficiently varied and at the same time to lose flesh right along.

Nearly all vegetables, fortunately, are mainly water, and water, of course, doesn't fatten. Beets, for example, and carrots, celery, tomatoes, cauliflower, cabbages, lettuce, cucumbers, eggplant and turnips may be eaten to an unlimited extent—a variety surely sufficient for anybody. All fruits, except bananas, are in the same category, and for this reason a person threatened with overweightness may consume them in unrestrained quantities. As for meats (if lean), as well as eggs, they are muscle and blood makers, and could never contribute fat to the most corpulently inclined individual.

**THE LAND OF TO-MORROW.**  
Little regard for Time in Japan Under Ordinary Conditions—Great Change in Time of War.

In the countries over which Spain held rule the favorite word of the people is "manana," meaning to-morrow and in those countries to-morrow answers just as well as to-day. But even in these countries there is nothing which compares with the Japanese disregard for time.

The Bible says, "Yet a little more sleep, yet a little more slumber, yet a little more folding of the hands is rest." In Japan the traveler finds the phrase, "A little more tea, one more smoke and the folding of the legs to sit."

Japan is, under ordinary conditions, the Land of To-morrow, says the New York World. When the time comes to act quickly, she is the Land of Instant Movement. She strikes quickly, and as an American naval officer said the other day, "that is why Japan has made it understood that she is going to carry on this war as mistress of the eastern seas."

**Snakes and Bat Catchers.**  
Snakes are not infrequently employed as rat catchers in the Philippines. Nearly all of the older bungalows in Manila possess what are called house snakes—huge reptiles that reside permanently up in the roof and live on rats. These big creatures are harmless, and rarely, if ever, leave their abodes.

**MEMORIAL DAY PROCLAMATION**  
To the citizens of the Borough of Mt. Joy: Thursday, May 30, 1907, has been designated as Memorial Day. Our people should assist the surviving Veterans in decorating the graves of the fallen comrades and participate in the Memorial Services.  
I, therefore, request that business be suspended that day, or at least during such portion of the day as is devoted to the Memorial Services. Flags should be displayed at halfmast and donations of flowers made to the Committee of the Grand Army of the Republic.  
J. W. SHRITE, Burgess, Attest: R. Fellenbaum, Clerk.

**FOR DISTRICT ATTORNEY:**  
J. W. JOHNSON, Of Lancaster City. Subject to Republican Rules.

**SALE REGISTER**  
Thursday, June 6—At the Red Lion hotel, Mount Joy, lot of ground with 2 1/2 story frame house, frame kitchen, summer house and outbuildings by Joseph Ferguson Executor of the last will and testament of Hannah Ferguson, deceased. Zeller auctioneer.  
Friday, June 14—In Cameron's woods at Donegal Springs, on the road leading from Maysville to Lands' Mill, a large lot of boards, planks, scantling, shingles, cord and slab wood, etc., by John G. Stauffer & Son, auctioneer.

**ELM DALE**  
John Hauenstein intends to raise his barn soon.  
The farmers are thru planting corn in this vicinity.  
Mrs. Harry Grissinger spent a few days at Lancaster.  
E. Shelley of Lancaster, paid his mother a visit on Sunday.  
Amos Miller and family visited friends at Lancaster on Sunday.  
John Longenecker drove the mail wagon on Tuesday of Route 2.  
Elm Dale creamery paid 40 cents for butter fat for the month of April.  
M. N. Stauffer and family attended the Baptismal services at Reichs church on Sunday. There were 13 baptized.

**These Were Accidents.**  
Isaac Witmer of Mt. Joy township had a fall while assisting Rev. Daniel Eshleman to tear down a barn. He fractured five of his ribs and suffers great pain.  
Chas. C. Roland, son of B. Frank Roland of Philadelphia, but formerly of Mt. Joy, had his right arm broken while playing baseball. This is the third time he had an arm broken.

**Put a trial ad in the Bulletin.**

**Roof Garden Will Open.**  
The season at the Woolworth Roof Garden, at Lancaster, will open Monday evening, June 3, with a fine production of that funny and tuneful musical comedy, "The Telephone Girl." The box office for the sale of reserve seats will open next Monday morning. This will be the first presentation of "The Telephone Girl" at popular prices, and as there is sure to be a great demand to see it, it would be best to order seats in advance, which can easily be done by telephone. Manager Howell has secured an excellent company with Miss Evelyn Francis, formerly understudy for Miss Fritz Scheff as the prima donna.

**Attend With the Veterans.**  
Lieutenant D. H. Nissley Post, No. 478, extend to the citizens in general of Mount Joy, an invitation to attend the Memorial Services on next Sunday, the 26 inst. and be with them at least one day in the year to worship God for his care and kindness in preserving us as a great nation.  
P. J. Dieter, Ast. Ajt.

Next week we will commence our seventh volume.

**WAS NOT ON EXHIBITION.**  
Ardent Admirer of Noted Actress Made a Most Singular Request.

Miss Julia Marlowe is so unusually gracious in yielding to the many demands that are made upon her time and patience, in the way of autographs, photographs, interviews and the like, that there is small wonder she is not more frequently imposed upon than she is. Occasionally, however, there are remarkable requests at which even her good nature draws the line, says Success Magazine.

Not long ago, while she was playing in Chicago, she received a note containing a plea so startling as to be almost incredible, and which was so amusing as to send her into gales of laughter. It was from a feminine vocal teacher of the windy city who stated that she laid great stress on her work, upon the formation of the throat in both the speaking and the singing voice, holding that certain positions of the vocal cords are requisite for producing full, mellow tones. She went on to say that she had long been an ardent admirer of Miss Marlowe's voice, and requested that, as a special privilege, she be allowed to bring her class of young lady pupils to visit the actress and let them look down her throat!

**On Tipping the Hat.**  
New Yorkers still cling to the ancient custom of tipping their hats when greeting a male friend or acquaintance. It is a common sight to a staid, prosperous looking business man as he passes an acquaintance tipping his hat, although the other is alone, and unaccompanied by a woman. It is the same after a party has been together somewhere, at dinner probably, or at the theater. You will notice that as one separates himself from the others he will say good-night, or a good-evening, and then tip his hat. Also, when one man is introduced to another, it is dollars to a subway ticket that he will lift his chapeau. Wonder why it is? They don't do it in Pittsburgh?—Pittsburgh Dispatch.

**"Cash on Delivery" Eyes.**  
The expression of the British woman of the day is altogether different from that of her predecessors. The British woman of 30 years ago had, generally, a most gentle, kind expression, while there is a cold cash on delivery look in the eyes of most of our women to-day.—London Truth.

**Philanthropist.**  
Landlady—Oh! my dear Mr. Nicker, you are putting Worcestershire sauce into your tea.  
Star Boarder—Indeed, I advocate that the strong should help the weak.—N. Y. Tribune.

**The Continental Idea.**  
A clergyman who was holding a children's service at a continental winter resort had occasion to catch his hearers on the parable of the unjust steward. "What is a steward?" he asked. A little boy, who had just arrived from England a few days before, held up his hand. "He is a man, sir," he replied, with a reminiscent look on his face, "who brings you a basin."—Kansas City Independent.

**No Time to Waste.**  
Dr. Cutter—I was planning to operate on you to-morrow, but I fear I would better operate to-day.  
Patient—Why?  
"You are improving so rapidly that you may be well by to-morrow."—Kansas City Times.

**Monument to Poe.**  
A monument is being designed in Richmond, Va., to be dedicated to the memory of Edgar Allan Poe.

**IT'S ENOUGH TO TURN THE GIRLS' HEADS**



when a fellow walks past, dressed in an International suit. No clothes look so well, none so shapely and perfect-fitting. Every International garment bears the unmistakable stamp of fine custom tailoring all over it. We are the only representatives in town of the justly celebrated

**INTERNATIONAL TAILORING CO.**  
OF NEW YORK CHICAGO SAN FRANCISCO

who set the fashions in men's clothes and are absolute leaders in their line. We take your measure and they make the garments to your order, with a guarantee of fit and satisfaction in every particular. Come in and see the samples, whether you wish to order or not.

**H. E. Ebersole, Mount Joy, Pa.**

**DIAMONDS**

Are you thinking of buying a Diamond? If so, come to us, as we have a large stock of most beautiful gems; mounted in Rings, Studs, Pins, Earrings and Lockets, and our prices are the lowest when quality is considered. An unusually attractive selection of Solitaire Engagement Rings. Every Stone fully guaranteed.

Tiffany Diamond Rings, \$12.50; \$15, \$25, \$50 and up to \$200.

**Pirosh & Simmons**  
The Old Established Pawnbrokers and Jewelers Ind. Phone 1338 A.  
20 N. Queen Street. Lancaster. Penna.

**I. D. BENEMAN'S**

Up-To-Date CLOTHING STORE  
Is The Place To Deal

I have just returned from New York City with a large stock of fine up-to-date goods, for Spring and Summer I have bought great bargains which we will now offer to you. We invite you all we can save you 25 per cent. on all goods and 30 per cent. on clothing, hats and shoes. We are the talk of the town, of carrying the best lines at the lowest prices. Our line of ladies waists and waist suits, is the best and cheapest in town. A call will convince you all. Hats! Hats! we have just received ten cases, in the most nobiest style. In proil, light tan, black, and brown. Yours for good goods, and low prices.

**I. D. BENEMAN**

Reliable Merchant  
East Main St., Mount Joy, Pa.

**\$6.00 Worth of Meat FREE**

Having just closed a contract with Swift and Company, the extensive wholesale meat dealers of Chicago, Ill., for 25 CASES OF TOILET AND LAUNDRY SOAP and WASHING POWDER, I will give my many patrons and the general public an opportunity to secure an order for \$6.00 WORTH OF MEAT ABSOLUTELY FREE at my meat market. This is how I will do it: If every purchaser of a 5c cake of soap or box of powder will cut the signatures off the wrappers and bring them to my place of business the person bringing the largest number of these coupons to my store prior to September 1, 1907, will be entitled to the above premium. The price of this soap is 5c a cake or as follows per case of 100 pieces:

|                           |         |                               |         |
|---------------------------|---------|-------------------------------|---------|
| Naphtha Soap.....         | \$ 4.00 | Pride Toilet Soap.....        | \$ 3.75 |
| " " in boxes of 12 pieces | .50     | White Ribbon Toilet Soap..... | 4.00    |
| Wool Soap.....            | 4.10    | Washing Powder.....           | 3.75    |



The Washing Powder and all the Soaps are made by Swift and Company and this lot is being sold solely as an advertisement for this kind of goods—not as a money maker.

Remember here is an opportunity to buy a household necessity that is good in quality and as cheap as any reliable firm can produce such goods.

The person winning the premium can buy anything on sale at my place of business and past experience readily proves that I handle nothing but the best, such as

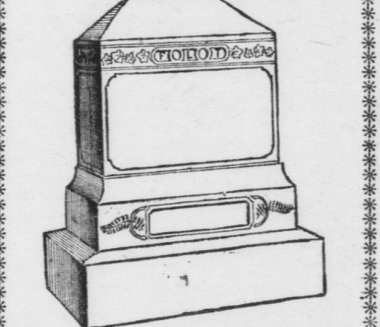
Fresh and Smoked Meats, Summer and Ham Bologna, Pressed & Prepared Ham, Best Dried Beef in town, Frankfurters Winter Bologna, my own make; Lard, Cream Cheese, &c.

The goods can all be bought at once or I will give you credit and you can buy when you please

**H. Krall's Meat Market**

Opposite Post Office, East Main St., Mount Joy, Pa.

**Monuments Tombstones**  
LARGE STOCK ON HAND



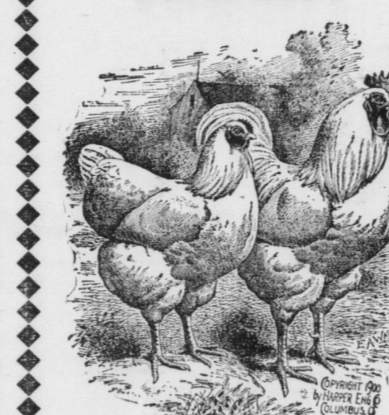
Mount Joy Granite and Marble Work  
J. Glatfelter, Proprietor  
MOUNT JOY PENNA

**Wolf Yoffe's Clothing Store**

Through these columns we tell you, from week to week, what we have to offer in all the various lines we carry that are requested to properly dress a man from head to foot. We have such a liberal supply of everything that you will be able to choose just what pleases you in pattern, quality and price.  
Our Spring and Summer Suiting are of the very latest patterns and in design and tailoring cannot be equaled elsewhere. We know this to be true, because we know from whom we buy and the kind of labor they employ, we sell only clothing that has a reputation of being the best. Prices from \$5.50.  
A special pair of trousers at a special price for this week. All Wool for \$2.50—Value \$3.50.  
Big bargains in Boys Knee Pants Suits at \$1.50, \$2.00, \$2.50, to \$5.00.  
Men's work shoes, light calf skin, medium and heavy, \$1.25 up.  
Low and High Dress shoes 2.00 to \$4.00. We sell everything that a man wears from head to foot.

**WOLF YOFFE**  
Mount Joy Hall Building  
Mount Joy, Pa.

**Garber's Improved Poultry Powder!**



**POULTRY POWDER.**—We claim that this Powder will largely increase egg production, strengthens weak and drooping fowls, promotes the health and growth and development of all varieties of Poultry, and insure fine condition and smooth plumage. Compounded upon the most scientific chemical principles, being highly tonic, stimulating, antiseptic and alterative makes it a most powerful and natural preventive and curative agent, beside being specially adapted to making hens lay it has no superior. For carrying fowls safely through moulting; fitting for exhibition and market, increasing the size and strength, and hastening the growth of young poultry, it has no equal; is absolutely pure and highly concentrated. One ounce is worth a pound of any other kind. Strictly a medicine, to be given in the food, once daily, in small doses. Prevents and cures all diseases of hens. Worth its weight in gold when hens are moulting and to keep them healthy there is no other food on the market like it 1 1/2 lbs. 25c., 3 lbs. 65c.

**Garber's Pharmacy**

**Are You Suffering from PILES?**

Are You Suffering From ITCHING, BLIND or BLEEDING PILES or HEMORRHOIDS or any form of rectal disease, come and get a sample of my Pile Cure or I will send a sample through the mail FREE. This is one of the greatest pile reliefs and cures ever put on the market. If it does not help you any after you have used a 50c box, I will refund your money.

Put up Only in 50c Boxes  
Manufactured by  
**E. W. GARBER**  
81 E. Main St., Mt. Joy

**E. W. GARBER,**

EAST MAIN STREET, MOUNT JOY, PENNA.

**Something New**  
THE IMPROVED



**VICTOR "Z"**  
PRICE \$17.00

Equipped with an entirely New Motor Carrying an 8-inch Turntable  
The Best Talking Machine Manufactured for the money

CABINET: Polished Quartered Oak, hinged top.  
MOTOR: Noiseless, new design, plays several records with one winding  
SOUNDBOX: Concert; Exhibition if preferred.  
HORN: 16-inch Black Japanned Steel; Brass Bell 50c extra.

**RECORDS:**  
I also have on hand a Complete Assortment of Up-To-Date Records. Call and hear them.