Closed Thursday, November 27, Thanksgiving Day

The Colonial Inn

324 West Market Street, Marietta Phone 426-9471

New Address? WELCOME WAGON® CAN HELP YOU FEEL AT HOME.

Greeting new neighbors is a tradition with Welcome Wagon-"America's Neighborhood tradition.

I'ld like to visit you. To say "Hi" and present gifts and greetings from community-minded businesses. I'll also present invitations you can redeem for more gifts. And it's all free.

A WELCOME WAGON visit is a special treat to help you get settled and feeling more "at home." A friendly get-together is easy to arrange. Just Call.

My basket holds lots of free gifts to welcome the newcomer, new baby, or newly engaged girl. Please call Cherie Dillow 653-1609, or Sue Binkle 653-2368 in the Mount Joy area; or Hazel Baker 426-3643 in Marietta.





42 West Market Street, Marietta

Phone 426-3122



Joan Haugh

Donegal's Joan Haugh is VFW essay winner

Joan Haugh, Donegal High School senior, recently won the local VFW Essay Contest with her essay, "My Commitment to My Country."

Joan is the daughter of Mr. and Mrs. John Haugh, 415 Florin Ave., Mount Joy.

When asked why she thought she won the contest, Joan explained, "Most people write what they think someone else

want to here. I wrote about my true commitments."

Joan's essay will be entered in a district level contest sometime next month. Should she win that contest, she would enter the state contest and eventually the national contest.

Second place winner in the Donegal contest was Duane Musser, while Lonnie Earhart captured third.

The contest was open to all Donegal students.

Hinkle's Pharmacy in Columbia will host diabetes detection clinic on Friday, Nov. 21, from 7 to 9 pm, and Saturday, Nov. 22, from 10 am to 12 noon.

This clinic is planned in

conjunction with the Lancaster County Chapter of the American Diabetes Associa-

Hinkle's Pharmacy is located at Third and Locust Streets, in the center of downtown Columbia.

If you plan to be screened, it's a good idea to follow one of the two meal plans listed below, and to make sure that you last eat at least two hours before you are tested. Breakfast

1. Large glass (6-8 oz.) sweetened orange juice or

other fruit juice OR one-half grapefruit with at least 2 teaspoons of sugar;

2. Three or more medium or large hot cakes with 1/4 cup (2 oz.) syrup or honey OR one cup cooked or 1 oz. dry prepared cereal with cream and 2 teaspoons sugar and 1 slice of toast with 2 teaspoons jelly, jam or honey.

3. Plus choice of: coffee, tea or cocoa with 2 teaspoons sugar OR ½ pint milk. Cream and butter as desired.

Lunch [or Minimum Dinner]

1. Choice of hamburger or other sandwich.

2. Plus choice of: one piece of pie with ice cream OR one piece of frosted layer cake with ice cream.

3. Plus choice of: coffee, tea, or cocoa with 2 teaspoons sugar OR 1/2 pint milk. Cream and butter as desired.

See our all new 1980 Christmas Moon Room!

LAND SAKES!

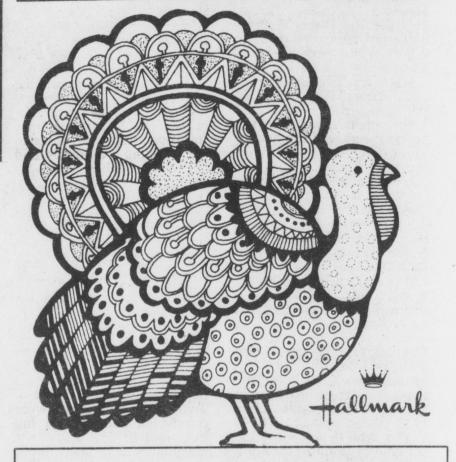
It wouldn't be

CHRISTMAS

without the things from **REBMAN'S**

Park and Shop 9 am to 9 pm 800 S. OUEEN ST., LANC.





THANKSCIVING

Cards & Partyware

Thursday, November 27

Hinkle's Pharmacy, 9nc. ...on the corner since 1893 Third & Locust Sts., Columbia

Send Our FTD



Table Lamps

Large

G. C. Murphy Co. 12-14 West Main Street

Reg.

Mount Joy

Save

Sale

Thanksgiving is Thursday, November 27. Warm thoughts of Thanksgiving to send or take home. Our FTD Thanksgiver Bouquet. Featuring fresh fall flowers in an exclusive FTD Rattan Cornucopia. Call or visit us now. Ruhl's Flowers Opp. W.I. Beahm School Mount Joy, 653-4006 Helping you (FT) say it right.