

## Hikers beware—don't get irritated; Avoid these plants while walking in the woods



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(Maytown to Bainbridge Road)  
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If you're planning a walk through the woods to enjoy the autumn foliage, here's a reminder from National Wildlife magazine that the familiar three-leafed poison ivy vine isn't the only irritating plant to avoid.

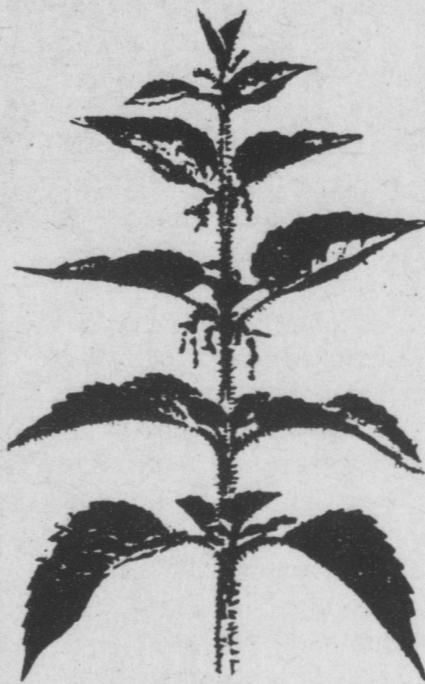
The National Wildlife Federation's bimonthly publication warns hikers to keep their eyes open for these other plants that cause rashes and skin irritations.

**Lady-slipper:** One of the nation's most handsome native orchids, the regal showy lady-slipper inhabits northern bogs. Handling the plant can result in an affliction resembling poison ivy rash. Unfortunately, this unpleasant property has not kept it from being picked to near extinction in some areas.



Lady-slipper

**Nettle:** This plant makes bare-legged hiking an ordeal, for its entire stem and leaves bristle with spiny-tipped hollow hairs which contain a variety of histamines and other proteins. Brushing against a nettle causes these hairs to penetrate the skin where they break off and release the fluid. Immediately, the affected area stings and itches fiercely. The sensation lasts only a few minutes, and when an application of juice from the jewelweed usually relieves the itching.



Nettle

**Celandine:** This plant's deep yellow flowers invite picking, but the bright orange juice that drips from the broken stems can cause an irritating skin inflammation.



Celandine

**Poison Oak:** Similar in appearance and effect to poison ivy, this erect shrub of dry, sandy coastal woods has three leaflets which are distinctively lobed.



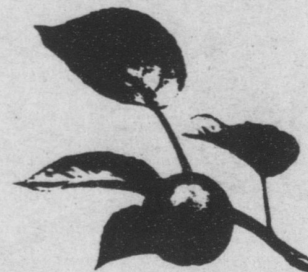
Poison Oak

**Poison Sumac:** Still another relative, this large shrub or small tree bears drooping clusters of small ivory-colored fruits and should not be confused with harmless red-fruited sumacs. This poison variety prefers a swampy environment.



Poison Sumac

**Manchineel:** One of the most notorious U.S. plants is this small tree of southern Florida and the Keys. Its sap causes severe blistering after contact and the crab-apple-like fruit is extremely poisonous when eaten.



Manchineel

Symptoms of external poisoning vary with a person's sensitivity and with the species of plant, explains National Wildlife. But by recognizing potentially hazardous plants, hikers can avoid unpleasant encounters.



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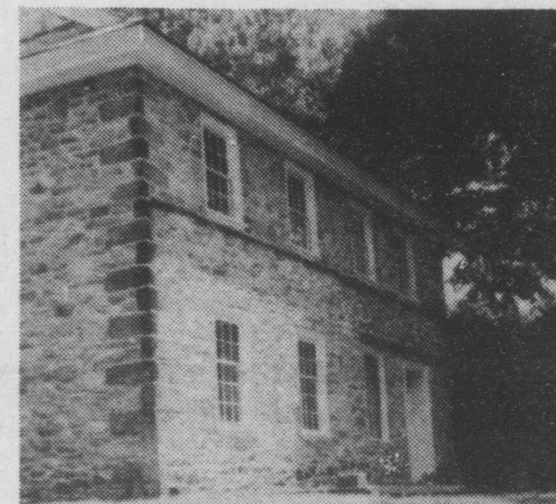
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### HMPS plans Sept. 7th Chicken Bar-B-Que



Haldeman Mansion

The Haldeman Mansion Preservation Society's annual chicken Bar-B-Que will be held Sunday, September 7, from noon until 7 pm, on the mansion grounds. The 14 room Haldeman mansion is situated on a hill overlooking the Susquehanna River just off Route #441 near Bainbridge.

The Society has been working on the restoration of the buildings on the property. The oldest building, the summer kitchen, is

near completion. The summer kitchen includes a beehive bake oven and an open hearth fireplace. Also near completion is the exterior work of the main building.

Music will be provided for the day's event by Tammy Messimer on the guitar and George Engle on the organ. Guests may stroll about the grounds or take a tour of the buildings after lunch or before supper.