

Girl scout day camp this week (cont.)

[continued from front page] are unique.

The Tuesday topic was "Smart Snacking," and the girls prepared healthy snacks.

Wednesday they developed their "Safety Sense" with a visit from the Elizabethtown-Mount Joy Forest Fire Crew and Smokey the Bear.

Thursday the Brownies will travel to the Lancaster County Park and participate in the activities of the physical fitness trail as part of their "Fitness Fun" topic.

Friday they will receive "Pet Pointers" when they visit Sipling's Pet Shop in Mount Joy to learn about animal care.

The Junior Scouts will spend the week earning community safety and health aid badges.

They will also visit the police station in Mount Joy, talk on community safety, meet the Mount Joy ambulance, deal with a mock accident, learn treatments and behaviors for an emergency, listen to the first fire crew, and conduct a safety program.

The Cadette Scouts will spend the week earning everything from first aid to animal badges.

They also will visit Dr. Burcher, a veterinarian in Columbia, travel to the Humane Shelter in Lancaster and complete a service project at the

shelter.

The entire camp will participate in: swimming, crafts, games, hiking, singing, a trip to Lancaster County Park to have a nature hike, tour the five senses garden, and try out the physical fitness trail, and a cookout and parent

program Wednesday evening.

The scouts will demonstrate their basic camp skills at the parent program. These skills include: knife care, buddy burner use, tent relay, sit upons and dippy bags, bandana tricks, first aid techniques, knots, fire building and lashing.

10,000 meter "Twilight Trot" planned in Elizabethtown Aug. 24

On Sunday, August 24, at 6:30 pm the Twilight Trot—a 10,000 meter (approximately 6.2 miles) run—will be held in Elizabethtown. All runners and joggers are invited to participate.

Awards will be given to first, second and third place finishers of each men's and women's category: 15 and under, high school students, 18-22, 23-29, 30-39, 40-49, 50 and over. All individuals will receive a "Twilight Trot" T-shirt.

The run will begin from and end at the Elizabethtown Area High School track. The course, designed

for the average runner, will be predominately on macadam road. Police escort will be provided to regulate a minimal amount of traffic.

To receive a registration form, mail a self-addressed, stamped envelope to the Elizabethtown Area Recreation Commission, 600 East High Street, Elizabethtown, PA 17022. If you have questions, contact Barry L. Acker at 367-0355 or Dick Wolf at 367-1403.

A minimal registration fee will be charged for the cost of the T-shirts. Post entries will be received from 4:30 pm to 6:00 pm on the day of

the race. The run is being sponsored by the Elizabethtown Area Recreation Commission and the Elizabethtown Sporting Goods Store.

Pack 136 camps out at Camp Wilderness

Cub Pack #136 of Mount Joy held an overnight campout at Camp Wilderness recently.

There was a special campfire program held Saturday night with singing lead by Dana Mark. Awards were presented by Cubmaster Robert W. Mark. Mark Chamberlain received two silver arrows and the 50th year patch, and Michael Lehman was made a Bobcat. Christine Lehman was inducted as the new assistant den leader.

The group enjoyed church services Sunday morning conducted by Robert Mark, Dana Mark and John Auker. The service was followed by a hot dog roast.

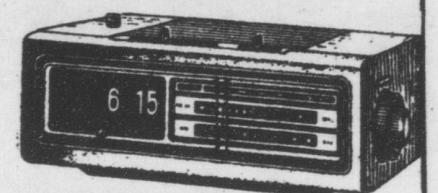
Leaders for the campout were Robert W. Mark, John Auker, Kevin Mark, Victor Wolf, Edna Wolf, Dana Mark, Ann Mark, Christina Lehman, Ann Mark and Bryan Mark.

Scouts attending included Billy Eisenhower, Kevin Eby, John Haller, James Gamble, Mark Chamberlain, Thomas Groff and Michael Lehman.

Others attending were Matthew Gamble, Tina Mark, Roberta Mark, Anthony Mark, Wilbur Groff, Kathrine Gamble, Linda Chamberlain, John Lehman and William Eby.

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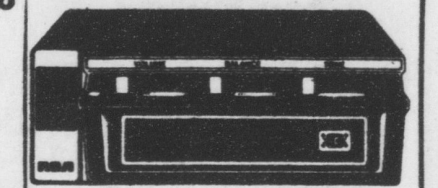
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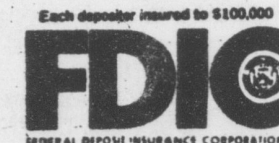
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