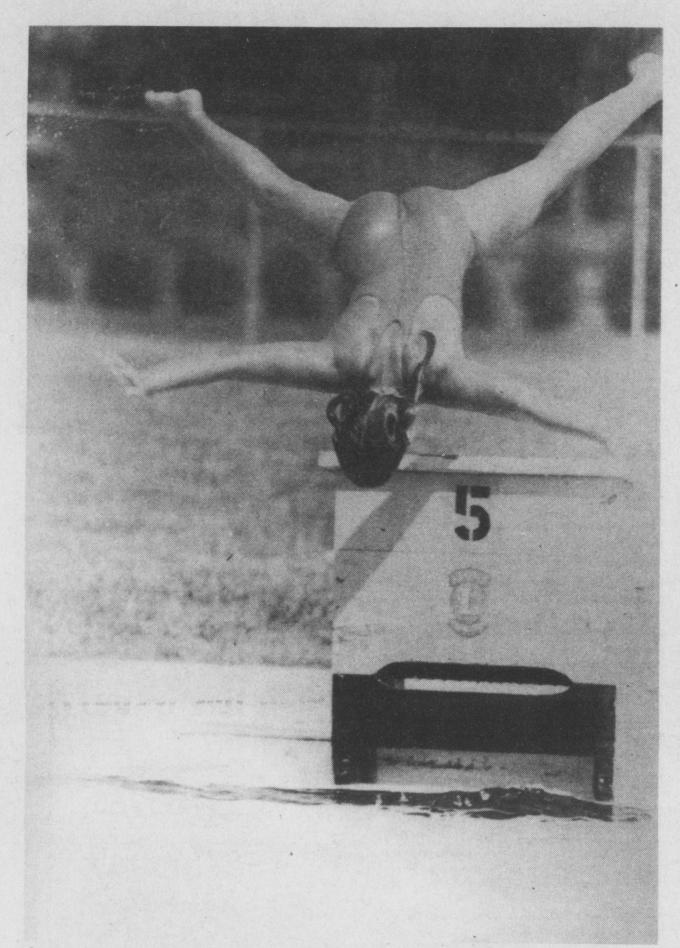
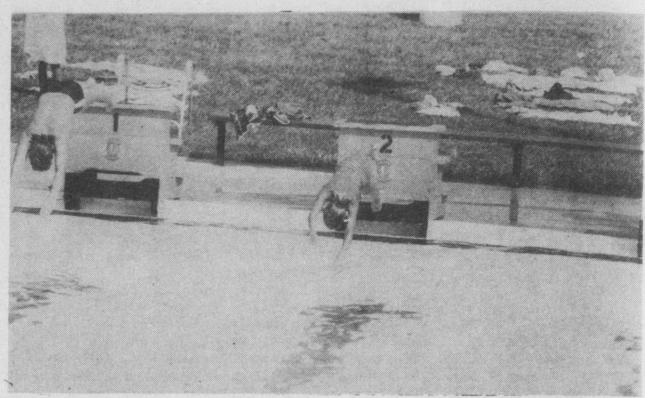
Let's have some summer-tin

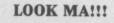


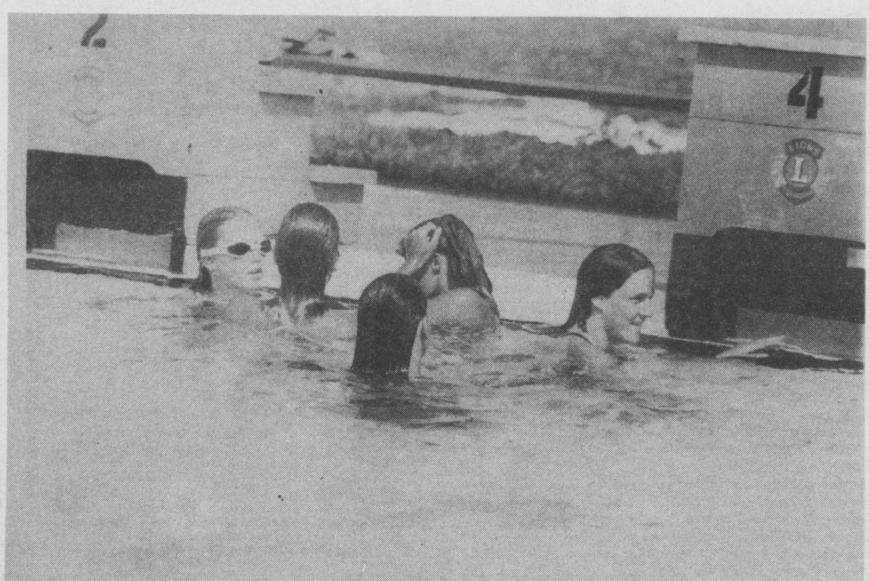


Mount Joy Swim Team members practice their starting block technique



"Just two more laps and I'll be finished for the day"





Members of the Mount Joy Lions Club Swim Team take a brief rest between laps.



Assistant Coach Becky Zimmerman