

75-plus Banquet

The 24th annual Seventy-Five Plus Banquet was held on Thursday, June 14, at Hostetters' Banquet Hall in Mount Joy. This year's affair was termed a tremendous success.

Over the years, the 75-Plus Banquet has grown steadily in popularity. The very first one was held in the Mount Joy Fire Hall and attended by thirty people. It was catered by Hostetters.



Jaycee president Robert Behling and Jaycee-ette president Patsy Hoffer.

This year, 250 people attended the banquet. Invitations were sent to all those who attended last year plus sixty persons on a waiting list.

Notables in attendance included Enos Gibble, 97, who walks from near Donegal High School to the banquet hall.

Mr. and Mrs. Willis Weaver celebrated their 54th wedding anniversary with those in attendance.

Mr. and Mrs. Albert Harner and Mr. and Mrs. Graybill Wolgemuth were the couples married the longest, with 65 years together.

The 75-Plus Banquet is co-sponsored by the Mount Joy Jaycees and Joycettes, designed to provide an evening of fun for present and former Mount Joy residents who are 75 years old and older.

At this year's event, Jaycee president Robert Behling acted as the master of ceremonies for the evening. The co-chairpersons for the banquet were Tom Safko and Todd Shenk, Jaycees; Cheryl Hallgren and Sharon Funk, Joycettes. Jaycees Keith Smith played the piano and Chaplain Alan Swanson gave the invocation.



Enos Gibble

Other members of the Jaycees and Joycettes acted as waiters and waitresses for the fried chicken dinner which was served.

Entertainment for the evening was provided by *Andante*, four sisters: Carol Zimmerman Witman, Kathleen Zimmerman Milovanovic, Sharon Zimmerman, and Rebecca Zimmerman.

Later Dorothy Schock, retired music teacher, led everyone in some lively group singing.

Animal sleep habits



Humans spend about a third of their lives sleeping. How about other animals? Do they sleep more or less than we do?

The answer is that some sleep more—such as bats, who sleep 20 hours a day—and some less—such as elephants, who get by on four hours a day.

Generally, predators who don't have many natural enemies, sleep a great deal. Your household cat will sleep up to 16 hours a day. Opossums doze about 19 hours a day in the safety of their trees.

Hoofed animals sleep very little, and other animals which must stay alert to stay alive are light sleepers, too. Rabbits, for example, sleep out in the open and take about 20 short naps a day.

Birds, of course, sleep on tree branches. Their leg tendons are so arranged that they are propped into a stable position while hanging onto a limb. Most birds sleep at night, but owls sleep during the day.

Some birds, such as quail, have slumber parties. They sleep in a circle on the ground, tails together. Some ducks sleep together in tight, floating bunches on lakes and rivers.

Reptiles are true sleepers, but amphibians and fish never sleep. They only rest (staying a bit aware of the outside world). Insects, also, never really sleep.

Ants, when they are done resting, stretch just like we do and open their mouths in a sort of yawn.

As for dreams, scientists tell us that all mammals have them, some birds do, and reptiles and all lower beasts never, ever go off to the land of Nod.

The animal whose sleep habits are most like ours is the chimpanzee, the animals who is most like us in other ways. Chimps in the wild sleep in trees. They find a good place in a fork, bend down leaves to make a nest, and sometimes tear off other leaves for a pillow.

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