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FIFTEEN CENTS

RALPH M. SNYDER
R.D. 2 BOX 3040
MOUNT JOY, PA. 17552



Veterans' Day Parade in Mount Joy

Betsy Ross looks cold but happy. Robert E. Lee would definitely rather be in Old Virginny. The Veteran's Day Parade in Mount Joy attracted 1500 onlookers in spite of freezing winds. Betsy and General Bob were riding on the PUFA float. **More photos on back page.**

Candlelight Tour



Betty Groff in her kitchen. Notice the bag over the chair in the rear vestibule. It says, "Abraham Groff, 1887."

On Sunday the 20th the Mount Joy Business and Professional Women's Club will hold its **Candlelight Tour**. There will be a total of fourteen homes on display between 2:00 and 7:00 PM. Tickets are only \$2.50, and the price covers a brochure as well as access to the houses.

The proceeds from ticket

sales will go to the Donegal Dental Clinic, Community Council, Girl of the Month fund, the Mount Joy Library, the Scholarship Awards Fund, Medical College of Pennsylvania, Maxwell Scholarships, and Foreign Exchange Student programs.

Here are the houses on the tour:

Mr. and Mrs. Paul Gingrich, 130 E. Donegal Street. Built about 1853, it occupies a lot laid out by Jacob Rohrer, founder of Mount Joy. Although the house was damaged by blasting for the nearby rail lines in 1896, the Gingrichs shored up the leaning corner and are steadily working their way through

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The Gentle Art

"Walk away, or run, with confidence" is the motto of Judo, also called the "Gentle Art."

Last Thursday night the former Heavyweight Judo champion of Europe, Alvin Christian of Marietta, demonstrated the Gentle Art for the Maytown PTP. Every throw and move he demonstrated could have resulted in broken bones, but none did. The idea of Judo, as its motto implies, is to cause just enough pain to get away safely.

Since the demonstration was for the benefit of women, Alvin brought two lovely assistants: Sandi Swartz and Mary Allison, both of Marietta. They proceeded to throw him head over heels, twist his thumbs, and fake kicks to his head and ribs.

"It's not too interesting to see a guy like me throw around someone half my size," Alvin told the group. "but it's fascinating to see a little woman overpower someone my size."

Alvin Christian, a former Air Force man, is big but has a gentle voice and manner. His PTP program presented a series of moves he has put together over the last 17 years, all of which are aimed at self-defense or apprehension (capture, used mostly by police).

Alvin explained that if a person has knowledge of Judo, he or she can overcome an unskilled person who weighs up to three times more (assuming both are equally strong for their weight). Beyond that ratio, Judo loses effectiveness.

Alvin and the two women showed how a woman can cope with larger men who are molesting or attacking her. While the moves were

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Black Belt Alvin Christian assaulted by lovely assistants



Mary Allison shows how to deal with a molester

Election Results

Jeff Hartzler became the first Democrat in recent memory to win a seat on the Donegal School Board in last week's elections.

Hartzler won more votes than any candidate except Edgar T. Jones, who was listed on both Republican and Democratic tickets.

(Jones got 640 Democratic votes and 1253 Republican votes. Hartzler got 1530 votes on the Democratic ticket alone.)

Incumbent Dr. William B. Landis, a Republican, who served as school board president during a

teachers' strike two years ago, was unseated. A local "Republicans for Hartzler" campaign contributed heavily to Hartzler's success at the polls. His "back to basics" campaign theme

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