

# Fish and rattlesnake cookbook

The PA Fish Commission has announced the publication of "Pennsylvania Angler's Cookbook", a 176-page soft cover book con-

taining over 200 recipes for preparing tasty meals from various species of fish found in Commonwealth waters.

The book started with an idea several years ago that too many fish taken from the state's lakes, rivers and streams were being wasted. "After the excitement and fun of the catch," says Ralph W. Abele, Commission Executive Director, "far too many anglers and their wives discard their fish or miss getting the full flavor of fish by simply baking, broiling or frying them." This new cookbook makes it easy to prepare gourmet meals from fish and other natural foods found in freshwater.

The book contains easy-to-follow directions in preserving fish, including smoking, pickling, canning and freezing. Other chapters contain instructions on preparing soups and chowders using fish, how to make delicious batters and sauces, and even contains recipes for tasty side dishes to go with fish meals such as salads, dressings, and sourdough breads. For the person interested in unusual but nourishing meals from nature, there is even a chapter containing recipes for preparing frogs, crayfish, rattlesnakes, and freshwater mussels.

Copies of the "Pennsylvania Anglers' Cookbook" can be ordered at \$2.50 per copy from the PA Fish Commission, P.O. Box 1673, Harrisburg, PA 17120. Make checks or money orders payable to "PA Fish Commission."

## Auction for March of Dimes

A public sale and auction to benefit the Lancaster County Chapter—March of Dimes has been scheduled for Tuesday, April 19, at the Green Dragon Farmers Market and Auction, Route 222 north of Ephrata. This is the twentieth year the auction has been held; making it one of the oldest in the county.

The sale will start at 6 p.m., in the heated cow barn with seats available.

Donations will be accepted until the time of sale according to John E. Martin, chairman.

Articles to be offered will include quilts, household items, furniture, cakes, pies, clothing, canned goods, tools, smoked meats, candy and other merchandise too numerous to mention.

Well known auctioneers will be conducting the auction.

All proceeds will go to the Lancaster County Chapter—March of Dimes in their fight against birth defects.

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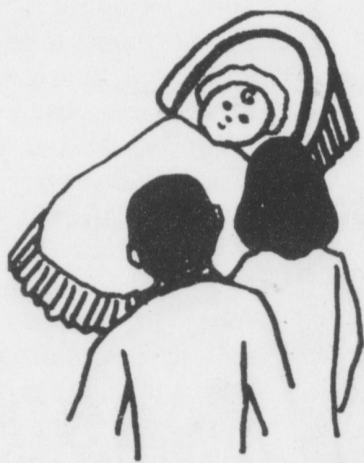
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Weis Quality Bleach	SAVE 26c SPRING HOUSE CLEANING SPECIAL... GALLON JUGS	2 <sup>F</sup> \$1 <sup>R</sup>
Bartlett Pears	"BANQUET" DESSERT CHUNKS LARGE 29-OZ. CANS	2 <sup>F</sup> \$1 <sup>R</sup>
"Mighty Dog" Dog Foods	SAVE 22c 6 1/2-OZ. CANS	4 <sup>F</sup> \$1 <sup>R</sup>
Royal Gelatins	SAVE 14c 3-OZ. PKGS.	6 <sup>F</sup> \$1 <sup>R</sup>
Diced Peaches	"ARGO" PACKED BY DEL MONTE 1-LB. CANS	3 <sup>F</sup> \$1 <sup>R</sup>
Great Northern Beans	SAVE 26c "BIG TOP" BIG 40-OZ. CANS	2 <sup>F</sup> \$1 <sup>R</sup>
French Green Beans	EMPIRE STATE 9-OZ. PKGS. FROZEN	4 <sup>F</sup> \$1 <sup>R</sup>
Peas & Carrots	WEIS QUALITY SAVE 18c 10-OZ. PKGS.	4 <sup>F</sup> \$1 <sup>R</sup>
Hash Brown Potatoes	SAVE 38c ON BIRDS-EYE FROZEN 2-LB. PKGS.	2 <sup>F</sup> \$1 <sup>R</sup>
French Fries	"BORDEAUX" BIG 2 1/2-LB. BAG FROZEN	59¢

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