

Sue saw Germany the hard way



Sue Collins displays the medal-bedecked walking stick she carried across the German countryside and German beer stein.

Sue Collins, of Elk Ave., Marietta, came home from Germany recently with a box full of medals.

Sue won the medals by walking. Hiking is a well-organized activity in Deutschland. Marches of 10, 12, and 20 kilometers (up to 12 miles) are held on a regular basis, and everyone who reaches the finish line is rewarded with a medal.

The hikers are also rewarded with plenty of warm but well-brewed beer.

Sue spent 7 months in Germany, where she was a guest of her sister and brother-in-law.

During her stay, Sue participated in plenty of hikes across the German countryside. Lots of young people participate in the hikes, but there is no age limit. A man in his nineties completed one hike. He was accompanied by his son, who was about 70.

Some hikers would rather work hard than risk getting thirsty. They haul small wagons, with a keg of beer mounted between the wheels, on 20 kilometer jaunts.

Sue's father, Joseph Collins, joined his daughter for the last couple weeks of her stay. He noticed that some hikers carry knapsacks full of sand to help them get in shape, then drink half a gallon of beer when they finish walking.

Sue noticed that Germans manage to stay thinner than Americans, in spite of the fact that they start drinking beer at the age of 5, and regard it as a good substitute for water all their lives.



Photo shows the first medal Sue Collins won for completing a hike in Germany.

Hikes are taken quite seriously. Walkers pay a \$3 fee before they start (The money goes to charity). Checkpoints are set up at intervals, to make sure that no one takes a shortcut.

The hikes start on schedule, regardless of rain, sun or snow.

Sue saw a lot of beautiful country on her hikes. She hopes to go back someday, and walk along all the trails she missed in her 7 month stay in Germany.

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