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Longest Established, Best Equipped
FINEST LINE OF WINTER GOODS.
Specialties in woollens, jackets, ladies, mens and childrens underwear.

Gloves, hosiery, boots and shoes. All the latest styles and best materials for winter wear.
Beautiful Neckwear
A New Department

A large assortment of Laces and Trimmings. A complete stock of mens furnishings. Finely stocked Grocery Department. Crockery and glassware direct from England.

All of the above at prices that will make it to your advantage to buy of
MITCHELL BROS.
Broad Street Milford Pa

General LIVERY STABLE

Safe horses,
Good wagons,
Prompt service,
Careful Drivers.

Findlay & Wheeler,
Milford, Pa. PROPRIETORS

BEST OF ALL FLOUR.

FEED, MEAL, BRAN, OATS, and HAY

When in need of any Hello to No. 5., or come to
SAWKILL MILL, MILFORD PA.

KILL THE COUGH AND CURE THE LUNGS

WITH **Dr. King's New Discovery**

FOR COUGHS COLDS AND ALL THROAT AND LUNG TROUBLES.

GUARANTEED SATISFACTORY OR MONEY REFUNDED.

HARNESS

Of All Kinds and Styles.

Blankets, Robes, Whips and Horse Outfitting generally.

CARRIAGE TRIMMINGS

Repairing—NEATLY DONE.

Examine my stock it will please you. The price too.

L. F. HAFNER,
Harford St., Milford

Electric Bitters

Restored when everything else fails. In nervous prostration and female weakness they are the supreme remedy, as thousands have testified.

FOR KIDNEY, LIVER AND STOMACH TROUBLE

It is the best medicine ever sold over a druggist's counter.

Supplying The Table

AN EVERY DAY PROBLEM

We solve it by keeping

Fine Groceries,
Canned Goods,
Choice Meats,
Fresh Vegetables.

FOR AN ELEGANT DINNER

If you appreciate a good market in town buy your fish and meats at my place. Limburger, Imported Requefort, Philadelphia Cream cheese or any others desired.

FRED GUMBLE
Harford St. Milford Pa.

The East Stroudsburg State Normal School

A thoroughly first class school for TEACHERS. It is PERFECT in the Beauty and Healthfulness of its Location. It is COMPLETE in its equipment.

Its Graduates rank among the Best in SCHOLARSHIP and TEACHING ABILITY. The rooms are carpeted and the Beds Furnished. The Food is Abundant and Excellent in Quality.

For Catalogue Address,
E. L. KEMP, Sec. D.,
Principal,
East Stroudsburg, Penna.

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MADE WITH **Rock-Oak SOLES**



FOOT COMFORT easily attained

Wear the **La France Shoe for Women**

JOHNSON
Editor of Feet,
Port Jervis.

Overweights.

The excessive mortality of overweights has been published by life insurance statisticians, and the phenomenon must be considered in football discussions. It is now a proved fact that the men who are barred from the game are the ones who live the longest, and though mere length of life is no criterion of its usefulness, yet it is a fair assumption that the longest lived are the most vigorous and, therefore, the best brain workers.

The colleges are then spending the most money on the students who will give the least returns. Every now and then some ingenious fellow publishes statistics showing that students able to take part in sports outlive those too defective to take any part at all, as though that needed numerical proof.

The new statistics show that the healthy underweights excluded from football are fitter for survival in America than the overweighters of the teams.—American Medicine.

Biggest Thigh Bone Found.

The first shipment of prehistoric bones collected by the German expedition in German East Africa, comprising forty-six large boxes, reached the Berlin Paleontological Museum recently. Reports from the explorers indicate that they have been highly successful in finding important specimens. One of the most treasured is a thigh bone which measures six feet eleven and three-quarter inches, as compared with the four foot eleven inches measurement of the corresponding bone of the American diplomat. The African specimen is the largest femur in existence. It is claimed.

The explorers believe the African survivors were the direct progeny of those whose remains were found in Wyoming.—Times.

Misplaced Sympathy.

He was a kind and benevolent old gentleman, who took much interest in little boys.

One day as he was walking along the street he stopped and looked with compassionate sympathy at a lad whose face bore clear evidence of having been in the wars.

"My poor little fellow," he said, patting the boy on the head. "I fear you've been fighting. You've got a black eye. Dear me, now, I'm really very sorry."

"Never you mind about me," said the poor little boy. "You go home and be sorry for your own little boy. He's got two black eyes."—Human Life.

Game in Germany.

Germany is a country of Nimrod. There are, we learn, 600,000 sportsmen, which means one gun for every hundred people. Each year fall to the gun, on an average, 400,000 hares, 4,000,000 partridges, 3,000,000 thrushes, 600,000 rabbits, 100,000 deer, 145,000 woodcocks, 40,000 wild ducks, 25,000 pheasants, 22,000 geese, 15,000 quails, 12,500 hawks, 1,400 wild boars and 1,300 bustards. In weight this "bag" represents 25,000,000 kilograms, a kilogram being 2 1/2 pounds. The monetary value is 32,000,000 francs, or £1,240,000. The sum received for licenses to shoot is 7,500,000 francs, or £1,500,000.—London Globe.

Indian Days.

Marks of Indian days may be found under many old oak trees in southern California, particularly in the mountain districts. It is not uncommon to discover a large stone or boulder with one flat side showing a little above the surface of the ground and with a hole as large as a quart saucuppan in the center. In such holes the squaws crushed the acorns which were thereupon ground into meal for food for the red men.

Helpful Beauty Hints

Valuable Shampoo Mixtures for Dandruff—Some Good Notes on the Complexion and How to Get Rid of Blackheads—To Keep the Hair Healthy.

As some shampoo applications may dull the color of the hair, so agents chosen with care may help to retain the natural shade. No application containing an excess of drying element should be used. For then the natural oils which nourish the hair are absorbed and color fades as from a material put into the sun. Excessive use of hot curling irons, ammonia in the water and the pronounced application of bicarbonate of soda are responsible for early gray hair with many women.

Up to the time a woman is twenty there is no better shampoo for the hair than castile or palm oil soap scraped and dissolved in boiling water. A pint of water to four ounces of soap is a good proportion, but the measurements need not be exact, for the object is merely to make a jelly of the soap, as it will be when cold if treated in this way. This soft soap is more easily worked among the strands of hair and is far more certain to be rinsed out than hard soap. For us the jelly is rubbed all over wetting the head with just enough water to make a lather. When it is thoroughly cleansed in this manner it is rinsed in several waters, the final bath being cold to shrink the pores.

The girl who has dark hair will be wise if she uses exclusively the yolks of eggs for her hair after she is twenty years of age. Three will be required for one wash and they may be beaten a little, adding a cup of hair oil of castor. All of this mixture is rubbed over the scalp and through the hair. Rinsing is done in clear water. The desirability of the application lies in the fact that both the yolks and castor are full of iron which will preserve the color of the hair. The mixture is never to be used on blond locks and may even darken those that are light brown. The latter color will be benefited by the use of eggs alone, taking both whites and yolks and beating them with one tablespoonful of water to each egg.

Soft water is better for the hair than hard, the latter causing the tresses to become overcast. If the water is noticeably hard it may be softened with a pinch of borax; the exact proportions are impossible to give. Borax in itself is drying and so should be avoided by all save those whose hair is exceptionally oily.

Drying after shampooing is always to be done with soft towels, as direct heat is extremely injurious to the hair.—Margaret Mixer in New York Telegram.

For Blackheads.

Inquisitive Jane—If your complexion is coarse and filled with blackheads you should begin at once a systematic treatment. Buy a camel's hair complexion brush and scrub the face every night with this, using a pure soap and warm water—almost hot, if it does not irritate the skin. Begin with the forehead and scrub with a circular movement till the chin is reached. Do not rub hard enough to irritate the skin, and use only the gentlest motion around the eyes. Rinse with lukewarm water and then with cold; wipe with a soft linen towel. Apply a good skin food or cold cream, with a gentle rotary upward and outward movement. This treatment must be persisted in and will show results if faithfully practiced, especially if care is taken with the diet, avoiding rich, greasy foods, sweets and fried stuffs, and choosing fresh vegetables and fruits, plenty of salads with good olive oil and very little vinegar or spices. Take abundant exercise. There is no better tonic than a run or a brisk walk in the open air. The blackheads are caused by lack of circulation. A quick morning sponge bath with cold water, adding, if convenient, a handful of sea salt, together with the regular weekly or semi-weekly hot scrub at night, are excellent for giving the skin a finer texture.

To Make the Hair Healthy.

If you want to keep your hair in a healthy condition be careful always to use a clean hairbrush. Many bad cases of dandruff are due to carelessness in this matter. Directly the brush begins to look grimy wash it in soda and water. Have the water nearly boiling and pat it with the bristles. Be careful that the back of the brush does not get wet, as it ruins the polish. When quite clean rinse in warm water, then let it stand for ten minutes in clean cold water and leave it in the air to dry. Don't put the brush to dry in the sun or too near the fire or the bristles will turn yellow. If the back has been dampened rub it with sweet oil, then polish.

To keep the hair bright and glossy few better methods exist than that of ventilation. The treatment should be practiced for five minutes each day, night and morning. The tresses should be separated one by one and shaken gently and slowly, so that the air may penetrate between the strands. If a maid's help is obtainable a still better result can be secured, the attendant fanning the air gently on to the hair with the right hand while supporting one lock at a time with the other.

Undoubtedly Not.

Capt. Jerome, while visiting Col. Higginson, took a derring-dog to the table, and asked: "This thing loaded?" But before the colonel could reply the weapon was discharged, the bullet tearing away one of the fingers of the visitor. The colonel, who is widely known on account of his extreme politeness, bowed gracefully, and replied: "Not now, my dear captain."

Woman Surgeon for Army.

Dr. Rose Ringgold is the only woman contract surgeon in the United States Army. When on duty she wears a divided skirt and a uniform coat. She is especially interested in the hospital problem of an army in the field, and has made a study of the work of the Japanese hospital corps in the war with Russia. Miss Ringgold is now in the Philippines, where she expects to spend several years.

He Was Not Missed.

Friend—Now, my dear woman, don't you feel the loss of a man about the house?

Widow—Not with the kitchen stove smoking the way it does.

Economical Cut.

Butcher—Will you take a porter-horse?

Mrs. Newswell—No, nothing quite so large; give me a portercat.

Notes and Comment

Of Interest to Women Readers

A PAPER WARDROBE.

Bags Made of Cedar Paper Protect Clothes from Moths and Dirt.

People who could afford to have cedar rooms in their homes have always been considered fortunate by those who had to adopt other means to keep their clothing from the depredations of moths and from dust and dampness between seasons. Now that the paper wardrobe shown in the illustration has been invented, anyone may have these advantages for little money. This form of wardrobe consists of big bags made of cedar paper, which are redolent of that odor of cedar which no self-respecting moth can abide. They are also constructed that when closed they are



completely airtight, thus keeping out the dust and dampness. The saving in the cost of cleaning and pressing clothes can quickly be estimated, as not only on the cost of these operations, but in the wear and tear resulting from them. A garment hung on a suitable hanger in one of these bags assumes its original shape, in fact, practically presses itself. The bag can be opened as often as wished, as the flap that holds them shut can be operated by a child. The removal of single garments without having to root out a chestful is another advantage.

The Great Value of Tact.

Of all the good gifts the fairy godmother can bestow upon a favored mortal there is certainly nothing that is quite equal to tact. Health, wealth, beauty and brains, right royal understandings though they be, lose much of their value unless this precious asset be found in combination with them.

A well-known writer defines tact as "an intuitive art and manner which carries one through a difficulty better than either talent or knowledge." Perhaps this explanation is as good as any other, but it does not cover all the ground. There are many times and many opportunities which call for tact without people having to be in difficulties. It is wanted in the every day affairs of life, in dealing with one's husband, or children, or servants, and a household very quickly shows if its presiding genius is tactful or the reverse.

To a young man who has his way to make in the world tact is worth an old gold. When he is older and has gained a name and reputation, he may possibly afford to be brusque and careless of other people's feelings, but even then he does it at the expense of popularity—nay, of affection sometimes. No woman, however, talented, can shine in the social firmament if she be lacking in tact, and though one is inclined to regard the attribute as belonging more especially to her sex, we do not always find it in the feminine character.

It is impossible to go to a school mistress and say to her, with reverence to the education of one's daughter, "Please pay particular attention to music, French and history. For the gift comes instinctively to those who are naturally quick, warm-hearted and sympathetic. But it can be trained and cultivated, too; for who are more tactful than the people who are taught from their earliest childhood to consider the feelings of others, and to put them at their ease?"

Tact enables us to say the right thing at the right time, and to leave unsaid the wrong one. Tact also helps us wonderfully in our dealings with our poorer neighbors. They are often intensely sensitive and proud and resent any suspicion of patronage, yet they are grateful for our sympathy and aid if we do not ride rough shod over their prejudices. Sometimes we see kind but thick-skinned charitable workers who spoil the good they do by the way in which it is done, and though their ministrations may be accepted, a feeling of resentment remains against the factious good Samaritan. "For all practical purposes," says a well-known writer, "tact carries it against talent ten to one."—McCall's Magazine.

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Old Penn Whisky, 75c quart, \$2.75 gallon is the finest whisky for its price in the world.

Imperial Cabinet Whisky, \$1.25 qt., \$4.75 gal., distilled from selected grain—spring water.

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HAIL TO OUR HERO!

'Twas the eighteenth of June in nineteen ten,
When the wisest, truest and best of men,
Teddy! Our Teddy! The Pride of the nation
Brought to the loyal hearts of us all great station.

For 'mid saluting, affection, and honest good cheers,
The Protector of Women, the Idol of men
Returned to his loving home again.
With fine purpose and honesty besting in that great heart,
In which deceit and wrong can never have part.

And now that he is with his own again,
Let all brave hearts join in the refrain:
"Teddy! Our Teddy! May God keep you for us;
To watch and to guard the interests of right,
Through the dangers and trials looming darkly before us,
Your noble whole soul patriotism our holy guiding light!"

B. F. B.

Cigars—Perfectly rolled smokes of every shape, size, shade and flavor, from properly grown tobaccos. We take pride in being able to meet every fancy in the cigar themselves and the money they cost. Cigars by the box or by the smoke. Smoking tobaccos, pipes and cigarettes, too.

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Prescriptions Compounded
by Graduate in Pharmacy

Factor's Gift to the World.

Pastor generously gave all he knew to the world, reserved nothing, not even his life, for he killed himself working to save others.

The Feminine Invasion.

Spoken by a woman politician. That's about the limit for a woman's club.—Boston Herald.

Pen and Paper.

"Paper," whether of rag or of wood pulp, still takes its name from the papyrus. A "book" is the book, the wooden rod on which our forefathers cut their rustic letters. And a "pencil" is still by derivation "pencilus," a little lat, having been originally the name of the Roman painter's brush.—London Chronicle.