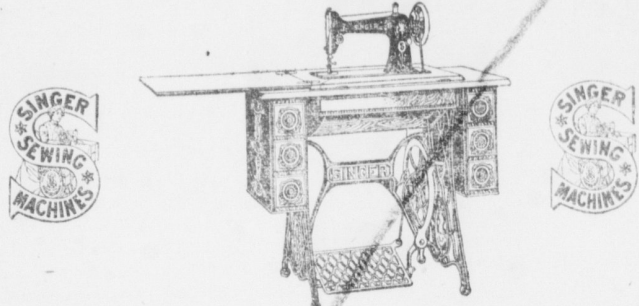


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DEDICATED LAST SUNDAY

FINE NEW EDIFICE AT KINDERHOOK COST \$10,000—LARGE PART OF DEBT PROVIDED FOR BY MEMBERS

Impressive services, incident to the dedication of the new United Evangelical church at Kinderhook, West Hempfield township were held Sunday morning, afternoon and evening. Appropriate services were also held on Saturday evening.

The services were largely attended. The new church was built at a cost of \$10,000, and the offering received at the services defrayed a large part of this debt.

The Kinderhook church is now identified with the United Evangelical denomination and the pastor is Rev. Norman N. Lower, who is now serving his last year in that capacity. It was during his pastorate that the new church was erected, and the task which was a big one, has been successfully accomplished largely through his efforts. In this work he was aided by a corps of native and energetic church workers, who made many sacrifices of time and labor to make possible this achievement. Now the members may regale themselves in the happy possession of a neat, modern and commodious house of worship. The old building which no more was erected in 1852 and had been used by various denominations until acquired by the present congregation. Rev. Lower, the pastor, found this as his first charge in the ministry, the circuit at that time including Reich's and East Petersburg. He is completing his fifth year last year as pastor of this church, according to the rules of the conference, but he will leave it much enlarged and prosperous with the fine new structure as its future home.

The committee for the new church building was appointed in October, 1915, and comprised the following: Jacob F. Albright, John Eisenberger, John Gable, Henry Eisenberger, vice president, Christian Rodkey, Samuel Kline, treasurer, Charles M. Lichty, secretary, Elmer Stauffer, Harry Doll, Rev. M. N. Lower and Joseph Albright, president.

Work on the new building was started in March, 1917 and the cornerstone was laid July 25, 1917. The cost of the building is about ten thousand dollars.

Kinderhook church officials are as follows: Board of trustees, Jacob F. Albright, John Eisenberger, Henry Eisenberger, Christian Rodkey, and Samuel Kline; Sunday School Superintendent, Charles M. Lichty. Paul A. Goss is president of the Keystone League of Christian Endeavor. Miss May Lefley is president of the Woman's Missionary Society, and John Keiser is class leader, with Harry Doll as assistant.

HOME HEALTH CLUB

By Dr. David H. Reeder, Chicago, Ill.

Motherhood: Several years ago I wrote and sent out many thousand copies of a little booklet on Motherhood. In it I gave dietetic directions for expectant mothers, and I had had so many letters from grateful mothers, thanking me so heartily, that I feel that more ought to know about the best kind of diet especially during these times of great dietetic change.

I am going to quote a "Little Seaman No. 5" which is the title of Chapter 5 in the pamphlet, and then in the next issue of this paper, I will quote the special diet list which you will find not only pleasant but effective.

"It is not true that motherhood is the most vital of all human subjects, without mother no human being exists, therefore, anything which gives more knowledge on the subject is always of the deepest human interest."

"There has been a great amount of comment upon the subject of race suicide since President Roosevelt called the attention of the public to the question, but I think that if he was in touch with the same number of good wives and mothers all over this broad land of ours that the Home Health Club is, he would never fear for the Americans. The deep anguish and heart trouble expressed to me in letters received from childless couples is truly pitiful, and, thank God, that the Home Health Club, through its correspondence department, has been able to bring joy to so many homes. All of the millions of wealth which a man might acquire, could not buy the heartfelt gratitude that is expressed in those letters, which I receive from those happy mothers and fathers, who have experienced the joy of those titles, through following simple, practical natural laws."

"Then, too, the fact that the date of the appearance of the longed for little one may be planned for and the sex determined in advance is now so well established, that the young couples are able to bring into the world just such a family as they desire, and can best educate and care for."

"I have spoken of the burdens of inordinate child-bearing which is a condition almost as bad as childlessness, and as I said before, the simple and practical knowledge of the present day renders either conditions unnecessary. A well born and well bred family of from four to eight children makes a home the happiest place on earth, and in those homes where the children are planned for, they are welcome and therefore succeed in attending them in all the walks of life."

"The Home Health Club, by first directing the parents into right ways of living and the observance of Nature's Laws, gets them into sound physical health. No others are fit to become parents because they are but passing on to future generations their infirmities, perpetuating disease and decay, and thus indirectly injuring instead of benefiting the country."

"Happy, healthy children are the grandest inheritance thinkable; happy, healthy homes is the mission of the Home Health Club. The influence

of the cuts and collar correspond with pituitary, aged seventy-five years. Death was caused by gastritis.

Mrs. S. M. Knight
Mrs. Barbara Ella, wife of S. M. Knight, died at her home near East Petersburg, after a week's illness from pneumonia. Deceased was sixty-five years of age and she was a member of the East Petersburg Evangelical Church. The husband and these children survive: S. M. Knight, Jr., of Rapho township; William D. Knight, of Manheim township, and Mrs. Adam M. Herman, of East Hempfield township. There is one sister, Mrs. Rebecca Sickle, of Dauphin county. Eight grandchildren also survive. The funeral was held on Saturday.

Charles L. Dierolf
Charles L. Dierolf, one of the best known business men of this borough, died suddenly on Sunday evening. He was in apparently good health and following his usual custom, he left his home about 7 o'clock and walked to the Lutheran church, of which he was a member, to attend services. He was only seated in the church a short time when he became ill and died before medical aid could be summoned. Deputy Coroner B. S. Dillinger and his physician Dr. J. J. Newpher held an investigation and found that death was caused by an apoplectic stroke. He was seventy years old and is survived by his wife. He was in the shoe business on East Main street here for the past forty years. In politics he was a Democrat and was a great admirer of President Wilson. Besides being a member of the Lutheran church he belonged to Otsego Tribe No. 59, Imp. O. R. M. and Mt. Joy Lodge No. 277, I. O. O. F. The funeral was held on Wednesday afternoon at two o'clock from his late home. Interment was made in the Mount Joy cemetery.

Mrs. Kate A. Long
Mrs. Kate A. Long, of Lititz, Lancaster County, Pa., gives out this interesting statement, in regard to what Tonall accomplished in her case. "Giddy, weak stomach, as well as rheumatism held me fast for a long time. How I suffered. Stiff and achy were my limbs and joints most of the time. Food would cause me to swell up with gas. Poisons from undigested food filled my whole system."
"Mr. J. E. Charles, Druggist, at Lititz, Pa., told me the truth when he said Tonall would help me. It certainly did as I eat better, sleep better and have no more rheumatism."
"Tonall has done more for me than any physician has ever done."
This statement was given April 23, 1918.
Tonall is sold by E. W. Garber, Druggist, Mt. Joy, Pa.

TONALL HELPED THIS LADY MORE THAN ANY PHYSICIAN EVER DID

of the Club in the world is getting bigger and better every day. How can it be prevented when so many are boosting it along with good words and good deeds."

A Birthday Party

Elsa Anna Bach, a girl guest of the Homes, reached the fifteenth milestone of her life's journey on Sunday, April 28th and in compliment of the high esteem in which she is held, a birthday party was tendered her by the house mother, Mrs. Mary S. Boedemore and her fellow guests of the girl's Home, on Saturday evening, April 27th.

The rooms were tastefully decorated with flowers. The evening was spent with music, recitations and games. Refreshments were served, and in addition to the usual felicitations, Miss Bach was presented with a book containing the autograph of every one present. The presentation speech was made by the superintendent.

Coming Events at the Homes

The religious services at the Homes on Sunday, May 5th, will be conducted by "The White Shrine of Jerusalem" of Harrisburg, Pa., an organization of the wives and daughters of Nobles of the Mystic Shrine, of that city.

The religious services of May 12th, will be conducted by Lambertson Lodge, No. 476, of Lancaster, Pa.

Illustrated Lecture
On May 4, 1918, Brother Lewis M. Neiffer of Harrisburg, a Past Master of Lodges No. 364 of Millersburg, Pa., and of No. 570 of Lykens, Pa., who has traveled extensively and obtained many interesting views of the world, and has since his return, delivered illustrated lectures on the same; one of which, on the subject of Ireland and Scotland, he delivered at the Homes last January. He will on this occasion deliver his illustrated lecture on "England and the War."

An invitation is cordially extended to the friends of the Homes to be present and enjoy the same.

Glee Club
On Friday evening, May 10th, an entertainment will be given by the Glee Club of the Boys High School of Lancaster, Pa., composed of twenty-five students. The friends of the Homes are invited to be present.

Necrology
On Saturday afternoon, the Homes sustained the loss by death of one of their oldest and most esteemed guests, Brother Joel A. Baer.

Brother Baer was born in Berks county on May 4th, 1838. Previous to coming to the Homes he resided at Hamburg, Pa. He was a millwright by occupation. He was made a Mason in Vaux Lodge, No. 406, on September 11, 1872, and was admitted to the Homes on December 23, 1910. His geniality won him many friends, and his fidelity to the Homes and long and valued services as shepherd, was highly appreciated by our committee.

His remains were forwarded to Hamburg, Pa., for interment in Hamburg cemetery, on April 30th.

For a Sprained Ankle
As soon as possible after the injury is received get a bottle of Chamberlain's Liniment and follow the plain printed directions which accompany the bottle.

You must do

Because... over the... from the... can send... must be... no guest... be plant... ently, ... than eve...
Pablo See... better, a... scientific... evenly and... tape. And... resulting... plants. I...
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