

ON GUARD

At this time of the year people feel weak, tired, listless, their blood is thin, expended all their mental and bodily energy and they want to know how to renew their energy and stamina, over-come headaches and backaches, have clear eyes, a smooth, ruddy skin, and feel the exhilaration of real good health tingling thru their body. Good, pure, rich, red blood is the best insurance against ills of all kinds. Almost all diseases come from impure and impoverished blood. It is to be noticed in the pale or pimply face, the tired, haggard appearance or the listless manner.

Drink hot water a half hour before meals, and for a vegetable tonic there's nothing better than Dr. Pierce's Golden Medical Discovery, the old-fashioned herbal remedy, which has had such a fine reputation for fifty years. It contains no alcohol or narcotics. It is made from Golden Seal root, Bloodroot, Oregon grape root, Queen's root, Black Cherry bark, extracted with glycerine and made into tablets and liquid.

Tablets sixty cents, at most drug stores.

In order to insure pure blood and to build up the system try this tonic known as Dr. Pierce's Golden Medical Discovery. Get it now!

Strange Doings for Pacifist. Dasher-Do you think Jerome really lives up to those pacifist sentiments of

Fanning-Judge for yourself. After he made that saccharine pacifist talk last night he went home and pounded his ear for eight hours, got up and tore off ten miles in his car, returned to demolish a huge breakfast, whipped a stream for trout until noon, when he rushed home and speared a few hasty mouthfuls, killed a rumor regarding his attitude and beat his wife at golf

NEVER FAILS TO END MISERY OF PILES

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"Hundreds of people in this vicinity," by Peterson, "know of the mighty healing power of PETERSON'S OINTMENT in eczema, salt rheum, old sores, itching skin, ulcers, pimples and all diseases of the skin. They know it cures these ailments—that it is guaranteed to cure them."

ow I want to say to every sufferer from the either blind, bleeding or itching, that ill guarantee that a 30 cent box of ERRSON'S OINTIMENT will rid you iles or your druggist will return your

oney.
"For years I suffered terribly with itchg and bleeding piles. I tried everything
d despaired of ever getting rid of them.
gives me great pleasure to state that
terson's Ointment entirely cured me,
d I sincerely recommend it to all sufers."—Yours truly, David A. Seymour,
pt. of Parks, Buffalo, N. Y. Adv.

The Truth at Last. Student-Too many Roman punches.

Pure blood is essential to Good Health. Garfield fea dispells impurities, cleanses the system and eradicates disease. Adv.

Canada has handled \$1,000,000,000 in builion for the Bank of England since the war began.

Some men think that the proper way to begin the day is to find fault with wife at the breakfast table.

WAS DISCOURAGED Lost 65 Pounds in Weight and Had to Give Up Work. Has Been

Well Since Using Doan's. "Being exposed to extreme heat when working as an engineer, and then going outdoors to cool off, caused my kidney trouble," says Karl Goering, 8513 N. Orkney St., Philadelphia, Pa. "In cold weather and when it was damp, my joints and muscles world swell and ache and often my limbs were so badly affected it was only with great misery I was able to get around. For a week I was laid up in bed, hardly able to move hand or foot.

"Another trouble was from irregular my says and say

"Another trouble was from irreg-ular and scanty passages of the kidney secretions. I became dull and weak and had to give up my work. Headaches and dizzy spells nearly blinded me and I went from 265 to 200 in weight. Nothing helped me and I felt I was doomed

"At last I had the good fortune to hear of Doan's Kidney Pills and began taking them. I soon got back my strength and weight and all the my strength and weight and all the rheumatic pains and other kidney troubles left. I have remained cured." Sworn to before me, WM. H. M'MUNN, Notary Public.

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Clear Pimples With Cuticura And Be Happy

Best Opportunity for Industrious Young Man and Woman on Farm

By ARTHUR CAPPER, Governor of Kansas



The farm affords the best opportunity for industrious young men and women. The young man who has pluck and ginger can win in Kansas-and win on the Kansas farm. There is magic in the little word "work." I want to appeal to the older folks to give the young people more of a chance. I believe that every boy and girl on the farm should have something he can call his own—something to keep him interested in the farm and something which will train him in a business way. If I had my way every girl in Kansas would be trained to bake, cook and sew. One of the finest things the agricultural college is doing is to train girls to take care

The biggest mistake a boy or girl can make is to pull away from a Kansas farm and go to a city. No state in the Union offers greater oppor-

I am glad the progressive farmers of Kansas are taking an interest in better schools. More money is being spent on school buildings and the people are taking pride in their shools.

I think one of the important things that the agricultural college is doing is emphasizing the idea to young men and women of the importance of staying on the farm—teaching them to love the farm.

The farmer is doing more for the welfare of this Western country than those engaged in any other calling. The farmer who is doing his duty faithfully and well is just as great a man and as useful a citizen as captains of industry, who perhaps get a little more advertising than the

Free Exchange of Opinion Between Teachers and School Executive

By C. R. FRAZIER, Superintendent of Schools, Everett, Wash.

At this crisis the world is alert as never before to the principle of democracy, and public opinion is ready to react against anything savoring of the autocratic in school administration. A proper school administration must provide the opportunity for a free exchange of opinion between teachers and executive. Such conference will remove most occasions for as sheep in the midst of wolves. They hostility. The school head must be a real democrat. He must analyze his opinions and his actions to see whether deep down in his heart he is autocratic or democratic. The democratic administration will take account of the sentiment of his community and the opinions of his teachers. Teachers want to work in an intelligent way, hand in hand with the authorities of the school. They should have a voice in school policies. Teachers will gladly follow an educational leader, but not mere authority. If the man is big enough for his job, he doesn't want "one-man power." As a safeguard to himself, he ought not to want autocratic authority and will not attempt to exercise it.

The man who builds up a practice in law, medicine or dentistry has some rights in the community. The teacher who has done successful work for years has certain claims, and no man or set of men has the right to take them from him without at least a chance to be heard in his own behalf. When a man wakes up in the morning and learns that he has been "fired" without warning or a hearing, he has suffered a gross injustice and perhaps an irreparable injury. Even a teacher is entitled to his "day in court." He must have a hearing. If we teachers are professional, we will rise up as one man and protest against this thing, for our profession is being jeopardized.

During the past year I not only asked our supervisors and principals for a confidential rating of their teachers, but also asked the chairman of our board to request a similar confidential rating of the superintendent

There must and should be authority in the hands of the administrator in order that things may go ahead. But it is the abuse of that paper in such a way as to undermine the teaching profession that I protest against.

Rural Preacher Should Know More of Modern Agriculture and Sociology

By E. L. HOLTON, Professor of Education, Kansas State Agricultural College

The country preacher should know more of modern agriculture and sociology and perhaps less of medieval theology. He should have a wholehearted sympathy for agriculture and rural people. The rural preacher's job is a man's job in itself and he cannot be a specialist in agriculture. He might, however, specialize somewhat in some phases of agriculture, to others. such as gardening or poultry, which would be an avocation rather than a the amount of light one sins against, vocation. He should have some knowledge of economics and production, distribution and consumption of agricultural products.

Graduates of such colleges as the Kansas State Agricultural college are better prepared to preach in rural communities than graduates of theological seminaries. They are more familiar with country conditions.

Population of Cities Increasing Faster Than That of Country

By B. F. COEN. Colorado Agricultural College, Fort Collins, Colo.

Will the cities ever stop increasing faster in population than the country? From 1790 down to the present there has been but a single decade, that of 1880 to 1890, in which the increase in the urban population each succeeding decade, has not been greater than the preceding decade. In 1790, 3.3 per cent of the population lived in cities of 8,000 or over; in 1910, 31 per cent. In 1890, 36 per cent of the people lived in cities of 2,500 or over; in 1900, 40 per cent; in 1910, 46 per cent. City population is growing faster than the rural. From 1900 to 1910 cities increased 38 per cent in population; the country increased 9 per cent. At the present time the rural population is a little over half the population of the country. Within a few years, unless the unexpected happens, the cities will contain a big majority of the people.

LESSON

LESSON FOR MARCH 17

JESUS SENDING FORTH THE TWELVE.

(May be used with missionary appli-

Cation.)

Cation.)

LESSON TEXT—Mark 6:1-31.

GOLDEN TEXT—Freely ye have received, freely give.—Mart. 10:8.

ADDITIONAL MATERIAL FOR TEACHERS—Romans 10:13-15; Isa. 40:3-9; Mart. 28:16-29; Acts 1:6-8; 2:1-4; 16:9-10.

PRIMARY TOPIC—Jesus feeding the MEMORY VERSE-Give ye them to eat.

JUNIOR MEMORY VERSE—Isa. 52:7.
INTERMEDIATE TOPIC—Messengers JUNIOR AND ADULT TOPIC—The power of the Gospel of Christ.

The time of this lesson was autumn,

A. D. 28; the location Galilee. I. Marvelous Unbelief. (vv. 1:1-6a). Jesus is rejected the second time at Nazareth. He entered into the synagogue on the Sabbath, as was his custom, and the people were astonished at his doctrine. His application of the scripture was similar to that of his first rejection. The significance of this visit is found in verses 5 and 6 —the limitation of the mighty Christ through unbelief by those who knew

II. The Mission of the Twelve. (vv. 6a-16). From the parallel account we find why Jesus sent forth these disciples (Matt. 9:36)—because the people were scattered as sheep without a shepherd. In the tenth chapter of Matthew we find the names of those whom he sent out (vv. 2-5)), the fifth verse of which designates that only Jews were included in this mission. We need to remember that these disciples were sent out before his crucifixion. Their pilgrim character is shown in Mark 6:9, and the solemn manner of their dealing with those who reject them is indicated in verse eleven. They were being sent forth were to be delivered up to the council and haled before the rulers of the synagogues, but with them was to go enabling power (Matt. 10:20). Meeting persecution was to be a part of their program. They anticipate the persecution with which Christ is identified, for he exhorts them (Matt. 10:28-31), to be of courage and to fear not, for are they not "of more value than the sparrows?" Their going forth was to bring divisions (Matt. 10:34), but also a reward to those who received them aright-a righteous man's (Matt. 10:40-42.) their obedience (Mark 6:12-13), and their achievements as the visible evidence of the power they had received.

III. Malignant Hate. (vv. 14-29). count of the death of John the Baptist. It is not a lesson that we need to emphasize to the scholars of the younger grades, but it has a deep significance to those of the more advanced departments of the Sunday school; and if we are going to get the scope of the whole Epistle of Mark, it must be considered. Herod thought he had triumphed, but he was defeated. Thus it is with the sinner always-he overnoots the mark. Germany's hatred of England stands in the way of its complete domination of Europe, and it was Germany's pride which caused it to make tho military blunders which prevented it from capturing Paris. So it is with Satan and the sinner: just when the victory seems to be complete God intervenes. "They that be for us are more than they that are against us." The counteracting power of God offsets the devil's hatred so that we are made "more than conquerors through him that loved us."

It was because Jesus sent forth these disciples that they were called apostles, literally "sent ones." They had been called unto him (Mark 6:7), then sent forth, not singly, but by twos, so today the lonely servant has with him the Holy Spirit. Our message is "peace," but we must have peace ourselves if we are to impart it

the heaviest punishment must rest upon those in America and England

who know the gospel but reject it. It is evident that the disciples received great power (vv. 12, 13) as suggested by their return (v. 30). They acted wisely in telling Jesus "all things," both what they had done and taught. Although sent forth, they were not to spend time in visiting and entertaining, nor in seeking the hospitality of the rich. They were to be wholly dependent upon God, taking nothing with them in their journeyings, but staff and sandals, betokening their pilgrim character. The gospel of Mark gives us the picture of the ideal servant.

There are more temptations to break the commandments than there are encouragements to keep them. Resolve to help break the temptations and to help make the encouragements.

In material things it's not what we want but what we get that counts. In spiritual, it's not what we claim but what we've got.

Faith is the practical exercise of the spiritual eyes. Spirit is the only true substance. The spiritual body is the real man .- Henry Wood.

CITY MANAGERS IN ILLINOIS

Plan Is Growing In Favor-Eight States Now Have Laws Dealing With the Matter.

Glencoe and Winnetka have operated successfully for some time under the city management plan, in spite of handicaps. They have felt the need of specific statutory authority and have been somewhat embarrassed by the presence of certain elected minor officials who are not under the jurisdiction of the village trustees. For this reason many cities and villages wish to adopt the commissioner manager form of government.

The plan is to be made applicable to cities or villages not exceeding 500,000 population-that is, to all municipalities of the state except Chicago. Under its terms the city or village council would consist of the mayor and four commissioners, to be elected. All administrative and executive powers would vest in a city manager appointed by the council for an indefinite term at compensation fixed by the council and subject to removal at the council's pleasure.

Eight states now have laws of this sort in successful operation. They include New York, Massachusetts, Iowa, Michigan, Ohio and Kansas. Notable instances of successful use of the manager system are found in Dayton and Springfield, O., and Niagara Falls,

Only one feature appears to vex the student of municipal government. This relates to the payment of a salary to the mayor, whose functions would be largely ceremonial—although he is to be a member of the council and its presiding officer and fees to the other four commissioners for each meeting attended and for time spent on city committee work. Yet it is quite possible that the absence of such emoluments would tend to make available for these positions men of high class and marked ability.-Chicago Daily News.

GUARD AGAINST ROSE SLUG

Good Idea Now to Devise Means for Combating Deadly Enemy of Successful Flower Garden.

One of the greatest drawbacks to a successful garden is the ravages of the rose slug, which renders an entire bush unsightly in a short time. But this enemy may generally be combated if the work is begun in time.

If given, early in the season, a good spraying once a week for several weeks in succession with the full force of the spray from the garden hose, this pest can easily be kept down. If you do not have a hose make up the following solution and use it full strength from the ordinary watering can: To one bucketful of boiling water use a goodsized cake of whale-oil soap and one teaspoonful of nicotine. Apply this mixture four nights in succession,

Commence to combat all garden enemies early in the season, before they have rendered the plants unsightly.

Climbing roses grow luxuriantly in almost any sunny situation. They are strong feeders and care should be taken that their growth is not interfered with by being planted in too close proximity to the roots of trees or strong shrubbery. While many varieties are very hardy, yet they will flower longer if planted where they can be protected from strong winds.

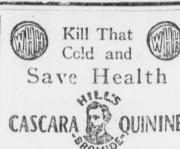
Man Who Must Vanish.

He still breathes, the "man with soul so dead" that he can say, not only to himself but publicly: "What was good enough for my father is good enough for me," says a writer. Mercifully for human progress there are signs abroad that give us hope of his ultimately becoming extinct. He will be survived for a time, but not indefinitely, by his mate whose marvelous prehensile tenacity leads her to believe -and act accordingly-that what was good enough for her greatgrandmother is good enough for her. Undoubtedly the least violent modernist would be willing to deal the blow that should rid us of them, but there is a strange resilience in both the male and female of this species that makes them rise unscathed after the sharpest attacks on their benighted tenets. We shall have to wait the slower end that must befall them. Evolution by exclusion, or the killing off of those who persistently go the wrong way is a sure process if not a swift one. So knowing him to be doomed, let us not waste energy in hopeless argument with him,

Describes an Ideal Dwelling.

"A home is not properly a show place," says Noble Foster Hoggson. "Rather, it is a house and a plot of ground that, together, bring rest to the aged, peace to the strong, and joy to the hungry, riotous spirit of youth. It is a creating-not a mere fulfilment of an order, the result of a contract well or ill kept, a thing to be bought and paid for by money.

"Money cannot buy a home," de-clares Mr. Hoggson, "but," he adds, "he who hungers for a home may, by taking counsel with those who are practiced in giving expression to human desires in terms of houses and their environments, achieve a result quite as happy and as truly as if he were to sit to a great portrait painter."



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Sweetness From the Hour. The bees sting only in self-defense, out there are people who seem to take leasure in uttering stinging speeches, nd they are not honey-makers. Those who busy themselves in extracting the sweetness out of every hour in the ay have no time to waste in words hat rankle and sting.—Girl's Compan-

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