

# CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the Signature of

*Dr. J.C. Fletcher*

In Use For Over Thirty Years CASTORIA



## Spring Run of Distemper

MAY BE WHOLLY AVOIDED BY USING "SPHON'S" A small outlay of money brings very great results. It is a sure cure and a preventive if you use it as per directions. Simple, safe and sure. The #1 size is twice the quantity and an ounce more than the 50c size. Get your horses in best condition for late spring and summer. All druggists, harness dealers or manufacturers.

SPHON MEDICAL CO., Manufacturers, Goshen, Ind.

# CONSTIPATION

IS HUMANITY'S GREATEST FOE

It is always a terror to old people and a menace at some time or another to every human being, young or old. It is the forerunner of more ills and suffering than almost any of NATURE'S DANGER SIGNALS and should never be allowed to go unheeded. At the very first indication of constipation get DR. TUTT'S LIVER PILLS which for 72 years has been successfully used for this most prevalent of all disorders. For sale by druggists and dealers everywhere.

## Dr. Tutt's Liver Pills

Alcohol, when pure, is greenish in color, while water is distinctly blue in shade.

An implement has been patented by a New York man to enable a blind person to thread a needle.

The best remedy for an evil is to abolish that evil.

The wise man does not say all that he thinks, but thinks all that he says.

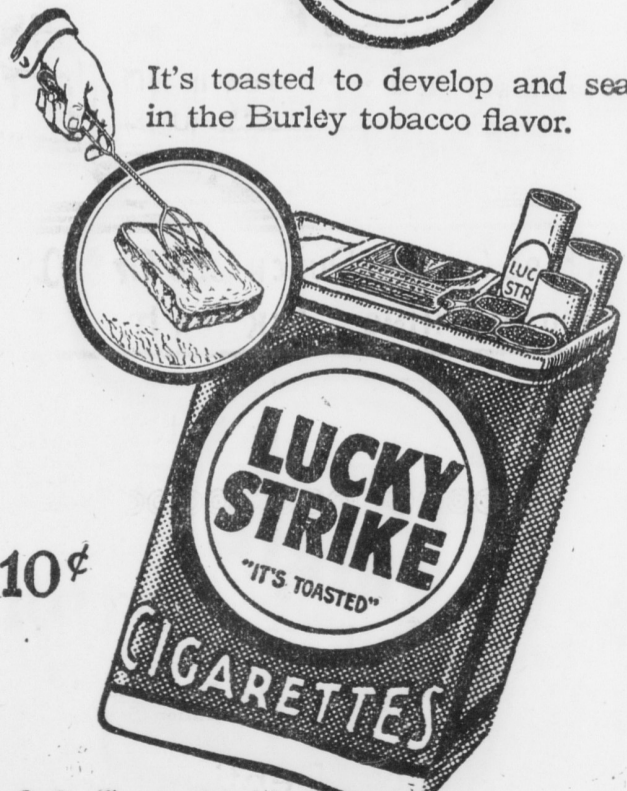
# MEAT TASTES BETTER COOKED

And tobacco now tastes much better toasted.

You'll know this when you smoke the famous Lucky Strike cigarette, the real Burley cigarette.



It's toasted to develop and seal in the Burley tobacco flavor.



10¢

Guaranteed by The American Tobacco Co. INCORPORATED.

## PENNSYLVANIA STATE ITEMS

Reading.—Sixteen Reading young men who volunteered for the work left for the Vancouver barracks at Tacoma, Wash., to fell timber in the big spruce forests of the northwest for making propellers for airplanes to be used by the aviation section in France.

Greensburg.—Parents here voted overwhelmingly in favor of military training in the high school.

Centralla.—Children of the Centralla and Coughlin schools give one hour each day after school hours to making ambulance robes.

Greensburg.—The Westmoreland County Historical Society plans to erect a monument to Colonel Henry Boquet, on the Bushy Run battlefield.

Carlisle.—Heavy damage to the Cumberland county wheat crop is predicted by farmers who have made a study of the conditions caused by the winter weather.

Allentown.—Out of forty-four samples of cats bread submitted in a contest here, prizes of \$15, \$10 and \$5 were awarded, respectively, to Mrs. William Morrison, Mrs. W. H. McClurg and Miss Mary Evans.

Reading.—The Eden Valley hatchery, conducted by the family of L. S. Miller, of Powder Valley, has 27,000 eggs in incubators and 25,000 chicks have been hatched.

Mahanoy City.—Caught in a rush of calm that had been weakened by the thaw and rain, James Monaghan, aged twenty-five, of Girardville, was suffocated at the Wild Cat washery. He was the sole support of a widowed mother. The body was recovered.

Altoona.—After forty-eight years, Lloyd C. Clenson, veteran road foreman of engines on the Middle division of the Pennsylvania railroad, has been transferred to special duties at Harrisburg.

Shamokin.—Engaged in making chemical tests in the laboratory of the Shamokin High school, Misses Anna, daughter of ex-Assemblyman William D. Culton, and Rhoda Golden were seriously burned by sulphuric acid.

Bethlehem.—More than 500 delegates representing the Allentown Lutheran conference attended the twenty-fifth annual convention.

Bethlehem.—In the first day of the war drive of the local Knights of Columbus to raise \$35,000, the sum of \$22,629.85 was pledged.

Bethlehem.—With "Confusionism" as his subject, Hsiun Tsai, a Chinese student at Lehigh University, captured first prize in the junior class oratorical contest. Second prize was awarded to William A. Kreidler.

Pottstown.—Clarence Sechrist, thirty-seven, a Pennsylvania railroad employe, died in the Pottstown hospital from injuries sustained when he was caught between cars that were being shifted. He is survived by a wife and a son.

Lancaster.—Herman Stein, Lancaster, has been notified that his son, Clarence J., a coxswain in the navy, had his skull fractured by a fall, and his condition is serious.

Shenandoah.—Dorothy, the three-year-old daughter of Mrs. Elizabeth Holman, was burned to death when her clothing took fire when she went too close to a red-hot stove.

Pottstown.—The twenty-fourth annual district convention of the Luther League of Montgomery, Bucks and Chester counties was held. Professor Luther P. Waldelich, of Sellersville, the president, presided. An address was made by Professor Ora B. Morning, of the Pottstown High school.

Seranton.—A gas main burst in South Seranton and eight members of the family of Cesero Bartoll were overcome before they were rescued. All well recovered.

Reading.—Amos K. Kline, probably the oldest business man in Reading, member of the department store firm of Kline, Eppinger & Co., died in his eighty-seventh year. He was in active business for over sixty years.

Pittston.—West Pittston's Vulcan Iron works will be doubled, to fill government contracts.

Harrisburg.—Hunters' licenses were issued to 315,474 residents and 588 non-residents of Pennsylvania last year.

Hollidaysburg.—For reconstruction, maintenance and oiling of public roads in four years, Blair county has expended \$164,770.

Philadelphia.—Mustering in of units of the Pennsylvania reserve militia will be pushed in Philadelphia and the eastern counties this week.

Altoona.—Altoona gave a great send-off to thirty-seven "honor men" inducted into the federal service that left in a body for Vancouver to enter the spruce division, national army.

Shepton.—Thomas Kennedy, district president of the United Mine Workers, was the principal speaker at a flag raising held in honor of thirty-two boys from Shepton and Onida who are in war service.

McKees Rock.—Mary Belan, seven, sacrificed her life when she plunged into Charters creek in an effort to save her young brother from drowning, but he was revived.

Easton.—William Henry Mann, seventy-six, of Phillipsburg, N. J., walked into an Easton drug store, and asking for something to relieve a sudden attack of acute indigestion, fell dead.

Reading.—It is estimated that 15 per cent of the Berks county potatoes that were held in bins, ready to be moved to market as soon as roads were fit for travel, were frozen.

## Proof that Some Women do Avoid Operations

Mrs. Etta Dorion, of Ogdensburg, Wis., says:

"I suffered from female troubles which caused piercing pains like a knife through my back and side. I finally lost all my strength so I had to go to bed. The doctor advised an operation but I would not listen to it. I thought of what I had read about Lydia E. Pinkham's Vegetable Compound and tried it. The first bottle brought great relief and six bottles have entirely cured me. All women who have female trouble of any kind should try Lydia E. Pinkham's Vegetable Compound."

How Mrs. Boyd Avoided an Operation.

Canton, Ohio.—"I suffered from a female trouble which caused me much suffering, and two doctors decided that I would have to go through an operation before I could get well."

"My mother, who had been helped by Lydia E. Pinkham's Vegetable Compound, advised me to try it before submitting to an operation. It relieved me from my troubles so I can do my house work without any difficulty. I advise any woman who is afflicted with female troubles to give Lydia E. Pinkham's Vegetable Compound a trial and it will do as much for them."—Mrs. MARIE BOYD, 1421 5th St., N. E., Canton, Ohio.



Every Sick Woman Should Try

## LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Before Submitting To An Operation

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.

## ON REBOUND, AS IT WAS

No Doubt Many Public Officials Would Wish, as This One Did, for "Subsequent Insertion."

Years ago W. H. Wiley, organizer of the Terre Haute school system, now retired, was scathingly rebuked by a Terre Haute newspaper over some official act.

The morning after the attack was made Mr. Wiley met a reporter for the newspaper.

"I don't think you were a bit just to me," said Mr. Wiley.

The young man held up his hand deprecatingly and offered some solicitude.

"You know, Mr. Wiley, first reports are always exaggerated," he said.

Wherever Mr. Wiley told a story—one he is still fond of telling newspaper men.

"My father once went into the office of the first newspaper printed in Indiana," said Mr. Wiley. "It was the Locomotive, if I remember rightly. My father asked the price of advertisements.

"One dollar for the first insertion and 50 cents for subsequent ones," was the editor's reply.

"Well," said my father, "Give me a subsequent one."

"Now, young man," said Mr. Wiley to the reporter, "the next time you write me up, give me a subsequent insertion."—Indianapolis News.

Virgin of Fate.

"When I began business," said the plutocrat wearily, "I made a solemn vow that when I had made an even million I would quit."

"But you've made that many times over," said the other man, "and still you are accumulating."

"That's the curse of it. Whenever I think I've made an even million I find on figuring it up it's either a little more or a little less, and I've got to renew the heart-breaking struggle." And the unfortunate man sighed heavily.

Birds Needed on Farms.

The encouragement of birds on farms is not a mere matter of sentiment. They return a cash equivalent and have much to do with the success or failure of crops.

Positive Proof.

"Ferdie, do you really love me?" "Didn't it take 36 cents to send that last letter I wrote?"

## Win the War by Preparing the Land Sowing the Seed and Producing Bigger Crops

Work in Joint Effort the Soil of the United States and Canada CO-OPERATIVE FARMING IN MAN POWER NECESSARY TO WIN THE BATTLE FOR LIBERTY

The Food Controllers of the United States and Canada are asking for greater food production. Scarcely 100,000,000 bushels of wheat are available to be sent to the allies overseas before the crop harvest. Upon the efforts of the United States and Canada rests the burden of supply.

Every Available Tillable Acre Must Contribute; Every Available Farmer and Farm Hand Must Assist

Western Canada has an enormous acreage to be seeded, but man power is short, and an appeal to the United States allies is for more men for seeding operation.

Canada's Wheat Production Last Year was 225,000,000 Bushels; the Demand From Canada Alone for 1918 is 400,000,000 Bushels

To secure this she must have assistance. She has the land but needs the men. The Government of the United States wants every man who can effectively help, to do farm work this year. It wants the land in the United States developed first of course; but it also wants to help Canada. Whenever we find a man we can spare to Canada's fields after ours are supplied, we want to direct him there.

Apply to our Employment Service, and we will tell you where you can best serve the combined interests.

Western Canada's help will be required not later than April 5th. Wages to competent help, \$50.00 a month and up, board and lodging.

Those who respond to this appeal will get a warm welcome, good wages, good board and find comfortable homes. They will get a rate of one cent a mile from Canadian boundary points to destination and return.

For particulars as to routes and places where employment may be had apply to: U. S. EMPLOYMENT SERVICE, DEPARTMENT OF LABOR

No More Tobacco Quit the habit. Anti-septic mouthwash that changes the taste of tobacco; guaranteed; \$1.00 per bottle. L. N. Woods, 163 E. Canfield, Detroit, Mich.

Sweet Peas—Spencer Giants, California Orange Poppy, Red Sunflowers, Giant Peas, Wonderful colors. Worth 60c. Four packets postpaid 25c. Highland Seedsmen, 119 West Ave., Los Angeles, Calif.

SPECIAL WAIST OFFER To advertise \$1.25 gets the prettiest blouse. Mention size. Mue. Loraine, 118 So. Salina St., Syracuse, N. Y.

Life Still Has Its Joys. If you are troubled with the belief that war has taken all the joy out of life, you should have been on hand when the playful wind took the fat man's hat and he made a ziz-zag race for it along the street car tracks, and noticed what a lot of people stopped to laugh their eyes full of tears at the spectacle.—Seattle Post-Intelligencer.

Garfield Tea, taken regularly, will correct both liver and kidney disorders. Adv.

Venezuela has made the use of the metric system compulsory in its courts and public offices.

Gold Mine for agents, selling Illuminal Gas Lighters; light immediately; 20¢ for sample. Illuminal Corporation, Murray St., N.Y.

CATCHY New Marching Song—Yankee Powder Dixie, 10¢; 3 for 25¢. Address Lilla Clark, 3509 Franklin Ave., St. Louis, Mo.

AGENTS Make money selling our guaranteed carbon remover. Write for particulars. H. S. LAIRD, Box 1415, St. Petersburg, Fla.

W. N. U., BALTIMORE, NO. 10-1918.

Protested Proverb. "Half the world does not know how the other half lives"—this we think is a large overestimate of the number of people who mind their own business.—Boston Transcript.

Ready. Bobby—I would kiss you if I thought no one would see me. Flossy—Shall I close my eyes?

Granulated Eyelids, Sties, Inflamed Eyes relieved over night by Roman Eye Balsam. One trial proves its merit. Adv.

Precedent is a convenient peg to hang incompetency on.

## 22 Million Families in the United States

IF EACH FAMILY saved one cup of wheat flour it would amount to 5,500,000 pounds, or more than 28,000 barrels. If this saving was made three times a week, it would amount to 858,000,000 pounds, or 4,377,000 barrels in a year.

You can do your share in effecting this saving and really help to win the war by omitting white bread from one meal today and baking in its place muffins or corn bread made according to this recipe:

### Corn Meal Muffins

- 3/4 cup corn meal
- 1 cups flour
- 1/2 teaspoon salt
- 4 teaspoons Royal Baking Powder
- 2 tablespoons sugar
- No eggs
- 1 cup milk
- 2 tablespoons shortening

Sift dry ingredients together into bowl; add milk and melted shortening and beat well. Bake in greased muffin tins in hot oven about 20 minutes. Same batter may be baked as corn bread in greased shallow pan.

Our new Red, White and Blue booklet, "Best War Time Recipes," containing many other recipes for making delicious and wholesome wheat saving foods mailed free—address ROYAL BAKING POWDER CO., DEPT. W, 135 William St., New York

FOOD WILL WIN THE WAR