

"Blue" and Worried?

"Blue," worried, half-sick people should find out the cause of their troubles. Often it is merely faulty kidney action, which allows the blood to get loaded up with poisons that irritate the nerves.

A Virginia Case Mrs. P. T. Timberlake, 3 S. Rowland St., Richmond, Va., says: "I suffered for months with frequent spells of cramps in my hands, feet and limbs and was almost helpless for a long time. I don't know how I ever stood the knife-like pains that shot through my body. After I had used thirteen boxes of Doan's Kidney Pills I was cured entirely and I have enjoyed better health since then, than I ever had before."

Get Doan's at Any Store, 60c a Box DOAN'S KIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.

For Horses YAGER'S LINIMENT GILBERT BROS. & CO. Baltimore, Md.

Protect Your Family From Winter Colds with Hale's Honey Of Horehound and Tar

Rawlings Implement Co. Manufacturers, Wholesalers, Exporters Baltimore, Md.

WHEN YOU THINK FLAGS Think of Factory Price

Profitable Butter Making

SELL CHAMPION EGG-SAVER

Success or Failure, Which?

GAS GUSHER

AGENTS

Not Too Mild.

A Puzzle.

With Corks in Them.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago.

When Your Eyes Need Care Try Murine Eye Remedy

Loss Seen to Our Military Forces Because of Alcohol and High Living

By SAMUEL G. DIXON, M. D., Commissioner of Health of Pennsylvania



Getting the great number of men together from various parts of the country to military camps is a most difficult duty.

Overeating and drinking are bound to increase the death rate from pneumonia. It is the duty of each one to take good care of his health so as to enable him to fight against this serious, exhaustive disease prevalent in winter.

During the last several months, not only in military but in civil life, we have lost by death a large number of citizens by pneumonia and other diseases, where the patients' condition was due to the fact that they were overfed and overalcoholized.

It is to be hoped that this word of warning will, particularly at this time when this terrible world's war calls for our best efforts, help us to restrain ourselves, and that our citizens in civil life will join in assisting the military authorities in carrying out their discipline, by refraining from furnishing alcohol to those who are in the service.

People of United States Must All Belong to the Party of Victory

By LIEUTENANT PAUL PERIGORD of the French Army

America is in need of a united, loyal people. You are the hope and energy of mankind. You are the United States, but you are not as yet the united people of the United States.

There is the duty of self-sacrifice. You haven't practiced it much yet. I heard a man actually boasting because he had invested in two Liberty bonds at 4 per cent—a good business investment. Don't tell me that you have not a boy to send—are they not all your boys?

As democracies we are still willing to believe in the redemption of the German people. We must not hate them—we must be greater and broader than Prussian aristocracy.

Americans of German descent should be the first to enlist because they would be fighting against what their forefathers fled from. German people in the United States should be first to help free their kinsmen from autocracy and militarism.

If America had failed to enter this war she would have been dishonored forever. The Stars and Stripes—the symbol of justice and freedom not only for the United States but for all nations—would have been handed down to the next generation defiled, stained and dishonored.

It was dusk in the field by the old apple tree, but Katrina had forgotten all about time. She was thinking that the letter ought to reach Carter the next evening. Would he come? Wearily, she leaned her head against the tree and closed her eyes.

Unseen by her, a young officer hurried across the field towards the rustic seat. When he was quite near he called cheerfully: "Wake up and speak to me!" Katrina opened her eyes and for a moment gazed at him dazedly. Then, light dawned and she sprang to her feet.

"Why, Carter!" she cried. "You got your commission! Oh, isn't it wonderful. But what made you come? Tell me, quickly, please."

"Well, you see, I just couldn't keep away. I've missed you so, and I've hated myself terribly, and then, yesterday I got my commission and I'll have to go away, and I had to see if you would go with me—I knew you would never send for me, so I came."

"But I did send for you—the letter went an hour ago. And I begged you to come—shamelessly, I did!" His arms went about her.

"What made you do it, dearest?" he asked her.

"A ragged, dirty little girl. She made me feel so mean and lonely and miserable that there wasn't anything else for me to do!" Then, her voice changed, and she caught her breath in a sob. "Oh, Carter, I've missed you so dreadfully! There hasn't been a night when I have not cried myself to sleep and Aunt Alice thinks I am perfectly mad, I know. Please never leave me again—please!"

"I guess not! We'll be married the minute we get home!" The next day Elfreda called to ask Katrina to come to Mollie's wedding.

"I'm sorry, dear, but I'm going home—to my own wedding," she told her. "How will I do for a husband?" asked Carter, with mock fear in his voice.

Elfreda looked him over appraisingly. "Well, I guess you're all right, but of course you ain't Joe!" Katrina and Carter laughed happily.

"Here's a present for Mollie," professed Katrina, slipping a bracelet from her arm. "And I hope she'll be as happy as I am!"

First European Artesian Well. The first artesian well to be bored in Europe of which data is available is the tube well at Grenelle, in France, which was sunk by the French government between 1834 and 1841.

ABSENCE DID HELP

By CATHERINE PARSONS.

Copyright, 1918, by the McClure Newspaper Syndicate.

Katrina flung her book on the ground and sprang to her feet impatiently. "I'm a fool," she told herself crossly, "a stupid, silly girl! I came here to get away from Carter—because I thought I hated him—and I've never passed such a miserable week in my life!"

"Hello!" piped a shrill, childish voice near her. Katrina looked around and saw a small ragged little girl regarding her intently.

"I live over the hill in the gray house," she began by way of introduction. "I seen you sittin' here yesterday and you looked so sad that I thought maybe you got some trouble, too."

Katrina smiled. "How old are you?" she asked with more interest.

"I ain't sure. Ma says I'm nine and Pa says ten. There's so many of us, we get mixed. We got eleven in all, countin' my cousin that spends a week with us once a year, an' Joe when he marries Mollie—if they do get married now. That's another trouble."

"Is your sister engaged?" "Well, she's been keeping company with Joe, but they've broke up now. Ma says it's all foolishness and she's awful upset cause she thought she'd got Mollie off her hands for keeps. And Mollie cries and says she hates him and she won't ever get married to no one! I gesser, now, it's his supper time, I guess. I'll be round tomorrow, if I get time. My name's Elfreda, after my aunt that died. Good-by."

The next afternoon Elfreda came again. She was fairly bursting with excitement.

"What do you think has happened?" And without waiting for an answer she went on: "Mollie's made it up with Joe, and they're goin' to be married. Ain't it grand?"

"Indeed it is, dear. How did it happen?" "Yesterday when Mollie was over to her place to work, the lady was all broke up because a young feller she knew had gone away from home to stay always because some girl give him the slip. An' she told Mollie if folks would have more sense such things wouldn't happen. When Mollie come home she said I could take a note to Joe, an' I did an' he grinned and said I was a good girl. He gave me a penny, too!"

For a moment there was silence, then the child seized Katrina and pointed at two figures crossing a nearby field. The man had his arm about the girl and their faces were radiant.

"That's them!" whispered Elfreda. "Ain't they made it up great?"

"Will you mail a letter for me, on your way home?" asked Katrina. "It won't take me a second to write."

It was dusk in the field by the old apple tree, but Katrina had forgotten all about time. She was thinking that the letter ought to reach Carter the next evening. Would he come? Wearily, she leaned her head against the tree and closed her eyes.

Unseen by her, a young officer hurried across the field towards the rustic seat. When he was quite near he called cheerfully: "Wake up and speak to me!" Katrina opened her eyes and for a moment gazed at him dazedly. Then, light dawned and she sprang to her feet.

"Why, Carter!" she cried. "You got your commission! Oh, isn't it wonderful. But what made you come? Tell me, quickly, please."

"Well, you see, I just couldn't keep away. I've missed you so, and I've hated myself terribly, and then, yesterday I got my commission and I'll have to go away, and I had to see if you would go with me—I knew you would never send for me, so I came."

"But I did send for you—the letter went an hour ago. And I begged you to come—shamelessly, I did!" His arms went about her.

"What made you do it, dearest?" he asked her.

"A ragged, dirty little girl. She made me feel so mean and lonely and miserable that there wasn't anything else for me to do!" Then, her voice changed, and she caught her breath in a sob. "Oh, Carter, I've missed you so dreadfully! There hasn't been a night when I have not cried myself to sleep and Aunt Alice thinks I am perfectly mad, I know. Please never leave me again—please!"

"I guess not! We'll be married the minute we get home!" The next day Elfreda called to ask Katrina to come to Mollie's wedding.

"I'm sorry, dear, but I'm going home—to my own wedding," she told her. "How will I do for a husband?" asked Carter, with mock fear in his voice.

Elfreda looked him over appraisingly. "Well, I guess you're all right, but of course you ain't Joe!" Katrina and Carter laughed happily.

"Here's a present for Mollie," professed Katrina, slipping a bracelet from her arm. "And I hope she'll be as happy as I am!"

First European Artesian Well. The first artesian well to be bored in Europe of which data is available is the tube well at Grenelle, in France, which was sunk by the French government between 1834 and 1841.

The great need in the foreign field is evangelization supplemented by education and the ministry of healing through dispensaries and hospitals. In the midst of the present war situation let us not forget our responsibility to the unevangelized at home and abroad.

Why did Jesus spend so much time in working miracles? To impress the value of his life upon the world as a testimony to his divine office, and a prophecy of his authority in his coming Kingdom.

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute, Chicago.

(Copyright, 1918, Western Newspaper Union.)

LESSON FOR MARCH 10

JESUS RESTORING LIFE AND HEALTH.

(May be used as missionary lesson.) LESSON TEXT—Mark 5:21-43. GOLDEN TEXT—Himself took our infirmities and bear our diseases.—Matt. 8:17.

ADDITIONAL MATERIAL FOR TEACHERS—Matt. 9:27-35; Luke 7:16-17; 11:19; John 5:1-9; 11:1-46; 10:7-18.

PRIMARY TOPIC—Jesus restoring the little girl to life. MEMORY VERSE—Bless Jehovah O my soul, and forget not all his benefits.—Ps. 103:2.

INTERMEDIATE TOPIC—Jesus the giver of life. MEMORY VERSE—John 10:10. SENIOR AND ADULT TOPIC—Medical missions.

This is one of the most beautiful stories of the Bible. It appeals to the loving parents' hearts and charms the attention of every child. The introduction of the woman who touched the Master's garment is referred to by three of the gospel writers and gives us an intensely interesting sidelight on the reception accorded to Jesus during his Galilean ministry.

The dramatic personae is as follows: (1) The Father is about to lose the little girl to life. (2) The Child, twelve years old, is just on the threshold of Jewish womanhood. It takes little imagination to picture how her life had entwined itself about the heart of the father and the other loved ones. The stricken child is still to be found in the land, and it is this background which makes the picture so vivid. Why the suffering? Why the separation? Only our Heavenly Father knows it all, and some day we will read the answer in the glory of his presence.

(3) The Woman, who—where from or whither to we are not told—only one of a vast throng who had just faith enough to touch the hem of his garment and be made whole. (4) The Galilean Prophet's response to the furtive touch of need was instantaneous, but without the marring movement of haste. We can fancy those characters walking along the highway. Jesus paused as they were interrupted. The woman was healed the moment she touched his garment. What is the meaning of the pause?

Having taught the multitude and encouraged the heart of Jairus, they reached the home, where Jesus excluded all but Peter, James and John, who entered with him into the house of tumult, made somber by the weeping and wailing of professional mourners and relatives. Again we are impressed with the

Calm Dignity of Jesus. as he asked, "Why this tumult? the child only sleeps." Their laughing scorn is due to their ignorance of the power of the Mighty Christ in face of the fact that the child was really dead. When he had turned the unbelievers out, Jesus took the father, mother and disciples into the chamber of death. The occasion was not for a spectacular demonstration of power. Having restored the child to life and to its parents, Jesus admonishes them not to publish the news broadcast. Evidently he was not yet ready to precipitate matters in the minds of the multitude, for of a surety he knew that in certain quarters the fact of the cure would be made known.

This is a beautiful picture of love: (1) The Father's love (vv. 22-24). (a) His need; (b) his position "at Jesus' feet"; (c) his plea, "I pray thee"; (d) his insistence, "besought greatly." (2) The Stranger's Plea (vv. 25-35). (a) An interruption; (b) "Of long standing"; (c) Jesus' knowledge; (d) Jesus' response; (e) her confession; (f) her blessing. (3) The Master's Love (vv. 35-43). (a) Jesus' knowledge; the child was not dead in his sight; (b) delay does not mean refusal; (c) the tender resurrection in answer to faith; (d) the provision for her needs.

Sorrow brought Jairus to Jesus. Sorrow today brings more men to Jesus than perhaps any other means. Certainly it has been so during this great war. As the ruler of the synagogue Jairus laid aside his pride and hostility to make his plea for help and accept service of Jesus.

There are three recorded instances where Jesus raised the dead. This "only daughter," which was a simple and apparently easy matter. (2) The "only son" of a widow, when he "stopped the bier." This was apparently attended with more difficulty than that of the little girl, for "she only slept."

The raising of Lazarus, a grown man, apparently presented still greater difficulties. Viewed from our human angle there were difficulties, but with God there are none. His fiat created the time and matter worlds. To ascribe difficulty to God is but to judge him by our standards.

The great need in the foreign field is evangelization supplemented by education and the ministry of healing through dispensaries and hospitals. In the midst of the present war situation let us not forget our responsibility to the unevangelized at home and abroad.

Jesus is still the Resurrection and the Life for "sleeping" children, communities and nations.

Why did Jesus spend so much time in working miracles? To impress the value of his life upon the world as a testimony to his divine office, and a prophecy of his authority in his coming Kingdom.

KIDNEY TROUBLE NOT EASILY RECOGNIZED

Applicants for Insurance Often Rejected

An examining physician for one of the prominent life insurance companies, in an interview of the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

We find that Swamp-Root is strictly an herbal compound and we would advise our readers who feel in need of such a remedy to give it a trial. It is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention "this paper."—Adv.

Talk and Talkers. "After all," said Attorney General Gregory at a dinner in Washington. "Was there ever a great talker who wasn't a great boaster? Look at Colebridge."

"I said to a man the other day: 'The judge is a splendid talker, isn't he?'" "The finest," said the man. "I ever escaped from."—Case and Comment.

BOSCHEE'S GERMAN SYRUP will quiet your cough, soothe the inflammation of a sore throat and lungs, stop irritation in the bronchial tubes, insure a good night's rest, free from coughing and with easy expectoration in the morning. Made and sold in America for fifty-two years. A wonderful prescription, assisting Nature in building up your general health and throwing off the disease. Especially useful in lung trouble, asthma, croup, bronchitis, etc. For sale in all civilized countries.—Adv.

A Sticker. Banker Henry P. Davison said at an artists' banquet: "Gentlemen, I once went in for painting myself. I named a bathtub."

"My friends sought to discourage me in my artistic aims. They said, 'It's no use going in for painting unless you stick to your work.'"

"Gentlemen, I did so."

Strategy. Officer—Conscientious objections? Rubbish! If you were to come home and find your wife fighting a burglar, wouldn't you interfere?

"No, sir! I'd leave the burglar to his fate."—Life.

FRECKLES

Now Is the Time to Get Rid of These Ugly Spots

There is no longer the slightest need of feeling ashamed of your freckles, as the prescription of this double strength—guaranteed to remove these homely spots.

Simply get an ounce of othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is so simple that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength othine, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

Catarrh Cannot Be Cured by LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE will cure catarrh. It is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in HALL'S CATARRH MEDICINE is what produces such wonderful results in catarrhal conditions. Druggists 75c. Testimonials free. F. J. Cheney & Co., Props., Toledo, O.

Always Before Him. "He is a great stickler for procedure, isn't he?" "I should say so! Why, even the furniture covers in his house are all bound with red tape."

RECIPE FOR GRAY HAIR. To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Any druggist can put this up for you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually darken streaked, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off. Adv.

Getting Even With Grump. "This certainly is a hard winter." "Huh. Any fool knows that." "Then I needn't have told you."

Skin Troubles That Itch Burn and disfigure quickly soothed and healed by hot baths with Cuticura Soap and gentle anointments of Cuticura Ointment. For free samples, address, "Cuticura, Dept. X, Boston." Sold by druggists and by mail, Soap 25, Ointment 25 and 50.—Adv.

Sure Proof. "Do you know anything of the art of husbandry?" "I ought to; I've married off five daughters."

Pure blood is essential to Good Health, Garfield Tea dispels impurities, cleanses the system and eradicates disease. Adv.

Marriage is like any other condition; where there is life there is hope.