

BACK MOUNTAIN BUSINESS SPOTLIGHT: METRO BAR AND GRILL

# Despite changes, this place is still comfortable and relaxing

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The first thing one sees when walking in the tall front doors of Metro Bar and Grill in the Twin Stacks Center, Dallas, is the bar at the front of the room, its long wooden counter leading to a diverse selection of beer taps at the far end.

Tables dot the center of the floor and booths line the walls, both downstairs and in the loft. A maze of piping and metal fixtures hangs overhead, reminiscent of the building's days as a textile mill.

The setting brings a

casual and nostalgic flare to the atmosphere of the establishment, which the owner, Tom Ford, 57, of Mount Pocono, describes as "a slightly upscale, fun, casual place with very good food and an excellent beer and wine selection."

"I think that (the decor and history of the location) adds to the uniqueness of the place," Ford said. "That, and in addition, we're not just a nice place to look at, but a place where you can comfortably and reliably take family and friends



Elizabeth Baumeister | The Dallas Post

Metro Bar and Grill is located in the Twin Stacks Center, Dallas, a building with a history dating back to 1947 when it was built as textile mill. The establishment is located in the previous boiler room and the original pipes and fixtures still hang from the ceiling, adding a nostalgic flair to the atmosphere.

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## MEET THE OWNER: TOM FORD

Hobbies and interests: Skiing, kayaking, hiking and other outdoor activities, as well as cooking.

Sports team: New York Yankees

Favorite item on the Metro menu: Korean fish sandwich

When you were a kid, what did you want to be when you grew up?: Cary Grant.

Best Cary Grant movie?: "To Catch a Thief"

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