## THE DALLAS POST

## Sports

## Ashley Dunbar making a name for herself on court

**Dallas High School senior** guiles Lady Mountaineers from point guard position.

> By TOM ROBINSON For the Dallas Post

car rack up impressive personal numbers in athletic competition.

her senior season, Dunbar is lealing Dallas in another way, guiling an extremely balanced attack as the point guard for a basketball team that has established itself as a serious contender for a pair of titles.

she passes well and has good vielly Johnson said of Dunbar.

Duntar and fellow returning first-team, all-star Tanner Englehart have been trading the scorand 10 points per game.

and Sanantha Missal.

everyone can do everything," der forteams to defend us."

It is Dunbar's responsibility to versity. make sure the ball winds up in the chance of producing points.

"It's whatever the game situa-"Some games, she has more opportunity to score. I've never felt a tean player. She leads opposing on the soccer field. teams and makes the best of whatever that situation is."

Wyoming Valley Conference this plays on the basketball court.' season and made t through the

las tied for third among 18 teams

"She has tremendous drive and determination. She has a no-quit attitude. You can always count on her to go after it. She's in attack-mode Ashley Dunbar has shown she most of the time and that's how she plays on the basketball court."

> Kelly Johnson DHS girls basketball coach

Running a balanced offense 'She's distributing the ball shows Dunbar's willingness to more, which is fine by me because adjust her style of play on the court and as an athlete in general. sion on the court," Dallas coach She averaged 13.1 points per game a year ago when she was the WVC Division 2 Player of the

In the fall, after leaving behind ing lead on a team that has five an all-state career in field hockey players averaging between seven when the WVC moved soccer away from a spring schedule for That list includes Talia Szat- the first time, Dunbar again kowski, who piled up 26 points earned Pennsylvania State Socand 14 steals Monday night in a cer Coaches Association All-State 57-55 victory over Wyoming Val- honors. She had started since her ley West, as well as Jessica Hiscox freshman season in both sports.

"It was a really tough decision "This year, my state of mind is because I do love both sports and I loved both teams," said Dunbar, Dunbar said. "Everyone in our who is close to the conclusion of starting lineup can score. It's har- her athletic days before going to study pharmacy at Temple Uni-

Dunbar scored 52 goals and ashands of the player with the best sisted on 12 others this fall. She ended her career as the all-time scoring leader in the highly suction presents," Johnson said. cessful Dallas girls soccer program with 114 goals.

Johnson has seen what makes like she was a selfish player. She's Dunbar such an explosive player

"She has tremendous drive and determination," Johnson said. The Dallas offense has been "She has a no-quit attitude. You running well under Dunbar's con- can always count on her to go aftrol. The Lady Mountaineers ter it. She's in attack-mode most moved up to Divsion 1 of the of the time and that's how she

That drive has made Dunbar first half of that schedule tied one of the conference's top bas-That performance also left Dal- the state's top soccer players.

battling for seeding position in said. "We like to take advantage of summer some and she did go to a ly she is very busy." the District 2 ClassAAA playoffs. any opportunity to get in the gym team camp in the summer. Once



PETE G. WILCOX FILE PHOTO/ THE DALLAS POST

with Crestwood for the best re- ketball players despite all the Ashley Dunbar, of Dallas, drives the lane around Honedale's Katie Miller in the first half in the championship game of the Rotarian Mike time she has put into being one of Duda Wyoming Valley West Lady Spartans Tip-Off Classic in December 2012.

"She's a busy kid," Johnson that we can. She's with us in the the soccer season starts, obvious- son has arrived, Dunbar has tran- threat to leading the way for one And, now that basketball sea- ence's most dominant individual tacks.

sitioned from being the confer- of its most effective balanced at-

## Knights take advantage of strength and opponents' error

Lake-Lehman grais 31-28 wrestling victory over arch-rival Dallas.

> BY TOM ROBINSON For the Dallas Post

Lake-Lehman and Dallas took a break from their respective tle for Back Mountain bragging rights.

Derek Dragon, Brady Butler error and wrestlers avoiding giving up extra team points in losses ver he host Mountaineers.

The is the second straight gest rival. Lake-Lehman pulled 11-3 win over Logan Brace at 170. out a32-31 win over Dallas a year

"It was a team effort," Lakekey pots where we didn't give up ships final. mor than three team points."

Mirgey of Dallas shut out Josh coach Williams said of Butler's See KNIGHTS, Page 10

Lake-Lehman took a 13-9 lead after five bouts with the help of a clerical error by Dallas and two wrestlers avenging earlier defeats.

Winters, 7-0, but could not get victory. the pin he needed to tie the team score and give the Mountaineers

the victory on a tiebreaker. Lake-Lehman took a 13-9 lead Wyoming Valley Conference diviater five bouts with the help of a sional races Monday night to bat- clerical error by Dallas and two with a 25-19 lead on decisions by wrestlers avenging earlier de-

Tommy Williams, the son of and Joh Sayre provided key deci- Lake-Lehman's coach, received a sions lut Lake-Lehman also took forfeit to open the bout when Daladvanage of a Dallas coaching las coach Mike Richards mistakenly presented a wrestler who was ineligible at the 152-pound whilepulling out a 31-28 victory weight class because he did not weigh in at a high enough weight.

Zach Macosky pulled out an closewin for the Black Knights in overtime win for Dallas at 160, the annual battle with their big- but Dragon answered with an

After Kris Roccograndi rethe deficit to a point, Brady Buthe called the biggest match of the Lehnan coach Tom Williams ler defeated Connor Martinez, saidin a telephone interview af- 14-7, in a rematch of a Wyoming ter the match. "There were some Valley Conference Champion-

One of those came in the clos- focused and wrestled more aging 145-pound bout when Steve gressively on his feet this time,

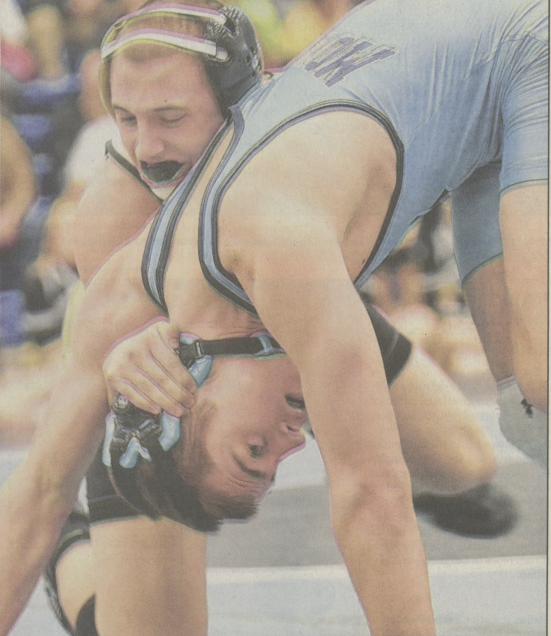
Dallas won the next three bouts that were wrestled on the mat during a stretch in which each team picked up a forfeit.

The Mountaineers emerged Mark Michno (220) and Ryan Monk (285) and a major decision by Aaron Klimovich (120) for the only bonus point captured by a Dallas wrestler.

Dominic DeGraba of Dallas picked up a forfeit at 113 while Rebecca Wright earned one for Lake-Lehman at 106.

Zeb McMillan started the Lake-Lehman comeback by pulling out an overtime decision at 126. Unbeaten Austin Harry then put Lake-Lehman back in front by coming up with a pin in the ceived a forfeit for Dallas to cut first minute at 132 on a night that season for the team.

Josh Sayre, who produced a pin in the final bout to rally the Black Knights to the one-point "He was a little more mentally victory over Dallas last season, again came through for Lake-



FRED ADAMS/ FOR THE DALLAS POST

Lake-Lehman's Derek Dragon takes control of Logan Brace, of Dallas, in the 170 lbs. bout enroute to a major decision, 11-3.