

DALLAS

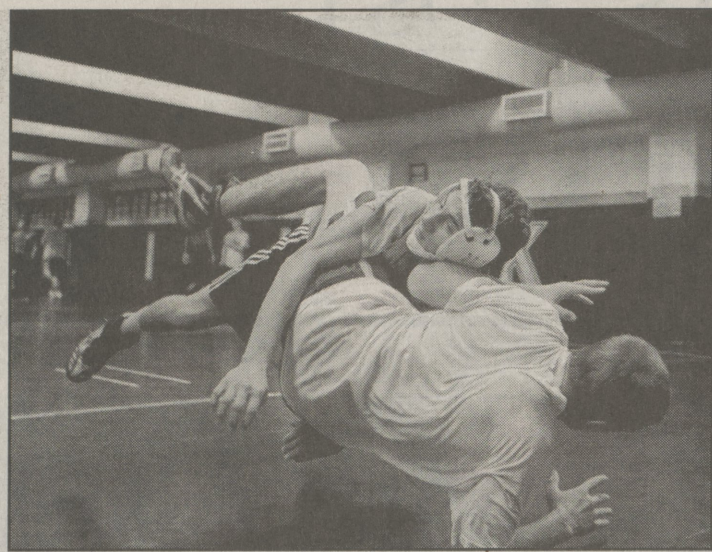
Continued from Page 9

weights. Freshman Cole Dixon is at 138 pounds. Mingey is at 145. Sophomore Ryan Cheskiwicz is a newcomer at 152.

Makosky and Logan Brace both return and have been working at or around 160 pounds. Roccograndi and Connor Martine are back at 170 and 182. Jake Howell and Mark Michno are new to the lineup at 195 and 220. Monk, a sophomore, is the heavyweight.

The Mountaineers were scheduled to wrestle in the Wyoming Valley Conference Tournament Friday and Saturday.

Coughlin and Wyoming Valley West tied for the top spot in the division a year ago.



BILL TARUTIS FILE PHOTO/ FOR THE DALLAS POST

Dallas wrestler Dominic DeGraba, top, takes down Wyoming Valley West's James Wright during a summer workout for high school wrestlers at Wilkes University.

Delaware Valley is the defending District 2 Class AAA champion in both dual and tournament competition.

LEHMAN

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Randy Zacharias are at 170.

Dragon is at 182 and three-year starter Brady Butler is at 195 with Justin Winters available to fill in at either weight class. Dragon and Butler were each fifth in District 2 last season.

Sophomores are handling the top two weight classes of 220 and 285. Hettes has shown promise early at 220. Kody Pachamovitch is also available there or at 285 where he joins Austin Parry.

Wyoming Area is expected to be the top threat to Lake-Lehman's hopes of repeating as division champion. Western Wayne, which won the District 2 Dual Meet Tournament last year, could again provide some of the top competition on the district level in Class AA.

The Black Knights hosted the WVC Tournament this weekend before wrestling at Meyers Wednesday.



DON CAREY FILE PHOTO/ THE DALLAS POST

Austin Harry, left, of Lake-Lehman, controls Kevin Laubach, of Berwick, on his way to a win in their 90 lb. bout.

Rock Solid basketball tryouts set

Rock Solid Basketball, housed at the Rock Rec Sports Complex, 340 Carverton Road, Suite 100, Trucksville, announces its tryout dates for the 2013 AAU girls and boys season.

Sunday, Jan. 6 and 20 - Girls in grades 9 and 10 will try out from 1 to 2:30 p.m.; girls in seventh and eighth grades will try out from 2:30 to 4 p.m. and girls in fifth and sixth grades will try out from 4 to 5:30 p.m.

Sunday, Jan. 13 and 27 - Boys in grades 9 and 10 will try out from 1 to 2:30 p.m.; boys in seventh and eighth grades will try out from 2:30 to 4 p.m.; and boys in fifth and sixth grade will try out from 4 to 5:30 p.m. The tryout fee is \$10 per player. A player may attend both tryouts at no additional cost.

New this year, Rock Solid Basketball will introduce The Gun, a basketball shooting machine that dramatically improves a basketball player's shot. It acts as an automatic rebounder, instantly rebounding a made or missed shot and giving a direct return pass for another shot. It has a timing device that can determine the distance and the speed of the player's return passes, creating situations in which players can develop their shooting skills with game-like intensity. The Gun can fire up to 500 shots per half hour.

Founded in 1888, the Amateur Athletic Union (AAU) is one of the largest nonprofit volunteer sports organizations in the United States. A multi-sport organization, the AAU is dedicated exclusively to the promotion and development of amateur sports and physical fitness programs.

Teams of 9-10 children per age group, per gender, will be selected. AAU practices start on March 3 with tournament play beginning on March 23. Teams travel throughout Pennsylvania as well as New York and New Jersey. Cost for fifth to seventh graders who play in four tournaments is \$325 per player for the season. Cost for eighth to 10th graders who play in six tournaments is \$450 per player. Fees cover tournament entries, uniforms, insurance, first aid, coaches' travel and gym fee. Director Doug Miller also serves as the AAU boys coordinator and boys head coach at Dallas High School. Kathy Healey is the girls coordinator and is the head coach at Pittston Area. Coach Don Hopkins has been with Rock Solid since it started in 2006. For more information, call 696-2769.

SPORTS BRIEFS

BMT Baseball & Softball meeting set

Back Mountain Baseball & Softball will hold a board meeting at 7 p.m. on Monday, Jan. 7 at the Daddow-Isaacs American Legion, Route 415, Dallas. A general meeting, open to

the public, will be held at 8 p.m. For more information, visit www.bmtll.com.

Rock Rec basketball season begins

The Rock Recreation Center

is accepting registration applications for the 2013 Upward basketball season. The league is open to girls and boys Pre-K through sixth grade.

Games begin Saturday, Jan. 19 with the final game set for Saturday, March 16.

For more information, contact The Rock Rec Center at 696-2769.

PUZZLE ANSWERS

Puzzles, Page 2

King Crossword Answers

Solution time: 27 mins.

SEC	USED	MUSS
IRA	RENO	ORAL
CALABASH	INFO	
AJAR	BESET	
AMMAN	SORT	
COAX	SPRAYCAN	
TAR	MAIZE	ATE
STILETTO	PLOW	
INEZ	LOAMS	
SNAFU	AHEM	
LICE	CALAMINE	
AGAR	ONUS	TEN
THIS	BAMA	YET

Go Figure! answers

7	÷	1	+	8	15
-		+		-	
2	+	1	×	3	9
x		x		x	
5	+	9	+	4	18
25		18		20	

Super Crossword Answers

FLAMBE	ADAGE	TAP	PODS
LINEAL	LOYAL	AIR	AREA
ABYSSINIAN	PEOPLE	RAIS	
ECCE	GREET	ENOS	
PIERSI	ANGOTT	FOUR	ONGUE
RICOTTA	RHO	POINTERS	
ETON	YESIAM	NEE	
BALINESE	BALLOU	RAMROD	
SE	OSPREY	BUTS	LAURA
ACRE	MESA	RENATO	DEAR
HIMALAYANS	IN	THE	CRADLE
OVARY	YEROUT	ATOM	
PASTA	DAFF	NAPLES	POP
INHANO	BURMESE	STEVENS	
GOA	NAUGHT	IDES	
INHALANT	CRO	DOGTROT	
STAMESON	HOT	TINROOF	
ACRE	IMP	PEL	HOS
BERN	SOMAL	ION	IN
ENID	ANA	AVIAN	TERCEL
LESS	YEN	YELPS	SLEETY

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