

# DALLAS POST

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SUPER BOWL XLVI

## This Super Bowl wager has potential to stink

Giants, Patriots fans all across Back Mountain make wagers over big game.

By SARAH HITE  
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### PREDICTIONS

**Riley:** "I don't think it will be a blowout, but I think the Giants will win, 30-24."  
**Yanora:** "2-17, Giants."  
**McGovern:** "I think it will be a close game throughout. I'd say, 24-21, Patriots."

Locals are gearing up for the big game today - Super Bowl XLVI - and a match up of this year's two best teams in the NFL, the New York Giants and the New England Patriots.

Bruce Riley, of Nicholson, adorned his office at Misericordia University with Giants memorabilia even before realizing his favorite team would be in the Super Bowl.

"I've been a Giants fan ever since I was 7 or 8 years old," said Riley, 35. "I lived in Florida and my dad really liked the Miami Dolphins, but I liked the Giants because they were my favorite color."

There's plenty of blue in Riley's office. The collection includes framed covers of Sports Illustrated magazines featuring photographs of the last time the two teams met in the annual championship game in 2008 as well as an aerial view of the former Giants Stadium.

"In terms of being a fan, on a scale of 1 to 10, I'm probably a 12," he said.

Riley's family eventually moved to New York state, where he grew up, and he's come to love all New York teams, most of which are represented by his favorite color, too.

"I like the Rangers, Mets, Knicks, (Syracuse University) Orange," he said. "But my new favorite college football team is the (Misericordia University) Cougars."

Riley grew up with the Giants, and he began to idolize former linebacker Lawrence Taylor, even using Taylor's number, 56, when playing football in high school.

"The more I watched them, the more into them I got," said Riley. "During the (most recent) play-offs, these past two games, I was a

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CHARLOTTE BARTIZEK/ FOR THE DALLAS POST

It's a deal. New York Giants fan Lou Yanora, of Dallas, presents his godchild Connor McGovern, a New England Patriots fan, with a proposition and a pooper scooper. If the Patriots win Connor, gets \$50. If the Giants win, Connor has to pick up dog droppings.



Jeffrey Soroka, left, and Sophia Loisel reach as high as they can stretch during their morning exercise class.



Jamie Timlin, left, and Sage Morgan enjoy their morning fruit snack at the Building Blocks Learning Center.



Zack Brody, left, and Khora Crowder eat apples and cucumbers during their morning snack time.

## HEALTHY life lessons

By SARAH HITE  
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### FOR MORE INFO ...

Students at Building Blocks Learning Center in Dallas Township were "shaking it all about" on Jan. 25 in observance of National Healthy Weight Week.

Youngsters aged 1 to 5 participated in a program that emphasized the importance of moving around and eating healthfully.

Administrative Director Jennifer Gimble said the center's staff always focuses on eating right and exercise, but the Healthy Weight Day was devoted to learning about different movements the kids could do on their own and how to enjoy fresh fruits and vegetables.

"We enforce this behavior every

Healthy Weight Week, celebrated in the third week of January, was founded by Frances M. Berg, a licensed nutritionist, family wellness specialist and professor at the University of North Dakota School of Medicine. For more information on Healthy Weight Week, visit [www.healthyweight.net](http://www.healthyweight.net).

day by eating fruits and vegetables at snack time," said Gimble.

The tykes shimmied and shook to pop hits and even danced to the Hokey Pokey after performing some traditional exercise movements.

The idea is to get the kids learning these behaviors while they're young, said Gimble, so they become a permanent part of their lives.

The healthy intervention may be happening just in time - national statistics on childhood obesity have skyrocketed in the past 30 years. The Center for Disease Control and Prevention chalks up the changes to the availability of more calorie-dense foods and in-



CHARLOTTE BARTIZEK PHOTOS/ FOR THE DALLAS POST

Working at their morning routine at Building Blocks Learning Center are, from left, Bobby Gregor, Kira Lee, Lyla Wydra and Isham Mukul.

creasingly sedentary lifestyles.

The issue has become so pressing that First Lady Michelle Obama waged a campaign called "Let's Move!" in early 2010 to encourage children to practice healthy habits.

According to the CDC, being

overweight or obese as a child poses a great risk of carrying extra weight in adulthood, which could eventually lead to the development of health disorders such as

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