



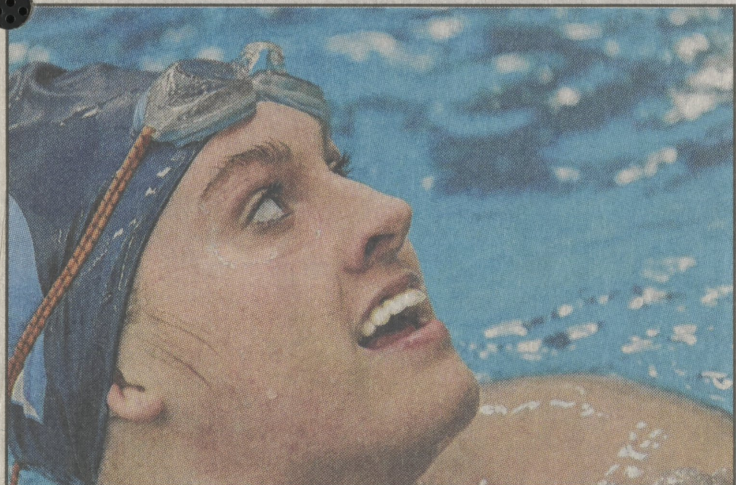
Mountaineer Dive Team member Sarah Zerfoss shows the form that earned her first place against Abington Heights.



Lauren Rando starts off the women's relay for Dallas.



Patrick Madaya garners high marks for Dallas with this dive against Abington Heights.



Caitlyn Barry happily checks her score after winning the women's 200 freestyle for Dallas.



Mountaineer swimmer Grant Luksic anticipates his win in the 200 medley against Abington Heights.

Dallas swimmers split meet with Abington Heights

Abington Heights came to Dallas on Tuesday with many more swimmers than the Mountaineers had but the local boys team garnered a 105-81 victory.

Dallas won 11 of 12 events, including each individual race, to cruise to victory.

Marcus Wagner (200 free, 500), Jake Chielli (50 free, 100 fly) and Brian Stepniak (100 free, 100 back) were each victorious in two individual and two relay races.

The Mountaineer girls put up a good fight but wound up on the losing end of a 100-84 score.

Kaylin Augustine paced a first-place finish in the 100 fly and the 500 free, leading Dallas to a win.

Mountaineer Sarah Zerfoss posted a 228.05 on the diving board. Caitlyn Barry had the fastest finish in the 200 free and the 100 free.

Dallas swim coach Matt Nonnenberg has the attention of members of the Dallas Mountaineer Dive Team, including, from left, Sarah Zerfoss, Taylor Davies, Anthony Chielli and Patrick Madaya.



HR MIDDLE SCHOOL SOCCER TEAM FINISHES SEASON



The Holy Redeemer Middle School soccer team recently finished its 2011 fall season. Team members are, from left, first row, Chester Brennan, Emily Hons, Autumn Kaminski, Mike Bilski, Alex Wampole, Matt Dessoie, Nicole Cavanaugh, Jude Height, Lydia Lawson, Alyson Manley, Ryan Castle, Tory McNulty and Josh Perta. Second row, Brynn Kukosky, Amanda Wozinski, Carissa Wozinski, Alexia Mazzarella, Alyssa Christian, Julia Adams, Rebecca Prociak, Gabby Tomasura, Keith Williams, Anthony Khoudary, Matt Blaum, James Stepanski, Nick Terpak, Conor Stone and Coach Nikki Pekarski. Absent at the time of the photo were Liz Ball, assistant coach; Hunter Oakes, Mauricio Rodriguez, Devon Raja and Carrie Kinney.

CHARITY CUP HELD



Misericordia University cheerleading coaches Tara Sinclair and Courtney Coletti recently hosted a cheerleading competition among cheerleaders from local high schools, recreational teams and all-star athletic teams. These teams were further challenged to bring food items for our Back Mountain Food Pantry. From left, are Kayla Whipple and Jordan Marzani, co-captains Misericordia University cheerleaders. Absent at the time of the photo was Amber Schmidt, co-captain.