THE DALLAS POST

Sports



Dante DeAngelo turns upfield to advance the ball for Dallas.



Josh Shilanski controls the ball for Dallas.



A.J. Nardone (No. 4) kicks in the first goal for Dallas, hitting the ball into the back of the net on a pass from John Murray.

Triple victory

The Dallas High School boys soccer team knocked off Crestwood for the third time this season at Wilkes University's Schmidt Stadium on Tuesday when it took a 4-1 victory to advance to the district finals. This is the first time since winning the championship in 2007 that the Mountaineers will return to the finals.

Dallas outscored the Comets, 13-3, in the three matches the season. With the win, the unbeaten Mountaineers (16-0) were scheduled to face defending District 2 Class 2A champion Scranton Prep (12-3-1) Thursday for the gold medal and a berth in the PIAA championships.

Crestwood started off strong, netting two shots on goal in the first five minutes of the match, giving the daunting Dallas defense – which only allowed nine goals all season – an early scare. But the Comets (10-6) came away empty.

A few minutes later, the Mountaineers connected for the game's first score when A.J. Nardone beat the Crestwood defense and struck the back of the net off a pass from John Murray for a 1-0 advantage at the 33:37 mark.

Dallas added to its lead approximately eight minutes later when Nardone struck again. His fourth goal in two playoff games came with the clock reading 25:13. This time he took an assist from Danny Saba as the team went ahead, 2-0.

In the second half, Saba put his team up 3-0 on a goal when he was nearly on his back and kicked the ball into the net at the 34:16 mark. The assist was registered by Dante DeAngelo.

DeAngelo capped the scoring for Dallas - which outshot Crestwood 15-8 0- with an unassisted sliding tally with 9:04 left in the game.



CHARLOTTE BARTIZEK PHOTOS/ FOR THE DALLAS POST

Mountaineer Danny Saba (No. 8) is ahead of a fleet of Crestwood defenders.



Members of the Dallas High School boys cross country team are, from left, first row, Kiere Hall, Alex Zubko, Patrick Newhart, Dominic DeLuca, Jess Adams and Jake Bozentka. Second row, Chris Ehret, Corey Ehret, Sam Reinert, Drew Harding, Bryan Morgan, Mike Wright, Ryan Thomas, Brenden Ehret, Decklan Cerza, Kyle Borland, Dave Pomfret, Coach Matt Samuel, Travis Mattson and Bryce Mattson.



Members of the Dallas High School girls cross country team are, from left, first row, Christina Valenti, Allison Grose, Maggie Fannick, Morgan Gilhooley, Regan Rome, Allie Amos, Bryanna Dissinger and Amber Habib. Second row, Nell Adams, Carly Maganello, Megan Ostrum, Caitlyn Barry, Lindsey Oremus, Katie Metcalf, Coach Matt Samuel, Sarah Pomfret and Chelsea Martin.

Dallas HS boys and girls cross country teams pick up D2 titles

he Dallas High School boys and girls cross country teams won the District II AAA race on October 26. The boys won with a team score of 44 points.

Individual district medal winners for the boys team were Dominick DeLuca, third; Chris Ehret, fifth; Alex Zubko, seventh; Jess Adams, ninth; and Brenden Ehret, 20th. The boys qualified to run in the state championship in Hershey.

The girls team beat 17 teams with a total score of 66 and was led by individual champion Regan Rome. Also placing in the top 20 and winning district medals were Bryanna Dissinger in 10th place and Lindsey Oremus in 11th place. The teams competed in the state championship on November 5 in Hershey.



JOE BUTKIEWICZ/ THE DALLAS POST

Regan Rome of Dallas crosses the finish line during the D2 cross country meet. Rome and her teammates captured the D2 cross country title.