

That noise you heard was MU students de-stressing

College students take part in annual Screamfest to honor National Stress "Out" Week.

By SARAH HITE
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April Dulsky, 21, of Dallas, is so stressed out, she could scream.

The English and communications double major often struggles to de-stress between classes, work, an internship and a spot as web editor of the school's newspaper.

Dulsky got a chance to let it all out on Tuesday at Misericordia University for the Active Minds annual Screamfest in honor of

National Stress "Out" Week.

About 40 students gathered at the Rosenn Plaza to scream at the top of their lungs for 10 seconds to promote stress relief techniques before finals week, which start the first week of May.

Dulsky willingly participated in this year's scream — she did it last year, too. But stress relief, to her, is more about alone time rather than shouting it out.

"If I don't have 'me time,' I go insane," she said.

Dulsky can only relax if her schedule allows it. If it's a Tuesday, Wednesday or Thursday, she's usually in class on the Misericordia University campus for about nine hours with few breaks in between.

She works at the Grotto in Har-

WANT MORE INFO?

For more information about Active Minds, stress relief or mental health issues, visit www.actvieminds.org.

To see a video of the Misericordia University Screamfest, visit www.mydallaspost.com.

veys Lake for five hours a day on Friday, Saturday and Sunday.

And every other week, she spends countless hours on Thursday nights and Friday mornings dedicated to helping edit *The Highlander*, the school's newspaper, and its website.

Mondays are scheduled to work on her campus internship organizing a regional high school media competition for next spring.

While Dulsky recently won a Collegiate Keystone Press Award for her efforts in working with *The Highlander*, there have been times when her schedule got the best of her.

At one point this spring, Dulsky had four papers due on the same day. She got about three hours of sleep before going to school to work on *The Highlan-*



AIMEE DILGER/ THE DALLAS POST

Misericordia University students met at the campus center to let off steam for National Stress "Out" Week. Front and center, Ashley Benz and Joey McGarry scream their loudest.

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CHARLOTTE BARTIZEK PHOTOS/ FOR THE DALLAS POST

Jayden Scovish is ready for the Easter Bunny and his treats at the Dallas Borough Annual Easter Egg Hunt.



Tom Williams, of Dallas, explains how an Easter Egg Hunt works to his young daughter, Sophia.



Gabe Allen, of Dallas, finds the golden egg in the Dallas Borough Easter Egg Hunt at Burndale Park.

Dallas Boro holds annual Easter Egg Hunt

The annual Dallas Borough Easter Egg Hunt provided fun for children of all ages. The hunt was held at the Kenneth Young Memorial Park and allowed borough children between the ages of 1 and 10 to hunt for eggs, play games, have their faces painted and take a chance on winning a raffle basket.

DALLAS BOROUGH

Council approves yard waste fee

By EILEEN GODIN
Dallas Post Correspondent

Dallas Borough Council announced the annual spring clean up program, approved a fee for the spring yard waste curbside pick up program and announced spring road projects during a meeting on Wednesday night.

The borough's road department will conduct the annual spring clean up from 7:30 a.m. to 6 p.m. Monday through Friday and from 8 a.m. to 3 p.m. on Saturday, May 2-7 at the borough building.

Participants will be required to show proof of residency in the form of a tax bill or driver's license, and purchase an admis-

sion permit. Permits are available at the borough office.

Council approved a motion to rent containers from Stell Enterprises Inc., of Plains Township, at a cost of \$482.50 per 40-yard container and a hauling charge of \$150 per empty container.

The spring curbside pick up will see a change this year as a motion was approved, requiring residents participating in the service to purchase a placard for \$25 to be placed in the front window of their homes.

The spring yard waste curbside pickup will begin the week of May 9 and end in October.

Tracey Carr, borough manager and zoning officer, said only those residents who wish to participate in the program will pay

the fee. In the past, the cost was built into tax rates. The fee will cover the cost of fuel, personnel and other program incidentals.

Spring road paving was given a green light as well. Council approved a motion for road paving projects to begin the last week of May. Roads included on the list are East Center Hill Road from Route 415 to Lake Street and West Center Hill Road from Gerald Avenue to Route 415.

The Dallas Borough 2011 Summer Recreation Program will be held from 10 a.m. to 5 p.m. Monday through Friday from June 13 to August 12 at the Kenneth Young Memorial Park on Burndale Road. Carr said the

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DALLAS TOWNSHIP

Residents question why public not notified of metering station notice

By SARAH HITE
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Residents aired concerns Tuesday evening about the supervisors' failure to make public an Act 14 notice the township received in December in regards to the Williams pipeline project.

Resident Diane Dreier said she had asked the board at its April 5 meeting whether the township had previously received an Act 14 notice relating to the current pipeline and metering station plans proposed in the township. Zoning Officer

UP NEXT

There will be a public hearing at 7 p.m. on April 28 for a proposed amendment to the township's zoning code in relation to natural gas and oil activities. The next board of supervisors' meeting will be held at 7:30 p.m. on May 3 in the municipal building.

Leonard Kozick had responded that the township did not receive any notices.

Dreier presented the board with an Act 14 notice dated Dec. 13, 2010, sent of behalf of Williams, notifying the township of its intentions to apply for state Department of Environmental Protection permits for its 33-mile pipeline construction pro-

ject, the end of which is planned for Dallas Township.

She and resident Liz Martin repeatedly asked the board why no one had seen this notice and why the public was not notified.

Township Engineer Tom Doughton said Act 14 notices, which alert townships that com-

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LAKE TOWNSHIP

Supers approve maintenance bids

By EILEEN GODIN
Dallas Post Correspondent

Supervisors approved bids for road maintenance, announced a proposed state resolution changing requirements on seeking bids and discussed a change to the tax certification rate at their regular meeting on April 13.

Controlling dust from dirt roads during the dry summer months is a problem supervisors tackle every year.

Lake Township has about 25 miles of road and 66 percent of them are dirt roads, supervisor Amy Salansky said. To combat the dust issue, the municipality awards a contract annually for about 16 tons of magnesium chloride, a substance placed on dirt roads to cut down on dust, said supervisor Bob Grey.

This year, supervisors awarded the contract to Central Clay Products, Wilkes-Barre, for \$9.85 per 50-pound bag. Other bids were received from Bradco Supply Company, Towanda, for \$11.40 and John Bonham Road Equipment and Supplies, Honesdale, for \$11. All bids were for 50-pound bags.

A bid for 400 feet of 20 feet by 18 inches of pipe, at \$8.65 per foot, and five bands, at \$10.82 each, was awarded to Bradco Supply Company for \$227.10. Other bids received were Central Clay Products, pipes \$9.35 per foot and bands at \$10.92 each and John Bonham Road Equipment Supply, \$16.29 per foot, and bands at \$20.36 each.

Chairman Lonnie Piatt read a notice from the Pennsylvania State Association for Township Supervisors that a state resolution could change when second class municipalities, such as Lake Township, would have to advertise and seek bids for projects and purchases.

He said currently bids must be sought if a purchase or project exceeds \$10,000. If the proposed resolution passes, the limit would change to \$20,000.

Piatt added telephone bids are currently required for purchases over \$4,000. The proposed resolution would change this to \$7,000.

In other news ...

Tax Collector Susan Stefanowicz requested supervisors consider increasing the tax certification rate from \$5 to \$15. The tax certification rate is a fee charged when a title company, mortgage company or other financial institution calls to verify if property taxes are current on a lot in order to purchase or refinance.

Stefanowicz said she was told, on average, most municipalities charge between \$10 to \$20 for the research, verification and report. Lake Township only charges \$5 per request.

Township Attorney Mark McNealis said the cost is passed onto the resident in the closing costs. Supervisors agreed to add a proposal to next month's agenda to vote on the increase.

The township's annual Spring Clean-up event is scheduled from 9 a.m. to 2 p.m. on Saturday, May 14 at the municipal building. Proof of residency will be required and a service charge of \$6 per carload, \$15 per pick-up truckload and \$20 per large pick-up truck load.

An additional \$6 fee will be applied for the following items: washers, dryers, carpets, overstuffed chairs, couches, dressers, televisions, hot water heaters, boilers, furnaces, stoves and large appliances.

The following items will not be accepted: tires, hazardous wastes, chemicals, brush, tree stumps, cinder blocks, animal or human waste, shingles, sheet rock, or other building materials, leaves, grass, garbage, freezers, refrigerators containing Freon and air conditioners.

Residents are asked to call the municipal building at 639-2828 for more information. Recycling will also be held from 10 a.m. to noon on May 14.