



Santa gets a chuckle from 3-month-old Chad Corby, of Center Moreland, at the Noxen Fire Co.'s Annual Breakfast with Santa.



TOP RIGHT PHOTO: Lindsey Bennett helps Santa by making waffles at the Noxen Fire Company's Breakfast with Santa.



BOTTOM RIGHT PHOTO: Matt McCormack makes biscuits at the annual Noxen Breakfast with Santa.

## Santa visits at Noxen Fire Company

The Noxen Fire Company's Annual Breakfast with Santa was attended by children of all ages.

### OBITUARIES

**CHILSON** - Stanley Joseph, 94, of Dallas, died Monday, January 10, 2011.

He was born in Edwardsville and was a graduate of Edwardsville High School, class of 1935. He served in the U.S. Navy in World War II, fought in the Aleutian Islands Campaign and was one of the first troops to enter Nagasaki, Japan, after the atomic bombings.

He retired from Topps Chewing Gum in Durysa in 1983.

Surviving are his son, Stan Jr., Doylestown; three grandsons; and a sister, Nellie Stivers, Detroit, Mich.

Memorial donations to the American Heart Association, 71 N. Franklin St., Wilkes-Barre, PA 18701.

**GOLDSMITH** - Ina, 66, of Dallas Township, died Thursday, January 13, 2011, at the Wilkes-Barre General Hospital.

She was born November 12, 1944, and was a resident of Dallas for the past 28 years.

Surviving are sons, William Jr. and Michael, both of Dallas; daughter, Karen Simms, of Plains Township; and four grandchildren and one great-grandchild.

**KEEFE** - Charlotte A., 75, of Noxen, died Saturday, January 15, 2011, at the Wilkes-Barre General Hospital.

She was born April 8, 1935, in Wilkes-Barre, and had resided in Noxen all of her life. She was a member of St. Luke's Reformation Lutheran Church, Noxen.

Surviving are her sons, William Jr. and Gary, both of Noxen; daughters, Roxanne Frasier, Meshoppen; and Natalie Coolbaugh, Harveys Lake; 10 grandchildren; 19 great-grandchildren. Memorial donations to St. Luke's Reformation Lutheran Church, 196 Main St., Noxen, PA 18636.

**KREIDLER** - James D., 61, of Shavertown, died Thursday, January 13, 2011, at the Wilkes-Barre General Hospital.

She was born in Wilkes-Barre

and attended Wyoming schools. He had worked as an online telemarketer.

Surviving is his wife of seven years, Emilia Ong Kreidler.

Memorial donations to the Luzerne County S.P.C.A.

**LEWIS** - Donald S. Sr., 76, of Carverton, died Monday, January 10, 2011 at his home.

He was born in Kingston and was a graduate of Dallas High School. Prior to his retirement, he was employed by Diamond Manufacturing for 37 years.

He was a member of the Orange United Methodist Church, Wyoming Masonic Lodge No. 468, F. & A.M. and the Irem Shriners, where he was a member of the Motor Corps for 37 years.

Surviving are his wife of 20 years, the former Helen Booth; children, Donald Jr., Lynn, Kunkle; and William, Wyoming; step-children, Harry Reese, Plymouth; Theresa Jordan, Plymouth; Richard Reese, Plymouth; Edward Reese, Shavertown, and Carol Proleika, West Nanticoke; brother, Clark Lewis, Dallas; 12 grandchildren; nieces and nephews.

Memorial donations to the Shriners Hospitals for Children Office of Development, 2900 Rocky Point Dr., Tampa, FL 33607.

**LORD** - Dorothy M., 89, died Saturday, January 8, 2011, at the Meadows Nursing Center, Dallas.

She was born in the Alderson section of Harveys Lake and attended the Dallas Township schools. She was a member of the Outlet Bible Tabernacle, Harveys Lake.

Surviving are son, Alan J., Dallas; one granddaughter; one great-grandson.

**MCGRATH** - Edward F., of Dallas, died Friday, January 14, 2011, at home.

He was born and raised in Brooklyn, N.Y., until moving to Queens Village, N.Y., and Richmond Hill, N.Y. A graduate of St. Francis Prep High School, he served his country in the U.S. Navy during World War II.

He was a member of the New York Police Department for 22 years. He served with the 73rd Precinct in Brooklyn. His work career continued with Port Brokers Inc., at JFK Airport until his retirement in 1990. He was a member of the St. John's travel club in Bushkill.

Surviving are his children, Edward, Mumford, Tenn.; Patricia Farrell, Poway, Calif.; Daniel, Fremont, Calif.; Helen Redmond, Shrewsbury, N.J.; Gerard, Bushkill; Paul, Morrisville; Theresa Haggerty, Glenmont, N.Y.; and Kathleen O'Brien, Dallas; siblings, Regina McClenin, Grace Renz, Richard McGrath and Bernice Weir; 22 grandchildren; three great-grandchildren, Jimmy, Jackson and Tiernan.

**MONTESSO** - Wayne A., of Bluegrass Drive, Tunkhannock, died Monday, January 10, 2011, at Hospice Community Care at Geisinger South Wilkes-Barre after a long illness.

He was born in Tunkhannock on April 6, 1946, was a 1965 graduate of Tunkhannock High School and earned a certificate in the operation of heavy equipment from American Training Services Inc. in Cherry Hill, N.J.

Surviving are his wife of 43 years, Martha Strohl Montross;

son, John, Leesburg, Va.; daughters, Sharon, Tunkhannock; and Carol, Houston, Texas; brother, Harold, Centermoreland; three grandchildren.

Memorial donations to Tunkhannock Ambulance Association, PO Box 322, Tunkhannock, PA 18657.

**MOSS** - Jessie G., of Tunkhannock, died on Saturday, January 8, 2011, at home.

She was born November 10, 1919, at Lake Winola, was a graduate of Blakely High School and of the Wilkes-Barre Business School.

After residing at several military bases during World War II, she became a resident of Tunkhannock. She worked as the bookkeeper for Moss Service Center and the Tunkhannock Lumber Company. She was a member of the Tunkhannock Baptist Church for over 60 years where she served as a deaconess, Sunday school teacher, mission board chairwoman, and was a member of the choir.

She served as a school director at the Tunkhannock Area School District and was also one of the founders of the Tyler Memorial Hospital Auxiliary, where she was the chairperson for their annual antique show.

## DHS COMMITTEE PLANS EVENTS



The Dallas High School PTO Steering Committee announces its spring semester events: International Club Soup & Sweets, February 11; Valentine's Breakfast for Faculty/Support Staff, February 14; SPCA Food Drive, February 28; Students of the Quarter Breakfast, May 11; and Sauces for the Bosses Luncheon, May 16. Members of the committee are, from left, first row, Amy Rome, Deborah Chielli, Robyn Jones, school counselor; Maryann Fannick, Gail Petorak. Standing, Laura Stearns, Laura Harrison, Sharon Krawetz, Denise Culp, Beth Bevevino, and Elia Paris.

### Cage tryouts today

Rock Solid AAU Basketball will hold tryouts for the spring girls and boys AAU travel basketball season today, Jan. 23 and January 30 at The Rock Rec. Center, 340 Carverton Rd., Trucksville.

### The Wellness Column

Presented by Albert Klein, D.C. and Ross Spencer, D.C.



### Drug-Free Management of Arthritis

Arthritis is a common disorder, particularly among older adults. Many who suffer from arthritis use painkillers regularly to manage their condition, but research shows that these drugs may be unsafe for long-term use. Side effects of pain medications run the gamut from peptic ulcers to increased risk of heart attack. Fortunately, there are many safe and natural therapies available to ease the pain of arthritis.

For instance, chiropractic care can reduce discomfort and slow the progress of arthritis by relieving dysfunction in the spine. Studies reveal that patients receiving chiropractic care experience faster and more pronounced pain reduction, as well as improvement in range of motion and ease in daily living.

Regular exercise is also key for managing arthritis. It improves and maintains strength and flexibility, helping the body to support deteriorating joints more comfortably. Aerobic exercise, resistance training and stretching should all be part of an arthritis exercise regimen. An overall balanced diet is also especially critical when living with a chronic condition like arthritis. Like exercise, healthy eating controls obesity and the complications it can bring to arthritis. Plus, studies show that poor intake of several vitamins can hasten the progression of osteoarthritis.

To find out more about chiropractic's drug-free, revolutionary and highly effective approach to health care, call Drs. Albert Klein and Ross Spencer, chiropractors and holistic-care providers, at (570) 675-3833 today. Drs. Klein and Spencer are currently accepting new patients, in Dallas, to make an appointment call (570) 675-3833. **It's not true to say everything possible is being done, unless chiropractic is included!!**

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