Sunday, August 29, 2010

THE DALLAS POST

DALLAS FOOTBALL TEAM WILL HOST COUGHLIN IN SEASON OPENER



CHARLOTTE BARTIZEK/ FOR THE DALLAS POST

Members of the Dallas High School football team are, from left, first row, Rocky Rutkowski, Nick Ondish, Mike Mazula, Mike Carey, Jake Cavanaugh, Ryan Panzetta, John Murray, Ryan Zapoticky, Felix Dolman, Jason Simonovich, Kris Roccograndi, Logan Bullock, Buddy Shutlock, Zach Macosky, Nate Viaro, Bill Gately. Second row, coach Mike Dunn, Don Behm, Dakota Stritzinger, Kohner Rice, Garrett Artsma, Bob Saba, Paul Brace, Brett Wanek, F. J Constantino, Jim Roccograndi, Shane Dunn, Mike Sebastian, Keifer Rogers, Damien Rutkoski, coach Tony Chiarucci. Third row, coaches Ted Jackson Jr., head coach Ted Jackson Sr., Tony LaFratte, B.J. Menig, Jeremy Roberts, Adam Goeringer, Jordan Richardson, Jason Campbell, Stephen Zapoticky, Clark Van Orden Jr., Bob Mahle and Greg Jerzak.

LEHMAN GOES UP AGAINST OLD FORGE



BILL TARUTIS/ FOR THE DALLAS POST

CHEERLEADERS READY FOR SEASON



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Members of the 2010 Lake-Lehman Black Knights football team are, alphabetically, Jamie Aldrich, Cole Barbacci, Curt Barbacci, Tony Bennett, David Blejwas, Cory Bullock, Mark Bullock, Brady Butler, Zach Chabala, Tom Chipego, Matt Coolbaugh, Brian Derhammer, Robbie Evans, Tim Harris, Bill Hillman, Brent Hizny, Garrett Hopfer, Ryan Hoyt, George Jones, T.J. LaBar, Rich Lauri, Steve Love, Rich Malinoski, Bryan Mathers, Jared Novitski, Cody Poepperling, Brandon Roberts, D.J. Scavone, Nick Shelley, Stephan Simko, Troy Shurites, Job Stepanski, Kyle Wesley, Zack Yursha and Josh Zacharias. Coaches are Joe Cefalo, Jeff Shook, Jerry Gilsky, head coach; and Tom Bell.

CHARLOTTE BARTIZEK/ FOR THE DALLAS POST

Members of the Dallas High School cheerleading squad are, from left, first row, Jackie Joseph, Alyssa Charney, Jenny Yannuzzi, Sam Tencza, Erika Sims. Second row, Sara Evans, Amanda Mikolaitis, Sarah Wittle, Megan Johnson and Bryann Cave.

THREE KARATE STUDENTS PROMOTED TO BLACK BELT



Three karate students from Northeastern Ju-Jitsu in Swoyersville were recently tested and promoted from Brown Belt to First Degree Black Belt. From left, first row, are Douglas Coslett M.D., Harveys Lake, promoted to First Degree Black Belt; Josh Anderson, Wyoming, promoted to First Degree Black Belt; Chris Gunshore, Falls, promoted to First Degree Black Belt. Second row, Sensei Billy Newhart, Plains, instructor; Master Sean McGrath, Dallas, instructor; Master Chuck Litchkowski, Trucksville, school owner/instructor, Sensei Bob Dunn, West Nanticoke, instructor; and Master Rachel Metzger, Plains, instructor.

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SPORTS BRIEFS

Female basketball players sought

The Firm A.C. will have open workouts for any female basketball player entering ninth and 10th grades in the fall.

Workouts will be from 11:15 a.m. to 12:30 p.m. on Sunday, Sept. 5 and Sunday, Sept. 12 at the Kingston Rec Center, 655 Third Ave.

All players must pre-register by contacting Darnell Ford by

phone at 574-6587 or by e-mail at ford.darnell@yahoo.com.

For information regarding the FIRM A.C., log on to www.firmacbasketball.com.

Rock Rec plans boys cage league

The Rock Recreation Center, 340 Carverton Rd., Trucksville will host a 7th and 8th Grade Fall Boys Basketball League for six weeks, Sept.18-Oct. 23. The league fee is \$150, plus \$25 per game for referees and scorekeeper.

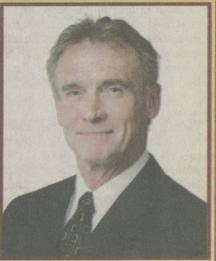
For more information, contact The Rock Rec Center at 696-2769.

Girls basketball tournament slated

The double elimination Future Stars Basketball Tournament for seventh and eighthgrade girls will be held Sunday, Sept. 19, and Sunday, Sept. 26, at the Kingston Recreation Center, 655 Third Ave.

Louis Blaum Jr., M.D. F.A.C.S

has been recently elected to the BOARD OF TRUSTEES of Thomas Jefferson University Hospital/ Jefferson Medical College, Philadelphia, PA



Dr. Blaum, a Surgeon Associate with Community Surgical Group in Kingston specializes in the evaluation and treatment of breast disease.

> A graduate of Coughlin High School, University of Notre Dame and Jefferson Medical College will begin his tenure on the Board of Trustees in July 2010.