

'NATIONAL WEAR RED DAY' OBSERVED AT MEADOWS



Cura Hospitality and the Meadows Nursing and Rehabilitation Center, Dallas, recently participated in the American Heart Association's "National Wear Red Day." Cura Hospitality provided heart-healthy snacks, recipes and educational materials to help women turn simple choices into life-saving actions. Staff members wearing red also made monetary donations and enjoyed an extra dress-down day. Some of the "Wear Red" participants are, from left, Rebecca Sims, Cristina Tarbox, Meadows administrator; Kristie Lindbuchler, Melissa Neishell, Linda Myslinski, Phyllis Sorber, Kristen Noler, Colleen Rusink, Audrea Bernard and Cindy Delescavage.

MERCY CENTER CELEBRATES MARDI GRAS



The Mercy Center Activity Department and the residents of Skilled Nursing and Personal Care enjoyed a Mardi Gras celebration recently. Residents were welcomed to a Mardi Gras theme, decorations and costumes reflecting the celebration of Fat Tuesday. Music, dancing and many tasty foods added to the enjoyment of the residents. Shown here, from left, first row, are Stella Cheresko, Patricia Secunde and Grace Walti, residents. Second row, Ann Marie Morgan, activities director; Debbie Dragon, PCU activities coordinator; Dedra and Al Deno, entertainment.

ALZHEIMER'S SUPPORT GROUP DONATES BOOKS AND VIDEOS



The Alzheimer's Association Support Group that meets at The Meadows in Dallas recently marked its fifth anniversary by presenting Alzheimer's books and videos, including the Emmy-award winning HBO Alzheimer's Project; "Coach Broyles' Playbook for Caregivers," "The Savvy Caregiver" video series, Maria Shriver's "What's Happening to Grandpa?" and "Understanding Alzheimer's Series" to the Back Mountain Memorial Library. From left, seated, are Support Group facilitator MaryAn Daily and Clay Jacobs, Outreach and Education Coordinator. Standing, Amy Zeiss, holding Allison; Librarian Martha Butler; Support Group members Joan Lenahan; Jean Mikulis; Joanne Wolinsky and Estella Parker-Killian, regional director.

BACK MOUNTAIN Dining Guide



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