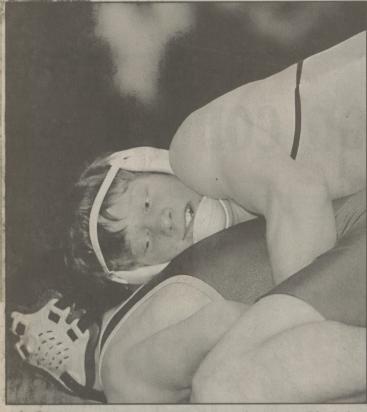
THE DALLAS POST

Mountaineers, Knights grapple at district meet



Jake Winters competes in the 135-pound weight bracket for Lake-Lehman. Winters pinned John Munley, of Valley View, in 3:22.

Dallas wins Officials Sportsmanship Award and Lehman junior high coach named Coach of the Year.

The Dallas High School wrestling team won the Wyoming Valmanship Award and coach Willie class. Weber of Lake-Lehman was named District 2 Junior High Coach of the Year during the District 2 Class 2A Wrestling Cham- pound weight class; Matt Mul-Junior/Senior High School.

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man garnered 69 points.

Lake-Lehman Shane Stark won a weight class; and Matt Mugford D2 title by defeating Kadiem of Lackawanna Trail pinned An-Wheatle, of Western Wayne, in thony McDermott of Dallas in the 171-pound weight class.

Brian Deluca of Dallas was defeated, 4-1, by Bennett Keaton of ley Chapter of Officials Sports- Elk Lake in the 125-pound weight

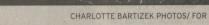
In third-pace matches, Aaron Perez of Dallas defeated Andrew Barrow of GAR, 4-3, in the 122pionships held at Lake-Lehman lery of Hanover Area defeated Anthony McDermott, of Dallas, has a strangle hold on his opponent in the 145-pound weight class. Ryan Murphy of Lake-Lehman, Dallas finished the tournament 7-3, in the 130-pound weight with 97.5 points while Lake-Leh- class; Derrick Smith of Elk Lake class. defeated Jake Winters of Lake-In the championship round, Lehman, 2-0, in the 125-pound 3:58 in the 145-pound weight

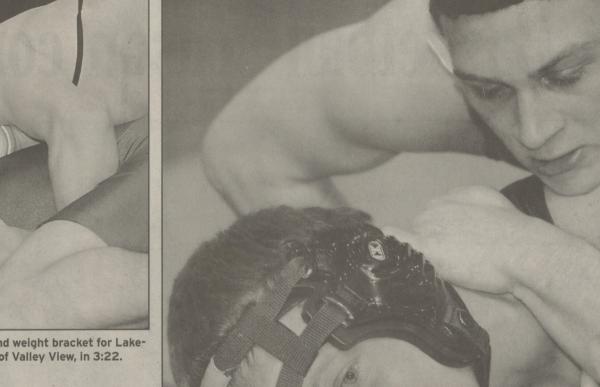
In fifth-place matches, Dalton Church of Blue Ridge won by forfeit over Bill Dixon of Dallas in the 130-pound weight class; Zack Mackosky of Dallas pinned Josh Manzer of Mountain View in :53 in the 135-pound weight class; Corey Monk of Dallas pinned Chris Donnelly of Scranton Prep in 4:43 in the 140-pound weight class; Marvess Rosiak of Lackawanna Trail defeated Garrett Artsma of Dallas, 3-0, in the 160pound weight class; Andrew Kaufer of Hanover Area defeated Dominick Chopka, 4-2, in the 189-pound weight class; and Jarrett Coleman of Susquehanna de-



CHARLOTTE BARTIZEK PHOTOS/ FOR THE DALLAS POST

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Sunday, March 7, 2010



DYB awards four

Most Improved Players

CHARLOTTE BARTIZEK PHOTOS/ FOR THE DALLAS

Halley Sobocinski, left, and Makenna Bryant are the Most Improved Players in the third and fourth-grade girls division of the Dallas Youth Basketball League.



Andrew Grabowski was the Most Improved Player in the fourth-grade boys division of the Dallas Youth Basketball League.



Christian Motley was the Most Improved Player in the third-grade boys division of the Dallas Youth Basketball League.

Misericordia University track and field team finishes seventh out of 1

The Misericordia Universi- Frank Redmond, John Gibty men's track and field team bons and Marty Castaldi to placed seventh of 11 teams at finish third in the 4x800 rethe MAC Indoor Champion- lay with a school record ships Saturday at Lehigh Uni- (8:14.56). versity.

Sophomore Kyle Suponcic, eighth in the open 800m, in of Shavertown, teamed with 2:02.78.

Suponcic also placed

feated Greg Josuweit of Lake-Lehman, 2-0, in the 285-pound weight class.

Lake-Lehman wrestler Shane Stark holds off an opponent.

BMT WRESTLING CLUB WINS TOURNAMENT



The Back Mountain Wrestling Club won the Tony Stanton Memorial Wrestling Tournament in Tunkhannock on Feb. 14. From left, first row, are Matt Maransky, Shawn Henniger and Jerry Ogurkis, all first-place winners. Second row, Justin Hutchins, fourth-place winner; Jackson Shaver, third-place winner; Cole Dixon, third-place winner; Xavier Barber, third-place winner; Nathan Maransky, third-place winner; Steven Newell, second-place winner; and Noah Daily, fourth-place winner.