

# The Dallas Post

www.mydallaspost.com

Community Newspaper Group  
THE TIMES LEADER

15 N. Main St., Wilkes-Barre, Pa. 18711 • 570-675-5211  
news@mydallaspost.com

Richard L. Connor  
PUBLISHER  
829-7202  
rconnor@timesleader.com

Dotty Martin  
EDITOR  
970-7440  
dmartin@mydallaspost.com

Christie Delicati  
ADVERTISING  
970-7111  
cdelicati@timesleader.com

## Healthy Eating Lunch Program to be held Nov. 21 at library

In less than two weeks, most of us will be sitting down to Thanksgiving Day dinner, enjoying family favorite recipes and commenting later in the day that we ate too much!

The Back Mountain Memorial Library is offering an alternative to avoid overeating - a Healthy Eating Lunch Program with Natural Chef Toby Landon. This lunch/lesson will be held at 11 a.m. on Saturday, Nov. 21.

The nutritious and tasty vegan lunch will include a calcium rich beverage, protein packed sandwich and creamy autumnal pumpkin pie. Toby Landon, raw food chef and instructor, will demonstrate how to create the meal using the tools found in your kitchen.

During this program, participants will learn how to prepare great-tasting, easy-to-make healthy recipes (which require no cooking!) and, at the same time, discover some of the benefits of eating healthy foods.

The cost of the lunch/program will be \$10 and payment is required at the time of registration. Call the library at 675-1182 for more information.

### Medicare program

The library is also offering another program during the month

of November. An Overview of Medicare will be held at the library at 10:30 a.m. on Thursday, Nov. 19. A discussion of the changes to Medicare 2010 will be followed by a question and answer period. Handouts and freebies will be available.

Space is limited and registration is required for both events. You may call the library at 675-1182 to reserve your space.

### Amnesty Week

Don't forget to return any long overdue library books during our Amnesty Week from November 16 through November 21. During this week, we will waive accrued fines for any materials checked in during this week.

### Thanksgiving vacation

The library will be closed on Thursday, Nov. 26, to celebrate Thanksgiving and will re-open on Friday, Nov. 27.

### Slightly Read Bookshop

Also, the Slightly Read Bookshop will be closed on Wednesday, Nov. 25, and on Saturday, Nov. 28. It will re-open on Monday, Nov. 30, by continuing its half-price sale on VHS movies, audio CDs and tapes throughout the month of November.

## STRANGE BUT TRUE

By Samantha Weaver

• Of particular interest in these troubled economic times, it was British humor columnist Katharine Elizabeth Whitehorn who made the following sage observation: "The easiest way for your children to learn about money is for you not to have any."

• The fish known as the electric ray can produce a current strong enough to kill an adult human.

• If you are the parent of a young daughter, you are probably all too familiar with the Japanese export Hello Kitty. A new item has recently been added to the Hello Kitty line, but it is decidedly not for kids: The Super Hello Kitty Jewel doll is on the market for \$150,000. To celebrate the 35th anniversary of the character, Sanrio (the maker of Hello Kitty), Swarovski (known for high-end crystals) and Japanese jewelry maker I.K. have created a 4-inch-tall Hello Kitty of platinum, and studded the doll with 1,939 pieces of white topaz, 403 pink sapphires, eyes of black spinel and a nose of citrine. The whole thing is topped off with a one-carat diamond on its hair ribbon.

• The onion is actually a member of the lily family.

• The next time you have a little bit of food stuck in your teeth, consider this: More Americans choke on toothpicks than on any other object.

• In La Paz, Bolivia, you can find one of the most unusual prisons in the world. At San Pedro Prison, inmates have to purchase their cells. Those who are well off financially can buy private cells with bathrooms, television and kitchens. Those who are less lucky must share tiny rooms.

Thought for the day:

"We have in fact, two kinds of morality, side by side: one which we preach, but do not practice, and another which we practice, but seldom preach." - Bertrand Russell



SUBMITTED PHOTO

Photographer Deno Pantelakos, of Idlewood Drive in Dallas, took this photo on the campus of Misericordia University. He has titled this "Under the Golden Canopy" and sees it as one last look at a very colorful autumn season.

### SHARE YOUR PICTURES WITH OUR READERS

"YOUR SPACE" is reserved specifically for Dallas Post readers who have something they'd like to share with fellow readers.

Submitted items may include photos or short stories and should be sent via e-mail at news@mydallaspost.com, by fax at 675-3650 or by mail to The Dallas Post, 15 N. Main St., Wilkes-Barre, PA 18711.

Information must include the submitting person's name, address and a telephone number in the event we have questions. Readers wishing to have their photos returned should include a self-address/stamped envelope.

Items will be published in the order in which they are reserved. The editor of The Dallas Post reserves the right to reject any items submitted for publication.

### 1989 - 20 YEARS AGO

Two residents of the Back Mountain are in the cast in "1776," the musical play being presented by Showcase Theater in November at its facility on Tunkhannock Ave., Exeter. They are: Donna Dickinson, Dallas, and Mark Kahn, Dallas.



ONLY YESTERDAY

In a hard-fought finish to an up and down season, the Dallas Mountain-eers came away from Saturday's Old Shoe game with a slim 6-0 victory over a tough Lake-Lehman team. The lone touchdown of the game was scored by Jay Straigis.

Dallas Elementary teachers Shirley Breymeier and Barbara Reilly were named "Teachers of the Year" by College Misericordia last week.

Gifts From Above, a new Christian Book Store, the only one of its kind in the Back Mountain, opened for business last week. The store is located off Route 415, Dallas, on Gerald Avenue. Owners are Albert and Roberta Klein.

### 1979 - 30 YEARS AGO

Patrick Connolly, president of Kingston Township Lions Club, presented jackets to members of the Kingston bobcats teams and cheerleader graduating from the team. Receiving jackets were: Kim Morgan, Rob Coscia, David Schroeders, Sam Barbose, Bernie Riley, Jim Perkowski, Renee Schmid, Lisa Baker, Joe Cicero, Bob Shotwell, Darren Breining, John Schray, Tony Tucker, Rich Thomas, Phil Brown and Lisa Kerpovich.

Three Dallas High School students have been selected as sta-

chorus finalists to compete in National Chorus Competition during January in Pittsburgh. They are: Wendy Baird, Robert Robinson and Lisa Luksic.

Next weekend students of Dallas Senior High School will present Thornton Wilder's comedy-farce, "The Matchmaker." Audiences will be familiar with the hilarious plot because The Matchmaker is the basis for the popular musical, "Hello Dolly."

The two lead characters will be played by Leigh Ann Schoner and Rob Robinson. Student director is Alice Baloga and stage manager is William Morgan. Staff director is Donald Hopkins.

### 1969 - 40 YEARS AGO

Feminine and flattering are the keywords in women's fashions for the coming year, or so it appeared Thursday evening at the annual Dallas Junior Woman's Club Fashion Show.

A near capacity crowd of 1000 women - and a few men - oohed and aawed at the collection of international fashions presented by Hess Brothers department store at the Irem Temple, Wilkes-Barre. Invited by host Jerry Golden to voice their displeasure with any of the myriad assortment of gowns and casual attire they did not like, the audience chose instead to compliment the models and the fashions they wore with generous applause. Only one outfit - a Dior copy which features a below-the-knee hemline drew murmurs of protest from the mini-loving ladies, and Mr. Golden conceded that the dress was indeed mantronly looking.

Mrs. Robert Rebennack, Jackson Township, and Mrs. Durland Daron, Dallas, are in charge of reservations for the annual dinner dance of the Home Builders Auxiliary Saturday night at the Irem Temple Country Club, Dal-

las.

### 1959 - 50 YEARS AGO

Two Westmoreland High School seniors have been cited for outstanding performance on the National Scholarship Qualifying Test given last spring according to an announcement made this week by W. Frank Trimble, Westmoreland principal.

The two seniors are Clinton G. Hess, son of Mr. and Mrs. George Hess of Demunds Road, and Durrelle T. Scott III, son of Mr. and Mrs. Durrelle T. Scott Jr., Huntsville Road.

Girl Scout Troop #200 of Dallas will participate in the United Nations trip to New York on Saturday. They will take a three hour tour of Manhattan Island and have lunch on the yacht after which busses will meet them and transport them to the United Nations.

Mrs. Thelma Rood and her daughter Pat will accompany the following girls: Ruth Schenk, Ann Barnes, Nancy Gensel, Alice Reese, Peggy Rood, Janine Dierolf, Eva Kozemchak, Cynthia Konsavage and Jane Lay-aou.

### 1949 - 60 YEARS AGO

"Off The Track," a rollicking three-act comedy, will be presented by members of the Senior Class of Dallas Borough High School Tuesday evening. Directors are Shirley Allen and Pete Duda. Mrs. Murray Scureman is adviser.

Members of the cast are: Charles Calkins, William Pierce, John Brokenshire, Elizabeth Berrettini, Patricia Patsey, Maureen Kelly, Carol Monast, Bruce Roberts, Robert Monk, Robert Bodycomb, Nancy Bowman, Elizabeth McQuilken and Priscilla Cooper.

Active behind the scenes are: George Schooley, Leonard Stoner, Donald Besecker, Frank Michael, Paul Duda and Burton Sickler.

Music between acts will be furnished by Lois Wood, pianist, and Carl Hedden, accordionist.

Mrs. Glen Case, Rice Street, Trucksville was hostess to her card club on Tuesday evening. Mrs. Cedric Griffith was highest scorer. Refreshments were served to Mrs. Dick Rees, Mrs. Griffith, Mrs. Fred Haughwout, Mrs. Vincent McGuire, Mrs. Jack Kennan, Mrs. Thomas Jenkins, Mrs. Harry Post, and the hostess, Mrs. Case.

### 1939 - 70 YEARS AGO

Twenty-five new members were initiated into the Dallas Junior Woman's Club at its seventh birthday dinner at the Irem Temple Country Club Wednesday night. Sixty-one old members were present.

New members: Irma Altick, Alice Borthwick, Charlotte Connors, Esther Donnelly, Martha Elston, Lillian Hinkle, Anastasia Kozemchak, Dorothy Landmesser, Marjorie Morrissey, Jane Morgan, Eva McGuire, Genevieve Munley, Mary Alice Payne, Blanche Reese, Phyllis Smith, Dorothy Starr, Hattie Schaffer, Betty Turner, Phyllis West and Ella Williams.

Movies playing at the Himmeler Theater, Dallas, included "These Glamour Girls" starring Lew Ayers; "The Chicken Wagon Family" starring Jane Withers; "The Frontier Marshall" starring Randolph Scott; and "The Old Maid" starring Bette Davis.

Information for "Only Yesterday" is taken from past issues of The Dallas Post which is 120 years old. The information is printed here exactly as it appeared in the newspaper years ago.



"Of course they should but it depends on what it would cost and what was reasonable."

Ron Oliver  
Harveys Lake



"Which would be less expensive? Paying a police officer to come in and talk to the kids in school or treating them later in life?"

Eric Pimm  
Harveys Lake



"Probably not. Our school is fine as it is. Not many do drugs, just some."

David Oliver  
Harveys Lake



"Of course. Every school should. I didn't know that Lehman didn't have one."

Brenda Kaiser  
Lehman



"Don't they already? I think the junior high has a DARE or STUN club you can belong to. Yes, it prevents drugs in our schools."

Austin Harry  
Lehman



"We used to have one. I think it's important to teach awareness."

Reagan Hynick  
Lehman