

CHARLOTTE BARTIZEK PHOTOS/ FOR THE DALLAS POST
Campers at Camp Orchard Hill in Dallas relax in between activities.

CAMP

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says her secret to climbing the rock wall is to picture her counselor as a clown to distract herself from thinking about being so high. This is the third summer the Shavertown girl has attended the camp.

"The food's great and all the counselors, plus Debbie, and all the activities we do," Bonk said.

Abby McCabe, Sara Lojewski and Leah Gorr, all 10 years old and residents of Shavertown, socialized during their morning snack. The girls know each other from Dallas Elementary School and are happy to see each other and make new friends.

"I like to come to camp to see my friends and the things we do are really fun," McCabe said.

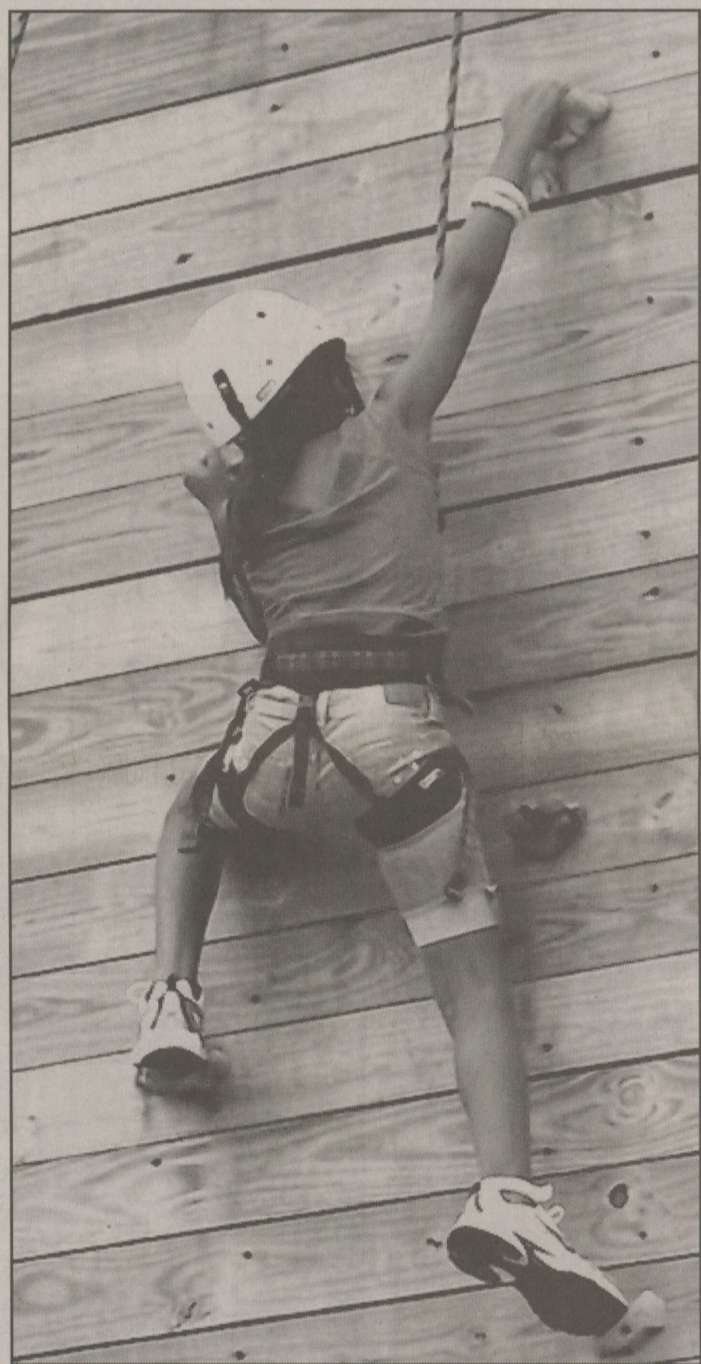
Many of the camp counselors attended the day camp or resident camp as children. Camp community services director Jody Dutton is spending her 13th summer at the camp. The full-time employee, formerly of Harveys Lake, lives at the camp year round and attended the resident camp for many years as a child. She also lived at the camp in the summers when her father, Stu Tripler, worked as the program director.

Dutton says the camp remains functional in off seasons as many church groups hold retreats at the site and people rent the pavilion for parties and even weddings. Special family, father and son and paintball weekends are also offered. In addition, the Dallas School District holds field trips to the camp.

A small van currently picks up children in Kingston to shuttle them to day camp. Next year, the camp plans to form a bus route to transport children from the valley and after-school programs are also currently in the works for the fall.

ABOUT CAMP ORCHARD HILL

For more information on Camp Orchard Hill, call the camp office at 333-4098 or visit www.camporchardhill.com.



Hannah Bonk, of Shavertown, does some wall climbing at Camp Orchard Hill in Dallas.



Kevin Berditus, left, and Ricky Morgan, center, meet up with Russian campers Alex Chronowski and Robert Thomas at Camp Orchard Hill in Dallas.

RSD

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passenger. Anyone who wishes to attend only the get-together at the social hall may do so for \$10.

Rusonis was diagnosed with RSD after she could not even rub a sheet against the skin on her ankle because she was in so much pain. She has used crutches and a wheelchair peri-

odically since her diagnosis. Rusonis says the disease hits her hard every other year, particularly in the wintertime.

"I'm a very big hunter so this past year when I was in the wheelchair, it hit me really hard," she said. "I still went hunting on my quad."

Rusonis receives physical therapy at John Heinz in Dallas and also regularly communicates with Keith Orsini, co-founder and director of American RSDHope. A motorcycle run seemed like a perfect fit for Ru-

sonis since she and her entire family bike enthusiasts. Participants in her motorcycle ride have the option to donate their fee to either of the two organizations.

John Rusonis, Katie's father, purchased a new 2008 Harley Davidson Ultra Glide last year in anticipation of the event. He will be the lead bike in the ride with Katie his passenger.

"I've been planning this since ninth-grade," Katie said. "It's something that is very personal for me."

METS WIN AAA CHAMPIONSHIP



The Mets team won the AAA championship in the Back Mountain Little League this year. Members of the team are, from left, first row, Andrew Thomas, Brody Strickland, Adam Borton and Justin Brown. Second row, Ethan Szczecinski, Andrew Schukraft, Andrew Zeyher, Drew Patton, Nick Kocher, Joseph Fiorello, Michael James, and Evan McClain. Third row, coaches Mike Borton, Ted Kocher and Don Strickland.

PHILLIES WIN LITTLE LEAGUE CHAMPIONSHIP



The Back Mountain Phillies won the National Little League Majors championship this season. Players and coaches shown after receiving their medals are, from left, first row, Cody Long, Rosario Bevevino, Jeremy Jayne, Lee Eckert III and Chad Phillips. Second row, Michael Minsavage, Brandon Kozlowski, Matt Harrison, Matt Reynolds and Daniel Mingey. Third row, Joe Bevevino, assistant coach; Joe Phillips, coach; and Lee Eckert Jr., assistant coach. Absent at the time of the photo were Spencer Dieffenbach and Jared Dieffenbach.

SPORTS BRIEFS

LL sports physicals scheduled

The Lake-Lehman Junior-Senior High School will begin fall sports physicals at 9 a.m. on Monday, Aug. 3.

The schedule will be as follows:
Monday, Aug. 3, 9 a.m. - Senior high girls

Thursday, Aug. 6, 5 p.m. - Junior high boys

Monday, Aug. 10, 9 a.m. - Senior high boys

Thursday, Aug. 13, 9 a.m. - Junior high girls

There will be no make-up exam day this year and all student physicals must be completed before Monday, Aug. 17. Students will not be permitted to practice on August 17 until a physical is received by the district.

Physical forms may be obtained at the main office during regular school hours. A parent/guardian must sign all forms prior to the exam.

Newberry ladies play at

Shadowbrook

Members of the Newberry Ladies Golf League traveled to Shadowbrook Golf Course in Tunkhannock on Thursday, July 16, for a fun day of golf.

The Best Ball Format was won by the team of Susan Berdis, Joanne Campbell and Ruth Ann Logue. The prize for closest to the pin was won by Mary Maher and the prize for the longest drive was won by Janie Intellicato.

A luncheon followed play. Co-chairs of the event were Ruth Ann Logue and Patty O'Neill.

An outing to Applewood Golf Course is scheduled for Thursday, Aug. 13.

Rock Solid basketball camp planned

Rock Solid Elite Basketball Camp will be held from 3 to 5 p.m. August 5-7 for boys and girls in grades 8 through 12. The camp will focus on making players more fundamentally sound with position specific

drills for each player.

The staff consists of former college and professional players along with high school coaches. Cost is \$65 per player.

For more information, call The Rock Rec Center at 696-2769 or long onto www.RockSolidBasketball.com.

DHS Gridiron Club plans Media Night

The Dallas Gridiron Club will hold its annual Media and Meet the Team Night for the Dallas High School football team on Wednesday, Aug. 19, at Dallas Mountaineer Stadium. In the event of inclement weather, the event will be moved indoors to the high school gymnasium.

Introduction of middle school and high school teams, coaches, cheerleading squad and marching band will be held at 6:30 p.m., followed by comments from Ted Jackson, head football coach, about the upcoming season.

For more information, contact Sue Van Horn, event coordinator, at suevh@epix.net.

PUZZLE ANSWERS

King Crossword - Answers

Solution time: 21 mins.

ALTO	DEC	STAB
BOON	IMA	TIDE
ACRE	SUPREMES	
BINDER	SEVENS	
GAOL	FEZ	
SUPERBAD	NONE	
EKE	PEPES	NUN
ZETA	SUPPRESS	
EDO	PERI	
ERRANT	NYLONS	
SUPPOSED	IRON	
PLAT	AGO	NANO
YENS	RON	GLOW

Go Figure!

9	÷	3	+	8	11
-		x		÷	
4	+	6	x	2	20
x		+		+	
5	x	6	-	7	23
25		24		11	

CLAIM	PENROD	BLOB
HULCE	IQUANA	AIDA
ARIEL	GOTHER	ATTENT
PET	LESS	BOA
MOTT	HEAVEN	SUM
RUNAWAY	PARROT	STEM
ERAT	ARLEN	CITY
GREAT	CURES	PLANS
LEA	EARLY	POINT
SEMI	SPASM	DE
TINY	BRITISH	PAREN
BERRA	ODETS	PEACE
ALOE	PEROT	LEFT
RIO	DARYL	ARIAS
SAPLING	OMITS	SM
INTO	TWOPHYSIC	
SALVOS	MONKEY	WALL
ANAIS	DAS	TENT
FINDARICH	SPOUSE	RA
ETC	UTAH	ARAFAT
RAE	RENO	MOTORS
ST		

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