Chiropractor sets up shop in BMT

By CHARLOTTE BARTIZEK Dallas Post Correspondent

Back Mountain residents and their aching backs now have a new chiropractic service to visit.

A young practitioner, Dr Bill Albert, and his wife, Christi (formerly Boughton), have purchased a building on Route 309 in Dallas and opened a practice they call "SpineWorks." Christi serves as the office manger with help from the couple's friendly chocolate Labrador Retriever, "Moose."

Most area residents will remember the building, a small white house with a green sign going north towards Tunkhannock past the Dallas Shopping Center, as the former office of another chiropractor, Dr. John Alaimo, who has retired.

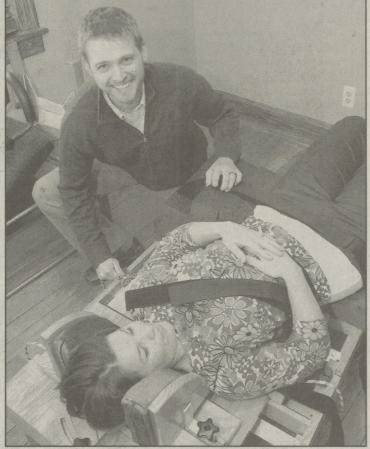
Techniques offered at Spineworks go beyond traditional methods and use mirror imaging and traction devices to make spinal adjustments.

"We look at posture use x-rays at intervals and we do it all in-house," said Dr. Albert.

But, Dr. Albert says, "I do somehead units for neck rebuilding and reshaping and I use a Berry lateral translation table. It's an advanced approach to the chiropractic art with predictable results," he said.

Dr. Albert likens his approach to to travel far out of the area to receive these advanced techniques.

"Once we align the spine, we get story of Dr D.D. Palmer who, while farmer, surprised even himself where he worked prior to settling up." Dr. Albert said.



thing a little different. I use over- Dr. Bill Albert demonstrates the use of a spinal manipulation machine on his wife Cristie.

> when the man's hearing was re- in the Back Mountain. stored. Dr. Albert admits to having seen some spectacular results.

"orthodontics for the spine" and agnosed with ADHD, Dr. Albert guesses that a person would have noticed that a spinal alignment lege. He proposed; she accepted seemed to help the boy's spine as well as his disposition and grades.

really good outcomes," Dr. Albert technique as a graduate of the New more involved with the communibubbles. He mentions the historic York Chiropractic College in Seneca Falls, New York. He is licensed adjusting the spine of a deaf Ohio in Pennsylvania and Virginia live in now that we're all grown-

Originally from Susquehanna County, the Alberts met at a sum-While treating a young man di-mer school history class at Luzerne County Community Coland the couple married. Attracted to the Back Mountain community, Dr. Albert learned much of his the couple is eager to become

"It's the kind of place we want to



Some of the Joan Harris Dancers from the Back Mountain communities who will appear in next week's production of 'Puss in Boots' are, from left, first row, Abrianna Tolomello, Dallas; Rebecca Schnabel, Dallas; Katelyn Reinert, Trucksville; Mary Gittens, Dallas; and Anna James, Shavertown. Second row, Aubrielle Smith Dallas; Gianna De Graba, Dallas; Kristen Justice, Dallas; Erin Gittens, Dallas; Amber Kinney, New Albany; Gabrielle Evans, Harveys Lake; Rebecca Kahn, Shavertown; and Kelsie Hall, Dallas.

200 ballerinas from the Back Mountain hit the stage

Back Mountain communities be Katelyn Reinert, of Trucks- who wants to devour the prinwill join dancers from across the ville, while one of her compan- cess and her companions, capregion in the Joan Harris Cen- ions will be played by Gabby tre's 26th annual spring ballet.

Boots," will be staged by the of Dallas. Joan Harris Dancers on Saturtorium in Wilkes-Barre.

in the Harris Centre's production. Elisabeth Harris of Dallas directs "Puss in Boots." Dancing introduced its owner to a prin- call 287-7977.

Nearly 200 ballerinas from the the lead role of the Princess will cess, outwitted the horrific ogre Evans, of Harveys Lake, and the "La Chat Boote," more com- part of The Lady in Waiting will monly known as "Puss in be portrayed by Kristen Justice,

"Puss in Boots" opens with day, April 18, and Sunday, April three brothers receiving an in-19, at Meyers High School audiheritance from their father. One son is given the family mill, an-Back Mountain residents other the family cow and the again will play prominent parts third son receives only a cat named Puss, but what a cat it is! Before the story is over, Puss has zerne. For more information,

tures a palace for Jean and reunites the two lovers. As with most fairy tales, everyone lives happily ever after.

"Puss in Boots" will be performed at 1 and 5 p.m. on Saturday, April 18, and at 2 p.m. on Sunday, April 19. Tickets for the ballet are \$11 in advance and can be purchased at the Harris Conservatory for the Arts in Lu-

Adventure Family Trips of Dallas holds grand opening event

Kate and Daylene Burnside announce the grand opening of Adventure Family Trips, a web-based travel agency.

Adventure Family Trips is based in Dallas and provides a new specialty online adventure and tour travel agency that focuses on families traveling with children. Destinations featured on the site are in the Northeastern Pennsylcan be tailored to include a

available from 9 a.m. to 6 p.m. Monday through Friday by calling toll-free at 1-888vacation specialist is available www.adventurefamilytrip-



vania, New York and West Vir- Attending the grand opening of Adventure Family are, from left, ginia Regions and packages Todd Vonderheid, president/CEO, Wilkes-Barre Chamber of Commerce; Scott Burnside, Daylene Burnside, vice president, Advenvariety of activities and ture Family Trips; Kate Burnside, president, Adventure Family Trips; John L. Augustine III, Senior Director of Economic and En-A vacation specialist will be trepreneurial Development, Wilkes Barre Chamber of Commerce; Carol Sweeney, Representative Boback's office; and Ruth Hughes, director, Wilkes University SBDC.

267-4725. For questions out- lytrips.com and also through side daily operating hours, a the company's Web site,





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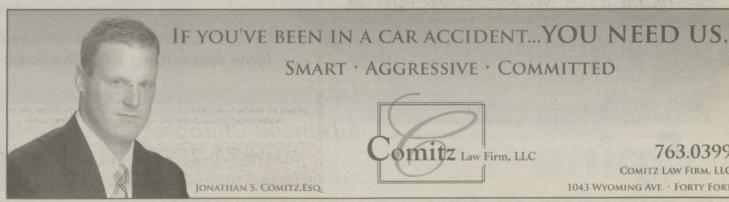
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