Sunday, March 22, 2009

THE DALLAS POST

'Solid Cactus Cares' announces fourth-quarter donations to groups

ministered by the Luzerne cash and in-kind grants. Foundation.

recipients of cash grants, web- Solid Cactus Cares program," lippo. "All organizations must

Solid Cactus®, a web design site construction or in-kind said president and co-founder be sponsored by an employee. will receive contributions from Spay & Neuter Fund, SPCA of company and total e-commerce print design services from Sol- Scott Sanfilippo. "Our people Our employees have a diverse Solid Cactus Cares this quar- Luzerne County's Print & Esolutions provider, announced id Cactus for a total value of contribute to the charitable its fourth quarter donations to \$12,500. Since its inception, fund by holding in-house fun- their unique perspective to "Solid Cactus Cares" fund ad- has made more than \$60,000 in tion.

Ten organizations will be the are the driving force behind the tions for grants," added Sanfi- grants."

background and each brings ter:

area organizations from its the Solid Cactus Cares program draisers and by payroll deduc- where need exists in the com- ance Computer Contest, Dear F.M. Kirby Center for the Permunity. They nominate, rally Jack Foundation, American forming Arts, Junior Leader-"Unlike most grant makers, support and vote for the orga- Cancer Society Relay for Life, ship Wilkes-Barre, Temple Is-"Solid Cactus team members we don't accept open applica- nizations they feel deserve Junior Achievement of NEPA rael of Wilkes-Barre (in-kind) Inc., YMCA of Greater Pittston, and The Junior League of

The following organizations SPCA of Luzerne County's Wilkes-Barre (in-kind).

mail Newsletters (in-kind), Great Valley Technology Alli- Shriners' Hospital for Children,

FIREFIGHTERS ATTEND GRANT WRITING WORKSHOP

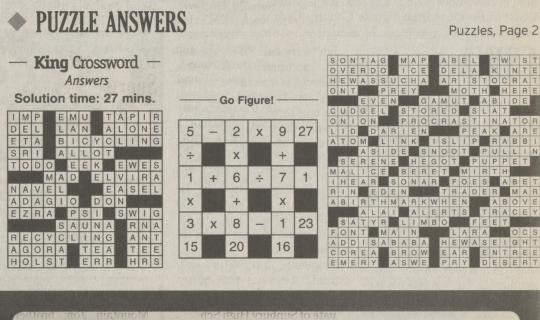


The office of State Representative Karen Boback recently hosted State Fire Commissioner Ed Mann at a grant writing workshop at Misericordia University. Over 50 volunteer firefighters and E.M.S. officials from the Back Mountain and surrounding areas of the 117th district attended. Shown here, from left, are Bob Walsh, Sweet Valley ambulance chief; Stan Davis, assistant fire chief, Sweet Valley; Rep. Karen Boback; State Fire Commissioner Ed Mann; Jack Dodson, Kunkle fire chief; Maureen Oremus, assistant fire chief, Franklin Township; Tom Kivler, president, Lake Silkworth Fire Association.

LEGION MAKES DONATION TO LIBRARY



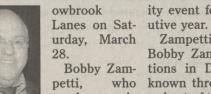
Daddow-Isaacs Dallas American Legion Post 672 made a gift of \$400 to the Back Mountain Memorial Library. The donation was a gift from the American Legion, the SAL (Sons of the American Legion) and the Legion Ladies Auxiliary. From left, are John Emil Sr., SAL Adjutant; Martha Butler, librarian; Clarence J. Michael, commander; and Joe Kelley Sr., vice commander. Absent at the time of the photo was Linda Thorne, auxiliary president



Zampetti hosts 'Bowl for Kids' Sake' for 14th time

Bowl For Kids' Sake is still accepting bowlers and business sponsors for an annual charity event that benefits children from single-parent homes in Wyoming County.

Big Brothers Big Sisters of the Bridge announces that sig- Zampetti nups for volunteer bowlers and business sponsors are still Elementary Schools in the being accepted for Bowl For Tunkhannock Area School Dis- tact Big Brothers Big Sisters of

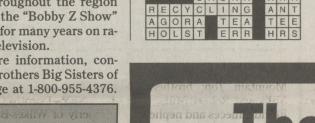


ity event for the 14th consec-

Zampetti owns and operates Bobby Zampetti Communica-Bobby Zam- tions in Dallas. He is wellwho known throughout the region teaches music as host of the "Bobby Z Show" at Evans Falls that aired for many years on raand Mill City dio and television.

For more information, con-Kids' Sake to be held at Shad trict, will host the annual char- The Bridge at 1-800-955-4376.

Karol Morton







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Participa

Charles Cardimona

Andrea Banos



"In total I've lost 16 lbs. I can't wait to see what next week brings.'

"... I put away my size 38 pants and now I am wearing size 36 pants. I even went to the mall and bought new jeans size 36. I haven't

- been in size 36 for a few years now so it felt good." loss to 22.5 pounds.'
 - "I'm starting my seventh "I am happy with my choice to join PWLC and week of the program and am excited about my I have lost a total of 22 lbs!" results. I lost an additional 4.5 pounds this week, bringing my total weight

Learn more at timesleader.com

Heather Hunsinger

Physicians WEIGHT LOSS **Centers**_®

Wilkes-Barre 970-7977

Dallas 675-4599

All applicants will be reviewed and a panel of participants will be chosen. The chosen participants of the Physicians Weight Loss Challenge must partake in the entire 16-week Weight Loss Program and purchase the required protein supplements. All program and set-up fees are waived for participants of the Physician Weight Loss Challenge. For more information about the Physicians Weight Loss Challenge, please go to timesleader.com

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