



CHARLOTTE BARTIZEK PHOTOS/FOR THE DALLAS POST

Quinn Crispell has a front row seat with her dad, Scott Crispell, sports information director at Misericordia University, as part of national 'Bring a Kid to a Game' day.

Program gets kids out to basketball game

Kids of all ages enjoyed basketball on January 10 when Misericordia University basketball teams participated in "Take a Kid to the Game" during a Freedom Conference doubleheader with Manhattanville.

Children under the age of 12 were admitted free when accompanied by an adult and received a coupon for a free hot dog and soda courtesy of the Misericordia University Alumni Association.

Misericordia is one of more than 500 institutions across the nation participating in this campaign which focuses on attracting more of the nation's youth to college games. The "Take a Kid to the Game" program is in its 12th year in the promotion of National Collegiate Athletic Association (NCAA) and this is Misericordia's seventh year in the program.



Members of the Banks family, of Dallas, take in a basketball game at Misericordia University. From left, are Mike, Allison, Claire and Megan.



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Dallas High School dive coach Kim Kuzma offers encouragement to Mountaineer divers.

OLYMPICS

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ing program at the Dallas Middle School Natatorium. Kuzma founded the program, which she coaches, five years ago.

"She (Kuzma) found out I was a gymnast," Zerfoss said. "She always said gymnasts make good divers."

Zerfoss not only dove with Olympians at the clinic, but also took part in other aspects of their daily routines, including dance and Pilates, a method of exercise that strengthens the abdomen. In addition, she learned how to fix her hurdle and some of her other dives.

"My favorite part was going off the 5-meter platform because it was a new experience and I've never done it before," Zerfoss said. "I think now I can make a lot of my dives a lot better and be a better all-around diver."

Kimball broke the back turn down for Kuzma and gave her tips on how to teach it. He also showed her how to teach basic skills on a trampoline. Kuzma says she does have a dry land facility, but she never came from a program that used it heavily.

"I think I personally took back the most about teaching twist-ers," Kuzma said. "My senior, Marial (Adams), was having problems with twist-ers...they



SUBMITTED PHOTO

Dallas freshman Sarah Zerfoss is coached on the 1-meter springboard by Olympic diving coach Dick Kimball at the USA Diving National Training Center Coaches Outreach Clinic from Dec. 29 through Dec. 30 at Indiana University - Purdue University at Indianapolis (IUPUI).

"It's the kind of a sport you fall into if you really don't fall into any of the other sports and you're looking for something to do."

Kim (Perez) Kuzma
Dallas High School diving coach

taught me a little trick to make them square tight with a single."

Kuzma, 28, of Dallas, was formerly a diver at Tunkhannock High School and Clarion University. She has been the coach of the Dallas High School diving team for six years.

"Kids really just kind of come out as a freshman," Kuzma said. "It's the kind of a sport you fall in-

to if you really don't fall into any of the other sports and you're looking for something to do."

Kuzma has been teaching at Dallas Middle School for four years. Prior to that, she taught at Wycallis Elementary School for two years.

She and her husband, Nick, have a 9-month-old daughter, Megan.

U-10 GIRLS SOCCER TEAM GRABS FIRST PLACE



The Wyoming Valley Soccer Club U-10 girls finished in first place in the Wyoming Valley Sports Dome Championship playoff games. Team members are, from left, first row, Nicole Cavanaugh, Haley Gobla and Caitlyn Hill. Second row, Emma Lehman, Rachel Maniskas, Tory McNulty, Madison Goodwin, Mia Greenwood, Sidney Neil and Coach Jay Maniskas. Absent at the time of the photo was Mikalie Blazick.

DYB

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Deluca Law 17
Gordon Long 13
Gordon Long played great defense throughout the game despite losing, 16-13, to Deluca Law. Joshua Lupole and Brody Strickland grabbed a number of tough rebounds. Justin Phillips saw his first action at point guard.

Orthopedic Consultants 20
Grasshopper Lawns 18
Zach Charlton's eight points and Colby Jimm's six points led Orthopedic Consultants to a 20-18 victory over Grasshopper Lawns. Ethan Szczecinski and Dylan Shaver anchored the defense.

Grasshopper offense was led by Ben O'Connell with 10 points, Dalton Simpson with four points and Zachary Bloom who scored his first basket of the season.

Gattuso Group 25
Frontier Communications 8
Gattuso Group remained undefeated with a 25-8 drubbing of Frontier Communications. Leading Gattuso's offense was the tandem of Mason Gattuso with 10 points and Dalton Gattuso with five points. Also helping with two baskets was Jacob Serafin. Frank Weaver and Ricky Morgan anchored the defense.

Playing great defense for Frontier were Garrett Pall and Larson Rice.

5th & 6th GRADE GIRLS

PRO HVAC 28
Community News 17
Caroline Banas tossed in 12 points and Amy Bolton 10 to pace the HVAC team past Back Mountain Community News, 28-17. The defense was led by Jessica Blatt and Ivy Chamberlain. The News team was led by Kaley Polachek's 10 points and Danielle Walsh chipped in with seven. The News defense was led by Katie Kravitsky.

Bendick Law 24
Motorworld 14
Mallory Faux poured in a game-high 18 points to lead the Bendick Law team to a 24-14 victory over Motorworld. Rachel Luke, Julianne Murray and Emma Doran each had a basket for the winners.

Megan Roberts' 10 points paced the Motorworld team while Lia Barbacci and Emile Banta got in on the scoring with a basket each.

Brace Orchard 14
Drs. Banas, Byron & Kim 12
Kyle Saba had a game-high eight points and was the defensive standout to help secure a 14-12 victory for the Brace Orchard team against Drs. Banas, Byron & Kim. For the doctors' team, Lyndsey Jacobs tossed in six points while Sydney Kern, Ashley Strazdus and Julia Zochowski all chipped in with two points each.

Arris Engineering 24
Riders World 22
Amanda Schwerdtman's basket with 12 seconds to play lifted Arris Engineering over Riders World, 24-22, in a thrilling game. Talia Szatkowski had a team-high 16 for Arris. Madison Kaminski had four points and Nicole Wren led the defense.

For Riders World, Gabrielle Volpetti had a game-high 18 points while Allison Rismondo and Olivia Menning had two points each. Lyndsey Oremus and Courtney Wagner paced a strong defense.

7th & 8th GRADE BOYS

Luxury Limousine 52
Dr. John Kish 50
Chase Makowski led Luxury Limo to a 52-50 victory over Dr. John Kish by hitting for 18 points. Ryan Kozloski was tough off the boards, adding 13 points. Carl Gross played strong defense and tossed in eight points.

Kyle Razawich led Dr. John Kish in rebounding and scored 18 points. Chad DeBona added 16



BILL TARUTIS PHOTOS/FOR THE DALLAS POST

Ally Rome of Arris Engineering brings the ball upcourt against Allison Rismondo of Riders World.

points, including four 3-point shots and John Kane netted nine points in a close loss.

Grotto Pizza 51
Drs. Banas, Byron & Kim 42
In a match of the two top teams, Grotto Pizza pulled out a 51-42 victory over Drs. Banas, Byron & Kim with an explosive fourth quarter. The pizza men were led by John Murray with 22 points and balanced scoring from Greg Peterek with eight points, Brendon Ehret with seven points and Mike Carey and Dominic De-

grabba with six points each.

The doctors were led by the outstanding play of Jason Siminovich with a game-high 31 points and several key blocked shots. Brothers Danny and Matt Saba added five and four points, respectively. Brian Goode and Russ Newell played strong defense.

Bishop Photo 50
Dr. John Kish 45
Brian Stepniak and Rudy Georgetti each scored 18 points in a close contest to lead Bishop Pho-



Maddie Perez of Drs. Banas, Byron & Kim, brings the ball up the court against the Brace's Orchard team.

to over Dr. John Kish, 50-45. Travis Mattson added eight points and Kyle Zumchak had six points for the winners.

Chad Debona led a balanced scoring attack for Dr. John Kish with 17 points. Kyle Razawich was strong on the boards and contributed 11 points. Mike Pierce added six points.

Grotto Pizza 53
Luxury Limousine 41
John Murray keyed a strong second quarter, scoring 14 of his game-high 29 points to lead Grotto Pizza to a 53-41 victory over Luxury Limousine. All players scored for the pizza men with Eric Yurko and Greg Peterek each knocking down eight points.

Nathan Kish led Luxury Limo with 18 points and in rebounds. Chase Makowski added eight points with some timely outside shooting. Ryan Koslosky had a strong game on defense and added seven points.

Drs. Banas, Byron & Kim 53
Medico Industries 45
Justin Brojakowski scored 12 of

his game-high 19 points in the first quarter to lead Drs. Banas, Byron & Kim to a 53-45 victory over Medico Industries. Jason Siminovich led the doctors in rebounds and added 18 points. Danny Saba contributed 14 points in the win.

Jory Brezinski led Medico with 18 points and was a force on the boards. Ryan Zapoticky contributed 16 points on some key inside shots. Nigel Stearns added six points.

Gallis Insurance 55
Deluca Law 41
Felix Dolman and Brian Banas led a balanced scoring attack with 16 points each as Gallis Insurance defeated Deluca Law Offices, 55-41. Billy Gately controlled the boards and added 11 points in the win.

Eric Zawatski led Deluca Law with 19 points and in rebounds. Mariano Medico was hot from the outside, netting 15 points. Nick Michaelson and Dominic Deluca played strong defense.