

# HOSPICE OF THE SACRED HEART

*You're not alone*

Many people wait too long to decide about hospice care, but early referral can improve quality of life for those patients and their families living with a serious illness.

You or your loved one may be eligible for hospice care if you check **four** or more statements from the list below. With your primary care physician and our Medical Director we can make a decision about your eligibility for hospice care.

*Please check the following statements as they apply to you or your loved one to see if hospice care may be appropriate, and call us today.*

- I need help from others with important daily activities (bathing, dressing, eating, cooking, walking, getting out of bed).
- I have started feeling more tired and weak.
- I spend most of the day in bed or in a chair.
- I experience shortness of breath, even when resting.
- I make frequent phone calls to my physician.
- I have noticed a significant weight loss in the past six months.
- I take medications to lessen physical pain.
- I have fallen several times in the past six months.
- I have made frequent trips to the emergency room in the past six months.
- My doctor has told me my life expectancy is limited.



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[www.hospicesacredheart.org](http://www.hospicesacredheart.org) | 570 706 2400