Lehman's Grabski is **All-Stater**

Leanne Grabski, a senior at Lake-Lehman High School, has been named to the All-State volleyball team. All-State players are selected by coaches based on their statistics.

Grabski is a three varsity starter for Lake-Lehman under coach Noah Pickett. She was named an All-Conference player in her junior and senior years, an All-Star by The Times Leader and Citizens' Voice in her junior and senior years and an All-Tournament player at a recent tournament held in Tunkhannock.

She is also a member of the travel team, "Get Real," coached by Mick Goodwin, of Tunkhannock, who informed her of her selection to the All-State honor on Christmas Eve, giving Grabski, in her own words, "the best gift I could have received." She will have her picture displayed on the wall in the halls of Lake-Lehman High School next to Coach Pickett, a former All-State selection.

Grabski has also played for John Sorber, Mike Williams and Bruce Muchler for two years on ley, Grabski is also a member of and an art student for the past 10 the NEPA travel team.



Leanne Grabski, a senior at Lake-LEhman High School, was recently named to the All-State volleyball team.

the National Honor Society, Stu-years.

The daughter of Henry and dent Council president, a mem-Jacqueline Grabski of Sweet Val- ber of the Homecoming Court

DALLAS TRAVEL TEAM TAKES SILVER IN TOURNAMENT



The Dallas fourth grade boys travel basketball team recently took second place in the Third Annual Print Factory Christmas Tournament played at Backcourt Hoops in Scranton. The team defeated the Whittier School of Scranton, 25-14, in the first round. The Dallas team faced Our Lady of Snows Team 2 from Clarks Summit in the semi-finals and won, 25-17. Facing a tough Our Lady of Snows Team 1 in the finals, the Dallas boys came up short, 18-27. Leading the team in scoring was Lee Eckert (16 points.), Paul Zblotney (14 points.), Nico DeLuca (13 points.) and Dalton Gattuso (10 points.) The team was anchored by the strong defensive play of Collin Pertl. Jason Anderson, Stone Mannello and J.D. Barrett. Members of the team are, from left, first row, Dalton Gattuso, Paul Zblotney, Collin Pertl, Nico DeLuca and Stone Mannello Second row, Jim Gattuso, assistant coach; Jason Anderson, Lee Eckert and Vito DeLuca, head coach

BOLAND SCORES 500TH CAREER POINT



Michael Boland, a seventh-grader at Gate of Heaven School and a member of the Gators basketball team, scored his 500th career point on Sunday, Jan. 11. Shown here with Boland are his parents, Tom and Renee, and his younger brother, Sean. Boland is coached by his father and Tom Kukosky.

Selenski is best freshman

By REBECCA BRIA rbria@timesleader.com

A Shavertown woman has been named the 2008 Atlantic Coast Conference (ACC) Field Hockey Freshman of the Year.

Paige Selenski, 18, is a forward and mid-fielder on the field hockey team at the University of Virginia where she is a freshman. Selenski started every game and scored 19 goals last fall during her first college season and was also one of the top-scoring college field hockey players in the

Selenski is only the third player in the history of the University of Virginia to receive the prestigious ACC title. The ACC is composed of the following 12 colleges and universities: Boston College, Clemson, Duke, Florida State, Georgia Tech, Maryland, Miami, North Carolina, NC State, Virginia, Virginia Tech and Wake For-

"My coach (Michele Madison) called me and told me," Selenski said. "She called me and said, 'Congratulations!' and I said, 'For what?' and I was pretty excited."

The 2008 Dallas High School graduate was a member of the Lady Mountaineers field hockey team from seventh through 12thgrades. But she began playing the sport even earlier.

"I started when I was 10 years old," Selenski said. "Lake-Lehman used to have field hockey camps for young girls so I used to go to that."

Selenski was also named the D1 National Rookie of the Year and a 1st Team All-American by womensfieldhockey.com and a 2nd Team All-American by the National Field Hockey Coaches Association.

While a freshman at Dallas, Sein Holland twice on the U16 tures," she said.



SUBMITTED PHOTOS

Paige Selenski, 18, of Shavertown, was recently named the 2008 Atlantic Coast Conference (ACC) Field Hockey Freshman of the Year. Selenski is a forward and mid-fielder on the field hockey team at the University of Virginia where she is a freshman. Selenski is a 2008 graduate of Dallas High School and played on the Dallas field hockey team from seventh through 12th grades. She is also a member of the USA Field Hockey Women's Under-21

team. In her junior year of high school, Selenski moved up to the U21 team. Since then, she has played in China, Argentina and reach her ultimate goal of playing Mexico and will travel to Austra- on the USA National Field Hocklia with the team this month.

"I definitely like being able to lenski was selected as a member travel all over the world and play of the USA Field Hockey Wom- different counties and experien's Under-16 Squad. She played ence different countries and cul- Brad, 21, and Greg, 14.

Selenski plans to keep progressing and pushing herself to become a better player, hoping to ey Team.

Selenski is the daughter of Brian Selenski and the late Judy Selenski. She has two brothers:



Paige Selenski, 18, of Shavertown, was recently named the 2008 Atlantic **Coast Conference** (ACC) Field Hockey Freshman of the

SPORTS BRIEFS

Baseball/softball registration slated

Back Mountain Baseball/ Softball registration will be held from 9 a.m. to noon on Saturday, Jan.24, at the Wycallis Elementary School. Any boy or girl ages 5-16 may register. New players must bring a birth certificate and proof of address.

Any questions, call 255-BMLL (255-2655).

Berley competing in cheer competition

Michelle Berley, of Shavertown, is competing in the Division 1 College National Cheerleading Cham-

pionships scheduled for January 17-20 at Disney's Wide World of Sports Complex in Orlando, Fla. The

will be broadcast on ESPN in February.

Berley is a member of the Temple University Cheerleading Squad and Competition Team. The competition will be broadcast on ESPN in February. A freshman at Temple University, Berley cheers at football and

competition

basketball games and makes numerous public appearances with the cheerleaders.

She is a 2008 graduate of

Dallas High School and the daughter of Fred and Beverly Berley.

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9AM		STEP	STEP	STEP	CYCLING	STEP	STEP
10AM		SILVER SNEAKERS	SILVER SNEAKERS	SILVER SNEAKERS	SILVER SNEAKERS	SILVER SNEAKERS	POWER YOGA
4:30PM		STABILITY	CYCLING	CARDIO BALL	PILATES CARDIO	POWER YOGA	- ST - ST
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