

The DALLAS POST

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SERVING THE COMMUNITIES OF THE DALLAS AND LAKE-LEHMAN SCHOOL DISTRICTS



SUBMITTED PHOTOS



Above, Allison Boris and dozens of others will go in the lake at noon on Saturday, March 15, in memory of her father, Dr. Frank "Buddy" Boris, to raise money during the fourth annual Polar Bear Plunge. Proceeds go to Allison's team in the American Cancer Society's Back Mountain Relay for Life. This photo shows Allison as a small child with her late father.

At left, The late Dr. Frank "Buddy" Boris spent many summer days enjoying Harveys Lake in his lifetime. The lake is now the site of the annual Polar Bear Plunge, an event created by Boris' daughter, Allison, to raise money in her father's memory for her team in the Back Mountain Relay for Life for the American Cancer Society. The late Dr. Boris is shown here water-skiing on Harveys Lake.

'Plunge' for a good cause

Annual event at Harveys Lake helps raise money to fight cancer

By REBECCA BRIA
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IF YOU GO

The Fourth Annual Polar Bear Plunge Saturday, March 15, at noon. Garrity Realty, Pole 89, Harveys Lake Minimum \$10 donation to participate. Participants under 18 must have a parent or guardian present.

Entering the potentially deadly winter water of Harveys Lake is a way Shavertown resident Allison Boris keeps the memory of her father alive.

Boris, 20, and dozens of others will go in the lake at noon on Saturday, March 15, in memory of Dr. Frank "Buddy" Boris to raise money during the Fourth Annual Polar Bear Plunge. Proceeds go to Allison's team in the American Cancer Society's Back Mountain Relay for Life.

Started in 2005, the Polar Bear Plunge was the idea of Lake-Lehman swim team coach Maureen Devine. Boris and her teammates collaborated and decided to raise money for the American Cancer Society in tribute to Boris' father, an area dentist who died from colon cancer in 2003. Harveys Lake seemed perfect because it was nearby, the site of where Frank Boris grew up and a place where his daughter had also spent a lot of time.

Now a junior biology major at Boston College, Allison Boris tries to return home every March for a chilly dip in the water at the event she helped create.

"I know that he (dad) would be really proud because he was an incredibly gener-

ous person and dedicated in what he believed in," she said. "I feel like working hard toward something you believe in and being passionate about something was something my father really valued. I think he'd feel I learned that from him."

Prior to the plunge, those taking part in the event collect sponsorship pledges from donors who will give money if the participant goes into the water. A minimum pledge of \$10 is required and prizes are awarded to the person who raises the most money and to the individual who stays in the water the longest.

Participants run into the water from the shore, dunk their heads underwater and run back to dry land. Some Polar Bear Plunge participants make their submersions more exciting by donning unique clothes or doing unthinkable things in the water. In 2007, a young man went in the

See PLUNGE, Page 9



The late Dr. Frank "Buddy" Boris pulls a line of water skiers with his boat at Harveys Lake years ago. Boris' daughter, Allison Boris, started the Polar Bear Plunge at the lake in memory of her father, who passed away from colon cancer in 2003. Allison Boris feels Harveys Lake is the perfect spot for the event because it is nearby the site where her father grew up and a place where Allison also spent a lot of time as a child.

Eat green eggs and help others

By REBECCA BRIA
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They may only be children, but the Soldiers for Christ youth group of Centermoreland United Methodist Church is helping others out in a big way.

The youth group will hold its second annual Green Eggs and Ham Benefit Breakfast from 8 to 11 a.m. on Saturday, March 15, in the basement of the church to raise money for an area woman with a medical issue. Members of the youth group will set and clear tables and wash dishes at the event.

According to Chris Howell, youth group secretary, Green Eggs and Ham was chosen as the theme for the breakfast because it is

held in mid-March near Saint Patrick's Day. Last year's breakfast actually fell on Saint Patrick's Day but Howell stresses the breakfast is about helping people in need and not a celebration of the holiday. **Soldiers for Christ youth group was created in September 2006 for children in grades three and up. Today, about 35 children are in the group.**

Soldiers for Christ youth group was created in September 2006 for children in grades three and up. Today, about 35 children are in the group. In addition to running the benefit breakfast, Soldiers for Christ has movie nights, volunteers at soup kitchens and participates in mission trips.

Debra James, of Centermoreland, remembers what it feels like to be in the beneficiary's shoes. James and her late husband, William David James, benefited from last year's breakfast because William had esophageal cancer and the couple needed financial help.

"It's a very hard thing to accept to be in need, but we had been struggling for some time," James said. "This was really the youth and the fact they came together and wanted to do this for us really touched us."

James is also grateful for the emotional support she and her husband received at the breakfast. Although her husband was ill and could not eat much, he managed to attend. The couple socialized with friends and with people they had not seen in a while. Even people not known to them from the community attended the event.

After William's death in July 2007, Debra continues to receive support. This year, she will work at the breakfast to give back to the same community that came to her aid.

Green eggs, ham, pancakes, waffles, sausage, eggs and toast are available for the all-you-can-eat breakfast. The cost is a donation to the benefit in any amount. The public is invited.

IF YOU GO

Second annual Green Eggs and Ham Benefit Breakfast Saturday, March 15, 8 to 11 a.m. Centermoreland United Methodist Church basement Creamery Road, Centermoreland



CHARLOTTE BARTIZEK PHOTOS/ FOR THE DALLAS POST

Caylin Davis is happy to have her mother, Laura, read to her.

Young readers have their day

Last Monday evening was a busy night at the Dallas Elementary School as a Book Fair and a Read Across America program were held.

Students from the school had the opportunity to read to their parents as well as purchase books for their own enjoyment. Read Across America is held annually to celebrate the birthday of Dr. Seuss.



Kyle Besecker gets his nose painted by teacher Heather Pitcavage at a Read Across America event held at the Dallas Elementary School.

MAKING A GOOD 'DEAL'



CHARLOTTE BARTIZEK/ FOR THE DALLAS POST

Chris Higdon of Shavertown, a student at King's College, watches the show "Deal or No Deal" on a big screen TV at Big Ugly's Sports Bar & Restaurant in Wilkes-Barre on Wednesday night. Higdon won \$27,000 on the NBC show hosted by Howie Mandell last October and finally got to see the show this week. The case Higdon had chosen held only \$5 so he "made a good deal." Higdon, who works at his family's restaurant, the Chill Grill in Wilkes-Barre, appeared on the show with his 9-month-old dog, Bentley. His grandfather, his mother and his sister all accompanied him to California for the taping of the show and were also seen on television.



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