

DANCE BENEFITS ADOPT-A-COP



Lake-Lehman students Devon Boyle and Elizabeth Brooks held a Junior High Dance on November 9 and raised enough money to become an "Adopt-A-Cop" sponsor through Fallen Officers Remembered. The girls will present a police officer in need with a bullet-proof vest. Shown with the girls are those who supported the dance. From left, are Devon Boyle, Chief Howard Kocher of the Lehman Township Police Department, State Representative Karen Boback, Officer Don Wright of the Lehman Township Police Department, Elizabeth Brooks, Sergeant Damian Hoover of the Lehman Township Police Department and Officer Charlie Musial of the Harvey's Lake Police Department.

D-DAY PARTICIPANT SPEAKS AT CEREMONY



Daddow-Isaacs American Legion Post 672 Dallas held a Veterans Day ceremony on November 11 at the Post Home. Jack Evans, who participated in D-Day, was the main speaker. Andrew Santora, an eighth grade student at Dallas Middle School, read an emotional poem concerning Mr. Evans' exploits. Wreaths were placed at the Post Home monument and at the town center monument. Representative Karen Boback was in attendance. Commander Clarence J. Michael presided. From left, Evans, Michael and Santora.

PUZZLE ANSWERS

Puzzles, Page 2

**King Crossword**  
Answers

**Go Figure!**  
answers

9	-	4	x	5	25
+		÷		x	
7	-	2	x	6	30
x		+		-	
1	+	8	+	7	16
16		10		23	

Solution time: 21 mins.

S	H	E	A	R	T	P	A	P	A
C	O	U	P	R	O	E	I	S	I
A	U	R	A	F	O	X	E	A	C
B	R	O	T	H	M	A	Y	I	
O	A	F	S	E	N	D	U	P	
S	C	A	N	D	A	L	S	T	O
W	E	L	T	D	O	T	H	O	N
A	L	O	H	A	G	E	N	E	R
B	L	E	E	D	S	A	U	F	
B	O	L	D	N	A	K	E	D	
D	A	D	A	I	O	N	C	I	A
E	P	I	C	C	P	A	E	L	S
W	E	E	K	K	E	Y	O	E	R

T	O	S	C	A	W	A	I	L	E	L	S	A	H	E	A	D
A	D	U	L	T	A	C	R	E	D	R	O	O	P	O	G	L
R	O	B	O	T	T	H	E	T	R	O	U	B	L	E	L	Y
W	A	S	T	E	H	O	P	E	N	Y	M	P	H	S		
S	P	A	N	I	E	L	O	V	E	R	T	D	N	A	T	A
E	L	D	N	E	E	M	A	A	S	F	R	I	M	L		
C	O	M	E	C	A	N	C	A	A	N	I	P	S	O		
W	I	T	H	A	T	H	R	E	E	D	A	Y	W	E	E	K
S	T	E	A	M	E	R	Y	E	M	E	N	M	I	N	E	O
G	E	R	I	N	E	W	S	G	U	N	N	A	R			
L	A	G	B	I	S	E	W	E	P	A	R	G	A	D		
S	E	N	O	R	A	W	H	E	Y	I	L	I	E			
W	A	I	T	E	M	E	A	R	A	C	O	P	L	A	N	D
I	S	T	H	A	T	I	T	T	U	R	N	S	T	U	E	S
T	H	A	T	E	T	A	T	U	P	S	D	O	L	L		
C	A	M	E	L	S	T	I	L	O	L	A	B	M	A	E	
P	A	L	C	P	R	S	H	A	L	T	A	M	A	Z	I	N
A	M	U	L	E	T	S	T	A	R	B	R	I	B	E		
S	A	R	A	I	N	T	O	M	O	N	D	A	Y	O	B	E
T	H	I	N	N	A	I	V	E	B	E	R	N	O	R	A	T
A	L	E	E	G	E	R	E	A	L	E	X	N	A	T	A	L



CHARLOTTE BARTIZEK/ THE DALLAS POST

GRIEF

Continued from Page 1

to be a counselor, said, "We do a lot of crying for other people's grief."

Having lost her husband, Dave, in July of this year, James saw a need for a group like Grief Relief. She was aware of several church members who had suffered losses and knew that a lot of people were hurting.

"Grief is not easy," she said. "It's a continuous journey. And healing comes with tears."

On this particular cold, snowy Saturday, the group shared pictures of loved ones lost.

Although James admitted the picture she brought of her husband was not the best of him, the smile on his face was most definitely Dave.

"Sometimes, seeing his picture brings tears," she said. "Other times, I hear him saying, 'Don't be sad; be happy.' He made me promise not to spend my entire life in grief."

A 36-year-old mother whose 18-year-old son was killed in a recent automobile accident cherishes the pictures she has of him.

"He hated having his picture taken," she said, smiling at the memory, "so he smirked in every picture."

Her smile turned to tears, though, when she talked about how quiet her cell phone is today. Her son would call her three or four times a day, send text messages often and always share a picture of himself after he got a haircut, asking her how he looked. She has so many unanswered questions, wants to know why God took him so young and sometimes feels like a failure as a parent.

But, with two younger children at home, she is forced to go on.

"She loved her brother," the woman says of her 5-year-old daughter. "It's hard for her and



An embrace of comfort is offered by a participant at a grief support group held at the Center Moreland Methodist Church.

Debbie James talks about her deceased husband, Dave, whose picture is circulated around the table at a grief support group at the Center Moreland Methodist Church.

it's hard for me to help her. She's so young and I don't want her to forget," sharing how the little girl says her brother still sits next to her at the dinner table and claims "he should have cleaned his room."

"It like everybody else's life goes on and yours is at a standstill," the mother added. "You have to function in this life but you don't want people to forget."

Another woman shared a picture of her husband in the kayak he so enjoyed.

"He was a wonderful husband and father and a great loss in my life," she said, tearfully, then smiled when she talked about sprinkling some of his cremated remains at his beloved Frances Slocum State Park.

A woman who attended the group's first session to support a friend who had recently lost her husband found herself grieving all over for a son who committed suicide in 2006.

"Sometimes people think they have grieved, but then they find out they haven't," James added. "People who are secure in their faith think they're supposed to try to suppress grief because we want to believe our faith is strong. For me, grief brought my faith out. I got stronger in my faith. But for some people, it weakens their faith."

"Everybody heals differently," she added. "But it feels good to be with people who have had loved ones pass away."

The recurring feeling of grief

was overwhelming for the mother mourning her son's suicide.

"It's a terrible feeling to know that your child is so low that he chooses death over life," she said, struggling to get the words out. "There's such a feeling of helplessness. Could I have done something wrong?"

Remembering how her son's friend all wanted something of his, the mother realized his life was not without purpose.

"(My son) is in Mehoopany; he's in Forkston; he's in Center Moreland," she said. "God puts us here for a purpose. When someone dies, maybe their purpose has been achieved. If my son can't be with me, there's no one I would rather want him to be with than the Lord."

James said one of her greatest joys come when she gives something of her husband's to someone.

"It feels like I'm keeping his memory alive," she admits.

The Rev. Drew Cottle, pastor of the Center Moreland United Methodist Church, commended the participants for coming out to support each other while James admitted that, when she draws close to the Lord, He gives her comfort.

"You never know real comfort until you feel that," she said. "I know where my husband is and someday I will meet up with him."

Dotty Martin, editor of The Dallas Post, can be reached at 970-7440.

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SEAN'S SKI TIPS

Q. Are helmets a good idea?  
A. Yes, for the same reasons that car seat belts are a good idea. But the best reason to wear a helmet is that it never falls off, so after a spill you can get up and keep on going rather than walking uphill for your hat and goggles.

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