PAGE 8 THE POST

## **CM** offers summer programs

ing training programs, work- danced and street funk by inshops and athletic camps during structor Elisabeth Harris, a certithe summer months for people of fied dance instructor with the all ages. The following activities Dance Educators of America. will be offered at the Back Mountain Campus:

Overnight Competitive Swim a.m.-3p.m. Camps, ages 10-18: Session I ---June 17-21: Session II — June 24- dents will study artists through-28: Jason Morini, head coach for out history and the college will the College Misericordia men's host an art gallery depicting stuand women's swim teams, will dents' work inspired from the operate a technique camp with a primary focus on balance and correct body position for all strokes.

**Community/Family Courses:** Adult /CPR: July 7, 9 a.m. - 1 p.m. Participants enrolled will learn adult-CPR/AED skills to respond to breathing and cardiac Students learn what it was like to emergencies.

Infant/Child CPR: July 21, 9 a.m. -1 p.m. Participants learn to long ago had fun at home and at respond to breathing and cardiac school. emergencies in infants and children under 12 years old.

**CPR/AED** for the Professional Rescuer: June 27-28, 6-10 p.m. a.m.-3 p.m. Participants will re-Participants learn to respond to breathing and cardiac emergencies in adults, infants and children. It includes the use of an from the expert staff. AED, resuscitation mask, use of protective equipment to prevent June 25-29 for grades 5-7 at the the spread of disease and two-rescuer CRP.

First Aid: June 28, 9 a.m.-1 p.m. Receive training to become ualized instruction, team and infamiliar with how to recognize and care for victims of illness and sudden injuries, how to act in staff. emergency situations and much more.

Babysitting Training: July 9, 9 a.m.-12:30 p.m. Participants learn essential care-giving and decision-making skills along mini clinic and lecture, side with safety tips to prevent and re- games and more from the expert spond to emergencies.

Pet First Aid: July 7, 1-4 p.m. Students learn to recognize symptoms of illness and to re- a.m.-3 p.m. at the Anderson Censpond to emergencies, including ter. Girls will receive demonstra-CPR and rescue breathing with tions on fundamentals and shootpets.

**Theatre on the Green Specialty** Workshop — Illusions and Techniques of Stage Fighting: July 11, 2-3 p.m. in the Anderson Center Aerobics Studio. The workshop introduces co-ed participants to the rudiments of illusion of effec- girls is under the director of aqtive stage fighting. The re- uatics director Jason Morini. It is nowned National Players will in- divided into age- and skill-approstruct the techniques of hand-to- priate levels for all participants. hand stage combat, the illusion of effective impact and safety precautions used in stage fighting. Swim Classes: Session I: June Class size is limited so register 4-8, 6:15-6:45 p.m.; Session II: early by calling 570-674-6289. 11-15, June 18-22, July 2-6, July 30-Aug. 3 and Aug. 6-10. The camp for children ages 4-5 is Wednesday from 9-10 a.m.; grades 1-5 is Monday and Wednesday, 10 a.m.-12 p.m.; and grades 6-9 is Tuesday and Thursday, 10 a.m.-2 p.m. boys and girls: July 9-13, 10:30 ly to pre-swimming techniques. a.m.-2 p.m., ages 6-10. Kids get up and moving in this fun and fast-paced dance class. Individualized instruction features work icordia, call 674-6289.

College Misericordia is host- in ballet, jazz, tap, creative

Lil' Cougars Exploration Camps: For ages 7-11 from 9

"Be an Artist": June 25-29. Stuclass.

"Shakespeare for Kids": July 9-13. Students will learn about the famous playwright, make crafts, learn new vocabulary and conduct a performance at the end of the week.

"Life of Long Ago": July 16-20. go to school hundreds of years ago and how boys and girls of

**Cougar Basketball School for** Boys: July 30-Aug. 3 for ages 8-15 at the Anderson Center from 9 ceive individualized instruction, team and individual play, specialized training sessions and more

Cougar Field Hockey Camp: Anderson Outdoor Athletic Complex and Facilities, 9 a.m.-4 p.m. Participants will receive individdividual play and specialized station training from the expert

**Cougar Soccer Success Camp:** July 2-6 for ages 8-14 at the Anderson Outdoor Athletic Complex and Facilities from 9 a.m.-3 p.m. Participants will enjoy training, a staff.

Cougar Basketball Camp for Girls: Aug. 6-10, ages 8-15 from 9 ing form, footwork and skill work before having team practices and games

School-Age Swim Classes: Swim 1, June 4-8 and Swim 2, June 11-15, ages 5-14. The learnto-swim program for boys and

### SCHOOL

# **BM** native is honored

A New York City judging panel has selected Dallas native Jillian Krakosky as one of five finalists in the 2007 Contrex® Natural Mineral Water Bridal Design Competition.

The competition partners **Contrex Natural Mineral Water** with top bridal retailer Kleinfeld Bridal and NYC's Fashion Institute of Technology (FIT). FIT students are challenged with designing a water-themed wedding gown for the chance to be identified as an up and coming bridal designer and earn \$5,000.

Krakosky, a senior fashion design student at FIT, was chosen from more than 50 applicants based on the creativity, originality, wearability, technical skill, and professionalism of her wedding gown sketch entry. Once completed, her water-themed wedding gown will mimic cascading waterfalls sparkling in the sun with Swarovski crystals and layered textured fabric.

"The pairing of Contrex and Kleinfeld allows me to be fashion forward while keeping in mind the needs of the consumer," says Krakosky. "The water theme inspires me to bring something new and fresh to the bridal industry. I am hoping this competition will open some new doors and allow me to showcase my talent and love for the fashion industry."

Krakosky has until July to transform her sketch into an actual gown, which will then be judged by the reputable competition judging panel. Judging panel members include Contrex Natural Mineral Water marketing manager Courtney Cotter, Kleinfeld Bridal owner Mara Urshel, high-end bridal designers Michelle and Henry Roth, **BRIDES Fashion Editor Rachel** Leonard, Modern Bride Fashion Editor Juli Alvarez and Martha Stewart Weddings Fashion Editor Shana Faust.

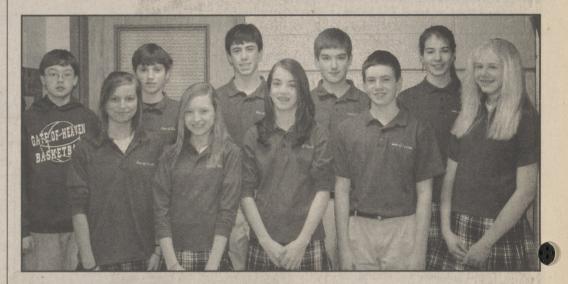
The top two student winners will be announced during a September media event in New York City.

### SEM STUDENTS SELECTED TO PERFORM IN MUSIC FESTIVALS



Seventeen Wyoming Seminary Upper School students recently were selected to perform in district, regional and state chorus, band and orchestra festivals. Students from the Back Mountain named to the District Band are sophomore Hannah Franz, Dallas; senior Megan Messersmith, Dallas; and senior Kristi Stoyko, Shavertown. Stoyko also was named to District Orchestra. Messersmith and Frantz were named to Regional Band. Seen at the end of the festival season are, from left, Messersmith, Frantz, and Stoyko.

#### GATE OF HEAVEN STUDENTS EARN WAY **TO SCIENCE COMPETITION**



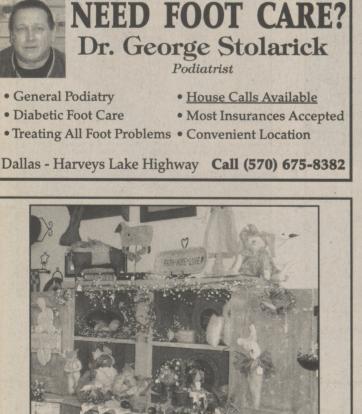
Gate of Heaven students competed in the Pennsylvania Junior Academy of Science (PJAS) competition at King's College recently. The PJAS is an activity in which qualified students in seventh and eighth grades solve problems using the scientific method. Students choose their own topics and design their own research, presenting the results of their studies at the regional meeting at King's College. Seven of the 10 participants from Gate of Heaven received first place awards at this regional meeting and will advance to the state competition in May at Penn State University, State College. First place award winners are Michael Banas, Allison Banks, Devin Phillips, Olivia Zurad, seventh grade students; Marisa DelGaudio, John McCarthy, and Nicholas Morrison, eighth grade students. Second place award winners are Karl Carichner, Matthew Fromel, and Jessica Szczechowicz, eighth grade students. Students shown here, from left, first row, are Olivia Zurad, Devin Phillips, Allison Banks, Karl Carichner, and Marisa DelGaudio. Second row: Nicholas Morrison, Michael Banas, John McCarthy, Matthew Fromel, and Jessica Szczechowicz.

Sunday, April 29, 2007

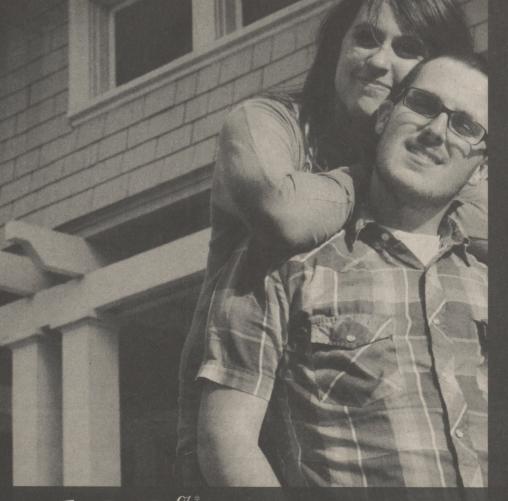
Little Lappers (ages 2-4) and Mini Mates (2 months-3 years) June 11-15, 6:15-6:45 p.m. This School-age Tennis Camp: June pre-swim and safety program acquaints toddlers to basic, but essential, pre-swimming techniques. The Parent/Child Water Guidance program allows an adult to accompany the child in water and help guide the child through relaxing exercises and games designed to allow young CM Summer Dance Camp for children to adjust gently and safe-For more information about

summer programs and workshops available at College Miser-





Gelebrate Spring !!! "IT'S ALL ABOUT HOME" Hours: Tuesday thru Saturday 10am-5pm Stop in for a visit and check out our unique selection of Primitive Country home decor & Holiday gift ideas. (Ask about our shop parties!) 128 N. Main St. Shavertown, PA • (570) 674-1311 (call for directions)



Choosing the right builder, floor plan, colors, kitchen cabinets and appliances was hard.

Choosing the right bank was easy.

Contact one of our mortgage specialists and see how we've made financing your

RICH PADULA @ 499-5404 CHRIS KIRIAS @ 499-5405 TED KOWALICK @ 840-7430

CONSTRUCTION MORTGAGE

**30 YEAR FIXED RATE** 

N ITY IS OUR MIDDLE NAME

fneb.com / 1-877-TRY-FNCB