

CIVIC BRIEFS

Class of 1977 to plan reunion

Members of the Lake-Lehman Class of 1977 will hold a reunion meeting at 7 p.m. Saturday, July 15 at Grotto Pizza, Harveys Lake. Plans will be made for the 30th reunion in 2007.

Health screening offered in Dallas

Julie Olenak, assistant professor of pharmacy practice at Wilkes University's School of Pharmacy, and The Blue Ribbon Foundation of Blue Cross of Northeastern Pennsylvania are sponsoring free cardiovascular health screenings at The Medicine Shoppe in Dallas. To

schedule an appointment, call 674-5577.

Olenak, along with two Wilkes pharmacy students, will administer comprehensive screenings to detect heart risks as part of a year-long Community Cardiovascular Health Initiative. The Blue Ribbon Foundation provided a \$10,000 grant for the program.

Based on recommendations from the American Heart Association, the screenings will consist of a total cholesterol panel, a blood glucose reading, blood pressure reading, and measurements of the waist. Participants will be given a 10-year risk analysis for heart disease, heart health literature, and suggested lifestyle changes so they may reduce their risk of heart disease. The results will also be reported to the patients' physician.

An estimated 4,600 residents of Luzerne County die each year from heart disease, the nation's No. 1 killer.

Dietrich Theater offering yoga

The Dietrich Theater in Tunkhannock will hold yoga classes from 10-11 a.m. Mondays, Wednesdays and Saturdays. The instructors are Melissa Russo and Mary Frances Giordano, certified Hatha yoga instructors. The cost is \$10 per lesson. The classes will teach or reinforce the basic yoga poses, which gently stretch and strengthen the body. Special attention will be given to proper breathing and alignment in the postures. Bring a yoga mat or beach towel.

To view a list of all classes being offered at The Dietrich, visit the Web site www.dietrichtheater.com. For more information, call The Dietrich at 996-1500.

Ultrasound society seeks new members

The Northeastern Society of Ultrasound is now accepting new members for the 2006-07 year. The nonprofit local society consists of more than 65 ultrasound professionals and has been in existence for more than 15. Our members have a variety of experience in the specialties of general, OB/GYN, vascular and cardiac sonography. Five meetings are planned for this year starting with a dinner meeting in September.

Meetings also include an educational session with informational presentations and SDMS approved continuing education credits.

The organization has many professional and personal benefits. For more information, call 690-2956.

New York City youngsters from low-income neighborhoods.

For more information about how you can host a Fresh Air child, call Kim Sorber at 639-5972 or the Fresh Air Fund at 1-800-367-0003. You can also visit The Fund online at www.freshair.org.

Families needed for Fresh Air kids

The Fresh Air Fund's Luzerne/Wyoming committee has begun its annual campaign to find local families who are interested in helping provide free summer vacations to New York City children. Since 1877, the Fresh Air Fund, an independent, not-for-profit agency has provided free summer vacations to more than 1.7 million

American Legion kitchen is open

The kitchen at the Harveys Lake American Legion is open under new management. The kitchen hours are 5-10 p.m. Wednesday through Friday; and 3-10 p.m. Saturday and Sunday. The Legion has two halls available to be rented for any occasion and catering is available. For more information, call 639-2122.

LIONS CLUB PRESENTS SCHOLARSHIP TO FRITZGES



Katelyn Fritzes, a 2006 graduate of Dallas High School, recently received a \$500 book scholarship from the Dallas Lions Club. Fritzes and her parents were guests of the club at a recent dinner at the Castle Inn in Dallas Township. Fritzes plans to attend college in the fall and pursue a degree in biology or biochemistry. She would like to work in the field of human genetics. The National Honor Society student was listed in Who's Who Among America's High School Students, was a third-place finisher in the Science Olympiad and was first-place finisher in the regional History Day competition. Fritzes was a member of the volleyball team and was a member of the school newspaper and Key Club. Attending the check presentation, from left, are Bob Newhart, scholarship committee; Fritzes; and Dave Fitch, scholarship committee.

THOMAS RECEIVES BOOK SCHOLARSHIP



Ben Thomas, a 2006 graduate of Dallas High School, recently received a \$500 book scholarship from the Dallas Lions Club. Thomas and his parents, Lew and Cindy Thomas of Dallas, were guests of the club at a recent dinner at the Castle Inn in Dallas Township. Thomas plans to attend college in the fall and pursue a degree in engineering. The National Honor Society student was listed in Who's Who Among America's High School Students and was a Future Business Leaders of America entrepreneurship competition qualifier. Thomas also played sports for the Mountaineers as a letterwinner in basketball, soccer, tennis and track. Attending the check presentation, from left, are Bob Newhart, scholarship committee; Thomas; and Dave Fitch, scholarship committee.

ULTRASOUND SOCIETY SEEKS NEW MEMBERS



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Barn owners sought for statewide inventory

Owners of Pennsylvania barns built before 1960 are encouraged to participate in a statewide inventory being conducted by the state Department of Agriculture, Pennsylvania Historical and Museum Commission and the Center for Rural Pennsylvania.

To assist with the inventory, the Center for Rural Pennsylvania is asking owners of barns built before 1960 to contact the center and provide their name, address and county of residence. Barn owners should also include the style or architecture of the barn, if possible, and indicate if the barn is being used for farming operations.

Last fall, the state Senate and House of Representatives unanimously passed resolutions recognizing the importance of the state's historic barns and urging a statewide inventory of the historically significant structures.

House Resolution 463 and Senate Resolution 190 were spearheaded by the legislative board members of the Center for Rural Pennsylvania. These resolutions call for the Department of Agriculture and PHMC to inventory and catalogue historic barns in Pennsylvania and to report their joint findings to the General Assembly no later than Nov. 30. The results of the inventory will be available to promote Pennsylvania's agriculture and tourism industries.

All information should be mailed to the Center for Rural Pennsylvania, 200 North Third St., Suite 600, Harrisburg, Pa. 17101 or e-mail info@rural-pa.org. For more information about the program, call (717) 787-9555 or visit the Web site www.ruralpa.org.

MOSCOW BALLET TO HOLD CLASS IN DALLAS

The Moscow Ballet of Russia will hold a weeklong intensive from 9 a.m. to 4 p.m. July 17-21 at the Twin Stacks Center in Dallas. The event



is being held as part of the 14th annual Keystone State Dance Festival. The program is open to experienced dancers ages 10 through adult and will be structured for two levels - intermediate and advanced. There will be a full compliment of technique classes, training on Pointe, variations and character dance. Private lessons will also be available. The chief instructor will be Roman Arkhipov, a soloist from the Moscow Ballet of Russia. He has performed with the Donetsk State Opera, the World Ballet of Stars Festival and the Russian Ballet Crown Theater. Enrollment for the intensive is limited to 20 dancers. Anyone interested should call 675-4667 for an application.

BROWNIES, GIRL SCOUTS ENJOY ANNUAL DAY CAMP



More than 100 Brownie and Junior Girl Scouts from the Back Mountain's Service Unit 119 recently enjoyed the annual Day Camp at Frances Slocum State Park in Kingston Township. This year's theme was "Cowgirls and Indians" and the campers participated in theme-based activities. Under the direction of Michele Tomaselli and her assistant Jill Martin, the campers enjoyed crafts such as tin punching and making cactus replicas. They also learned various recipes to cook over a campfire and line-dancing. A Pow Wow took place with Frank Little Bear. Cadette and Senior Girl Scout counselors and many parent volunteers directed the programs throughout the week. Holding a troop sign, from left, are members Mercedes Whitaker, Kelsey Monahan, Ashley Strazdus and Samantha Starbuck. Holding their tin punch projects, from left, are Madison Gilhooley, Madalyn Bozinski and Marissa Rollman.

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