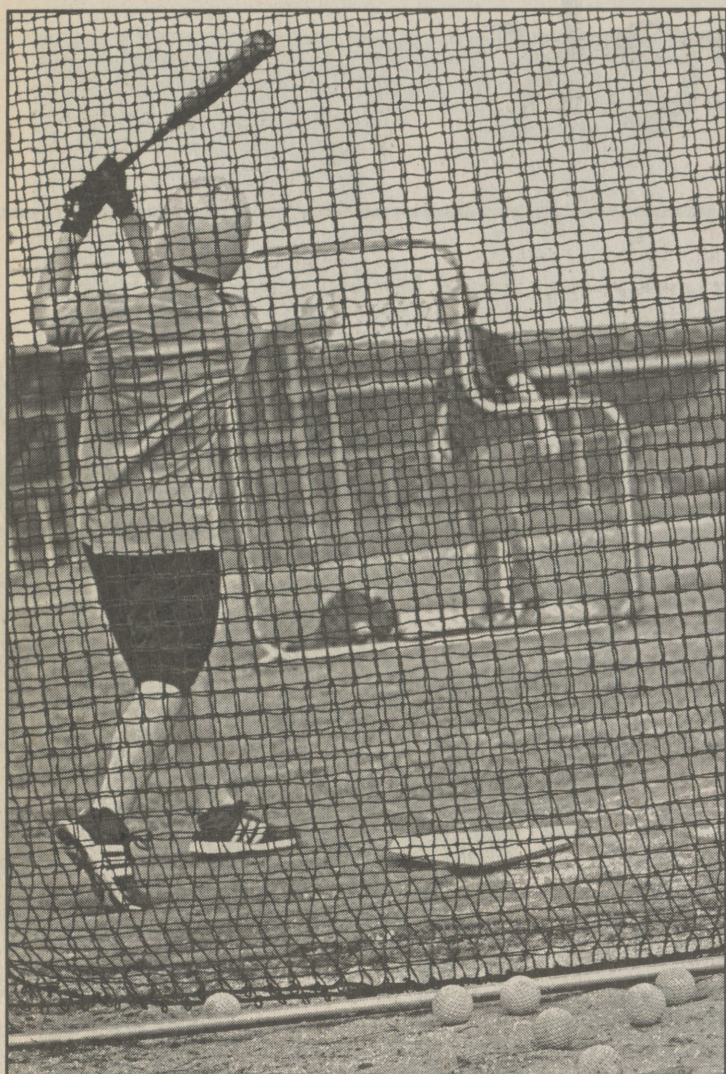


GETTING A LITTLE SPRING IN THEIR STEP



The snow is gone and the sunshine is starting to last longer. That must mean it's time for the high school spring sports season. The baseball, softball, track and field and boys tennis teams at Lake-Lehman and Dallas have been taking advantage of the decent weather by holding several outside practices. The Wyoming Valley Conference baseball and softball regular seasons begin Monday, April 3. The track and field meets start Tuesday, April 4 while tennis begins this week. And don't forget about the boys volleyball season, which starts Monday, March 27. At right, Dallas baseball player Mike Race loosens up before taking batting practice. Above, Tom Parrish hits a ball pitched by Dallas assistant coach Jim Casey.



PHOTOS FOR THE POST/CHARLOTTE BARTIZEK

GIACOMETTI

Continued from Page 7

she said. "I'm sure they'll ease me into the program and put me where they think I fit best."

Samuel and Giacometti were both impressed with the direction of the Syracuse program. Second-year head coach Chris Fox, a former coach at Auburn, has been actively recruiting the best long-distance runners in Pennsylvania.

"It's really exciting," said Giacometti, who is thinking about majoring in education, but will most likely enter with an undecided major. "I don't think it's hit me yet."

HOOPS

Continued from Page 7

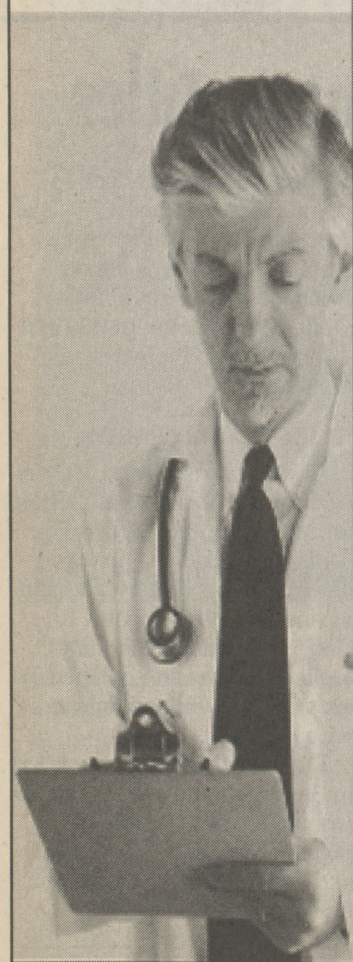
• Donnie Behm made a desperation hook shot as time ran expired as the Dough Company posted a 29-28 win against Brace's Orchard. David Lasco hit a clutch basket with less than one minute to go, but Paul Brace answered with a layup before Behm's shot. Behm finished with 12 points while Jason Simonovich had 11. Paul Brace led Brace's with 17 points while Craig Skidulski had eight and Michael Gallis contributed with three.

• FJ Constantino scored all of his 11 points in the second half to lead Gordon Smith Insurance/Eyecare Specialists to a 31-29 win against Rosenn, Jenkins and Greenwald. Alex Zubko and John Murray each scored 10 points for the winners. Brian Stepniak led Rosenn with 17 points, while Brett Wanek added nine and Jack Matusiak chipped in two.

• Dallas Youth Basketball will sell banquet tickets from 6:30-8:30 p.m. Tuesday, March 21 at Wycallis Elementary School. The banquet will be held on Sunday, April 2 at Genetti's in Wilkes-Barre. All tickets must be purchased by March 27.

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