

Sports Week

YOUTH BASKETBALL

Osick's free throws ice OT win

• Mary Kate Osick made two crucial free throws in overtime as Bishop Photo posted a 23-20 come-from-behind win against Medico Industries in Dallas Youth Basketball's seventh and eighth grade girls action. The winners trailed by as many as 10 points in the fourth quarter. Dana Krawetz led the winners with 10 points, while Sarah Konopki added six.

Sarah Gallis played well for Medico, scoring a team-high 10 points. Jenna Woychick added six points, while Carly Tomko chipped in four.

7TH/8TH GRADE BOYS

• Tony Bevevino scored 15 points and Scot Riccetti added nine to lead Karchner Refrigeration to a 45-28 win against D.J. Charlie Hayes. Carl Baxter added six points for the winners. Jacob Simon led Charlie Hayes with eight points. Tyler Shutlock and Scott Napkora chipped in three and two points, respectively.

• Erik Cannon scored 14 points and D.J. Berley added 12 as Offset Paperback ran past Quad Three Group, 51-34. Mike Diaco and Andrew Ondish added four points each for the winners, while Tyler Atherholt had two. Jimmy Brown led Quad with 26 points and Nick Zabriski chipped in four.

• Gary Verazin scored 29 points and Spencer Youngman added eight to lead Bishop Photo to a 54-32 win against McCarthy Tire. Adam Viercinski chipped in four points for the winners. Austin Carr led McCarthy Tire with 16 points. Brandon Harding and John McCarthy added in nine and three points, respectively.

• Kevin Muldoon scored 14 points and Chris Ellis added 10 as Dr. Jack Ellis rolled past Digital Print Services, 57-28. Taylor Dunn added 10 points and Drew Schaub finished with seven for the winners. Jordan Stephens scored nine points to lead Digital. Tyler Rice added five points, while Pat Touhey and Zachary Smith had two each.

• Nick Lombard dominated at both ends of the court, scoring 30 points, as Karchner Refrigeration took over sole possession of first place with a 59-39 victory against D.J. Charlie Hayes. Hayden Jenkins added 10 points and Jeremy Roberts finished with eight for the winners. Marc Noyalis led Charlie Hayes with 26 points and Stephen Zapoticky finished with nine.

• Standings: Karchner Refrigeration, 11-4; Dr. Jack Ellis, 11-5; Digital Print Services, 10-5; Offset Paperback, 9-5; Bishop Photo, 10-6.

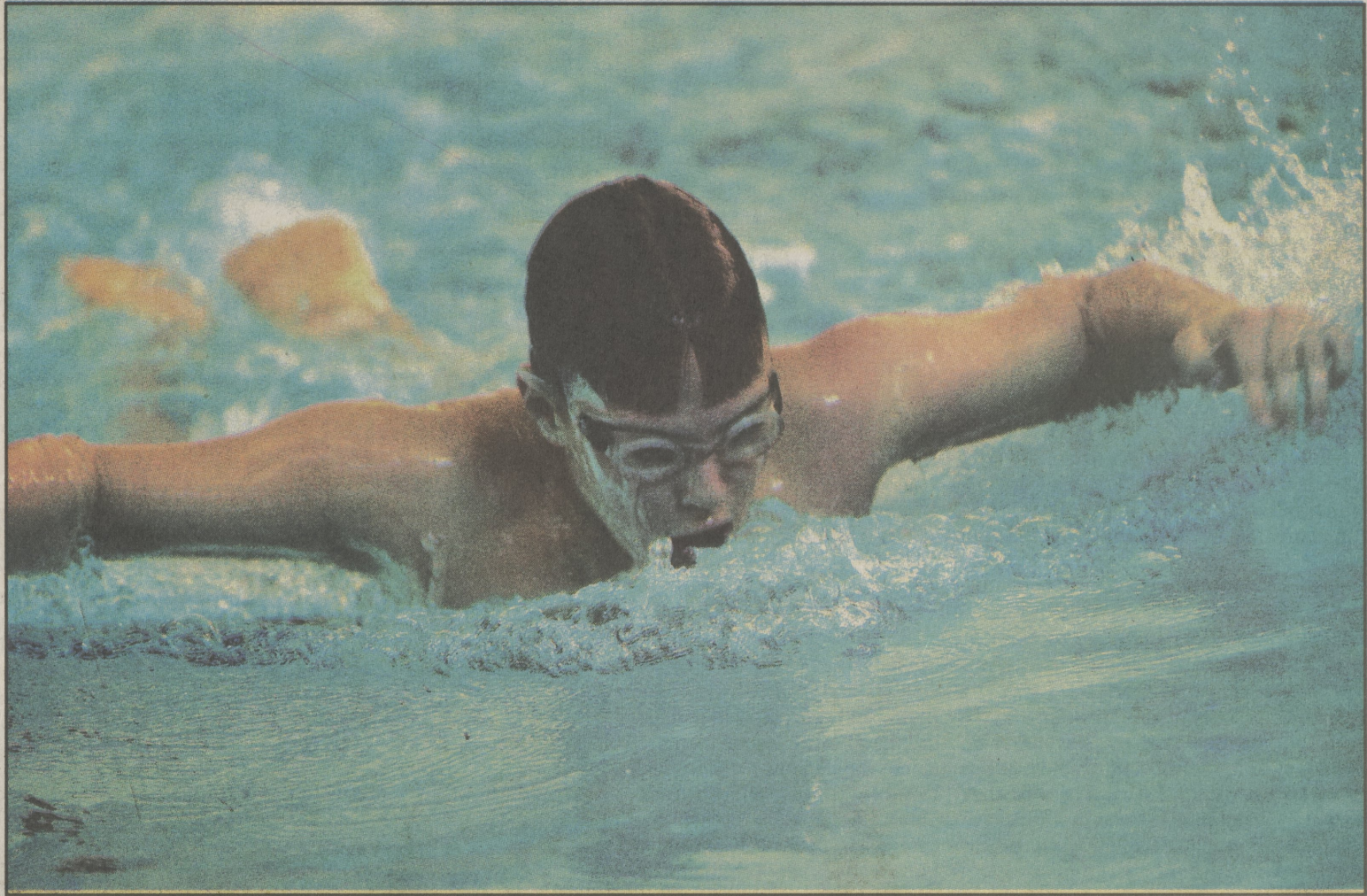
5TH/6TH GRADE BOYS

• Brace's Orchard was down double digits at halftime and stormed back to defeat Rosenn, Jenkins, and Greenwald, 40-24. Leading the comeback was Paul Brace, who finished with 22 points. Craig Skudulski added 12 points and Jake Pasorik and Dylan Pilger combined to have seven steals. Chris Reimard scored six points to lead Rosenn, while Michael Carey added four.

• Aaron Weir and Ryan Thomas combined for 18 points as Eastern Penn Supply Co. defeated Drs. Scott and Clements, 47-36. Sean Kerrick added four points for the winners. Danny Saba and Bobby Saba played well outside and inside respectively, for the dentists. Danny scored 12 points while Bobby added 14. Michael Kapral added seven points and numerous steals.

• Dr. Jack Ellis used a 14-point performance from Michael Banas to defeat Dr. John Kish, 34-

See DYB, Page 8



Chris Tamanini completes his leg of the 200 medley relay for the Dallas Aquatic Club.

FOR THE POST/CHARLOTTE BARTIZEK

Aquatic club making waves

Dallas program continues to grow

By DAVE KONOPKI
Post Editor

DALLAS TWP. — The scene at the Dallas natatorium Saturday afternoon is exactly what Mountaineer swimming head coach Matt Stretanski had in mind when his longtime dream of having a pool on the school district campus became a reality three years ago.

The pool was home to more than 60 boys and girls who were swimming, competing and having a good time as members of the Dallas Aquatic Club.

In just a few short years, the organization has gone from the ground floor to the third-largest program in the Northeast Pennsylvania Age Group League. And it's only going to get better, says club president Ken Greenwood.

"We should go over the 100 (member) mark in the next year or two, without a doubt," said Greenwood. "The kids are learning how to swim and they're having fun."

And the program is a great feeder system for the high school program, says Stretanski.

"It brings kids into the program who know how to swim," he said. "In previous years, many kids came out not knowing what competitive swimming was all about. Now, the kids are prepared and they're prepared to make that commitment."

The NPAGL is home to hundreds of boys and girls who compete in four age groups — 8 and under, 10 and under, 12 and

under, and 14 and under. The Dallas program has kids at many different levels, from beginners to experienced, said head coach Helene Sabola.

"Everyone swims three events," she said. "We try to be fair with everyone. For the kids who are more competitive, we'll ask them what events they'd like to do. But we try to get everyone to try all of the events."

That makes things a little easier for Stretanski.

"By the time they get to us, they already know four strokes and the turns," he said. "We don't have to worry about teaching kids to swim. We do a lot of refining and a lot of fitness training."

It doesn't take much to be a member of the team — a little enthusiasm and the ability to swim one lap in the pool. Youngsters join the team for all kinds of reasons, said Greenwood.

"We have about 20 percent who are highly competitive swimmers," he said. "We have others who swim for various reasons, such as social and conditioning for other sports. We want the existing kids to bring a friend. The school district now has swim classes, so the instructors are on the lookout for potential swimmers."

The school's \$4 million natatorium has been great for the program. The pool is the second-largest in the league, with the Wilkes-Barre CYC being the largest.

"(The Dallas pool) is a magnet," said

See AQUATICS, Page 8



Erica Wilbur, a coach for the Dallas Aquatic Club, helps Marcus Wagner find his lane.

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