

FOR THE POST/CHARLOTTE BARTIZEK

Lou Ellen Zekas buys some green vegetables from Lori Cotrone of Creekside Farms at the Back **Mountain Farmers Market.**

Continued from Page 1A

"Sweet corn is always very popular this time of the year," said Jolene Dymond. "And the berries are so good for you. We thought it would be good to get involved need to help our community."

PUZZLE ANSWERS

King Crossword

support their local farmers, says

buying from them," he said. "The stuff you buy in the supermarket is coming from California. There volved with the farmers market," are very few family farms left. said Manzoni. "It's a great way for You need to support them or people to get fresh fruits and vegthey'll go away."

(with the farmers market). We and Dymond Farm Market, other didn't have it again." farms selling produce at the farm-And it's also important for ers market were Grassy Ridge

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Rational

Numbers

answers

3 0 8

members of the community to Farms of Noxen, Golomb Greenhouse of Plains, Yost's of Wapwallopen and Covered Wagon Pro-"People should take pride in duce of Wapwallopen. Igourment also sold food at the market.

"I'm really glad that I got inetables. I think the community In addition to Brace Orchard would have been upset if we



Puzzles, Page 8

MEADOWS

Continued from Page 1A

Adults, on the other hand, volunteer for a variety of reasons, whether it's because they lost a spouse, recently retired or want to meet new people.

"They may start by filling their time; then they just get hooked," Sorchick said.

And, of course, there are always special circumstances.

Leona Walter, 75, first came to The Meadows when she had to put her mother in skilled

Meadows that she decided to volunteers and is now a resident. volunteer as well.

"My mother was almost there all the time to help her. and kiss it. It's very rewarding," They took such good care of her.'

wears a green smock for 50 ed when they see you walking hours of volunteering. It is now down the hall." the residents who inspire her by the little things they do.



t wasn't until she saw the way Leona Walter serves Myrle Collbaugh some fried bread dough her mother was treated at The and cinnamon. Collbaugh was one of the first Meadows Center

Walter said.

Now, 10 years later, Walter ily members. They get so excit-

residents wait for their fried one. They help a lot."

"Sometimes you take your dough. Pearl Williams eagerly blind, but she would play bin- resident back to their room and twists around in her wheelchair go," Walter said. "Someone was they grab a hold of your hand to talk to Walter, who bends down and gives her a hug.

"If they (volunteers) are I "Some of them have no fam- to help, we're happy to them," Williams said.

"They push me back to my room after bingo. I know they're Down in the dining room, the nice because they push every-

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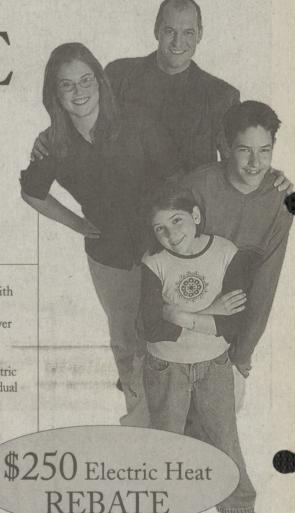
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