

How to get your listings published

Calendar items are published free of charge. Generally, items will appear the two weeks prior to an event. The best way to submit material is by e-mail, to: thepost@leader.net. You also may send it to The Post, 15 N. Main St., Wilkes-Barre PA 18711, or drop it in the box at Uni-Mart, Rt. 309, Dallas. Deadline is Tuesday at 5 p.m.

S	M	T	W	T	F	S	S
3	4	5	6	7	8	9	10

8 DAYS A WEEK

COMMUNITY

July 8 - CHICKEN BBQ, 4:30-6:30 p.m., Noxen United Methodist Church on Rt. 29. \$6.50 per meal, served as takeouts, seating available for those who wish to eat in.

July 9 - CHICKEN DINNER/BAKE SALE, 4:30-6:30 p.m., Loyalville United Methodist Church. Featuring ice cream with choice of dessert. Adults, \$7/children under 12, \$3.50. Takeouts available, call ahead, 477-3521.

July 9 - FLEA MARKET, 8 a.m. to 2 p.m., Bloomingdale Grange #536, Grange Hall Rd., Shickshinny. Food available. Table rental \$5. 256-7610. Grange Hall also available for rent.

EXHIBITS

Through July 21 - KEYSTONE COLLEGE ART STUDENT EXHIBIT, at Dietrich Theater's Earnshaw Gallery, downtown Tunkhannock during times movies are shown. Oil paintings, drawings, sculpture, glasswork and glass blowing by Keystone College art students Jessica Richardson, Michael Swanson and Leigh Ann Sickler. 996-1500 or www.dietrichtheater.com

HEALTH

July 7 - ALZHEIMER'S SUPPORT GROUP, 11 a.m., Meadows Nursing Center, 55 W. Center Hill Rd. Public welcome. Info, call the Alzheimer's Association at 822-9915 or Meadows Nursing Center at 675-8600, ext. 195.

July 7-28 - DIABETES SELF MANAGEMENT, Thursdays, 10 a.m.-noon, Fr. Streit Enrichment Ctr., Mercy Hospital, Wilkes-Barre. Physician referral required. Class size limited. Info, registration, 826-3532.

KIDSTUFF

July 8-10 - BID-TIME EVENTS, for kids during the Back Mt. Library Auction. Friday, Ronald McDonald, 7 p.m.;

Pest or Guest?, 8 p.m.; Saturday, Magic Night, 7 p.m. and 8 p.m. shows; Sunday, Creature Feature, 7 p.m.; Bats, fact or fiction, 8 p.m. 675-1182.

July 8-29 - EVERHART ANCIENT ART EXPLORATIONS. Explore the art of ancient Greece and Rome, ancient Egypt, Cave art, and Babylonian art. Fridays. Session 1, ages 5-8: 10-11 a.m. Session 2, ages 9-12: 11:30 a.m.-12:30 p.m. Free. Dietrich Theater, 60 E. Tioga St., Tunkhannock, 996-1500. www.dietrichtheater.com

MUSIC

July 7 - JAZZ IN JULY, The Bix Beiderbecke All Stars Orchestra, 8 p.m., Wachovia Amphitheater, College Misericordia, Dallas. Festival table for six, \$120; amphitheater seats, \$15; lawn seats, \$8. 674-6719.

July 9 - SUMMER CONCERT FOR FAMILIES with Bill Frye, singer and storyteller, 11 a.m.-noon. Free. Dietrich Theater, 60 E. Tioga St., Tunkhannock, 996-1500. www.dietrichtheater.com

OUTDOORS

July 7 - BIRDFEEDING BASICS, 6:30 p.m. Learn the basic strategies and techniques to make your own backyard refuge come alive with birds at your feeders. Free. Wild Birds Unlimited, Dallas Shopping Center. 675-9900.

RECYCLING

July 9 - LAKE TOWNSHIP, 10 a.m.-noon, at the municipal building, Rt. 29. Aluminum and b-metal cans, clear, brown and green glass and plastic 1 and 2 only. No motor oil containers or scrap aluminum. Newspaper will be collected this month; remove glossy inserts.

SPECIAL EVENTS

July 7-10 - BACK MT. LIBRARY AUCTION, booths and tents open at 4 p.m., auction begins at 6 p.m. Antiques, new goods, crafts, odds and ends, food. 675-1182.

DHS Class of '86 plans reunion

The Dallas High School Class of 1986 is planning their 20th reunion, tentatively scheduled for Labor Day weekend 2006. Anyone interested in being kept up to date on the plans may email their information to Molly (Parsons) Davies, atmollyandmark@hotmail.com

Exhibit features nature

A Study in Nature, featuring work by Nancy Ruch-Kim, painter; Douglas Leidy, figurative wood sculptor and Mark Chuck, ceramic sculptor, continues through July 23 at Lizza Studios 155 Bridge St., Tunkhannock.

The exhibit includes large oil and watercolor or paintings portraying trickling, sunlit riverbeds, rough, figurative sculptures in wood and life-size fish traveling in and around ceramic vases.

Nancy Ruch-Kim was born and raised in West Chester. She studied painting at Moore College of Art, in Philadelphia, then attended the Pennsylvania Academy of Fine Art and the University of Pennsylvania in a coordinated degree program.

Douglas Leidy is a BFA graduate of Kutztown University. He has exhibited in numerous galleries and venues. His sculpture is also being exhibited at the American Crafts Gallery in Cleveland, Ohio. He currently is employed by Christopher Ries Glass Studio, Tunkhannock, and is married with one child.

Mark Chuck has carved out a unique niche in the NEPA art scene with his anatomically correct ceramic fish vases and bowls, ubiquitous to this area. He is currently a student majoring in fine arts at Keystone College, La Plume. He currently lives in Kingsley.

For more information, call 836-8806.



"Hot Pursuit" by Mark Chuck.

UPCOMING

COMMUNITY

July 15-17 - OUR LADY OF MT. CARMEL CHURCH FESTIVAL, Rt. 29, Lake Silkworth. Musical acts Daddy-O on Friday, The Poets on Saturday, The Polka Naturals on Sunday. Food, games, prizes.

EXHIBITS

July 22-Sept. 1 - 'JUNKYARD JIVE' EXHIBIT, at Dietrich Theater's Earnshaw Gallery in downtown Tunkhannock during times movies are shown. Photography exhibit by Dr. Mel Wolk. Meet the artist reception July 31, 3-5 p.m. 996-1500 or www.dietrichtheater.com

KIDSTUFF

July 12-14 - FUN WITH FOSSILS, 9 a.m.-noon, for ages 9-12. Explore the geology of the past in games, activities, hikes and a real archeological dinosaur dig. Ricketts Glen State Park, Rt. 118. 477-7780.

July 13 - BIRDING 101 FOR KIDS, 10 a.m. Parent/child program for ages 6-10. Beginning bird identification, then take a short hike to practice your

Send your news to The Post by e-mail.

thepost@leader.net
Digital photos welcome, too!
Deadline for submitted news is Wednesday at noon.

Make reservations to canoe the Susquehanna River

The North Branch Land Trust will hold its annual canoe/kayak trip on Saturday, July 16.

The annual 12-mile trip down the Susquehanna is for kayakers and canoeists of all ages and abilities. Paddlers may use their own gear or rent. This is an all-day trip from Mehoopany to Tunkhannock with a lunch break midway down the river.

Reservations are required and can be made through Endless Mountain Outfitters at 570-746-9140, on the web at www.emo444.com or e-mail at kayaks@ptd.net. Deadline is July 14. Fees range from about \$30 for a single kayak, \$40 for a two-person kayak/canoe, with reduced prices for those using their own equipment.

new skills. Free. Wild Birds Unlimited, Dallas Shopping Center. 675-9900.

OUTDOORS

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SPECIAL EVENTS

July 16 - TOUR OF BACK MOUNTAIN GARDENS, 9

a.m.-4 p.m. Visit to five home gardens, workshops and flower show. Rain or shine. Proceeds benefit Anthracite Scenic Trail Association. Tickets required, \$15 before July 9, \$20 after or if picked up at the Back Mountain Memorial Library. To obtain a schedule and tickets, send payment and two postage stamps and your address to Bloomers Garden Show, P.O. Box 125, Dallas PA 18612. Info, 675-9016.

STAGE

July 15, 16 - 42nd STREET, presented by the Wyoming County Players present at the Tunkhannock Area Middle School. Evening shows at 7 p.m., Saturday matinee at 2 p.m. Tickets \$8, sr. citizens \$6, students \$5. 836-6986.

Music concert and wine tasting

The Weekend of Chamber Music concert "On the Road" will be at Shadowbrook Inn and Resort's Mainstreams Ballroom on July 10 at 3 p.m.

Nicholas Maw, the world-renowned, Grammy-nominated composer will be in attendance. The group will play a signature piece of Maw's along with music of Mozart, Couperin and Rameau.

Before the concert there will be a complimentary wine tasting guided by a guest wine consultant, and food will be served. A separate event later will pair gourmet food with wines. Shadowbrook's executive chef will be on hand along with a wine consultant to help explain and experience the pairings.

Tickets for the concert are \$15 in advance or at the door.

The five-course dinner will be \$60 per person, reservations required. To make reservations, log onto www.shadowbrookresort.com; call 877-397-9900; or call the Weekend of Chamber Music at 845-932-8527.

To see details, go to www.wcmconcerts.org.

ONGOING

EXHIBITS

Ongoing - **THE LIGHT & THE LAND**, ongoing project by Sue Hand, Dallas. Final collection will be over 1,000 drawings and paintings. Allied Services-John Heinz Institute, 150 Mundy St., Wilkes-Barre. Info, 826-3800.

GROUPS

Thursdays - WRITERS GROUP, 7-8:30 p.m. The group celebrates all different types of writing styles and formats. Join any time. Admission is free. Dietrich Theater 60 E. Tioga St. Tunkhannock. 996-1500.

HEALTH

BACK MT. FREE MEDICAL AND LEGAL CLINIC, every Friday, 6:30 p.m., Fr. Sammons Hall at St. Therese's Church, Pioneer Ave., Shavertown. Strictly confidential and non-denominational. Volunteer doctors, nurses and greeters are welcome. Call Maureen at 696-1427 with questions.

July 9, 16, 23, 30 - YOGA FOR YOU, Saturdays 10-11 a.m. Mondays 7-8 p.m.; Wednesdays 10-11 a.m. Admission is \$10 per class. Accommodations for beginners, experienced practitioners, and special needs. Bring a yoga mat or beach towel. Dietrich Theater. 60 E. Tioga St., Tunkhannock. 996-1500 or www.dietrichtheater.com

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