

# Sports Week

## GENDER EQUITY

### Who's on first? It's a girl, and she's good

By CHRIS BELL  
Post Correspondent

As a member of the Harveys Lake Maroon Little League team, Selena Adamshick is showing that some girls can do anything boys can do.

The 12-year-old daughter of Paul and Patti Adamshick intends to play softball at the junior high and high school levels, starting playing baseball after watching her older brothers, Mike and Shay, play.

"I've been playing on boys' teams since I started, so I thought I would finish on boys teams," Selena said last week. She splits time between first base and pitcher. "I really enjoy the competition."

Her parents are proud of her accomplishments on the diamond. "She holds her own," said Paul Adamshick, who added that Selena also competes against boys in ice hockey during the winter months. "Her best asset as a pitcher is her control. She gets it over the plate and doesn't walk many people."

Thus far, the season highlight for Selena was the home run she hit in a win over the Back Mountain Giants. She added a double and a triple in that game and struck out seven batters over the final three innings to earn a save.

"Hitting a home run was really exciting," said Selena, a sixth-grade student at Lake-Noxen elementary. "But, my favorite part of playing is first base because there is a lot of action."

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Selena Adamshick, 12, likes to play with the boys. She is one of the best players on the Harveys Lake Maroons Little League team. Last week, she hit a home run against the Back Mountain Giants.

FOR THE POST/  
CHARLOTTE BARTIZEK

## BACK MOUNTAIN BASEBALL

### Rangers have a winning week

Zach Dirsā pitched a complete game shutout, striking out 11 and allowed only one hit as the Rangers blanked the Horlacher Yankees, 10-0. Travis Debona and Stephen Ruch led the offense with three hits each, while Robbie Coscia had a hit and scored twice for the Rangers. Knott struck out nine in the loss while Thomas had the lone hit for the Horlacher Yankees.

#### Rangers 10, Athletics 5

Stephen Ruch had three hits including a three-run homer and picked up the victory on the mound. Travis Debona contributed three hits while Jordan Stephens had two hits and two RBI. Brett Wanek and Zach Dirsā each added doubles for the Rangers.

Aaron Perez struck out six Rangers in the loss. Brian Wise had a big hit for the A's, crushing a triple to drive in three runs.

#### Rangers 12, Harveys Lake #1 2

The Rangers continued a winning track with Zach Dirsā striking out seven in the victory. Jordan Stephens and Shane Dunn each had two hits with Mike Sebastian smashing a bases-loaded double to drive in three runs. DeBona hit a bases-loaded inside the park home run.

Louis Oley had a double for Harveys Lake.

#### Rangers 9, Orioles 2

Stephen Ruch hit a three-run homer and pitched three innings to pick up the victory. Shane Dunn contributed two hits while scoring three runs. John McCarthy had a clutch two-run double while Travis DeBona also had an RBI double. Robbie Coscia and Brett Wanek also added hits for the Rangers.

Bobby Saba hit a solo home run for the Orioles while Devon Taylor pitched a complete game, striking out seven.

#### HL Maroons 8, Orioles 5

Troy Shurites was 3-for-4 and struck out five in three innings. Mike Kotulski came in to relieve and also went 2-for-3. Joel Peterlyn had two hits and Selena Adamshick hit a double and a triple. Zubko, Saba, Dutter, and Roberts had hits for the Orioles.

#### Pirate 7, Giants 3

Josh McEntee struck out seven batters and allowed only four hits as the Pirates topped the Giants. The Pirates offense was led by William Fulton, Spencer Youngman, Chris

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## SPORTS ROUNDUP



FOR THE POST/CHARLOTTE BARTIZEK

Hoban's Kristine Stanks had her eye on stealing the ball as Megan McDonald kicked it away during Dallas' May 23 win.

## GIRLS SOCCER

### Dallas wins District 2 title

May 25 — The Lady Mountaineers shut out Coughlin for the third time this season, and the 2-0 victory gave Dallas the title the Lady Crusaders had held the two previous years.

Dallas (16-0-1) will host the District 3 fourth seed on Tuesday at College Misericordia in the first round of the PIAA Spring Soccer Tournament.

The victory was the team's first appearance in the district championship game since losing the inaugural contest in 1993. Kiley Williams scored on a direct kick in the 22nd minute and Sammi Elston scored off a Melissa Gorski assist in the 56th minute.

"I thought we could (shut them out)," said Dallas goalkeeper Jill Spring, one of six freshmen in the starting lineup. Coughlin never had a chance against the Dallas defense, which featured its only senior starters — Caitlyn McGuire, Megan Savage and

Michelle Luksh — and freshman Alia Pyros.

While Coughlin had 12 shots and eight corners, Spring made 10 saves.

#### Dallas 4, Bishop Hoban 2

May 23 — Melissa Gorski scored a hat trick and Michelle Gibbons once. Jill Spring recored six saves in goal.

## BASEBALL

#### Wyoming Area 9, Tunkhannock 1

May 24 — The Warriors used eight hits to score six runs in the first two innings. Chad Crispell's first-inning double was the Tigers' only hit through four innings. Tunkhannock added two more hits in the fifth, but couldn't score. Tyler Austin threw four innings in relief before giving up a hit. Tunkhannock finally got on the board in the sixth. A throwing error sandwiched between a pair of singles by Crispell and Chris Hnatko loaded the bases. Corey Rau drew an RBI walk with no outs, but that was all the Tigers got.

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## Fusion U-10 girls travel soccer tryouts

The Back Mountain Fusion U-10 girls travel soccer team will hold tryouts Friday, June 3, at 5:30 p.m., at St. Paul's Lutheran Church, Rt. 118, Dallas. For more information, call 696-4503.

## Northwest Little League tournament

The Northwest Area Little League will hold its second annual golf tournament on Saturday, June 11 at the Morgan Hills Golf Course in Hunlock Creek. A shotgun start is slated for 9 a.m. and 3 p.m. Proceeds will benefit the league. The format is captain and crew. The cost per person is \$55, which includes cart, green fees and a buffet meal. To register or for information on sponsorship opportunities, contact Lynn King at 477-3043, or email [lynnking@pntd.net](mailto:lynnking@pntd.net).

## L-L Football golf tournament

A golf tournament to benefit Lake-Lehman football will be held Friday, June 17 at Mill Race Golf Club, Benton. There will be a shotgun start at 1 p.m. The charge of \$65 per golfer includes greens fees, cart, refreshments, dinner and prizes. Call Greg Myers at 675-7458, ext. 4802 for more information or to register.

## Tournament aids Red Cross

The Wyoming Valley Chapter of the American Red Cross will hold its fifth annual golf outing at Irem Temple Country Club on Friday, June 24. Tee time is 12:30 p.m., rain or shine. The format is captain and crew. The cost for a foursome is \$400, which includes cart, greens fees and a buffet meal. Proceeds will support Red Cross programs in upper Luzerne County. To register or for more information, call 823-7161.

## Football camp for grades 4-9

The non-contact 1st and Goal Football Camp for players entering grades 4-9 will be held July 18-20 at Lake-Lehman High School. The camp will emphasize fundamentals. Call 868-6599 or 592-3327 for a brochure.

Send your sports reports by e-mail  
[thepost@leader.net](mailto:thepost@leader.net)



FOR THE POST/PETE G. WILCOX

Lisa Giacometti and Hillary Adams shared their joy after Dallas won the 3200 relay race at the District 2 track championships.