#### How to get your listings published

Calendar items are published free of charge. Generally, items will appear the two weeks prior to an event. The best way to submit material is by e-mail, to: thepost@leader.net. You also may send it to The Post, 15 N. Main St., Wilkes-Barre PA 18711, or drop it in the box at Uni-Mart, Rt. 309, Dallas. Deadline is Tuesday at 5 p.m.

S	М	T	W	T	F	S	S
13	14	15	16	17	18	19	20

#### THIS WEEK

#### BLOOD DRIVES

Feb. 17 - SWEET VALLEY CHURCH OF CHRIST, 2-7 p.m. Info, reservations, 823-

Feb. 18 - DALLAS AMERICAN LEGION, 1-6 p.m. Info, reservations, 823-7161.

#### COMMUNITY

Feb. 15 - REP. DON SHERWOOD representative will be at the Dallas Twp. Municipal Bldg., 11 a.m.-noon. For info, or appointment, 1-888-366-7210

Feb. 19 - MADRIGAL DINNER, 6:30 p.m. Complete authentic medieval dinner, musical performances. Tickets \$30 per person. Shavertown United Methodist Church, Pioneer Ave. Reservations, 675-3616.

Feb. 19 - SPAGHETTI DINNER, takeouts at 3:30 p.m., sit-in 4-6 p.m. Huntsville United Methodist Church, Huntsville Rd., Jackson Twp. Adults \$6, children under 12 \$3. Info, 675-0212, 696-2271.

#### EXHIBITS

Feb.16 - ROSSETTI ART CON-TEST ENTRIES are due by 6 p.m. at Sue Hand's Imagery, Main St., Dallas. Open to students in grades 7-12 residing in or studying art within, the geographical boundaries of the school districts of Dallas, Lehman, Tunkhannock and Northwest Area . Various media, up to three entries each person. Opening reception Sunday, Feb. 27, 1 to 4 p.m. at the MacDonald Art Gallery, College Misericordia, Dallas. The exhibit of winning artworks will continue through March 23. Info, 675-5094.

#### HEALTH

Feb. 22 - INTRODUCTION TO ZEN MEDITATION, 7:30-9 p.m., Mercy Center, Dallas, pre-registration required. To register or for information call 675-1872, free will offering.

# KIDSTUFF

Feb. 19 - PRESIDENTS DAY PROGRAM, 1-3 p.m., Swetland Homestead, 885 Wyoming Ave., Wyoming. For ages 6 and up; story, craft and tour. Admission \$3 each. Info, 823-6244 or 693-2740.

# MUSIC

Feb. 15 - K.J. JAMES BLUES, noon, free. Luzerne County Community College Campus Educational Center, 1333 S. Prospect St., Nanticoke. Info, 740-0429.

# OUTDOORS

Feb. 19 - THE SCIENCE OF SNOW, 11 a.m. Learn more about the white stuff from Carissa Riley Longo, Environmental Educator. Wild Birds Unlimited, Dallas Shopping Center.

#### RECYCLING

Feb. 15 - JACKSON TOWNSHIP. 8 a.m. to 6 p.m., at the municipal building, 2211 Huntsville Rd. Co-mingled and newspaper. Info, 675-8371.

#### SPECIAL EVENTS

Feb. 15 - A WAR IN LETTERS, 7 p.m., The Wyoming County Cultural Center/Dietrich Theater, Tunkhannock.
Personal correspondence of a U.S. marine who fought in the Battle of Iwo Jima, shared by his daughter, Marybeth Voda, a Wyalusing resident. Tickets are \$5 for adults, \$3 for students.
Veterans may attend free as special and honored guests. Info, 996-1500.

Feb. 18-20 - WINTER WONDER-LAND WEEKEND, at the Kiwanis Wyoming County Fairgrounds in Meshoppen. Ice sculpture exhibition, ski trail, snowmobile demonstration, ice skating, biggest snowball contest, sleigh riding, sledding, tubing, face painting and small games. Poker All Terrain Vehicle 20 Mile Race Saturday morning starting at 10 a.m. Live bands both days. Pre-sale tickets \$5 for the three day weekend, \$3 for one day. Gates open Friday at 4 p.m.; Saturday and Sunday at noon. Tickets at the gate will be \$4. Pre-sale tickets available at First Liberty Bank in Tunkhannock and Meshoppen, Welch Insurance Agency, the New Age-Examiner, R J's Food Market in Meshoppen, Gay's True Value and Timberline's in Factoryville

Feb. 19 - NIGHT AT THE RACES, doors open 7 p.m., post time 7:30 p.m., Harveys Lake American Legion, Route 415. Horses, \$10, horse purchase includes one free admission, general admission, \$5. Info, 639-5551.

# STAGE

Feb. 16-19 - THE LARAMIE PRO-JECT, chronicling six trips to Laramie, Wyoming in the aftermath of the murder of a gay college student. Admission \$7, students and seniors \$4. King's Players, King's College Theatre, 133 N. River St., Wilkes-Barre. Info, 208-5825.

Feb. 18-19 - BACKSTAGE,

Wyoming Seminary Lower School middle-school play at 7 p.m. in the Amato Auditorium at the Lower School, 1560 Wyoming Ave., Forty Fort. The play shows the romance, treachery and hilarious confusion taking place off-stage during a school play and how the players try to save the day. Tickets are \$2 at the door. Info, 270-2190.



Mad River Theater Works will present "Freedom Bound" at Wyoming Seminary Upper School on Feb. 21.

# **Underground Railroad featured** in play at Wyoming Seminary

The Underground Railroad will make a stop at Wyoming Seminary Upper School on Monday, Feb. 21, as Mad River Theater Works presents "Freedom Bound," the inspiring story of a slave's escape to freedom.

The performance will be held at 7 p.m. in the Buckingham Performing Arts Center, North Sprague Ave., Kingston, and is free and open to the public. "Freedom Bound," a play with music, tells the story of Addison White, an escaped slave, and his rescue by the citizens of

Mechanicsburg, Ohio. He was a passenger on the Underground Railroad, a network of people who helped slaves escape to Canada before the Civil War. The production features original music and a cast of characters who present the danger and excitement of the Underground Railroad and portray the courage of those who supported it.

The production is part of Wyoming Seminary's 2004-05 Performing Arts Series. For more information, call the Sem public relations office at 270-2190.

# ONGOING

# CLASSES

Through March - COLORS OF WINTER, art classes. Mon., Wed., Thurs. 6-7:30 p.m. All mediums and styles, ages 6-adult, \$16 per class. New Visions Art Studio, Shavertown, 696-5515.

# COMMUNITY

PUBLIC SWIMMING,

Wednesdays and Fridays, 6:30-8:30 p.m.; Sundays 2-5 p.m. Dallas Middle School pool is open to the public for lap and recreational swimming. No one under 18 admitted without a parent or guardian. Proof of residence and a \$2 daily fee required.

FAMILIES HELPING FAMILIES, Wednesdays 6-8 p.m., St. Paul's Lutheran Church, off Rt. 118, Dallas. For families with chemical dependency, in cooperation with Clear Brook Inc.. Info, 823-1171.

# HEALTH

BACK MT. FREE MEDICAL AND LEGAL CLINIC, every Friday, 6:30 p.m., Fr. Sammons Hall at St. Therese's Church, Pioneer Ave., Shavertown, Strictly confidential and non-denominational. Volunteer doctors, nurses and greeters are welcome. Call Maureen at 696-1427 with questions.

TAKE OFF POUNDS SENSIBLY meetings Thursdays, 5:30 p.m., Shavertown United Methodist Church, Pioneer Ave. All ages welcome.

# KIDSTUFF

Through May - COLLEGE MIS-ERICORDIA offers Yoga, aerobics, adult ballet, wateraerobics, and swim lessons (for boys and girls 5-14, for pre-schoolers, ages 2-4, and for young children, ages 2 months-3 years). Info, 674-6289 or www.misericordia.edu, "Non-Credit Courses"

# OUTDOORS

Satrudays through Feb. 26 -EAGLE EXCURSIONS, guided treks to search for wintering eagles at 10 a.m. and 1 p.m. Eagle Institute, 176 Scenic Dr., Lackawaxen. \$10. Info, 685-5960 or www.eagleinstitute.org.

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#### Latin sound at College Misericordia

The musical trio Triangulo will bring their 2005 international tour to the Walsh Auditorium on the College Misericordia campus on Thursday, Feb. 17.

Flutist Marco Granados of Venezuela, cellist Gustavo Tavares of Brazil, and pianist Pablo Zinger or Uruguay make up Triangulo, playing music from throughout Latin America, from the Caribbean to the Andes. Their performances are applauded for their red hot passion, lyricism and authority. The group's acclaimed international performances have included tours of Brazil, Germany, Norway, Slovenia and Puerto Rico.

The concert, which is free and open to the public, will begin at 8 p.m.

For more information, call the box office, 674-6719.

#### UPCOMING

#### BLOOD DRIVES

Feb. 21 - IREM TEMPLE COUNTRY CLUB, 1-6 p.m. Info, reservations, 823-7161.

#### CLASSES

Feb. 28-Mar. 19 - CREATING
SCULPTURE, introduction to
sculpture. Students will work
in a studio setting utilizing
tools and equipment to create pleasing three-dimensional objects of art.
Beginning through
Intermediate students welcome. Saturdays 9 a.m.noon. At College
Misericordia. Cost, \$59 plus
\$20 materials fee, Info, 6746289 or
www.misericordia.edu, "NonCredit Courses"

#### COMMUNITY

Feb. 28: VACATION BIBLE PREVIEW WORKSHOP, 7 p.m., presented by Gifts From Above at the Fellowship Evangelical Free Church, Hildebrant Rd, Dallas. Call 675-0354.

#### DANCE

Feb. 27- Mar. 20 - HIP-HOP DANCE LESSONS, Sundays, 5-5:45 p.m. Cost, \$80. "Latin Dance Lessons," 6-6:45 p.m. Cost, \$80. At College Misericordia. Info, 674-6289 or www.misericordia.edu, "Non-Credit Courses"

#### GROUPS

Feb. 22 - DALLAS COMMUNITY VISIONING and Harvest Festival Committee will meet at 7 p.m. in the Dallas Borough Council Chambers, 25 Main St. New volunteers and anyone interested in learning about these programs are welcome. Info, 675-1389.

# KIDSTUFF

Feb. 21 - HOLIDAY CAMP 9 a.m.-4 p.m., swimming, gym activities, arts and crafts, movies and more. Wilkes-Barre Family YMCA, 823-2191, ext. 129.

# MUSIC

Feb. 21 - K.J. JAMES, singer, songwriter and acoustic blues guitarist, noon in the Cafe Commons, Penn State Wilkes-Barre. James is one of the country's most celebrated bluesman. His credits include five consecutive NACA Campus Entertainer-Of-The-Year nominations and national acclaim for his contribution to the internationally recognized "Salt City Blues" project. Free. Info, 675-9284.

Feb. 23 - UNSUNG HERO, Top Brass Ensemble including vocalists and a narrator in a program mixing music, poetry and song. At 7 p.m., Snyder Room, Third Floor, Sheehy-Farmer Bldg., King's College, Wilkes-Barre.

#### OUTDOORS

Feb. 24 - WILDFLOWERS & PLANTS: 12 MONTHS OF COLOR, 6:30 p.m. Join Rick Koval, Land Protection Specialist with the North Branch Land Trust, for a slide presentation of wildflowers and plants. Free. Wild Birds Unlimited, Dallas Shopping Center.

#### SPECIAL EVENTS

Feb. 25 - BEST IN SHOW, musical, movie-themed gala to aid SPCA Capital Campaign, 7 to 11 p.m., Genetti's in Wilkes-Barre. Open bar, passed hors d'oeuvres and buffet stations, bands, comedians, auctions. Tickets \$75 per person or \$650 for a table of 10. Purchased by calling 472-0365 or 970-SPCA.

Mar. 5 - WINE TASTING, 7:30 to 10:30 p.m. at the Tunkhannock Public Library, 220 West Tioga St., Tunkhannock. Refreshments will include wine and non-alcoholic beverages, hors d'oeuvres, coffee and dessert. Raffle tickets, and door prizes. Admission \$30 per person, tickets limited. Proceeds benefit the library. Call 836-1677 for tickets and info.

# STAGE

Feb. 21 - FREEDOM BOUND, a play with music about the Underground Railroad, performed by the Mad River Theater Works at 7 p.m. in the Buckingham Performing Arts Center, North Sprague Ave., Kingston. Free. Info, 270-2190.

Feb. 24-Mar. 13 - THE SOUND
OF MUSIC, the great Rodgers
& Hammerstein musical.
Thurs-Sat., bar opens 6 p.m.;
dinner at 6:30, curtain at 8.
Sundays, bar opens 1 p.m.,
dinner at 1:30, curtain at 3.
The Music Box Dinner
Playhouse, 196 Hughes St.,
Swoyersville. Info and reservations, call 283-2195 or 1800-698-PLAY, or visit
www.musicbox.org.

Feb. 27 - VACANCY IN PAR-ADISE, Winter Dessert Theater presentation by The Wyoming County Players. At the Shadowbrook Inn & Resort, Tunkhannock at 3 p.m. Guests will sample six slices of dessert, choose two and enjoy a flavorful coffee or tea along with the show. Tickets are \$15. Call 836-

6986 for reservations.

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# FEBRUARY SPECIALS

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THURSDAY- RYE \* CAJUN THREE PEPPER
\* MILLET RAISIN
FRIDAY - CHALLAH BREAD \* GARLIC
\* OLIVE & SWEET RED PEPPER
SATURDAY - PAIN aux FROMAGE

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