

How to get your listings published

Calendar items are published free of charge. Generally, items will appear the two weeks prior to an event. The best way to submit material is by e-mail, to: thepost@leader.net. You also may send it to The Post, 15 N. Main St., Wilkes-Barre PA 18711, or drop it in the box at Uni-Mart, Rt. 309, Dallas. Deadline is Tuesday at 5 p.m.

S	M	T	W	T	F	S	S
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THIS WEEK

COMMUNITY

Jan. 8 - CHICKEN & BISCUIT DINNER/BAKE SALE, Loyalville United Methodist Church. Serving 4:30 -6:30 p.m. Takeouts available, call ahead to 477-3521. Taking orders for Zina's Homemade Fudge, delivered on Feb. 15. Call 477-3157 or 639-5882 for more information.

EXHIBITS

Through Jan. 3 - ARTISTS FROM OUR AREA, Wyoming County Courthouse Gallery, 1 Courthouse Sq., Tunkhannock. Mon.-Fri. 8:30 a.m.-4 p.m.

Through Jan. 7 - THREE AT MARQUIS, pastels by Tobi Balin Grossman, ceramics by Bonnie Blum, paintings by Karen Poels. Mon.-Sat. 11 a.m.-5 p.m. Marquis Art Gallery, 122 S. Main St., Wilkes-Barre. Info, 823-0518.

HEALTH

Jan. 4-25 - DIABETES SELF MANAGEMENT, Tuesdays, 10 a.m.-12 noon, Fr. Streit Enrichment Ctr., Mercy Hospital, Wilkes-Barre. Physician referral required. Class size limited. Info, registration, 826-3532.

Jan. 5 - YOGA FOR YOU, Wednesdays, 10-11:00 a.m. Instructor, Melissa Russo, certified Hatha yoga instructor. \$10 per lesson, children free. Accommodations for beginners, experienced practitioners, and those with special needs. Bring a yoga mat or beach towel. Dietrich Theater 60 E. Tioga Street Tunkhannock. Info, 996-

ONGOING

COMMUNITY

PUBLIC SWIMMING, Wednesdays and Fridays, 6:30-8:30 p.m.; Sundays 2-5 p.m. Dallas Middle School pool is open to the public for lap and recreational swimming. No one under 18 admitted without a parent or guardian. Proof of residence and a \$2 daily fee required.

EXHIBITS

Through March - A STORY RUNS THROUGH IT, images, artifacts and maps of Wyoming Valley's history, environment, industry, commerce, culture, floods and flood control. Tues.-Sat. noon-4 p.m. Luzerne County Historical Society, 69 S. Franklin St., Wilkes-Barre. Info, 823-6244.

Ongoing - THE LIGHT & THE LAND, ongoing project by Sue Hand, Dallas. Final collection will be over 1,000 drawings and paintings. Allied Services-John Heinz Institute, 150 Mundy St., Wilkes-Barre. Info, 826-3800.

1500 or www.dietrichtheater.com

Jan. 6 - ALZHEIMER'S SUPPORT GROUP, 11 a.m., Meadows Nursing Center, 55 W. Center Hill Rd. Public welcome. Info, call the Alzheimer's Association at 822-9915 or Meadows Nursing Center at 675-8600, ext. 195.

MUSIC

Jan. 8 - FAMILY CONCERT WITH MARY BAKER, 11 a.m.-noon. Stories and songs with singer/storyteller. Free. Dietrich Theater, 60 E. Tioga St., Tunkhannock. Info, 996-1500.

OUTDOORS

Jan. 2 - NEW YEAR'S HIKE at Hickory Run State Park, held by the Greater Wyoming Valley Audubon Society. Wear appropriate clothing and footwear. Meet at 1 p.m. at the Park & Ride on Blackman St., Wilkes-Barre or at 1:30 p.m. at the Caboose in the White Haven Shopping Center. 474-5884.

RECYCLING

Jan. 8 - LAKE TOWNSHIP, 10 a.m.-noon, at the municipal building, Rt. 29. Aluminum and b-metal cans, clear, brown and green glass and plastic 1 and 2 only. Newspaper will be collected this month, remove glossy inserts.

STAGE

Jan. 8-9 - JOHN LENNON & ME, by the Dallas High School Drama Department, 7 p.m. at the Dallas High School auditorium.

HEALTH

BACK MT. FREE MEDICAL AND LEGAL CLINIC, every Friday, 6:30 p.m., Fr. Sammons Hall at St. Therese's Church, Pioneer Ave., Shavertown. Strictly confidential and non-denominational. Volunteer doctors, nurses and greeters are welcome. Call Maureen at 696-1427 with questions.

ALCOHOLICS ANONYMOUS meetings, Every Tuesday starting at 7:30 p.m., St. Paul's Lutheran Church, off Rt. 118, Dallas. Every Friday starting at 7 p.m., Shavertown United Methodist Church, Pioneer Ave.

OUTDOORS

Saturdays through Feb. 26 - EAGLE EXCURSIONS, guided treks to search for wintering eagles at 10 a.m. and 1 p.m. Eagle Institute, 176 Scenic Dr., Lackawaxen. \$10. Info, 685-5960 or www.eagleinstitute.org



Digital art in Tunkhannock

"Expressions In Digital Art," a showing by artist and composer Warren Furman of Montrose will be hosted by Wyoming County Courthouse Gallery, Tunkhannock. This show will open with a meet the artist reception on the first floor of the courthouse on Friday, January 7 from 4 to 7 p.m. The public is invited to attend and talk with the artist.

Furman, a native of New York City, has resided in Susquehanna County since 1986. He attended Pratt Institute, University of Cincinnati and Wesleyan University where he studied art and architecture and graduated with honors from Queen's College (now SUNY). He has been a tennis pro and coach, music school owner/teacher, piano rebuilder and furniture designer, but tends to think of himself as one who enjoys and loves to create art.

View the website at <http://hitecharts.com>. The Courthouse show will continue through March 14 and may be viewed during regular hours. For more information call 836-2982.

Neptune 1, by Warren Furman

UPCOMING

CLASSES

Jan. 10-31 - MIXED MEDIA MONDAYS, ages 9-12 Mondays, 4-5:30 p.m. Instructor, Steve Colley. \$30 for each series of four classes. Students will learn about famous artists as they create their own works using a variety of materials. Dietrich Theater 60 E. Tioga Street Tunkhannock. Info, 996-1500 or www.dietrichtheater.com

Jan. 10-31 - POTTERY AND SCULPTURE FOR ADULTS and students ages 13 and up. Mondays, 7-8:30 p.m. Instructor, Steve Colley. \$45 for each series of four classes. Designed for students of all experience levels. Work on pottery wheels and learn hand building techniques. Dietrich Theater 60 E. Tioga Street Tunkhannock. Info, 996-1500 or www.dietrichtheater.com

Jan. 11-Feb. 1 - INTERGENERATIONAL POTTERY AND SCULPTURE, Tuesdays, 5-6:30 p.m. Instructor, Steve Colley. \$30 per child, \$45 per adult. Designed for students of all ages and experience levels. Work on pottery wheels and learn hand-building techniques. Dietrich Theater 60 E. Tioga Street Tunkhannock. Info, 996-1500 or www.dietrichtheater.com

Jan. 12-Mar. 30 - INTERGENERATIONAL QUILTING, for all ages. Wednesdays, 6-7:30 p.m. Instructors, Ingrid Rogler and Peggy Lane. \$6 per lesson. Learn early American quilting. Dietrich Theater 60 E. Tioga Street Tunkhannock. Info, 996-1500 or www.dietrichtheater.com

Jan. 12-Feb. 2 - PORTFOLIO PREP/MIXED MEDIA, ages 13 and up. Wednesdays, 5-6:30 p.m. Instructor, Steve Colley. \$45 for the series. Build a diverse portfolio as you draw, paint, and create

pottery and sculpture. Dietrich Theater 60 E. Tioga Street Tunkhannock. Info, 996-1500 or www.dietrichtheater.com

Jan. 13 - DRUMMING WORKSHOP FOR ADULTS, ages 13 and up, 7-9 p.m. Instructor: Maxwell Kofi Donkor, Master Drummer. At Father Nallin Hall, Dietrich Theater, 60 E. Tioga St., Tunkhannock. Cost: \$30. Info, 996-1500.

EXHIBITS

Jan. 16-Mar. 4 - MICHAEL KENNA: JAPAN, surreal and haunting photographs of the Japanese landscape. Opening reception Jan. 16, 3-5 p.m. Daily noon-4:30 p.m. Sordoni Gallery, Stark Learning Ctr., Wilkes University, 150 S. River St., Wilkes-Barre. Info, 408-4325 or www.sordoni.wilkes.edu

KIDSTUFF

Jan. 10-31 - MOMMY AND ME MIXED MEDIA, ages 3 and 4 Mondays, noon-12:45 p.m. Instructor, Amy Colley. \$25 for series of four classes. Young artists will create works of art in an assortment of materials. Dietrich Theater 60 E. Tioga Street Tunkhannock. Info, 996-1500 or www.dietrichtheater.com

Jan. 12-Mar. 30 - QUILTING FOR KIDS, ages 6 and up, Wednesdays, 3:30-5:30 p.m. Instructors, Ingrid Rogler and Gloria Eastwood. \$6 per lesson. Dietrich Theater 60 E. Tioga Street Tunkhannock. Info, 996-1500 or www.dietrichtheater.com

Jan. 13-Feb. 3 - PRESCHOOL ART, ages 4 and 5, Thursdays, noon-12:45 p.m. Instructor, Amy Colley. \$25 for series of four classes. Preschool students will be introduced to a famous artist each week as they explore a variety of materials. Dietrich Theater 60 E. Tioga Street

Tunkhannock. Info, 996-1500 or www.dietrichtheater.com

Jan. 15 - CRAFTS WITH SARAH SIDOREK, ages 10 and up, 10-11:30 a.m. \$1 per child. Paint a snowman figurine. Space is limited. Dietrich Theater 60 E. Tioga Street Tunkhannock. Info, 996-1500 or www.dietrichtheater.com

MUSIC

Jan. 14 - CHICORY HOUSE, 8 p.m., Celtic-tinged traditional and contemporary tunes by Greg Anderson and Sara Milonovich. Community room of St. Stephen's Episcopal Church, 35 S. Franklin St., Wilkes-Barre. Info, 825-8772 or www.chicoryhouse.org

Jan. 16 - WINTER INSTRUMENTAL CONCERT, by the Wyoming Seminary Music Department at 3 p.m. in the Great Hall, 228 Wyoming Ave., Kingston. The concert features the Wyoming Seminary Orchestra and several instrumental chamber ensembles and will include music by Dwight Gustafson, Gabriel Faure, and Scott Joplin. Free and open to the public. Info, 270-2190.

Jan. 18 - THE WYOMING SEMINARY JAZZ BAND will present a program of big band music on at 7 p.m. at the River Street Jazz Cafe, 667 North River St., Plains. The 22-member band, led by Sem's Lower School music teacher Robert Lugiano, will perform music by a variety of jazz composers. The program will feature student soloists and jazz combos and is free and open to the public. Info, 270-2190.

OUTDOORS

Jan. 9 - STATE GAMELANDS 57 HIKE, seven moderate miles. Cross country ski if there's snow. Meet at

Sheldon's Diner, Rt. 118, Sweet Valley at 11:45 a.m. Sponsored by Susquehanna Trailers Hiking Club. Info, 477-2210.

Jan. 13 - MAMMALS OF NORTHEASTERN PA, 6:30 p.m. Diane Madl, Environmental Education Specialist from Nescopeck State Park, will explore the exciting life of the many mammals that live in Northeastern Pennsylvania. She'll have samples of furs, skulls, tracks and scat. Learn how these animals live and survive our cold winters. Free. Wild Birds Unlimited, Dallas Shopping Center.

STAGE

Jan. 10-Mar. 12 - DIETRICH'S AFTER SCHOOL PLAYERS, grades 5-12, Mondays, Tuesdays, Thursdays, 3:30-5:30 p.m. Instructors, Carl Canedy and Patti Dunning. \$80 (\$10 per week). Learn theater arts while creating a play, including, costuming, set design, makeup, and performing for an audience at the Dietrich. Space is limited. Dietrich Theater 60 E. Tioga Street Tunkhannock. Info, 996-1500 or www.dietrichtheater.com

Jan. 11-Mar. 8 - GOLDEN DAYS OF RADIO PLAYERS GROUP, ages 13 and up Tuesdays, 7-9 p.m. Instructor, Valerie Paulus. Free. Prepare a radio play production. Dietrich Theater 60 E. Tioga Street Tunkhannock. Info, 996-1500 or www.dietrichtheater.com

Jan. 14-23 - THE LAST OF THE RED HOT LOVERS, performed by the Scranton Public Theater, at The Music Box Dinner Playhouse, 196 Hughes St., Swoyersville. Fridays and Saturdays at 8 p.m., Sundays at 3 p.m. Admission: \$18 and \$16 For reservations, call 570-283-2195 or 1-800-698-PLAY.

The Dallas Post

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